



BELLEVUE
COLLEGE

Welcome to Opening Day 2021!
We will begin the presentation shortly.

Next presentation:
Achieving the Dream/Guided Pathways:
Leading Change for Student Success





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BC Student Success Vision Statement

Bellevue College transforms the lives of students by eliminating gaps in opportunity and achievement for our diverse student community. Each student reaches their academic and career goals through an intentionally-designed college experience that reflects quality, creativity, and equity.

Source: <https://www.bellevuecollege.edu/atd/>

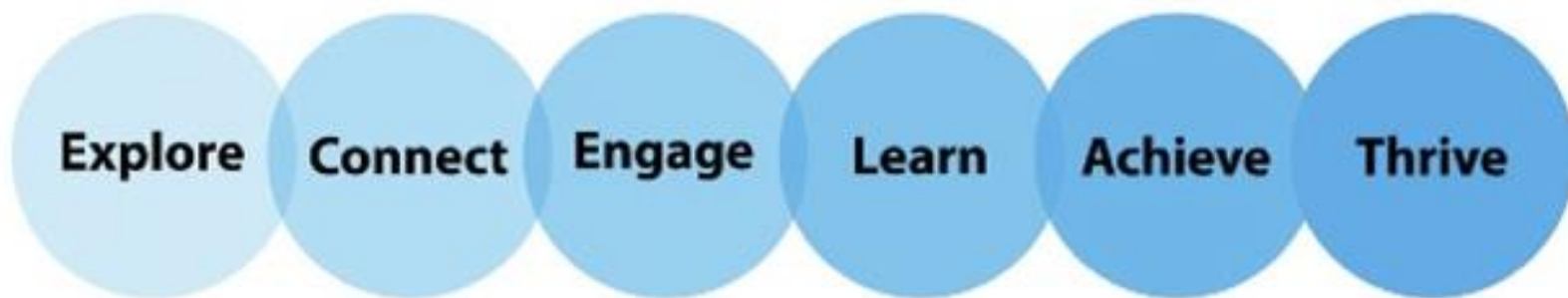
BC Student Success



Achieving the Dream (AtD) provides the framework, network, and resources for transformative institutional change. It is centered on redesigning the student experience, using the **Guided Pathways** model.



The **Bulldog Trail** is BC's vision of the student journey at BC from pre-entry to completion and beyond.



BC Student Success

Our three institutional metrics:

- Increase fall to fall retention
- Increase number of students completing math in the first three quarters
- Increase the 3-year completion and transfer rate

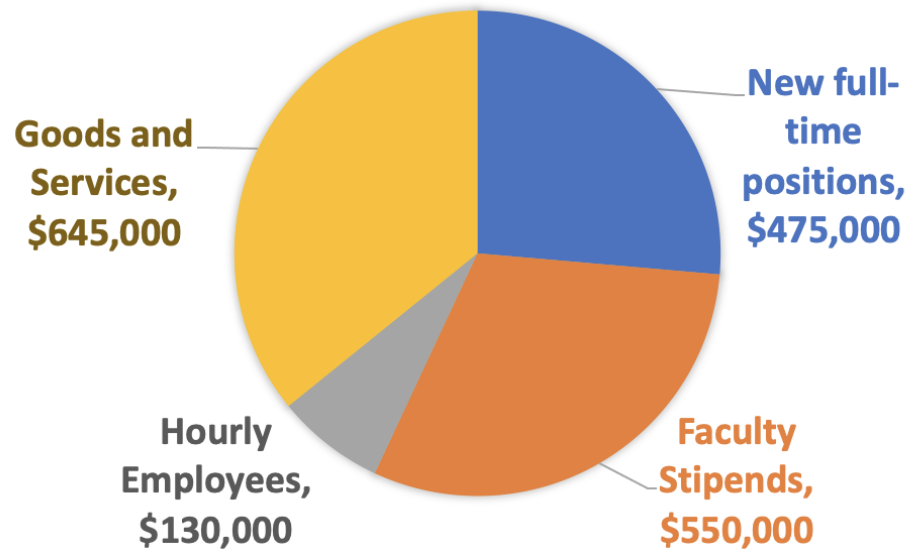
With an emphasis on **closing equity gaps** for underrepresented student populations

To close equity gaps, BC ensures every student will...

