



**BELLEVUE
COLLEGE**

COMMUNITY EDUCATION

Course Schedule SPRING 2021

Explore hobbies and interests with an array of courses in world languages, digital photography, and a variety of compelling and fascinating courses for retirees, semi-retirees, and active seniors.



**ALL SPRING
COURSES
ARE ONLINE!**



2 Ways to Register

- 1. Online Registration** – At bellevuecollege.edu/ce/retiree-programs, click the “Browse Catalog” button on the right side of the homepage. On the Course Catalog page, click Retiree Programs (TELOS) in the left-hand column. You can browse courses by subject matter or day of the week. Follow the instructions after placing a course in your cart to complete your purchase and registration.
- 2. Phone-In Registration** – Call us at **425-564-2263**. Please have your Student I.D. Number, credit card information and course item number ready.

Bellevue College does not discriminate on the basis of race, color, national origin, language, ethnicity, religion, veteran status, sex, sexual orientation, including gender identity or expression, disability, or age in its programs and activities. Please see policy 4150 at bellevuecollege.edu/policies/. The following people have been designated to handle inquiries regarding non-discrimination policies: Title IX Coordinator, 425-564-2641, Office C227, and EEOC/504 Compliance Officer, 425-564-2178, Office R130.

Vol. XV, no. 2 *Community Education* is published quarterly by: Bellevue College, 3000 Landerholm Circle SE, Bellevue WA 98007-6484. USPS 019-147 periodicals postage paid at Bellevue, WA, and additional mailing offices. Postmaster: Please send address changes to: Community Education, Bellevue College, 3000 Landerholm Circle SE, Bellevue WA 98007-6484. Every effort is made to ensure that information and fees are accurate; however, changes, corrections, or cancellations of courses or fees may occur. Community Education reserves the right to cancel any class. For the most current information, check BCconted.com.

World Languages

The World Languages program offers the most comprehensive, non-credit selection of language classes in Washington state. Whether your goals include travel, hobby learning or enhancing your career, you will find our courses to be affordable and accommodating.

PROGRAM AREAS:

Korean, Japanese, Italian, Spanish, German, French, Chinese (Mandarin), and more

Go to bellevuecollege.edu/ce/language to register.

**FEATURED
INSTRUCTOR**

Concepcion Miranda

Spanish

Concepcion is a native of Seville, Spain who loves to share her own culture and language with her students. She bases her teaching in these key components:

- Language (Language)
- Conversacion (Conversation)
- Comunicacion (Communication)
- Cultura (Culture)

AND... A lot of enthusiasm to have fun while learning Spanish

Benefits of the virtual learning environment:

- There is a more direct, unique interaction with the instructor instantly, face to face, improving the attention and expanding the focus for each student.
- Learning from home saves time and allows the students to expand their options to schedule everyday goals and activities.
- The online tool reduces the need of mobility and assures a more personalized participation for each student.





Since the TELOS program began in 1976, the oak tree has been its distinctive symbol. Telos is the Greek word (τέλος) meaning ‘fulfillment.’ And that’s what the TELOS program offers: an engaging community where adults can fulfill their continuing desire to learn and grow.

TELOS presents a broad range of classes to meet a wide variety of interests. The atmosphere is intellectually stimulating and supportive. Classes are small and informal. Students and faculty interact as peers, making learning a creative exchange of ideas. Many students form lasting friendships.

At TELOS the emphasis is on education and growth, not measuring performance. There are no entrance requirements, grades or tests.

TELOS also has a student-run organization called TSO. For more information, go to their website:

studentweb.bellevuecollege.edu/telos-tso/

MONDAYS

Ancient Egypt Art and Architecture NEW!

The beauty and distinctiveness of ancient Egyptian art and architecture are among this great civilization's most lasting legacies. Join us as we explore the iconography, style, materials and techniques of their architecture, works of art, and jewelry within the broader context of their cultural significance over the 4,000 years of ancient Egyptian society. Fee: \$85

Item G8027

C. Smith

8 Mondays

Apr 12–Jun 7

10:00–11:30am

NO CLASS MAY 31

Asteroids, Comets and Ocean Worlds NEW!

