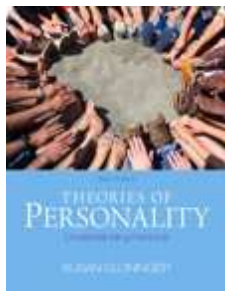


Instructor: Maggie Seibel, M.A., LMHC
Office Location: D200-A
Office Hours by Appointment
E-Mail: mseibel@bellevuecollege.edu
Phone: 425-564-2072 (Direct Line to Voice Mail)

Social Science Division Office Location: D110
Social Science Division Phone: 425-564-2331
Social Science Division Website:
<http://www.bellevuecollege.edu/socsci/>

REQUIRED TEXT:



Cloninger, Susan C. Theories of Personality: Understanding Persons, 6th Edition: Pearson Publishing. Any format is acceptable, including eBook, notebook, paperback, or cloth edition.

Course Focus:

Psychology 205, Theories of Personality course examines assumptions about the nature of humankind. Students will focus on psychometric techniques as well as major theories and theorists.

Course Format:

This is an online course with students required to complete all course requirements online. Students are required to read chapters in the assigned text, view modular content, submit assignments, and take exams online. The site is open 24/7 for your convenience and all assignments are open for the entire quarter so you can work at your own pace. The most successful students plan to visit the site every day.

PREREQUISITE:

None, however Psychology 100 General Psychology is highly recommended

COURSE DESCRIPTION:

This study of personality theory explains how human behavior can be understood through the scientific exploration of major theorists. It will examine influential theories of personality, research methods, techniques, and advances in personality theory.

COURSE OBJECTIVES:

Upon completion of this course, the successful student will be able to:

1. Recognize, compare and contrast major theoretical and philosophical perspectives used to explain human nature.
2. Apply critical thinking to assumptions, claims and common sense ideas.
3. Demonstrate the application and awareness of the principles of personality to one's life.
4. Demonstrate the principles of psychological theory to enhance personal learning skills (i.e., testing, writing, oral communication, collaborative learning, etc.).
5. Identify the historical and contemporary contributions of major personality theorists.



GENERAL EDUCATION OBJECTIVES:

This course meets the following outcomes: Critical thinking, Creativity, and Problem Solving

EMAIL COMMUNICATION:

All email communication must be done through the Bellevue College student email account. No communication regarding course work or grades will be sent to student's personal email accounts.

Instructor Availability:

Eat



Sleep



Psychology

As your instructor for this course, I will make every effort to answer your email questions in a timely manner. My goal is to respond to a question posed in an email within 24 hours of receiving it Monday through Thursday between the hours of 8am and 8pm, and on Friday between 8am and noon. Outside of these times I will reply only if I happen to visit the course site. Note that this response time is only applicable to email questions, not to graded assignments.

COURSE REQUIREMENTS:

The final grade is based on a total of 930 points. These points are calculated as follows:		
Exams	5 x 100 points each	500 Points
Discussions	10 Individual Posts x 10 points each 10 Responses x 10 points each	100 Points 100 Points
Personality Measurements	9 x 20 points each	180 Points
Written Assignment	Vision Quest	50 Points
Total		930 Points



In conformity with BC's grading policy, the grades will be assigned as follows.

A	100% – 94%	930-875 Points	C+	79% – 77%	743-716 Points
A-	93% – 90%	874-837 Points	C	76% – 74%	715-688 Points
B+	89% – 87%	836-809 Points	C-	73% – 70%	687-651 Points
B	86% – 84%	808-781 Points	D+	69% – 67%	650-623 Points
B-	83% – 80%	780-744 Points	D	66% – 60%	622-558 Points
			F	59% - Below	557-000 Points

Course Content:**EXAMS:**

There will be five (5) exams, each worth 100 points. Each exam will cover information from the text, overviews, and discussions. The test format may contain multiple choice, fill-in-the-blank, short answer, or essay questions. Anything covered in the class, including discussions and assignments, should be considered testable information. *There will be no comprehensive final exam.*

DISCUSSIONS:

The discussions are the heart of the course and are intended to increase your experience in a learning community as well as deepen your understanding and thinking about the subject matter. New topics and discussion questions are open all quarter. Specific details on how to write discussion responses are available in the course modules.

