

FACULTY COMMONS

**SPRING 2018
PROGRAM**

TABLE of CONTENTS

Brown-Bags	8
Call for Proposals	11
Community Building	7
Facilitated Teaching Squares	5
Mentoring & Advocacy	9
Unpacking Current Events	7
Wellness	10
Workshops	1

See our SharePoint Site for
our most updated offerings,
including days and times.
All information provided here
is subject to change.
Life happens!

**TO REGISTER,
PLEASE GO TO**

bellevuecollege.edu/facultycommons/register/

FACULTY DEVELOPMENT

ONE-DAY TO QUARTER-LONG WORKSHOPS

Proven Retention Strategies **NEW**

Hybrid: April 18–May 23

We will meet in the 3rd and 8th weeks of the quarter. Meetings will be determined by the facilitator and participants.

Come develop your teaching toolkit and share ideas with colleagues about how to implement proven strategies to increase student persistence rates. These strategies are based on research literature from Achieving the Dream school, Odessa College's student success initiatives, and Central Michigan University's "Putting Students on Track with Early, Frequent, Low-stakes Assessment." We will cover the following strategies in this workshop:

- Interacting with students by name during the first week of a new term
- Monitoring student behavior and progress and intervening when an issue arises
- Providing low-stakes assessments
- Meeting with students one-on-one and communicating routinely about their course performance
- Becoming a "master of paradox" (i.e., maintaining a structured course while allowing for some flexibility)

10 PD Hours | \$150 stipend* | 10 seats

Register by Friday, April 13

*For more information, contact Archana Alwar,
(aalwar@bellevuecollege.edu), Adjunct Mentoring Lead.*

WORKSHOPS

Preparing for the First Day of Class by Creating an Inclusive Classroom

Fully Online: April 16–May 14

Preparing for the First Day of Class by Creating an Inclusive Classroom creates an environment in which every student benefits. In this workshop, we will learn ways in which inclusive educational practices help build opportunities for students to succeed.

8 PD hours

\$100 Stipend*

10 seats

[Register by Friday, April 13](#)

For more information, contact Archana Alwar, (aalwar@bellevuecollege.edu), Adjunct Mentoring Lead.

Online Teaching Best Practices

UPDATED Workshop!

Fully online with weekly synchronous seminars

Date: April 9–June 1

Discover how to be a more effective online educator. This pedagogy workshop focuses on investigating current best practices in teaching online/hybrid courses. Discussions and exercises center on topics such as effective course navigation, universal design, accessible content, copyright and fair use, effective discussions and assessments, diversity and equity in online learning, and the future of online education. The workshop will be organized as a seminar, with each meeting focused around particular topics. Most sessions will allow time for both discussion of the topic and time for presentation of redeveloped course material examples.

This is not an introductory workshop on how to set up your first course online. This workshop is for instructors

who have experience teaching hybrid or online, and are looking for a facilitated peer group to find the tools and energy to take their courses to the next level.

To learn how to use Canvas tools, take Canvas 101 in eLearning instead.

25 PD Hours

Stipend: \$350*

10 seats

[Register by Thursday, April 5](#)

For more information, contact Ann Minks, (aminks@bellevuecollege.edu), HSEWI.

Gamification

Fully Online with 2 options

Option I: 3 weeks (April 9–April 30)

Option II: 6 weeks (April 9–May 18)

Why can game designers get players to play their games for hours, learn non-transferable skills, and be excited about getting points or levels that have no meaning in real life? What can college instructors learn from gaming to make our classrooms more engaging? In this non-linear, gamified course, participants will not only learn about the theory behind gamification, but experience it for themselves. Come earn a badge!

Option I: 6 PD Hours – \$50 stipend*

Option II: 12 PD Hours – \$100 stipend*

8 seats for each

[Register by April 9](#)

Previous experience with Canvas recommended

For more information, contact Marcelo Guerra-Hahn, IBIT (marcelo.guerrahahn@bellevuecollege.edu)

Experiential Learning: **NEW** Explore Growth vs Fixed Mindset with Watercolor Pendant Making

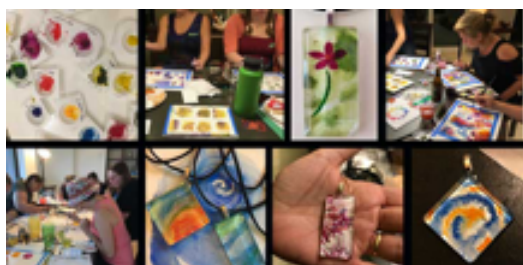
With Marika Reinke

Date: Friday, May 18, 1:30–3:30 D104H
Limited to 16 seats, so [register today](#)

Have you ever thought you aren't creative?
Or painting is only for "talented" artists?
These common assumptions are symptoms of
a classic fixed mindset and can be overcome by
learning to cultivate a growth mindset.