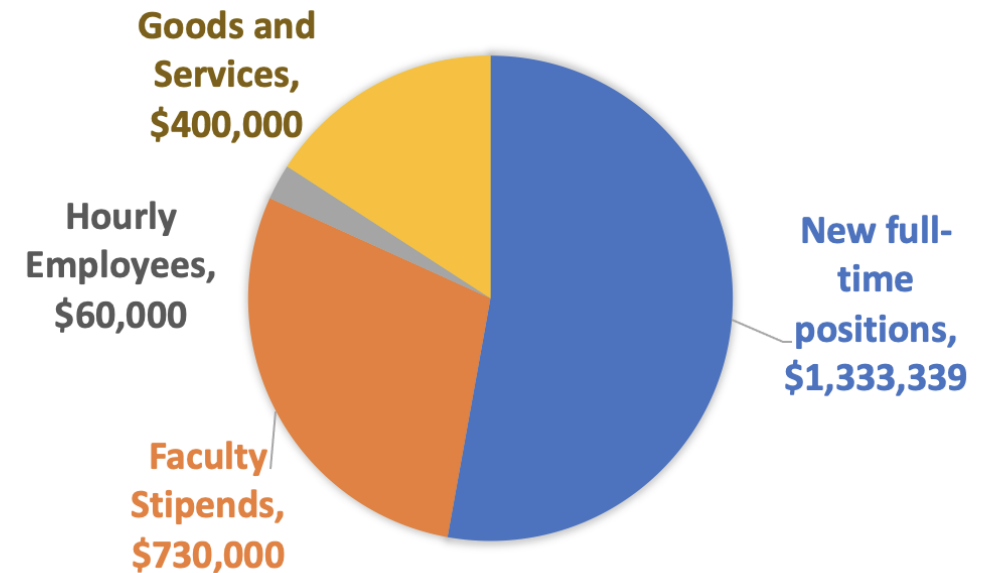
- Develop an education plan
- Choose a Pathway in their 2nd quarter at BC
- Participate in advising
- Complete college level math and English in their first year
- Engage with support services to assess their progress regularly
- Be taught by faculty who engage students using evidence-based practices

BC Student Success

2020-2021 GUIDED PATHWAYS BUDGET OVERVIEW
\$1.8M



2021-2022 GUIDED PATHWAYS PROJECTED BUDGET
\$2.2M



BC Bulldog Trail and Student Success Strategies



**Support Services
are available for students
all along the Bulldog Trail**

Explore

PRE-ENTRY TO ADMISSION:
Admission
New Student Orientation
Support Services

Connect

ADMISSION TO READY FOR DAY 1
Intake Form
Register for classes
Advising

Engage

FIRST 3 QUARTERS:
First-Year Seminar/Ed Plan
Choose a Pathway
Complete ENGL/MATH

Learn

4TH QUARTER AND BEYOND:
Equity-minded faculty
Early Alert
Peer Educators

Achieve

FINAL QUARTER
TO GOAL ATTAINMENT:
Career Connections
Transfer / Graduate
Enter Workforce

Thrive

ALUMNI TO LIFELONG CONNECTION:
Alumni Connections
Continuing Education
Community
Engagement

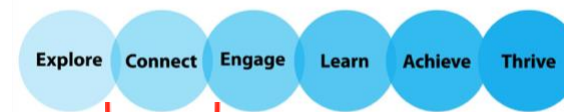
Thanks to Lisa Moore,
Katherine Hall, Shanon Reedy,
Megan Watson for this graphic!

What is Guided Pathways (or BC Pathways)?



Jenkins, Davis. *Redesigning Community Colleges for Equitable Access and Success*. June 10, 2021.
WSAC Pave the Way Webinar.

BC PATHWAYS



Students will:

1) DEVELOP an education /career plan

2) IDENTIFY a Pathway by the end of the 2nd quarter

3) ENGAGE w/support services to regularly assess their progress

Business

- Accounting
- Business Administration
- Business Intelligence
- Business Management
- Business Technology Systems
- Data Analytics
- Digital Media Arts
- Economics
- Healthcare Management & Leadership
- Marketing

Health Sciences

- Allied Health (Health Professions)
- Diagnostic Ultrasound
- Health & PE
- Health & Wellness
- Healthcare Informatics
- Healthcare Management & Leadership
- Neurodiagnostic Technology
- Nuclear Medicine Technology
- Nursing
- Radiation & Imaging Science
- Radiation Therapy
- Radiologic Technology

Humanities & Communication

- Communication Studies
- Cultural & Ethnic Studies
- English
- Gender Studies
- History
- Philosophy
- World Languages
- Sustainability

