

BACHELOR OF APPLIED SCIENCE

Health Promotion and Education



Earn your Bachelor of Applied Science Degree at Bellevue College

For more information go to bellevuecollege.edu/hpm

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BELLEVUE
COLLEGE

Working Today for a Healthier Tomorrow

The Bachelor of Applied Science (BAS) in Health Promotion and Education degree is on a mission to create and manage programs that improve the health of individuals, communities, schools, and organizations. The program is committed to health equity and the belief that people deserve access to and the ability to maintain physical and mental well-being. Graduates are equipped with the skills they need to make a difference in the world.

Why Choose Health Promotion and Education at BC?

- Build your resume and learn new skills. The curriculum will help you identify barriers to wellness, identify possible interventions, and help people work toward a life they enjoy more fully! You will learn how research works its magic in both science and practice with an eye on applying those findings right away.
- The program offers a gateway to many health and wellness careers and advanced education. Graduates are prepared for additional instruction in fields such as midwifery, physician assistant, physical therapy, and USDA Health Inspector.

Career Opportunities

- Corporate/Worksite Wellness Coordinator
- Health Education and Community Outreach
- Non-profit Services, County Health, State Department of Health
- Health Policy Analyst/Researcher
- Advance Study in Public Health, Nursing, Social Work, or other related fields
- Health Program Manager
- Health Office Manager
- Health Communication

BAS in Health Promotion and Education



Program Type

Bachelor of Applied Science (BAS)

Duration

2 years (in addition to credits equivalent to an associate degree)

Pathway

- Health Science
- Social Science, Public Service, and Community Engagement

Courses

- Community Health
- Epidemiology and Health Care Statistics
- Leadership and Outdoor Pursuits
- Public Health Program Development and Evaluation
- Worksite Wellness

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You'll Learn How To

- Develop culturally responsive health and wellness programs and services.
- Address health disparities and inequities within our workplaces and communities.
- Advocate to remove barriers to health and wellness.
- Empower individuals to make positive changes in their lives.
- Create communities, schools, and workplaces that are healthy, inclusive, and supportive for all.

Eligibility and Admissions

Individuals must demonstrate completion, from a regionally accredited college, of 45 credits of prerequisites with a GPA of 2.0 or better (40 credits of health science, wellness, or business-related coursework; and 5 credits of English composition).

- Apply to Bellevue College general admission and receive a student ID.
- Complete the Bachelor of Applied Science in Health and Wellness application, which includes two letters of recommendation, unofficial transcripts, a personal statement, and a diversity statement.



Learning about healthcare in our country, how to work in groups (collaboration), and how to be more open-minded has helped shape the person I am becoming to be in my professional career. I can apply what I've learned so far in my life and work life.

– Fatima M.

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