PERSONALITY MEASUREMENT ASSIGNMENTS:

Part of the study of personality is focused on how personality characteristics are measured. In each module, you will find one or more links to online personality tests that will help you understand more about the process of measurement as well as provide you with interesting information about yourself. The links to the measurements as well as instructions for the write-ups for each of these assignments will be found in the course content modules. There will be nine of these personality measurement assignments required over the course of the quarter.

DUE DATES AND DEADLINES:

All assignments for the course will be open from the first day of the quarter and are to be submitted online using the Canvas learning system. ***Because of this generous and open schedule, no late work will be accepted.*** It is each student's responsibility to know the due dates and times for all assignments and make sure there is an alternate computer (public library, on campus, friend or family member) from which to complete assignments and take exams. Plan ahead. Save your work early, often, and in multiple locations.



VISION QUEST ASSIGNMENT:

This exercise is designed to help you synthesize a variety of concepts related to psychology and personality theory. The assignment is based on some of the features of a traditional "vision quest" in which an individual wanders or travels on a journey seeking personal insight. After going on your own mini-quest, you will be asked to write about your insights and apply course material to the experience.

A NOTE ABOUT COURSE CONTENT:

Since Theories of Personality examines many aspects of the individual, this course will discuss some provocative material. Please be advised that when controversial topics are explored, they will be framed within an academic context. Keep in mind that finding oneself in a space outside of one's comfort zone is an opportunity for learning. Students may be confronted with subject matter that is difficult to read about, view, or discuss. If a student has

any questions or concerns about course content or climate, feel free to email me about it immediately.

AFFIRMATION OF INCLUSION:

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect. As such, our classroom is a Safe Space where your individuality is welcome. Lesbian, gay, bisexual, questioning, queer-identified, and transgendered students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this course and I will defend your right to be yourself in the spirit of learning and in an environment of mutual respect. For more information, visit:

<http://www.bellevuecollege.edu/about/goals/inclusion.asp>

**KNOW THE
CODE**
INTEGRITY • RESPECT • RESPONSIBILITY

PLAGIARISM AND OTHER CONDUCT POLICIES:

Plagiarism is a form of academic dishonesty that occurs when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your professors. This may also be considered academic dishonesty.



Consequences: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

Cheating, stealing, plagiarizing, and inappropriate or disruptive online classroom behavior are violations of the Student Code of Conduct at Bellevue College. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.

INCOMPLETE:

If a student fails to complete all the required work for the course, the instructor may assign the grade of Incomplete ("I"). You must contact the instructor before grades are assigned to be considered for this exception and you must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

HARDSHIP WITHDRAWAL:

The instructor may assign a grade of "HW" (hardship withdrawal) at his or her discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances that may have occurred after the withdrawal period. A student must contact the instructor *before* grades are assigned to be considered for this exception and you must provide documented proof of need for this exception.



WITHDRAWAL FROM CLASS:

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter during the standard academic year (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course. Check Enrollment Calendar Deadlines, Refunds/Withdrawals, for additional details. As with most enrollment deadlines, it is the student's responsibility to be aware of these dates and act accordingly.

COURSE EVALUATIONS:

You are encouraged to complete a course evaluation before the end of the quarter. The Bellevue College Online Evaluation web site is secure and submissions are completely anonymous. College instructors, program chairs and administrators are granted access to a class composite document on the web site only after all grades are posted to transcripts at the close of the current quarter. To participate in the evaluation process, watch for an Announcement indicating when the evaluation site will be open and how you can link to it.