In this hands-on workshop we will explore art
making and how our mindset both limits and
expands performance and ability. We will identify
common fixed mindset self-talk and behaviors and
contrast them with growth mindset practices.
We will apply these principles as we explore learning
watercolor painting techniques to create watercolor
pendants. Finally, we will brainstorm how these
behaviors and practices limit students and how to
help foster a growth mindset in the classroom.

Prerequisites: No previous art experience necessary
but bring an open mind willing to honestly assess
assumptions and self-talk.



Evaluating the Persistence of College Students on Academic Probation

Thursday, May 17, 2:30–3:30 D104H

This session will focus on supporting Academic
Advisors/Faculty to understand and increase their
awareness of students on academic probation.
The presentation will focus on students who are first
generation, low socioeconomic status (SES), and
person of color. In examining studies and comparing
findings of students on academic probation, little has
changed about the poor performances on national,
state, and local assessments (ATD, 2016; Jenkins, 2014;
Mulvey, 2008). The audience will experience challenges
and strengths of students whose personal, social and
academics often put them at risk of persisting in their
education. Strategies that can motivate and support
students' persistence will be discussed in this interac-
tive session.

*For more information, contact [Paula McPherson](#)
or [Cesar Rangel](#), BC Academic Advisors.*

the FACULTY
COMMONS
is YOU



eLEARNING OFFERINGS TO DEVELOP THE TOOLS OF ONLINE TEACHING

See the eLearning website for registration information.

Teaching with Canvas: Canvas 101

Canvas 101 is perfect for new online instructors, and it is modular so instructors with varied backgrounds and experience can select the order of the modules that best apply to their needs. This online based workshop is intended to introduce instructors to the available tools in Canvas. It is self-paced, project-based, and guided—a facilitator will be available to answer questions and to evaluate participant projects.

Dates: Monday, April 9th to Friday May 25th

Facilitator: Bruce Wolcott

Accessibility 101: Principles of Inclusive Design

Learn how you can make easy changes and additions to your Canvas courses in order to create an inclusive course environment for all students. The online workshop can be completed in six weeks.

Spring-Summer quarter start date:

Monday, May 21st to Friday July 6th

Facilitators: Debi Griggs and Betsy Zahrt Geib

Copyright Information for Educators

Copyright Information for Educators is an introductory course for faculty and staff that provides an overview of concepts of copyright and fair use. The course is broken up into six modules:

- (1) Copyright law in education
- (2) TEACH Act
- (3) Digital Millennium Copyright Act (DMCA)
- (4) Public domain
- (5) Creative Commons
- (6) Copyright compliance and management

You will learn about copyright and how it impacts content you share with the public and/or integrate into your Canvas courses. This course includes assessments and a guide to creating a copyright management plan.

Spring quarter dates:

Monday, April 23rd to June 4th

Facilitator: Bellevue College Faculty Librarian

CROSS-CAMPUS, INTERDISCIPLINARY COLLABORATIONS

**Professional Development,
Community Building, Collaboration,
Innovations**

Language and Community: A Literary Discussion Group

Wednesday, April 18, 2:30–3:30 p.m. D104G

Tuesday, May 15, 2:30–3:30 p.m.

Friday, June 1, 9:30–10:30 a.m.

Facilitated by English faculty, Nan Ma, this literature reading group **for faculty in any and all disciplines** meets once a month for an hour to discuss short stories, poetry and essays that are chosen by group members. Some writers discussed in the past include Amy Hempel, Lydia Davis, Grace Paley, Ocean Vuong, Beidao, and Cesar Vallejo. Literature offers nuanced ways for understanding human complexities and differences. Through literary discussions, we gain insights into ourselves, our students, and the world at large.

\$50 stipend option available for faculty who submit an instruction-related reflection or lesson plan.