Astronomy and planetary science are making great strides in understanding the formation and evolution of planets and planetary systems, with important data headed back to Earth right now. This course will examine the primordial celestial objects that are incorporated into our world, as well as some of the bizarre planets and planetary systems we are discovering in our corner of the Milky Way. Fee: \$85

- Students will gain an appreciation of how scientific disciplines work together to answer fundamental questions.
- Students will understand how present-day scientists are studying the nature of other planets
- Students will have a new appreciation of future developments in the explorations of the Solar System

Item G8024

R. Hobbs

8 Mondays

Apr 12–Jun 7

10:00–11:30am

NO CLASS MAY 31

Computer-Based Family History NEW!

Delve into online resources to research your ancestral families, such as census data, city directories and historical newspapers. Students will learn to use Ancestry, Family Search and Google to locate and use genealogical information. Techniques to increase the effectiveness of your surname searches will be utilized. You will also learn how to explore the contents of publicly available subscription databases from the comforts of your own home. Fee: \$85

Item G8025

R. Barnes

8 Mondays

Apr 12–Jun 7

10:00–11:30am

NO CLASS MAY 31

Create!... On your iPad

In this fun, interactive, hands-on class, you'll create on your iPad's large canvas. Pages – you'll create gorgeous documents that stand apart. Keynote – you'll create and deliver simply stunning presentations. Photos – you'll make good photos great with simple, powerful editing tools, and share your memories with music, motion and titles. And so much more! Students should be comfortable with basic use of their iPad. Otherwise, this prerequisite class is recommended: Have More Fun with Your iPhone Fee: \$85

Item G8026

P. Schmid

8 Mondays

Apr 12–Jun 7

10:00–11:30am

NO CLASS MAY 31

Culinary History of India

Delve into a culinary journey of Indian food, from antiquity to the modern age: the elements that make Indian cuisine a melting pot of indigenous and foreign influences. The course examines the history of Indian cuisine—the spices, the distinctive regional flavors, healing and medicinal food (Ayurveda), culinary refinements and extravagances of the Royal Hindu and Mughal Courts, concluding with Colonial (British and Portuguese) influences on Indian cuisine. Participants will be encouraged to share their personal food stories and traditions from their own cultures in order to facilitate a rich and diverse class experience. Fee: \$105

Item G8037

S. Krishnamoorthy

10 Mondays

Apr 12–Jun 21

10:00–11:30am

NO CLASS MAY 31

Great Foreign Policy Decisions

Great Decisions is a discussion course offered by the Foreign Policy Association. The course includes a book with a chapter on each subject. In class we watch a DVD and then discuss the topic. Discussions are lively and interesting. The topics for 2021 are Global Supply Chains and National Security, Persian Gulf Security Issues, Brexit and The European Union, Struggles Over the Melting Arctic, China's Role in Africa, The Korean Peninsula, Role of International Organizations in a Global Pandemic, and The End of Globalization.

Required Text: *Great Decisions 2021*. Briefing available at fpa.org (available online, not available at college bookstore.) Fee: \$99

Item G8029

C. Barnes

8 Mondays

Apr 12–Jun 7

2:00–3:30pm

NO CLASS MAY 31

Master Your Mac

MacOS is the operating system that powers every Mac. It lets you do things you simply can't with other computers. That's because it's designed specifically for the hardware it runs on—and vice versa. MacOS comes with an entire suite of beautifully designed apps. It works hand in hand with iCloud to keep photos, documents, and other stuff up to date on all your devices. It makes your Mac work like magic with your iPhone and other Apple devices. And it's been built from the ground up with privacy and security in mind. In this class you'll learn dozens of tips and tricks about the Mac OS, the operating system, so you can get more done and have more fun with your Mac every time you use it, for everything you do! Fee: \$85

Item G8001

P. Schmid

8 Mondays

Apr 12–Jun 7

12:00–1:30pm

NO CLASS MAY 31

Meditation for Stress Reduction **NEW!**

Do you experience worry, stress, or anxiety in your life? Learn how to build the inner strength to deal with these unpleasant feelings and create the stability within to live in the moment. In this series, students will learn to create mental space and gain control over thoughts that cause mental discomfort. We will develop special ways of thinking that naturally increase self-confidence and inner peace. These positive habits of mind oppose the tendency of negative thinking and improve your capacity to find happiness within yourself.