On the BC Online Evaluation site, you will find a listing for each of your classes. Access to each course evaluation is granted only once, and after you press the SUBMIT button at the bottom of the page, you will see a screen telling you which class evaluations have been completed. *After you have completed the online course evaluation, please send me a screen shot of the last page and you will receive extra credit for completing this assignment.*



SAFE SPACE:

This class is a Safe Space for all students. Lesbian, gay, bisexual, questioning, queer-identified, and transgendered students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this classroom and encouraged to share your thoughts and be an integral part of this course. If a student has any questions or concerns about this, feel free to email me about it immediately. **All are welcome in this class!**

ADVISING:

The Psychology Department has an in-house advisor, Deanne Eschbach, located in D110C. Call 425-564-2216 or 425-564-2212 for an appointment.

STUDENTS WHO REQUIRE DISABILITY ACCOMMODATIONS:

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact the DRC as soon as possible. The DRC office is located in B132. Their reception desk can be contacted by calling 425-564-2498 or TTY 425-564-4110. Information is also available on their website at <http://www.bellevuecollege.edu/drc>

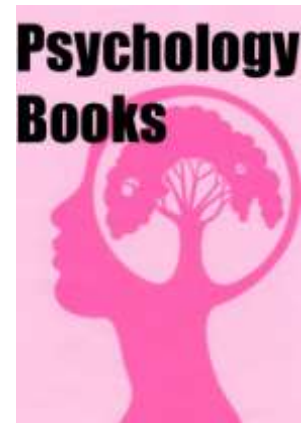
TECHNICAL ASSISTANCE:

Canvas-related or technical issues should be referred to the Technology Help Desk at <http://bellevuecollege.edu/helpdesk> or 425-564-HELP. Canvas tutorial help and basic instructions videos can be found at <http://depts.bellevuecollege.edu/helpdesk/students/canvas/>

STUDENT SUPPORT SERVICES:

Submit proofread work only. If you need help with your writing, please make use of the following student support services:

- Academic Success Center: <http://bellevuecollege.edu/academicsuccess/>
- Academic Tutoring Center: <http://bellevuecollege.edu/tutoring/>
- TRiO Student Support Services: <http://bellevuecollege.edu/TRiO/>
- Bellevue College Writing Lab: <http://bellevuecollege.edu/writinglab/>



LIBRARY MEDIA CENTER:

You are strongly encouraged to use the resources of the Library Media Center, whether in person or via the web. Talk to a Reference Librarian at the Library (D-126), by calling 425-564-6161, or by email at reference@bellevuecollege.edu.

- Main Library Media Center: <http://bellevuecollege.edu/lmc/>
- For the LMC online catalog: <http://bellevuecollege.edu/lmc/catalogs.html>
- For article databases: <http://bellevuecollege.edu/lmc/periodicals.html>

PUBLIC SAFETY:

The Bellevue College Public Safety Department's well-trained and courteous non-commissioned staff provides personal safety, security, crime prevention, preliminary investigations, and other services to the campus community, 24 hours per day and seven days per week. Their phone number is 425-564-2400. The Public Safety website is your one-stop resource for campus emergency preparedness information, campus closure announcements, and critical information in the event of an emergency. The Public Safety office is located in K100 and on the web at:

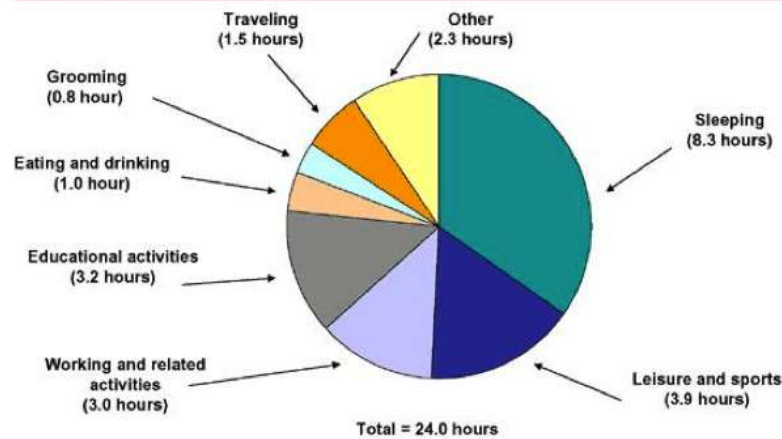
<http://www.bellevuecollege.edu/publicsafety/>

