

AMORA PITRE - Psychology of Pandemics

For my Final Paper, I decided to go with the 4th option; creative interpretation. I read the article, “Covid-19 pandemic led to increase in loneliness around the world.” In the article, it talks about how some might think or did think that the Covid-19 virus caused people to feel lonely. It said this because people had to be on their computers and 6 feet apart from people. In chapter 13, “Psychological Disorders”, it talks about depression and loneliness. In the section called, “Major Depressive Disorder and Bipolar Disorder” it talks about how people from school, being in college could get or feel loneliness. So, to combine the two ideas, for my creative interpretation, I drew a person getting ready to do school online, on zoom, and the the person looking at themselves in the mirror with a mask on. The person has a sad face because they are “6 feet apart” from themselves. Their old self. Stated in chapter 13, most people have suicidal thoughts because they feel low and that everything is coming down. I wanted to show case that by the drawing being split into two. Because their life is being split into two now that they have to be online. In the article though, they say loneliness may not occur because of covid-19, just because you cant see a person doesn’t mean you are lonely. Being alone is one thing, but being lonely is another.

