General Psychology
Psychology 100

General Course Information:
Instructor: Jillene Grover Seiver, Ph.D. (please call me Jill or Dr. Jill)

Click on the “Inbox” link in the top right corner of the classroom screen
A screen will open:

Email: In the left side:
You’ll see all of the messages that you’ve received or participated in.

In the right side:
You can create a new message.
Use the address book icon to find your recipient.

Text: Exploring Psychology, 9th edition by David Myers + LaunchPad
This is what the cover of your text should look like.

See the "Textbook" information at the bottom of this Syllabus

Course Description:
General Psychology broadly surveys the knowledge and methods of the discipline of Psychology. This course will emphasize the development of critical thinking skills, and familiarity with scientific research and reasoning.

Course Overview:
This is an introductory-level course, which will survey most of the major issues in the field of psychology. The major goals for this course are:

1. Examine how human behavior is studied and analyzed by psychologists.
2. Gain greater insight into the behavior of ourselves and others.
3. Develop familiarity with the theories describing human behavior.
4. Familiarize ourselves with the symptoms of psychological disorders and the various treatment options.
5. Develop critical thinking skills and prepare ourselves to be cautious and analytical consumers of information that proclaims to be scientific or based on some form of research.

In an effort to achieve these goals, you will read the Myers text, view my online Power Point lectures and watch episodes of Discovering Psychology. You will submit five projects, take ten weekly quizzes, do a combination of weekly discussions and/or psychology simulations, and take two exams.
Course Requirements:

Syllabus Quiz:
To ensure that you are familiar with this Syllabus and its requirements, you will complete the Syllabus Quiz. You can open and print the quiz (this will give you practice for the weekly quiz procedure), and then answer the questions based upon information contained within this Syllabus.

- The quiz will give you immediate feedback about which items you missed.
- Once you’ve completed the Syllabus Quiz, I will be confident that you know the rules and requirements for this class.

Weekly Modules:
I’ve set-up the Modules button to organize the assignments that are due weekly.

- Each week, you will complete a set of Learning Curve games, a Video Toolkit assignment, and a PsychInvestigator assignment.
- These assignments can all be found, organized by chapter, in LaunchPad.
- See my document and video, each called “Joining LaunchPad” in the “Start here!” module for instructions on how to join the correct class.
- **There are ABSOLUTELY NO MAKE-UPS of these weekly LaunchPad assignments.**
- I will transfer your points to the Canvas gradebook on Thursdays.
  - You can’t rely on the feedback from the LaunchPad gradebook. The system doesn’t know that you get to select ONE activity from the Video ToolKit and the PsychInvestigator folders.
  - When I transfer your points to Canvas, you will see your correct scores for those categories.

Learning Curve Games:
Each week, you will complete the set of Learning Curve games that I have assigned in LaunchPad.

- Each set will include material covered during the week that the games are due.
- You will complete between 2 and 7 games each week.
- If you’ve done your reading before beginning the games, it should take you 30 minutes to complete each game. If you haven’t done your reading, it could take you hours to complete a game.
- I recommend that you complete one game per day, rather than trying to do them all at once.

Game procedure:

- Each week’s games must be completed by 11:59 pm on the Wednesday they are due. Check the Canvas system calendar and/or the syllabus calendar for due dates.
  - You may complete a game at any time that it is available.
  - You may complete part of a game, and then come back later to complete it – as long as the deadline hasn't passed.
- You will earn full credit once you achieve the target score. This is an adaptive, pass/fail task.
- You will complete the assignment entirely in LaunchPad, and the system will record your points to the LaunchPad gradebook. I will transfer your points to the Canvas gradebook on Thursdays.

Video Tool Kit:
Each week, you will watch **one** of the videos in the LaunchPad folder that is due that week, and complete the post-video quiz. The videos range in length from 5-15 minutes, and the quizzes are short – usually 3-4 items.