Fee: \$85

Item G8030

Gen Kelsang Rinzin

8 Mondays

Apr 12–Jun 7

2:00–3:30pm

NO CLASS MAY 31

The Home Front in World War II **NEW!**

Former Bay Area radio broadcaster John Jensen gives an informative look at the events that led to the U.S. entry into the Second World War and the sacrifices made by many to aid the war effort. Included is a review of 1941: our last year of peace; the events that led to the attack at Pearl Harbor; the contributions of the entertainment industry and examples of what life at home was like during those difficult times. Fee: \$85

Item G8031

J. Jensen

8 Mondays

Apr 12–Jun 7

2:00–3:30pm

NO CLASS MAY 31

The Roots of Rock and Roll: Pt. 1

Take a fascinating, informative and entertaining journey with Bay Area radio broadcaster John Jensen as we seek the roots of rock. You'll hear great music, see rare film and video clips while examining the legacies of the pioneers who contributed greatly to this popular music genre. You'll hear how Rhythm and Blues, Gospel, and Country intersected during that first decade and became the bedrock of Rock 'n' Roll. Along the way we'll hear the musicians, the singers, the guy and girl groups, the personal stories and the influence of radio, television and big business. You'll play 50s rock trivia, hear rare songs and see how this music impacted American culture during those early days. Fee: \$85

Item G8028 J. Jensen
8 Mondays Apr 12–Jun 7 12:00–1:30pm

NO CLASS MAY 31

Photostyle: The Art of Arranging

Increasingly arranging what is in front of your lens, whether man-made or natural objects, makes the best, most memorable photographs. Doing so takes your photography into a whole new and very current realm. Yet ironically arranging, like photography itself, is an art. It takes great imagination and is very challenging. There are professional photostylists, even specialized food photostylists. Explore the principles of styling, learn the tricks and techniques, part of photography almost never taught. Practice with weekly assignments. Class sessions will be live on Zoom; assignments will be posted on Flickr.com for asynchronous sharing and feedback plus sharing live. Fee: \$85

Item G8034 R. Pfortner
6 Mondays Apr 26–Jun 14 11:00am–1:00pm

NO CLASS MAY 10 AND MAY 31

TUESDAYS

Creative Writing

Whether you are a beginning or experienced writer, whether your interest is in memoir writing, fiction or non-fiction, you will benefit from this class. Exchange of ideas and opinions is an important tool in the development of your writing skills. Priming the pump uncovers a myriad of memories and touches the creative center in all of us. Fee: \$99

Item G8010 D. Toppen
7 Tuesdays Apr 13–May 25 10:00am–12:00pm

Item G8011 D. Toppen
7 Tuesdays Apr 13–May 25 12:30–2:30pm

Enjoy Shakespeare | Henry V **NEW!**

Have fun. Make new friends. See Shakespeare anew! You'll read the play (in modern English or the original); watch a world-class cinematic production and debate the play's universal themes. In *Henry V*, the newly crowned Henry V—Prince Hal, a prodigal son, must live up to his responsibility as England's King and to the expectations of his people. He must unite, inspire and lead his country. A play for the ages, *Henry V*'s universal themes were never more relevant than now for our turbulent times. Fee: \$85

Item G8012

P. Schmid

8 Tuesdays

Apr 13–Jun 1

2:00–3:30pm

Food After 50

Develop a solid understanding of the nutrition needs for adults over 50. This comprehensive course will cover the following: 1) Which vitamins and minerals to increase or decrease, 2) The latest research on intakes of protein, fats, and carbohydrates, 3) Are supplements necessary? How to find safe and effective supplements, 4) How to tweak your diet to maximize nutrients without feeling deprived of what you like, 5) Fad diets and nutritional quackery: how to spot a sham, 6) How to reduce your risk and/or manage Type 2 diabetes and heart disease with diet, 7) Hydration needs, and 8) Can your diet help you feel healthier? Fee: \$85

Item G8004

A. Mills

8 Tuesdays

Apr 6–May 25

2:00–3:30pm

Focus on Photography Composition

Cameras may TAKE photographs, but the photographer MAKES the photograph. Explore why a photograph is not just technically sound, but compelling and evocative. It is all about the design of the image, what is included and what is not, about relationships created and avoided. Learn the principles of strong composition and when to follow them and when not through presentations plus weekly assignments. Assignments will include photographing agreed upon themes at home and in our communities, harvesting your photographs and conducting online research crowd-sourcing photographs by others to share. Assignments will be posted on Flickr.com and shared in live sessions on Zoom. An extensive handout will be shared online. Select two photographs to share as part of your introduction in the first Zoom meeting. For all skill levels using any digital camera, phone to mirrorless. Fee: \$85