CAMPUS CLOSURES:

To get announcements of campus closures:

- Receive email and text messages through the BC Alert System (sign up at <http://bellevuecollege.edu/alerts>).
- Visit www.SchoolReport.org or subscribe to their emergency email and text message service.
- Call BC's emergency information line: 425-401-6680.
- Check the BC home page (<http://bellevuecollege.edu>) for a link to the BC emergency information website, or access that page directly at <http://bellevuecollege.edu/publicsafety/>

Time use on an average weekday for full-time university and college students



NOTE: Data include individuals, ages 15 to 49, who were enrolled full time at a university or college. Data include non-holiday weekdays and are averages for 2003-07.

SOURCE: Bureau of Labor Statistics

Psychology 205 Theories of Personality

Item 5450 Section: OAS

Fall Quarter 2014

Course Schedule

Week:

Textbook Chapters & Activities:

Module 1 Week 1 Monday, September 22 to Sunday, September 28			Chapter 1	Introduction to Personality Theory
Wednesday, September 24, 10:00pm			Discussion #1	Personal Introduction Part 1 Due – <i>Getting to Know You</i>
Module 1 Week 2: Monday, September 29 to Sunday, October 5			Chapter 2	Freud: Classical Psychoanalysis
Monday, September 29, 8:00am			Chapter 3	Jung: Analytical Psychology
Monday, September 29, 8:00am			Discussion #1	Personal Introduction Part 2 Due – <i>Getting to Know You</i> Closes
Wednesday, October 1, 10:00pm			PM #1	Personality Measurement Due – <i>Your Sex I.D.</i>
Wednesday, October 1, 10:00pm			Discussion #2	Discussion Part 1 Due – <i>Was Freud Right?</i>
Module 2 Week 3: Monday, October 6 to Sunday, October 12			Chapter 4	Adler: Individual Psychology
Monday, October 6, 8:00am			Discussion #2	Discussion Part 2 Due – <i>Was Freud Right?</i> Closes
Wednesday, October 8, 10:00pm			PM #2	Personality Measurement Due – <i>Holland Code Test</i>
Sunday, October 12, 8:00am			Discussion #3	Discussion Part 1 Due – <i>Early Memories</i>
Sunday, October 12, 8:00am			Exam 1 Opens	Chapters 1, 2, & 3
Module 2 Week 4: Monday, October 13 to Sunday, October 19			Chapter 5	Erikson: Psychosocial Development
Monday, October 13, 8:00am			Chapter 6	Horney and Relational Theory: Interpersonal Psychoanalytic Theory
Monday, October 13, 8:00am			Discussion #3	Discussion Part 2 Due – <i>Early Memories</i> Closes
Monday, October 13, 10:00pm			PM #3	Personality Measurement Due – <i>Anxiety Screening Test</i>
Monday, October 13, 10:00pm			Exam 1 Closes	Chapters 1, 2, & 3
Wednesday, October 15, 10:00pm			Discussion #4	Discussion Part 1 Due – <i>It's All So Perfect</i>
Module 3 Week 5: Monday, October 20 to Sunday, October 26			Chapter 7	Allport: Personological Trait Theory
Monday, October 20, 8:00am			Discussion #4	Discussion Part 2 Due – <i>It's All So Perfect</i> Closes
Thursday, October 23, 10:00pm			PM #4	Personality Measurement Due – <i>Perfectionism</i>
Sunday, October 26, 8:00am			Discussion #5	Discussion Part 1 Due – <i>Religion and Prejudice</i>
Sunday, October 26, 8:00am			Exam 2 Opens	Chapters 4, 5, & 6
Module 3 Week 6: Monday, October 27 to Sunday, November 2			Chapter 8	Two Factor Analytic Trait Theories: Cattell's 16 Factor Theory and the Big Five
Monday, October 27, 8:00am			Chapter 9	Biological Theories: Evolution, Genetics, and Biological Factor Theories
Monday, October 27, 8:00am			Discussion #5	Discussion Part 2 Due – <i>Religion and Prejudice</i> Closes
Monday, October 27, 10:00pm			PM #5	Personality Measurement Due – <i>The Big Personality Test</i>
Monday, October 27, 10:00pm			Exam 2 Closes	Chapters 4, 5, & 6
Wednesday, October 29, 10:00pm			Discussion #6	Discussion Part 1 Due – <i>What am I Doing Here?</i>