- You will complete the assignment entirely in LaunchPad, and the system will record your points to the LaunchPad gradebook. I will transfer your points to the Canvas gradebook on Thursdays.
- Make your selection from all of the videos that are due that week. If you complete more than one video, the first video that you complete will be the one that counts towards your grade.
- Due on Mondays by 11:59 pm.
PsychInvestigator:

- Each week’s choices are listed in the weekly folder in LaunchPad.
  - When there is more than one choice, you may pick the one that seems most interesting to you.
  - There are two kinds of activities that you may find in the PsychInvestigator folder. You may pick any one of the activities listed in the folder.
    - **PsychInvestigators** are short lectures, followed by a demonstration and opportunities for you to respond and participate. They are completely self-contained, with your points being automatically recorded by the LaunchPad gradebook.
    - **PsychInquiries** are interactive tutorials. Complete the activity, and your points will be automatically recorded by the LaunchPad gradebook.
  - You will complete the assignment entirely in the LaunchPad.
  - If you complete more than one activity, the first one that you complete will be the one that counts towards your grade.
- Due on Mondays by 11:59 pm.

Projects:

You will need to complete five projects, and submit them to the proper Project Dropbox in Canvas by 11:59 pm on Tuesday of the week that they are due. Each project will be worth 15 points.

Preparing Projects:

- You will select one project from the list of several.
- It is NOT permitted to do more than one project from one list, as a substitute for doing another project on a different list. I have designed the projects to supplement the topics that we will be discussing as you concurrently work on the project. Therefore, you must complete them in order.
- The projects will be graded based on three criteria.
  - **Accuracy.** Each project topic requires some factual content. You will lose points for inaccuracies.
  - **Completeness.**
    - You must answer all parts of the assignment that you choose. For example, if a project asks you to solve a problem and then describe your problem-solving strategy, you must do both of those things.
    - Each project has its own unique set of expectations. You’ll know that you’ve completed the project fully when you’ve answered all of the issues that I raised in the topic’s question.
    - A complete project will require no fewer than 150 words.
  - **Timeliness.** Projects are not accepted late, under any circumstances.
    - The dropbox will literally lock you out when the deadline passes, so be prepared to push the “submit” button no later than 11:58 pm on the due date.
      - As a deadline passes, the Dropbox will disappear.
      - Do NOT submit a late project to the next project’s dropbox, as that will prevent you from being able to submit the next project to that box, and it won’t earn any credit anyway.
    - Do NOT send your project to me via email if you miss the deadline. I will return it unread.
  - I will deduct 20% (5 pts) for spelling errors that should have been picked up by spell check, or grammar errors that are egregious enough that grammar check should have picked them up.
- **Psychological Scales:** In some Projects, I will include a personality scale or other sort of psychological measure for you to complete and score. Your responses on such scales are meant to be kept
anonymous, so DO NOT submit your responses or scores to me. All I need is your responses to the questions that I ask about the scale.

Submitting Projects:
You will submit your projects to the Project X Drop box, where X represents the number of the project you’re submitting.

- Create your project in your own software, and save it to your computer.
- Copy and paste your work into the message box in the Project X Drop box.
- You cannot attach files in the Drop Box.

The Drop Boxes will limit your access automatically.
- You can only submit one posting to each Drop Box, so make sure that you’re submitting your work to the correct drop box.
- The Drop Box will automatically lock when the deadline passes, so you can’t submit your work late.

When will I read the projects?
- On the morning after the due date, I will begin reading the projects.
- I will NOT reply to queries about whether I received your project or not. I will send you an email with feedback about your project once I’ve read it. If you have a question about a project topic, please make sure to put the words "question about" in the subject line of your email to me.

I will return your graded project in the dropbox, and will send an email with your points and my feedback. The points and feedback will also appear in the gradebook.

Exams:
There will be two midterms. Each will include material covered since the last exam; neither of the exams is cumulative.

Exam format: Exams will consist of multiple choice questions selected from the text since the prior exam. Each exam will contain 50 items and will be worth 100 points.

Exam procedure is the same as quizzes, EXCEPT:
- You will find a study guide for each exam on the Canvas course Home page.
- Midterm 1 is in the Week 5 module and Midterm 2 is in the Week 10 module.
- You will have one hour to complete the exam, once you have opened it.
  - Opening the exam starts the timer; if you immediately close the exam, the timer will still continue to run, and the system will submit your zero score when 60 minutes elapse.
  - You won’t be able to get back in to actually take the exam.
  - In other words: Don’t open the exam until you’re ready to take it.
- Do NOT take your exam on your smartphone, iTouch, tablet, or other such device. They are notorious for losing connectivity just when you need it most. And their refresh rate is so quick that they can submit your work when you’re not ready to submit.
- Plan to take the exams from memory.
  - If there are items that you’re unsure about, and you have time after answering everything else, use that time to look up the answer(s) in the text.
  - Do NOT plan to take the entire exam open-book – you will NOT have time.
- Students with disability accommodations:
  - You need to have your college’s disability support office send your accommodation letter to me at jseiver@bellevuecollege.edu.
  - To ensure that I have received the letter and have set up your exam with proper extended time, please send me an email in the classroom email system no later than one week prior to the exam’s deadline.
  - Once you have taken an exam, there is no way for me to retroactively allow you extended time.
Making up missed exam:

- You may not make up exams unless:
  - There are arrangements made in advance with instructor’s approval, or
  - **Dire Circumstances** require that you must miss the entire week that the exam is available
    - **Definition of Dire Circumstances:**
      - Funeral which requires significant travel, documented by a note from the funeral director
      - Illness of self or someone for whom you are the primary caregiver, documented by a note from a doctor excusing you from school for the entire week.

- If a make-up is appropriate, your score will be docked 10%.

- Things that do not qualify for make-up exam:
  - Forgetting when the deadline is.
  - Falling asleep while studying, and sleeping through the deadline.
  - Computer problems.
    - Have a back-up computer access planned, and move to your backup computer if necessary.
    - Make sure that you’re using a computer with a reliable web connection.
    - Use a web browser that works correctly with the classroom’s software. That’s NOT Explorer in Canvas classrooms.
  - Travel that takes you out of town, whether for business, missionary work, or pleasure.
  - Being in a different time zone and not realizing that it is 11:59 pm here.
  - Changing work schedules or work demands.
  - Illness/injury of self or one’s child that is not severe enough to visit a doctor.
  - Stressful life events.
  - Incarceration.
  - Any other excuse that seems compelling to you but that is not listed under the "dire circumstances" list, above.

Extra Credit:

Integration of Discovering Psychology videos and our text

- Select up to five of the Discovering Psychology videos that you have viewed this quarter. You can use any video from any point during the quarter.
- The videos can be found at [http://www.learner.org/resources/series138.html](http://www.learner.org/resources/series138.html). The list of videos that are associated with each week can be found in the weekly modules.
- Pose a question that comes to mind while viewing the video(s). Find evidence *in the Myers text* that answers your question(s).
- For each question:
  - Explain why your initial question was posed – e.g., was Zimbardo unclear in his explanation, did he use an unfamiliar term that was confusing, had we not gotten to that topic yet in lecture/readings?
  - Provide information from the Myers text that answers your initial question. Include page number(s) and quotations or paraphrases.
    - Do NOT cite outside sources.
    - Give proper credit to Myers for the information you got from him.
      - Place direct quotes in quotation marks
      - Even better – paraphrase his ideas into your own words, and give him credit for the ideas.
  - Show that you now understand the concepts by providing an example from everyday life. It could be an example from TV/books/movies/music, or it could be from someone you actually know.
• Each question/answer is worth 5 points of extra credit. You must submit your questions NO LATER THAN the day that Midterm 2 is due.
• The link to the dropbox is on the Canvas Home page.

**Academic integrity:**

It is assumed that all students will maintain the highest academic integrity. Cheating of any sort, including copying on tests, falsifying records, plagiarism, etc. will not be tolerated, and suspected cheaters will be reported to the Dean of Academic Education.

It is plagiarism (cheating) to copy and paste information directly from a website into your projects. If you want to cite a website, you need to reword the information, then give the website credit for the ideas you got from it. Make sure to include the URL when you reference websites.

Finally, it is incorrect to use ideas from the Myers text and fail to mention that you got the idea from the text.