Item G8039

R. Pfortner

6 Tuesdays

May 18–Jun 22

11:00am–1:00pm

Have More Fun with Your iPhone

Strengthen your technical skills and explore new ways to have fun with your iPhone. Learn dozens of tips & tricks about: iCloud – how to make the best use of cloud storage and computing; cell data and WiFi – how to get more data, faster... for FREE; security and privacy; and painless password management. Fee: \$85

Item G8009 P. Schmid
8 Tuesdays Apr 13–Jun 1 10:00–11:30am

Intro to Drawing

Draw with confidence! Learn to see differently and gain skills quickly while developing your line, form, and perspective techniques. Exercises include contour drawing, value studies and still life. We will be using pencil, pastels, and charcoal. All levels welcome! Fee: \$85

Item G8000 S. Almgren
6 Tuesdays Apr 13–May 18 9:30–11:30am

Intro to Watercolor

Try your hand at a spontaneous medium. Develop basic watercolor painting skills in a relaxed studio environment. Study composition, color mixing, and color relationships. Through demonstrations and experimentation, you will create a variety of artwork from abstract to landscape. All levels welcome! Fee: \$85

Item G8002 S. Almgren
6 Tuesdays Apr 13–May 18 12:00–2:00pm

Monuments of Washington, DC **NEW!**

Examine the history of public monuments, sculpture and memorials of the National Mall in Washington, DC. Architecture and sculpture reviewed includes the Lincoln Memorial, the Washington Monument, and National Statuary Hall, Architect of the United States Capitol building. Fee: \$127

Item G8038 F. Poyner IV
12 Tuesdays Apr 6–Jun 22 10:00–1:30am

**All courses through Spring 2021
will be ONLINE and INSTRUCTOR-LED.**

**To receive the most up-to-date notice on courses, please
sign up for our eNewsletter at bellevuecollege.edu/ce.**

Public Sculpture of Portland, OR **NEW!**

Discover the history of public statuary and sculpture in Portland, Oregon, and the surrounding Pacific Northwest region. We will explore sculptors who have created statues and other artworks throughout the city of Portland, including *Elk* by Roland Hinton Perry; *Theodore Roosevelt, Rough Rider* (equestrian statue) by Alexander Phimister Proctor; and *The President* (statue of Abraham Lincoln) by George Fite Waters. Several Portland statues have been damaged and removed from display. We will discuss the impact of removing historic statues. Fee: \$127

Item G8040 F. Poyner IV
12 Tuesdays Apr 6–Jun 22 12:00–1:30pm

Public Sculpture of Seattle **NEW!**

Discover the history of public statuary and sculpture in Seattle and the surrounding Pacific Northwest region. We will explore more than a dozen sculptors and their artworks, including Alice Robertson Carr, Seattle's first female public sculptor; James Wehn, creator of the iconic Chief Seattle statue; Alonzo Victor Lewis and his World War I monumental statues of a "doughboy" soldier; and August Werner's colossal statue of Leif Erikson which overlooks Shilshole Marina in Ballard. The lives of each sculptor will be examined, including how they contributed public artworks to the changing landscape between 1909 and 1962. Our discussion will be enhanced with photographs and preparatory studies of artworks. Related sculptures by these artists found in other cities in the United States are also reviewed. Fee: \$127

Item G8041 F. Poyner IV
12 Tuesdays Apr 6–Jun 22 2:00–3:30pm

Sketching

In this class you will learn different pencil and charcoal techniques for sketching portraits, landscapes or still life. Class is a combination of lecture, demonstration and one-on-one feedback. Fee: \$95

Item G8003 S. Ariaz Bolanos
8 Tuesdays Apr 6–May 25 10:00am–12:00pm

Stay Light on Your Feet **NEW!**

Using the Feldenkrais Method, we'll explore moving more efficiently and comfortably to make walking and getting up and down easier. Using the same approach, we'll also explore our eating and exercise habits, replacing willpower with understanding how to change habits efficiently. Fee: \$85

Item G8032 I. Pasternack
8 Tuesdays Apr 20–Jun 8 2:00–3:30pm

WEDNESDAYS

Why TV is Better Now Than Movies **NEW!**

As many of us turn our televisions into home cinemas, critics (and audiences) have come to believe that TV has consistently outperformed movies not only in terms of quantity but quality. More and more people are discovering that television has plenty to teach the movies about characterization, storytelling and breaking new talent. This course will look at some of the very best television series and TV movies that have been produced in the late 20th and early 21st centuries, through such series as *The Sopranos*, *The Wire*, *Deadwood*, *The Americans* and many others. Generous film clips and expert recommendations will illuminate the experience. Please note that this course may contain violent content or mature situations. Fee: \$85

