

Bellevue College Men's Soccer – I.D. Day Schedule – Sunday May 15th, 2016

Time	Event	Location	Summary
10:45 a.m. - 11:15 a.m.	Registration	Courter Family Athletic Pavilion 3000 Landerholm Cir SE, Bellevue WA 98007 - see map attached in email	Submit registration form, resume and payment (\$40 cash or check)
11:30 a.m. - 12:30 p.m.	Program Presentation	Bellevue College Room L212	Dave Lovas (Assistant Coach) will walk with players to room L212. Presentation to include: <ul style="list-style-type: none"> • Meet the Coaching Staff • Our Vision • Eligibility • About Bellevue College • The Bellevue Way • Life After Bellevue • Q and A
12:30 p.m. - 1:00 p.m.	Q and A	Bellevue College Room L212	Current players will provide reflections about their experiences in the past year with the program. Players will have opportunities to ask the current players questions about the program.
1:00 p.m. – 1:30 p.m.	Campus Tour	Bellevue College	Players tour the campus with coaching staff and current players.
1:30 p.m. - 2:30 p.m.	Nutrition Break	Player Choice	Players may bring their own lunch to eat on campus or drive to locations nearby.
2:30 p.m. - 4:30 p.m.	Training Session/Scrimmages	Robinswood Soccer Field (East) (This field is opposite the college: 2430 148th Ave SE)	The coaching staff will coach sample activities, including warm up and progressive pressure activities. We will conclude with small sided/11 v 11 games and then a cool down.

4:30 p.m. - 5:00 p.m.	Debrief	Robinswood Soccer Field (East) (This field is opposite the college: 2430 148th Ave SE)	The coaching staff will debrief the day and be available to answer questions.
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