**Grading Criteria:**

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
<th>Total Category Pts</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Syllabus Quiz</td>
<td>1 @ 17</td>
<td>15</td>
<td>3%</td>
</tr>
<tr>
<td>PsychInvestigators</td>
<td>10 @ 5</td>
<td>50</td>
<td>12%</td>
</tr>
<tr>
<td>VideoToolKits</td>
<td>10 @ 5</td>
<td>50</td>
<td>12%</td>
</tr>
<tr>
<td>Learning Curves</td>
<td>42 @ 1</td>
<td>42</td>
<td>10%</td>
</tr>
<tr>
<td>Projects</td>
<td>5 @ 15</td>
<td>75</td>
<td>17%</td>
</tr>
<tr>
<td>Midterms</td>
<td>2 @ 100</td>
<td>200</td>
<td>46%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>434</strong></td>
<td></td>
<td><strong>100%</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Grading palette:</th>
<th></th>
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<tbody>
<tr>
<td>A</td>
<td>93.5-100%</td>
<td>4.0</td>
</tr>
<tr>
<td>A-</td>
<td>89.5-93.4%</td>
<td>3.7</td>
</tr>
<tr>
<td>B+</td>
<td>86.5-89.4%</td>
<td>3.3</td>
</tr>
<tr>
<td>B</td>
<td>83.5-86.4%</td>
<td>3.0</td>
</tr>
<tr>
<td>B-</td>
<td>79.5-83.4%</td>
<td>2.7</td>
</tr>
<tr>
<td>C+</td>
<td>76.5-79.4%</td>
<td>2.3</td>
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<tr>
<td>C</td>
<td>73.5-76.4%</td>
<td>2.0</td>
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<tr>
<td>C-</td>
<td>69.5-73.4%</td>
<td>1.7</td>
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<tr>
<td>D+</td>
<td>66.5-69.4%</td>
<td>1.3</td>
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<td>D-</td>
<td>59.5-63.4%</td>
<td>0.7</td>
</tr>
<tr>
<td>F</td>
<td>&lt;= 59.4%</td>
<td>0.0</td>
</tr>
</tbody>
</table>

Each week, I'll report your points to the online gradebook (found in the Grades link) that will show your points to date. You can divide your total points earned by the total points possible so far, so that you'll always know how you're doing in the class.

I strongly recommend that you calculate your own percentage, using the formula:

\[\text{Percent in class so far} = \left(\frac{\text{Total Pts Earned}}{\text{Total Pts Possible So Far}}\right) \times 100\]

The percentage provided by the Canvas gradebook is not necessarily reliable. I compute final grades using an Excel spreadsheet which is always accurate.
Incompletes and Hardship Withdrawals:

These options are reserved for students who, through unforeseeable circumstances, cannot complete a course that they were passing. If you wish to request one of these grading options, the following criteria must be met:

- **You are passing the class at the time of the request.**

- **You must make your request in writing, explaining the circumstances and including any documentation.**

  In the case of an Incomplete, the circumstances must be acute. That is, they must be something that prevents completion of the course within the current quarter, but that would be resolved in time for the student to complete the course work within the next quarter.

  In the case of a Hardship Withdrawal, the circumstances must be ongoing, such that the student would not be able to complete the course work within the following quarter. In other words, a student could not request a hardship withdrawal and then retake the course the following quarter.

Qualifying circumstances for Incompletes and Hardship Withdrawals **are limited to:**

- Death in the immediate family (spouse, child, parent) documented by a funeral director’s note.

- Significant illness or injury (documented by a doctor’s note) of self or a person for whom the student is primarily responsible.

- Relocation outside of the area.

Reading and Video Assignments:

Our text is the most popular introductory psychology text in the world. There’s a reason: It’s well written and comprehensive. I know David Myers, and he’s a consummate educator and absolutely loves psychology.

The video series **Discovering Psychology** is hosted by one of the most outstanding teachers of psychology, Phil Zimbardo.

Check the Calendar below for the week’s episode(s); the episodes are not in correct order relative to our text’s topics.

- Make sure to enable pop-ups for the website; the videos appear in a pop-up window.

- After finding the video on the website’s list, click on the “VoD” button to begin.

- Each video runs approximately 23 minutes – that includes the “on this episode” at the beginning and the “next time” at the end.