Item G8016 F. Silber
8 Wednesdays Apr 14–Jun 2 12:00–1:30pm

60's Pop Music and Social Change **NEW!**

The 1960s in the United States were a time of turmoil and “change” with religious, social musical and political implications for the present. This course will explore this period through the songs that framed, responded to, and have come to represent the era. We will explore the life span of the songs of the Civil Rights Movement as well as the popular music of the counterculture. Using music as a primary historical source, we will trace the social movements of the 1960s and look at how they continue to influence the world today. Fee: \$85

Item G8014 O. Carrasco
8 Wednesdays Apr 14–Jun 2 10:00–11:30am

Brit on the Border

The U.S./Canadian border, once described as “physically invisible, geographically illogical, military indefensible and emotionally inescapable” **Brit on the Border** features true stories, adventures and characters that contributed to the rich historical tapestry either side of a line first scrawled in the 18th century, subsequently altered, and adopted close to the 49th parallel.

Drawing on half a million words of careful research, your interaction is invited as the course moves seamlessly through history, introduces and examines often forgotten stories of individuals, events and unexpected consequences of every day actions either side of the ‘Hi-Line’. Fee: \$85

Item G8015 J. Bishop
8 Wednesdays Apr 14–Jun 2 12:00–1:30pm

Dance in the Movies: Part 1

An engaging course in which we watch and study together many spectacular dances from movies old and new to reveal the social changes, technological advances, and economic impact of modern society's evolution over the past century. Between 6–10 dances from four movie musicals are viewed and analyzed each class period, with lecture and discussion before and after each. Life in the Western World, including societal issues, tastes and aspects of modern life are some of the hidden motivations behind these dances. New perspectives are gained through discussion and analysis of story, music, lyrics, costuming, casting, direction, and movement styles. The work of Fred Astaire, Donald O'Connor, Gene Kelly, Dick Van Dyke, Moira Shearer, Cyd Charisse, Agnes de Mille, Gower Champion, Jerome Robbins, and dozens more are watched, dissected, and discussed. Learn the back stories, intention and meaning behind the dances and the dance makers. Step behind the scenes for movie dances demystified! Fee: \$85

Item G8017 C. Lawrey
8 Wednesdays Apr 14–Jun 2 12:00–1:30pm

Gentle Yoga and Pilates

Hatha Yoga (in the Iyengar Style). The class will incorporate poses that will include stretching, balance and mobility. Pilates is incorporated for core strength. The course is designed for all BODY TYPES and levels of FLEXIBILITY and STRENGTH. Explore self-direction and gain information about your body. Bring a "sticky" mat to the first class (available where yoga supplies are sold).

REQUIRED FORM: All fitness class students are required to complete the *Activity Release, Limitation of Liability and Assumption of Risk* form before participating in the class. Download the form and email to ce-programs@bellevuecollege.edu. Fee: \$105

Item G8035 M. Hanneman
10 Wednesdays Apr 14–Jun 16 6:00–7:30pm

Moving to Heal **NEW!**

No matter what ails you, gentle playful movement to music becomes meditation, medicine, and community. You'll improve your skill at staying in the moment, finding pleasure and fun, and accessing your own inherent capacity to self-heal. We'll use a combination of the Feldenkrais Method and Nia Moving to Heal to find movements that are comfortable in your body with whatever illness or challenge you are dancing with. Fee: \$85

Item G8033 I. Pasternack
8 Wednesdays Apr 21–Jun 9 10:00–11:30am

Music, Art, Social Change: Pt 2

This two-part course will examine the role of Art and Music in history as a response to social realities and as a component of the formation and sustainability of civil movements. We will consider the potential influence of Art on society, and the creative impulse as a component of being human and a force of self-definition in the face of suffering and confusion. Along the way, the class will share and explore visual arts, music, theatre, sculpture and literature and consider the significance of individual artists (Bernice Reagon Johnson, Pablo Picasso, Toni Morrison, Tupac Shakur, Maya Lin and others). Fee: \$85