For more information, contact *Nan Ma, A&H*
(nan.ma@bellevuecollege.edu).

FACILITATED TEACHING SQUARES

You may have heard about them, or even been a part of one before! They're fun, engaging, collaborative, and meaningful. **A Teaching Square** is a group of four faculty members ideally from different disciplines who work together to explore their teaching. Teaching Squares are designed to improve teaching skills and build community through a positive process of classroom observation and shared reflection. They run the full quarter to allow for deep engagement.

PLEASE NOTE: Each Teaching Square facilitator will contact the registered members Week 2 of the quarter to schedule any necessary meetings and get the process started.

Teaching Square: Encouraging Self-Regulated Learning

Sign up by April 6 to allow the facilitator time to plan the first meeting.

This teaching square will introduce you to the secrets of self-regulated learning using strategies through reflection activities. How to teach students how to be self-regulated learners is a frequent question we have as teachers. This teaching square will introduce you to ways to enhance learning and create lifelong learners. Through this non-evaluative opportunity, you will learn theory and activities and have the opportunity to apply what you learn by observing others and having others provide you with feedback.

10 PD Hours

\$150 stipend*

3 seats maximum

For more information, contact *Archana Alwar*
(aalwar@bellevuecollege.edu)

Teaching Square: Classroom Management

Sign up by April 6 to allow the facilitator time to plan the first meeting.

Gain ideas for managing your classes by forming a quarter-long peer group and observing three colleagues' classes. Sara Gardner of the Autism Spectrum Navigators Program is facilitating this workshop with her expert knowledge of supporting students with a variety of disabilities. Previous participation in our Classroom Management workshop is recommended, but not required.

10 PD Hours

\$150 stipend*

Only 2 seats remaining as of publishing

For more information, please contact Sara Gardner, ASN (sara.gardner@bellevuecollege.edu)

Teaching Square: Interdisciplinary Sustainability

Sign up by April 6 to allow the facilitator time to plan the first meeting.

This teaching square allows faculty to gain interdisciplinary perspectives on sustainability and insight from other faculty while integrating sustainability into their teaching. To start, we will review basic sustainability principles and interdisciplinary perspectives on this issue. With the support of other faculty, participants implement a sustainability lesson into one of their own courses. Conversations with other faculty and observations of other courses will give faculty ideas to apply in their own courses.

10 PD Hours

\$150 stipend*

3 seats maximum

For more information, contact Sonya Doucette, Science (sonya.doucette@bellevuecollege.edu)



*STIPENDS

Stipends are back! Most workshops offer participants the opportunity to earn a stipend. Each workshop is unique in its scope. The workshops with a stipend available may include such activities as scholarly reading, reflective writing, curriculum revision, lesson planning, classroom observations, or presentations. Stipends are tied to deliverables not hours. To receive the stipend, participants must successfully complete the course and its activities, as well as provide feedback to the facilitator in the form of a course evaluation. A person may take a workshop more than once, but will receive a stipend only once per workshop.

UNPACKING CURRENT EVENTS

All Faculty and Staff are Welcome

Series Information

Does it seem like what we read in the daily news is more complex than ever? A new oil pipeline is not just a new pipeline. A hurricane is much more than a storm. An NFL player takes a knee...not in the end zone. When is it #FakeNews? We need to make sense of these complex and incredibly important events of our times so we can in turn better support our students also grappling with these topics.

Fortunately for us, our Bellevue College faculty comprises extraordinary experts, thinkers, and educators in their disciplines. Our new series, "Unpacking Current Events," will allow us to hear from our colleagues as they lead us in unraveling these events and seeing them through the lens of a scholar/practitioner in the field.

Fall 2017, we dialogued on the **NFL Protests** and **the Effects of Hurricane Maria** on Puerto Rico. Winter 2018, BC faculty discussed **#Fake News**.

Spring quarter, in conjunction with Earth Week, our topic will be on **Ocean Preservation**.

MO-'FONGO...

SPECIAL EVENT

HEE-BAH-REE-TOE...KO-KI-TAU

April 19th 1:30–2:30 in the Faculty Commons.

Join Emmanuel Irizarry-Soto of The Nature Conservancy in the U.S. Virgin Islands; Archana Alwar, native Puerto Rican, and Nancy Lane, Science for a dialogue focused on the multiple threats faced from the Caribbean to the Pacific Northwest. Discover transformational ways to incorporate issues into the classroom.