Social Sciences, Public Service & Community Engagement

- Anthropology
- Business Administration
- Criminal Justice
- Cultural & Ethnic Studies
- Economics
- Education
- Gender Studies
- Geography
- History
- International Studies
- Political Science
- Psychology
- Sociology
- Sustainability

STEM

- Chemistry
- Computer Science
- Earth & Space Science
- Engineering
- Life Science
- Math
- Molecular Bioscience
- Physics
- Sustainability

Technology & Data

- 2D Digital Design
- 3D Digital Design
- Application Development
- Artificial Intelligence
- Business Intelligence
- Business Technology
- Computer Science
- Cloud Architecture & Services
- Cybersecurity
- Data Analytics
- Data Management & Analysis
- Digital Marketing
- Digital Media Arts
- Game Design

- Healthcare Informatics
- Network Services & Computing Systems
- Programming
- Software Engineering
- Video Production

Transitional Studies

- Adult Basic Education (ABE)
- Career Education Options (CEO)
- English as a Second Language (ESL)
- English Language Institute (ELI)
- General Educational Development (GED)
- High School+ (HS+)
- Integrated Basic Education & Skills Training (I-BEST)
- Language Integration Program (LIP)

Visual & Performing Arts

- Art
- Digital Media Arts
- Interior Design
- Music & Recording Arts
- Theatre Arts: Drama & Dance

Learn More:

Maggie Harada maggie.harada@bellevuecollege.edu or
Allison Kang allison.kang@bellevuecollege.edu

Where are we now with Pathways mapping?

- Most Focus Area Faculty Teams have completed Phase 1 Course Maps and an Equity Reflection. Course maps are designed to help students easily determine what courses to take to achieve their goals.
- Phase 2 mapping will be more interdisciplinary. It involves using Gen Ed outcomes and degree requirements to recommend courses in other focus areas.
- Over the summer, focus area teams in Communication Studies, English, & Math piloted the Phase 2 work we'll be doing in 2021-22.
- We want to complete these maps in Fall/Winter, so we can begin implementing key elements of Pathways in Spring 2022.

Other BC Pathways Projects in 2020-2021

Pathways Videos:

- One overview video, explaining BC Pathways
- 8 videos that introduce each of the Pathways
- Use animation to introduce basic Pathways info to students & community



Other BC Pathways Projects in 2020-2021

BC Website Redesign:

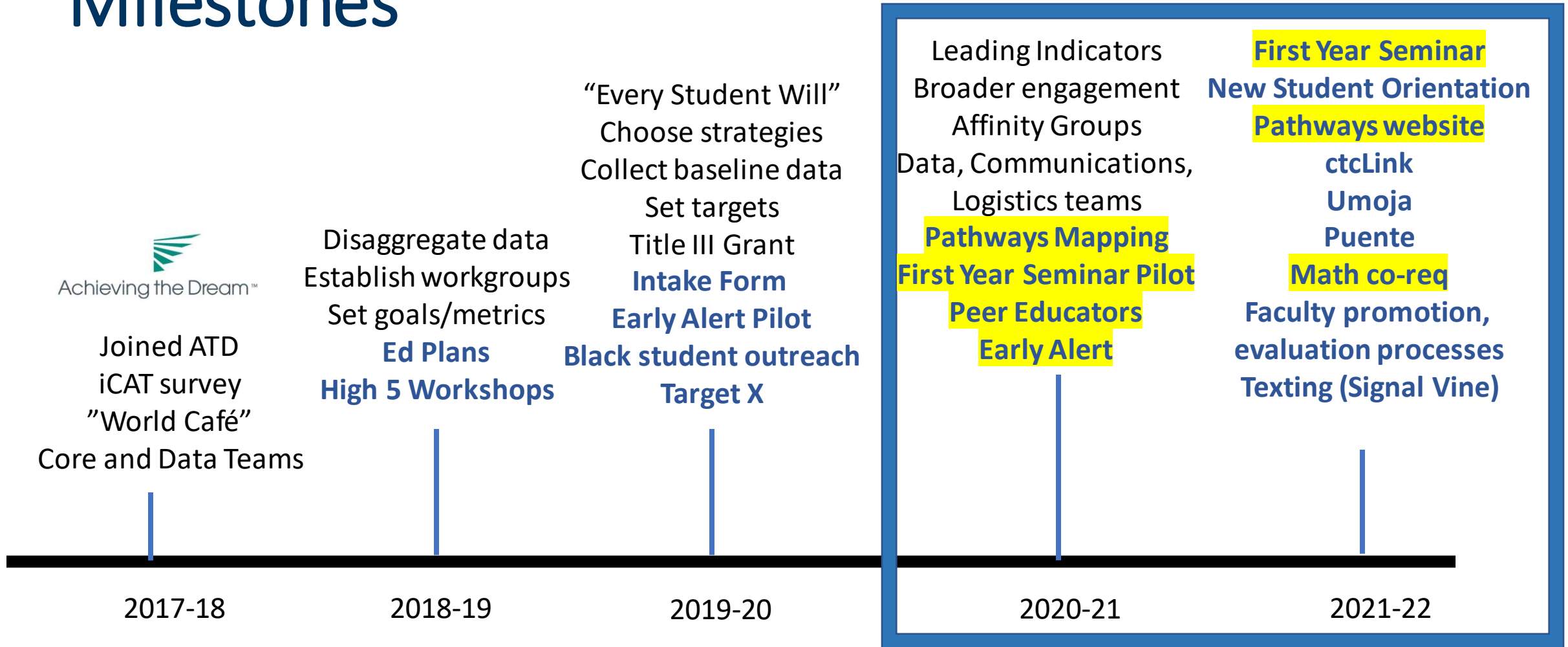
- Introduce students to eight BC Pathways
- Link Pathways to existing focus area websites
- Clarify BC processes & procedures for students
- Help students navigate more easily