Item G8044

O. Carrasco

8 Wednesdays

Apr 14–Jun 2

12:00–1:30pm

Readers Theater

The popular acting series continues! We will analyze and rehearse a dramatic or comedic script, and then perform it for the Telos community in the final class session. Readers Theater is a simple style of presentation that requires no memorizing; everything is done with the script in front of you. It's all about the words, the characters, and the fun of acting. No performing experience is necessary! Fee: \$85

Item G8019

M. Waldstein

8 Wednesdays

Apr 14–Jun 2

2:00–3:30pm

The New Yorker Discussion Group

The New Yorker is an American magazine of reportage, commentary, criticism, essays, fiction, satire, cartoons, and poetry. Despite its name, it has a wide audience outside of New York and is read internationally. This class will be a discussion group who each week will choose three to five articles, reviews, poems, stories or cartoons to discuss. A subscription or access to the magazine is, of course, essential. Fee: \$85

Item G8020

F. Silber

8 Wednesdays

Apr 14–Jun 2

2:00–3:30pm

The Oresteia of Aeschylus **NEW!**

This course studies *The Oresteia*. It is the only complete trilogy of Greek tragedy that has survived, as well as among the earliest examples of Greek drama. These three plays celebrate the establishment of a human judicial system as well as addressing gender roles in society. There will be introductory lectures on the nature of the Greek theatrical experience and on the structure and history of Greek drama. Most classes will feature class discussion of

relatively short reading assignments with mini-lectures as needed to provide background. Students purchase book – *Aeschylus: The Oresteia*, translated by Robert Fagles, ISBN 978-0140443332. Fee: \$85

Item G8018 B. Bigley
8 Wednesdays Apr 14–Jun 2 12:00–1:30pm

The Roots of Rock and Roll: Pt. 2 NEW!

Take a fascinating, informative and entertaining journey with former Bay Area radio broadcaster John Jensen as we further review the roots of rock. You'll hear great music, see rare film and video clips while examining the legacies of the pioneers who contributed greatly to this popular music genre. You'll hear how girl groups became so popular and explore the popularity of the guys and guy groups who became teen idols. We'll also examine the many genre of rock including the popularity of doowop, folkrock, surf and the sounds of the British Invasion. Along the way we'll hear the personal stories and the influence of radio, television and big business on this incredible movement. We'll hear rare outtakes and studio sessions and learn how this music impacted America during those times. Fee: \$85

Item G8043 J. Jensen
8 Wednesdays Apr 14–Jun 2 2:00–3:30pm

Versatile Acrylics Studio

This class is designed to take students from a basic knowledge of acrylics to a new level. In-class demonstrations will be given on use of color, composition and perspective within the realm of landscape. Several small paintings will be done depending on each student's individual pace and choice. Fee: \$95

Item G8005 S. Ariaz Bolanos
8 Wednesdays Apr 7–May 26 10:00am–12:00pm

THURSDAYS

Creative Writing

Whether you are a beginning or experienced writer, whether your interest is in memoir writing, fiction or non-fiction, you will benefit from this class. Exchange of ideas and opinions is an important tool in the development of your writing skills. Priming the pump uncovers a myriad of memories and touches the creative center in all of us. Fee: \$99

Item G8042 D. Toppen
7 Thursdays Apr 15–May 27 12:30–2:30pm

Golden Age of Broadway: 1940s **NEW!**

This will be the first course in a series dedicated to examining and dissecting what were the crucial and best decades of musical theatre and dramatic plays which appeared on Broadway. First up is the 1940s, a name synonymous with theater, Broadway has always been a place where societal norms and boundaries are reflected and, in many cases, pushed to their limits. The golden age of Broadway was no exception. The 1940s was a tumultuous period in American history: The role of women was shifting, people were becoming open to new styles of music, dance, art, and architecture, and World War II affected virtually every aspect of American culture. This course will focus on how American theatergoers were able to see firsthand how times were changing, from Rodgers and Hammerstein's groundbreaking *Oklahoma*, to Arthur Miller's revolutionary *Death of A Salesman*. Many video and audio clips will make this an unforgettable experience. Fee: \$85

Item G8022

F. Silber

8 Thursdays

Apr 8–May 27

12:00–1:30pm

Self-Publish Your Writing

Leave a legacy of your memories. In this fun, interactive hands-on course you will create a sample manuscript for self-publishing your own content. You may have written a few stories, completed some chapters of your memoirs, written a few family history pages, recorded oral interviews, have photographs from old albums, or worked on your family tree but have never shared it with your family and friends. Where do you start and what are the options for sharing your legacy on a limited budget? You can benefit from this class if you are interested in learning about independent self-publishing using local printing and Cloud computing services. This class will help you learn practical tools, techniques, and give you hands on experience. Fee: \$85