A meet-and-greet reception in the Faculty Commons will follow the workshop from 2:30–3:30.

YOUR UNPACKING EVENT

Facilitators are paid for their preparation, facilitation, and post-discussion write-up. Proposal link coming soon.

Contact [Tonya Estes](#), FC Director, with your questions and ideas.



COMMUNITY BUILDING

Breaking Bread with Colleagues

Fridays, 12–1:00 p.m. D104 H

Do you eat behind your computer? Do you wonder what your colleague across campus has been up to? Would you like to meet with people in a relaxing way? Let's connect in the Faculty Commons over lunch. This lunch time is for us to build community while fueling up for our busy day. The Faculty Commons has a kitchen with a microwave, toaster oven, and hot plate for all to use.

BC Faculty Choir

NEW

**Fridays, April 13, 27, May 11, 25
and June 8, 2:30–3:20 p.m. Location TBD**

This spring, the Faculty Commons will be offering a special community building opportunity for Faculty, the BC Faculty Choir! We will be meeting every other Friday starting on April 13th from 2:30–3:20 p.m. Aimee Hong, our own Bellevue College Class Voice and Concert Choir Instructor, will be leading us in music in preparation to a concert performance at the end of the quarter. Please feel free to drop by when you have time even if you would prefer not to perform. This is a great opportunity for faculty to get together and explore a musical way of engaging in community!

For more information, contact Aimee Hong, A&H (aimee.hong@bellevuecollege.edu), or Allison Kang, Science (allison.kang@bellevuecollege.edu).

IDEAS WANTED



What would you like to see the Faculty Commons offer that would be fun, interactive, not necessarily work-related, but a way to connect with each other in a way to promote health, happiness, and togetherness?

Let your Council Representative know.
Come by and talk with Aris or Tonya.
Send an email. Put a note in our suggestion box.
We are a Commons!

BROWN BAGS

Important topics, little time! Sustain yourself with food, colleagues, and engaging conversation about critical topics in education.

Come to the Faculty Commons for lunch and dialogue. No registration needed.

Using Technology to Improve Student Learning

NEW

Wednesday, April 4, 11:00 a.m.–12:00 p.m. D104E

We just started the quarter and we may have students that are anxious and nervous. Do you know we can reduce class anxiety by connecting with your students using Canvas?

For more information, contact Archana Alwar, (aalwar@bellevuecollege.edu), Adjunct Mentoring Lead.

Mid-Term Evaluations and Other Ways to Gather Feedback on the Class and Teaching Approach

NEW

Wednesday, May 2, 12:00–1:00 p.m. D104E

We are on Week # 5 and we are wondering how we are doing as teachers. We can gather feedback from students in different ways for students to self-reflect and for us to know our teaching strategies are working or we need to make some changes.

For more information, contact Archana Alwar, (aalwar@bellevuecollege.edu), Adjunct Mentoring Lead.

Project Based Learning

Thurs. April 26, 12:30–1:30 p.m. D104H

NEW

Join Miranda Kato and Christina Sciabarra at lunchtime to discuss Project Based Learning (PBL). Have you wondered what people mean when they talk about PBL? Do you think you might actually be using projects in your course, but you're not quite sure?

Do you want to hear about what others are doing on campus? Come over to the Faculty Commons with your lunch to learn about PBL with our campus leads.

For additional information, please contact Miranda Kato, PBL Lead, or Christina Sciabarra, Center for Career Connections.



MENTORING & ADVOCACY

Spring 2018 – New Faculty Orientation

Thursday, March 22, 8:30 a.m.–12:30 p.m. D104H

For our new faculty beginning to teach Spring Quarter 2018, we are now offering our New Faculty Orientations at the end of winter quarter! We want our new faculty to feel supported and ready to go before their first quarter begins. **Topics include:** intro to Canvas, the syllabus, Outlook, the podium, parking stickers, printing, Title IX, a tour of Student Services, FERPA, and more.

Stipend: \$100, provided by the Office of Instruction Lunch will be provided.