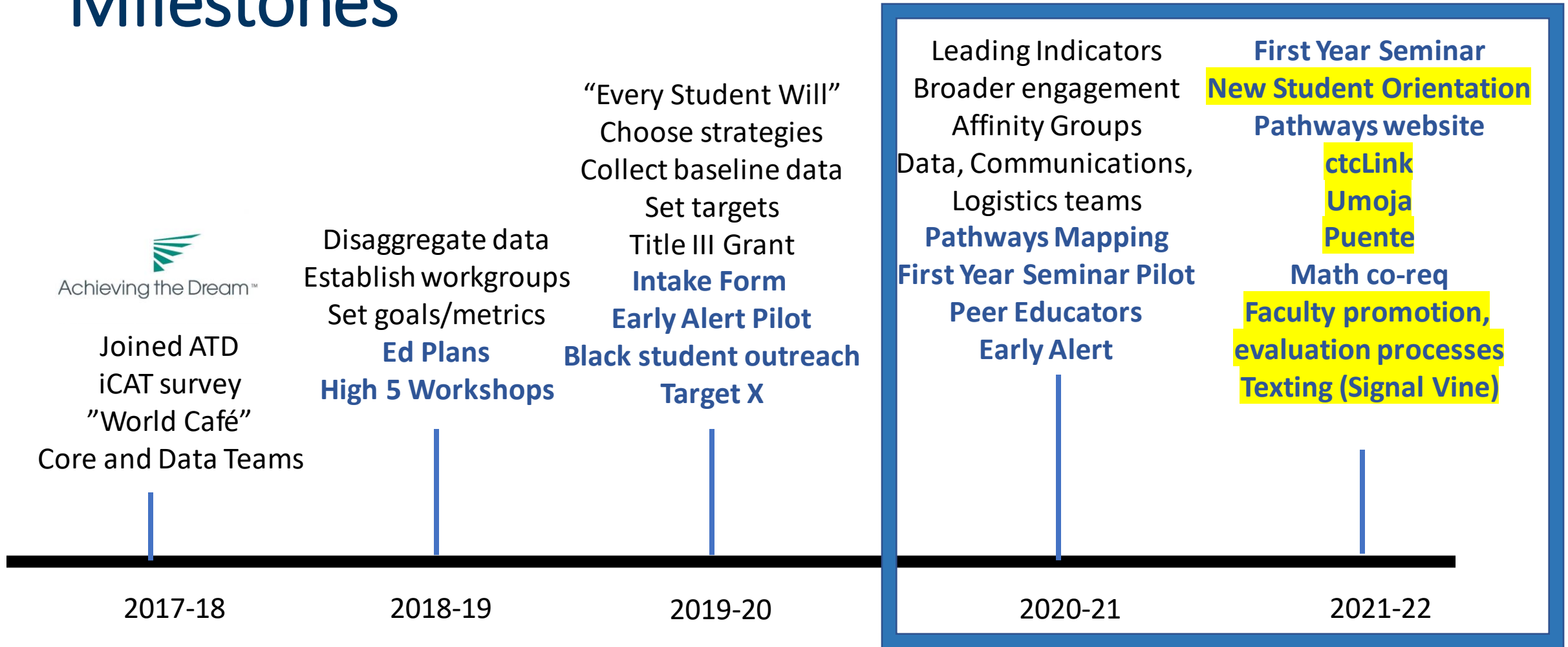
Pathways video & website teams:

- **Videos:** Ruth Bly, Sheri Brady, David Bruckner, Katherine Hall, Maggie Harada, Allison Kang, Melissa Martinez, Office of Diversity, Equity & Inclusion, Disability Resource Center, Pathways Exploratory Teams, Sparkworks Media
- **Website:** Chris Anderson, Kurt Friedrich, Katherine Hall, Maggie Harada, Lisa Harris, Allison Kang, Megan Kimball, Eric Kong, Jennie Mayer, Lisa Moore, Taija Tevia-Clark, Dana Wasyluka, Megan Watson, Russel Whitaker

Milestones



Milestones



How to get involved

Ways to get involved	Why get involved?	Who should get involved?
Teach a First Year Seminar (FYS) class; Join the FYS committee or serve as a guest speaker	To support incoming/new BC students and help them learn how to be successful in college	Current BC full or part time faculty (teach FYS) Faculty and Staff (guest speakers)
Assist with Early Alert student follow up - watch for e-mails about this throughout the quarter	To support student success in the classroom.	Any BC employee
Join the Guided Pathways team	To ensure that students are informed about their pathway to successfully achieve their goals.	Current BC full or part time faculty
Refer a student to be a peer educator	To help students get involved and be aware of BC's student success efforts.	Any BC employee
Take a workshop through the Faculty Commons	To learn and build new skills to use inside or outside the classroom.	Any BC employee
Share your story: Tell us how you have helped support student achievements at BC; Share student stories about their achievements	This helps others see how important even the smallest acts can change a life.	Any BC employee or student
Stay informed: Visit the ATD website for status and updates	This helps you stay connected with the ATD work.	Any BC employee

COVID'S MENTAL STRESS

The percentage of people experiencing symptoms of depression and anxiety has surged amid the COVID-19 pandemic, data from nationally representative surveys show.

■ Before pandemic ■ During pandemic

US adults reporting symptoms of anxiety or depression



©nature

Source: Office for National Statistics (UK data); Centers for Disease Control and Prevention (US data).

Populations most likely to report mental stress:

- Young adults (ages 18-24)
- Adults with job loss or lower incomes
- Women with children, and women in general
- Non-Hispanic Black adults and Hispanic or Latino adults (46%)
- Essential workers

Source: <https://www.kff.org/report-section/the-implications-of-covid-19-for-mental-health-and-substance-use-issue-brief/>

Impact of Covid-19

- Prolonged grief disorder
- Increase in binge drinking, addictions and opioid related overdoses
- Increase in suicidal ideation
- Increase in job burnout (exhaustion, inefficacy and cynicism)
- Increase in loneliness
- Coronoasomnia – increase in sleep disorders
- Languishing – joylessness and aimlessness puts people at higher risk for mental illness

Culture of Care

We need to care for each other and ourselves.

WHAT CAN WE DO?	HOW?
Create awareness on how to identify, understand and respond to mental health	Recognize mental health as an issue we are facing. Talk about it. Train anyone who is willing in mental health first aid.
Engage with our students and each other. Celebrate wins – whatever that looks like.	Hold informal spaces/breaks to chat Build in transition time between meetings Celebrate small wins and appreciate others
Create a community with a culture of care.	Don't be reactive or assume the worst. Take time for yourself, show grace with yourself and others
One of the best ways of helping ourselves is to help others.	Refer students and staff to resources such as the hotline and counseling services; listen and be there for each other

Self-Care Resources for Staff, Faculty, and Students

- BC Counseling Center: <https://www.bellevuecollege.edu/counseling/> or 425-564-5747 (mainline)

Mental Health resources:

<https://www.bellevuecollege.edu/counseling/resources/mental-health-links/>

- Employee Assistance Program (EAP):

Free and confidential counseling and resources: <http://eap.wa.gov> or 877-313-4455

- Psychology Today Find a Therapist Search: <https://www.psychologytoday.com/us/therapists>

- The Washington Counselors of Color Network: <https://www.multiculturalcounselors.org/>

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Learn more about BC Student Success

- ATD Core Team meetings are open (2nd Mon of every month, 3pm)
- Visit our website for more information: <https://www.bellevuecollege.edu/atd>
- Contact the ATD co-leads to get involved:
Jennie Mayer (jmayer@bellevuecollege.edu)
Esteban Maldonado (esteban.maldonado@bellevuecollege.edu)