Item G8006

E. Stathers

8 Thursdays

Apr 8–May 27

10:00–11:30am

Survey of Modern Chinese History **NEW!**

Explore the last 500 years of a modernizing China. We will cover the first contact with the western world of Jesuits and Portuguese to the forced Opium trade; the failed Boxer Rebellion to the fragmentation and struggle for a new China. Then our focus will be the Civil War and the Communist triumph leading to the astounding modernization of a huge nation in a mere fifty years. Fee: \$85

Item G8021

K. Busch

8 Thursdays

Apr 8–May 27

10:00–11:30am

Item G8023

K. Busch

8 Thursdays

Apr 8–May 27

12:00–1:30pm

Technology of the Civil War **NEW!**

The era of the Civil War saw tremendous technological changes that changed the face of war (and peace) forever all over the world. Steam vessels, rail, telegraph, mass steel production, rifled cannon barrels, photography, and hygiene all were transformed by this War. We will study these and more in learning how the Civil War influenced war (and peace) from then on. Fee: \$85

Item G8013 C. "Ted" Watts
8 Thursdays Apr 8–May 27 10:00–11:30am

Views of the News with Steve

In this participative discussion class led by Steve Gersman, we will look at a few national and international current affairs each week. We will discuss politics and more enduring topics suggested by our group. How do these events affect us today and into the future? What is the historical background that got us to these events? Is there leadership we can look to or is there a lack of leadership? Fee: \$85

Item G8007 S. Gersman
8 Thursdays Apr 8–May 27 12:00–1:30pm

FRIDAYS

A Short History of Television **NEW!**

How TV came into being is the story of three kinds of people: Brilliant inventors who figured out how to send pictures through the air, driven men who foresaw the great opportunities in it, and the delightful personalities who built its popularity. We will learn about these fascinating folks, illustrated with rare video clips from the first few decades of the invention that re-invented our world. Fee: \$85

Item G8008 M. Waldstein
8 Fridays Apr 9–May 28 12:00–1:30pm

SATURDAYS

Health and Wellness **NEW!**

Gain an understanding of health and disease fundamentals of public health. Class discussions will focus on physical and mental wellness issues. Chronic disease, degeneration, and neural and mental disorders will be thoroughly reviewed, with plenty of opportunity for student discussion and interaction. Fee: \$115

Item G8036 F. Xie
11 Sessions S Apr 10–Jun 19 2:00–3:30pm

Juan Aguilera

Digital Photography Certificate Program

This upcoming Spring, the Digital Photography Certificate Program will move to the Tombolo Institute at Bellevue College in order to expand our reach to more interested professionals.

There will be no changes made for students currently enrolled in the program. Current students will have the choice to register on Tombolo Institute or Community Education with no other changes.

Juan takes advantage of the virtual learning environment with time-lapse videos. Different demonstrations on setting up the light, the tripod and camera settings. At the same time, the evolution of test images gives you an inside look at the creative design process.

In addition, Juan connects students with King County Metro's Bus Shelter Mural Program. Since 1988, volunteer artists, young and old, from around King County, the U.S. and beyond have painted murals and created photographic artwork for over 3,000 bus shelters, creating one of the largest galleries in King County. Check out some courses by our featured instructor, Juan Aguilera:

- Print Media Design, Starts April 12, Evenings
- Graphic Design Basics, Starts April 14, Evenings
- Digital Photography II, Starts April 17, Saturdays



New Year. New Career.

- Industry-experienced instructors
- Instructor-led online courses
- Schedule-friendly class times



Transition or advance your career with:

A3 Problem Solving
in Healthcare

C# Programming

Certified Financial Planner
(CFP)

Cloud Computing with
Azure & AWS

Coding Bootcamp

Database Business
Intelligence Developer

Graphic Design

Human Resources
Management

Project Management

Software Test Engineer

User Experience Design

Web Design



Register now at tomboloinstitute.com



**BELLEVUE
COLLEGE**



**All courses through Spring 2021
will be ONLINE and INSTRUCTOR-LED.**

**To register or for more information:
bellevuecollege.edu/ce**

425-564-2263