Writing Your Diversity Statement

Wednesdays, May 23 + May 30, 1:30–2:30 p.m. D104H

Do you have a Diversity Statement? Could you articulate it in writing? What about in an in-person interview? A Diversity Statement is often a requirement for tenure-track teaching jobs (and increasingly for adjunct teaching jobs as well) and being able to clearly articulate your commitment to diversity and equity is also important for promotional purposes. This workshop will focus on helping participants

articulate their own diversity statement—both in person and in writing. Sample Diversity Statements will be shared with those who participate.

For more information, contact **Tim Jones, Tenure-Track Mentoring Program Lead**, (tim.jones@bellevuecollege.edu).

Adjunct Contract – Rights and Responsibilities

Tuesday, April 17, 11:30 a.m.–12:30 p.m. D104H

Wednesday, April 25 3:30–4:30 p.m. D104H

Learn about your rights and your responsibilities as an adjunct instructor at Bellevue College. We will cover course assignment, office hours, promotion, annual/multi-annual contracts, class caps, course evaluations, performance reviews, and participation in college governance, professional development, leave, unemployment insurance, child care benefits, and more.

For more information, contact **Tobi Rosenberg, A&H** (tobi.rosenberg@bellevuecollege.edu).

Introduction to Grants

Wednesday, May 23, 1:30–2:30 p.m. D104E

Bellevue College was awarded over \$5 million last year in grant funding for programs and services across the college like the Basic Food and Employment and Training program, the Center for Career Connections, and the Basic Adult and Transitional Studies department. But where did that funding come from, and how can programs pursue new projects using grant money? The Grants Office is offering an Introduction to Grants workshop to help interested faculty and staff learn about grant opportunities, services the Grants Office offers, and how to develop ideas into solid cases for funding.

No registration needed.

For more information, contact **Brandon Lueken, Grants Coordinator** (Brandon.lueken@bellevuecollege.edu).

WELLNESS

All Faculty and Staff
are Welcome



*The first week of April is Public Health Awareness Week.
Let's make our health a priority all quarter long!*

Meditation

Mondays, 12:30–1:00 p.m. D104E

These sessions use an ancient Chinese health care regimen, Wu Qin Xi, which ties together posture, breathing, and focus. This practice can help maintain health, heal bodies, calm minds, and reconnect with our spirit.

You'll leave the room relaxed and re-energized!

For more information, please contact Wei Geiger, A&H (wei.geiger@bellevuecollege.edu)

No registration needed; just come as you are.

Move Those Muscles!

Tuesday, April 24, 3:30–4:30 p.m. D104H

Move Your Muscles: Have a gym but no personal trainer? Have no gym but want guidance on what to buy for home? Learn tips and techniques to design your own fitness plan that includes strength, cardio, and flexibility (based on your goals.) Templates for workouts will be provided and different exercise equipment techniques will be touched on!

For more information, contact Amy Swanson, HSEWI (amy.swanson@bellevuecollege.edu)

No registration needed. Add this to your Outlook Calendar today!

Back Fit

**Tuesday, May 8, 11:30 a.m.–12:30 p.m. D104H
Thursday, May 31, 2:30–3:30 p.m. D104H**

We got your back!

A healthy, pain-free back contributes to overall well-being. Learn how to strengthen, stretch, and increase mobility of back supporting muscles. Learn tips and techniques for core activation and proper workplace sitting. We will also learn to use essential tools like bands and foam rollers.

**Join us, you'll be glad you did!
No registration needed.**

For more information, contact Amy Swanson, HSEWI (amy.swanson@bellevuecollege.edu)

Stress Reduction Techniques

**Tuesday, April 12, 8:30 a.m. D104H
Thursday, May 10, 3:30 p.m. D104H**

We live in an age of chronic stress. Juggling the competing priorities of work, family, health, finances, and relationships can have us on edge a lot of the time. After a while we get used to feeling stressed and it becomes our new normal. There's a price to pay for being chronically stressed out – burn out, fatigue, more frequent colds and flu, trouble sleeping, brain fog, conflict in our relationships, and the list goes on.

Come learn a new way to manage your stress to reduce the impact of it and find a path to a new way of “doing” life.

In this workshop you will

- Learn what “chronic stress” is and identify the sources in your life of chronic stress.
- Understand how to identify when chronic stress is impacting you—physically, mentally, and emotionally.
- Learn techniques for managing stress on the physical, mental, and emotional levels.
- Leave the session with a plan to put your stress reduction skills into action.