Week:**Textbook Chapters & Activities:****Module 4 Week 7:**

Monday, November 3 to
Sunday, November 9

Chapter 10
Chapter 11
Monday, November 3, 8:00am Discussion #6
PM #6
Wednesday, November 5, 10:00pm Discussion #7
Sunday, November 9, 8:00am Exam 3 Opens

The Challenge of Behaviorism: Dollard and Miller, Skinner, and Staats
Kelly: Personal Construct Theory
Discussion Part 2 Due – *What am I Doing Here?* Closes
Personality Measurement Due – *Art and Personality*
Discussion Part 1 Due – *The Born-Again Criminal*
Chapters 7, 8, & 9

Module 4 Week 8:

Monday, November 10 to
Sunday, November 16

Tuesday, November 11 - Holiday

Monday, November 10, 8:00am
Monday, November 10, 10:00pm Exam 3 Closes
Wednesday, November 12, 10:00pm Discussion #8

Chapter 12
Chapter 13
Discussion #7
PM #7
Exam 3 Closes
Discussion #8

Mischel: Traits in Cognitive Social Learning Theory
Bandura: Performance in Cognitive Social Learning Theory
Discussion Part 2 Due – *The Born-Again Criminal* Closes
Personality Measurement Due – *Face Perception*
Exam 3 is open an extra day because of the Monday holiday
Discussion Part 1 Due – *I Can Do This...Maybe*

Module 5 Week 9:

Monday, November 17 to
Sunday, November 23

Monday, November 17, 8:00am
Wednesday, November 19, 10:00pm
Sunday, November 23, 8:00am Exam 4 Opens

Chapter 14
Chapter 15
Discussion #8
PM #8
Discussion #9
Exam 4 Opens

Rogers: Person-Centered Theory
Maslow and His Legacy: Need Hierarchy Theory
Discussion Part 2 Due – *I Can Do This...Maybe* Closes
Personality Measurement Due – *Morals and Social Responsibility*
Discussion Part 1 Due – *You Are Loved*
Chapters 10, 11, & 12

Module 5 Week 10:

Monday, November 24 to
Sunday, November 30

Thursday, November 27 - Holiday
Friday, November 28 - Holiday

Monday, November 24, 8:00am
Monday, November 24, 10:00pm Exam 4 Closes
Wednesday, November 26, 10:00pm Discussion #10

Chapter 16
Chapter 17
Assignment
Discussion #9
PM #9
Exam 4 Closes
Discussion #10

Buddhist Psychology: Lessons from Eastern Culture
Conclusion
Paper Due - *Vision Quest*
Discussion Part 2 Due - *You Are Loved* Closes
Personality Measurement Due – *What Kind of Thinker Are You?*
Chapters 10, 11, & 12
Discussion Part 1 Due - *Medication vs. Meditation*

Module 5 Week 11:

Monday, December 1 to
Sunday, December 7

Monday, December 1, 8:00am Discussion #10
Sunday, December 7, 8:00am Fun Discussion
Fun Discussion
Sunday, December 7, 8:00am Exam 5 Opens

Discussion Part 2 Due - *Medication vs. Meditation* Closes
Fun Discussion Closes - *How Have You Changed?* (Not Graded)
Fun Discussion Closes - *A Fond Farewell* (Not Graded)
Chapters 14, 15, 16, & 17

Finals Week:

Monday, December 8, 10:00pm Exam 5 Closes
Wednesday, December 10, 12:00am

Chapters 14, 15, 16, & 17
End of Fall Quarter