Not to toot my own horn, but I am an award-winning instructor whose lectures receive exemplary feedback from students. Despite the distractions in the background (my dog has been accidentally Pavlovian-conditioned to bark whenever I go into my office and shut the door), I think that you will find my lectures not only educational, but also interesting.
### Assignments

**Week | Date | Chapter | Discovering Psychology Videos | Assignments**

**0 ** | 12/29-1/7 |  |  | Check email, write bio, work on Syllabus Quiz

**1** | 1/8-14 | 1: Thinking Critically with Psychological Science | 1. Past, Present, and Promise 2. Understanding Research | Monday: PsychInvestigator & VideoToolKit due  
Wednesday: Learning Curve Due

Wednesday: Learning Curve Due

**2** | 1/15-21 | 3: Consciousness and Two-Track Mind | 13. The Mind Awake and Asleep | Monday: PsychInvestigator & VideoToolKit due  
Tuesday: Project 1  
Wednesday: Learning Curve Due

**3** | 1/22-28 | 4: The Developing Person | 5. The Developing Child 18. Maturing and Aging | Monday: PsychInvestigator & VideoToolKit due  
Wednesday: Learning Curve Due

**4** | 1/29-2/4 | 6: Sensation & Perception | 7. Sensation and Perception | Monday: PsychInvestigator & VideoToolKit due  
Tuesday: Project 2  
Wednesday: Learning Curve Due  
Midterm 1 becomes available

**5** | 2/5-11 | 7: Learning | 8. Learning  
8: Memory | Monday: PsychInvestigator & VideoToolKit due  
Wednesday: Learning Curve Due  
Midterm 1 due by 11:59 p.m.

Tuesday: Project 3  
Wednesday: Learning Curve Due

Wednesday: Learning Curve Due

**11: Emotions, Stress & Health** |  |  |  |  

Tuesday: Project 4  
Wednesday: Learning Curve Due

Wednesday: Learning Curve Due  
Midterm 2 becomes available

**14: Psychological Disorders** | 21. Psychopathology |  |  | Monday: PsychInvestigator & VideoToolKit due  
Tuesday: Project 5  
Wednesday: Learning Curve Due  
Midterm 2 due by 11:59 p.m.

**15: Therapy** | 22. Psychotherapy |  |  |  

**Remember:** All assignments are due by 11:59 pm on their due date.
What To Do If You Can't Log Into The Canvas Webpage

I hold you responsible for submitting your assignments on time, assuming that the classroom is working correctly. Ninety-eight percent of the time, the classroom is working fine. Occasionally, Blackboard goes down, preventing all students from accessing the classroom.

Most of the time when students can't get into the classroom, it's because they are trying to access it through a school homepage and that page is down, or because there is something wrong with the student's ISP.

To avoid the first problem, you should add the direct address to your "favorites" list:

- Bellevue College: https://bc.instructure.com
- Pierce College: https://pierce.instructure.com
- Walla Walla Community College: https://wwcc.instructure.com
- Lake Washington Institute of Technology: https://lwtech.instructure.com
- WashingtonOnline: https://greenriver.instructure.com

Don't rely on the link on the college webpage, because sometimes that webpage goes down. You'll be unable to log into the classroom, even though the classroom is up and available. Remember: If the classroom is available, you're responsible for getting your work into it.

Unless there is a system-wide event that is preventing all of us from accessing the classroom, I will not extend deadlines for students who have difficulties accessing the classroom. You need to make sure that you've left yourself enough time prior to the deadline to be able to cope with technical difficulties that may arise. And you need to arrange for back-up computer access (e.g. the public library, your college, a friend's house, your computer at work) so that if your primary computer has problems, you will still be able to keep up with your work.

Textbook:


You are required to have access to LaunchPad. I ordered our text bundled with an access code for LaunchPad.

If you are willing to work with an eBook only, you can purchase access to LaunchPad (following the instructions in the “Joining LaunchPad” document in the Start here! module in Canvas), which includes the eBook version of our text. It’s exactly the same as the hard copy of the text, just in electronic form. This option will save you a lot of money.

Textbook FAQs:

"I ordered my text from the bookstore, but it hasn’t arrived yet. What should I do?"

- Join LaunchPad using the free, temporary access. When your text with the access code included arrives, you can use that code to transition into your permanent account.
- When your permanent access code arrives, do NOT create a new account in LaunchPad; wait until your temporary access elapses, then enter your access code when the system prompts you.
"Do I really need the newest edition of the text?"
Because we’re using LaunchPad, you can’t avoid using the newest edition of the text. To save money, you can use the eBook which is included in your direct purchase of LaunchPad, instead of buying the bundle I ordered from the bookstore.

“Do I really need the access code for LaunchPad?”
Yes, all of your weekly homework will be completed in LaunchPad. To save money, you can buy LaunchPad directly (using the log-in information in the “Joining LaunchPad” document in the Start here! module in Canvas).