For more information, contact Laurie Carlson, MA, CPCC, HSEWI (laurie.carlson@bellevuecollege.edu).

CALL FOR PROPOSALS

We have a new, streamlined proposal form ready for you!

The Faculty Commons supports programming that will inspire colleagues to come together to learn, share, and develop a supportive community. Proposed programming can include workshops of any length, speakers’ series, promising practices sharing, book discussions, cross campus collaborations, or another form of professional advancement we haven’t even conceived of! Simply make sure your idea fulfills the Mission of the Faculty Commons. Once submitted, the Faculty Commons leadership will review your proposal and work with you to fine-tune it.

It’s not too early to submit a proposal for Summer and Fall 2018. To be considered for Summer 2018, please submit your proposal by Monday, April 30.

For more information, contact Tonya Estes, Faculty Commons Director.
(tonya.estes@bellevuecollege.edu)

NEW EVENT – Added after this edition went to press

The Office of Sustainability and Faculty Commons cordially invites you to the book presentation “Archeology of the Night” presented by Nancy Gonlin, Ph.D., BC Anthropology Dept.

Tuesday, April 17, 12–1 p.m. in D104H

Archaeologists have long investigated daily lives of ancient peoples, from the lowest status to the highest. Such investigations have greatly informed us about a myriad of lifeways.

But what did ancient people do at night, long before the advent of technologies that brighten the night and keep us engaged? Archaeologists are now beginning to focus explicitly on this previously ignored time of day to greatly enrich our understandings of past societies. An edited volume dedicated to the archaeology of the night features numerous case studies from around the globe that highlight the significance of nocturnal practices and beliefs. Today, the disappearance of dark nights is a concern for all of us, as part of our heritage is becoming harder to sustain.

SPRING SCHEDULE CONTRIBUTORS

Many Thanks to our contributors!

Archana Alwar, A&H
Aris M. Andrade, FC
Katie Austin-Miranda, A&H
Laurie Carlson, HSEWI
Sonya Doucette, Science
Tonya Estes, FC
Sara Gardner, ASN
Wei Geiger, A&H
Marcelo Guerra-Hahn, IBIT
Aimee Hong, A&H
Emmanuel Irizarry-Soto, The Nature
Conservancy
Tim Jones, Social Science
Allison Kang, Science
Miranda Kato, FC
Brandon Lueken, Grants Office
Nan Ma, A&H
Ann Minks, HSEWI
Lisa Moore, Institutional Advancement
Marika Reinke, former FC Chair
Tobi Rosenberg, A&H
Christina Sciabarra, Center for Career
Connections
David Spataro, Social Science
Amy Swanson, HSEWI

President and VPs Office Hours

Take advantage of a direct connection to leadership!

Come and talk with the president and vice presidents during their office hours! They are interested in hearing what's happening in your area of the college as well as brainstorming improvements. See the Faculty Commons SharePoint site or website for more information about the areas on campus they oversee, the initiatives they are working on this year, and the days and times of their office hours.

TITLE

President
Interim VP Instruction
VP Information Tech Services
Interim VP Equity and Pluralism
VP Student Affairs
VP Administrative Services
VP Institutional Advancement

NAME

Jerry Weber
Gita Bangera
TBD
Sayumi Irey
Ata Karim
Ray White
Gayle Barge

Bellevue College does not discriminate on the basis of race, color, national origin, language, ethnicity, religion, sex, sexual orientation, including gender identity or expression, disability, or age in its programs and activities. Please see policy 4150 at bellevuecollege.edu/policies/. The following people have been designated to handle inquiries regarding non-discrimination policies: Title IX Coordinator, 425-564-2641, Office C227, and EEOC/504 Compliance Officer, 425-564-2266, Office R130.

FACULTY COMMONS

Faculty Commons Council

The Faculty Commons Council provides leadership to the Faculty Commons. Let your council representative know what you would like to see in the Faculty Commons!

Jennifer Anderson, A&H
Gita Bangera, *ex-officio*
Stephanie Brommer, Soc. Science
Rebecca Cory, *ex-officio*
Gina Fiorini, Science
Ann Minks, HSEWI
Jean Irons-Dendy, HSEWI
Lisa Harris, Chair, IBIT
Harlan Lee, Counseling
Vivienne McClendon, LMC
Sue Nightingale, *ex-officio*
Rob Viens, Science
Jun Xu, A&H

