

Instructor: Maggie Seibel  
E-Mail: Use Canvas email for all correspondence  
mseibel@bellevuecollege.edu only for emergency if Canvas is down  
Phone: 425-564-2072 (Direct Line to Voice Mail)  
Virtual Office Hours: 9:00am to 10:00am Mondays

Social Science Division Office Location: D110  
Social Science Division Phone: 425-564-2331

Social Science Division Website:  
<http://www.bellevuecollege.edu/socsci/>

---

**CLASS MEETING TIME AND LOCATION:**

Class will meet in room A138 from 8:30am to 10:20am every Tuesday and Thursday from Tuesday, September 22<sup>nd</sup> through Tuesday, December 1<sup>st</sup> with the following exceptions. There is no class on Tuesday, October 20<sup>th</sup>, or Thursday, November 26<sup>th</sup>. In addition, there are no classes on Wednesday, November 11<sup>th</sup>, Friday, November 27<sup>th</sup>, and Monday, December 7<sup>th</sup>. Finals start Tuesday, December 8<sup>th</sup>. The last day of the quarter is Thursday, December 10<sup>th</sup>.

---

**REQUIRED TEXT BOOK:**

Berger, Kathleen. *Invitation to the Lifespan*, second edition, Worth Publishers, 2014. Any format is acceptable, including eBook, notebook, paperback, or cloth edition.



---

**COURSE DESCRIPTION:**

Psychology 200 presents research and theories regarding human growth and change across the life span. Students explore factors that affect psychosocial, cognitive, and physical development from psychological and socio-cultural perspectives.

**COURSE FOCUS:**

Psychology 200 is an introductory course on the science of human development from conception through death. It will discuss the five theories that provide the organization and framework for explaining the lifespan perspective, the interaction between heredity and environment, plasticity, multicultural awareness, risk analysis, the damage-repair cycle, and family bonding.

**COURSE FORMAT:**

This is a hybrid course with both in-class and online components. Hybrid courses combine classroom interaction and online resources. Many course interactions are conducted on our course website, reducing the amount of face-to-face class meeting time. To succeed in this course, you must regularly use a computer with Internet access. If you don't have a home computer with Internet access, an open computer lab is available in N250 to all BC credit students.

[\(http://depts.bellevuecollege.edu/helpdesk/students/computerlabs/\)](http://depts.bellevuecollege.edu/helpdesk/students/computerlabs/)

If you have questions about the course, read the Getting Started folder on our course website first before asking your professor. Take active responsibility for your own education. You will be expected to read the book before class, take notes, think about what you read, and come prepared to discuss the ideas with your professor and peers. Challenge assumptions, and consider the implications and applications of course material. Thinking deeply about the course material will not only help you remember it better – it'll make it more fun and useful now and in the future.

**PREREQUISITE:**

Psychology 100 General Psychology

## COURSE OBJECTIVES:

Upon completion of this course, the successful student will be able to:

1. Compare and contrast stage theory and transition theory, discussing continuity, stability and chronology issues.
2. Identify the three major research methods: descriptive, correlational and experimental designs and relate them to the unique challenges of developmental research.
3. Describe the interactions of genetic and environmental influences at each stage of the life span.
4. Compare and contrast the cognitive theory of Jean Piaget with the information processing theories of cognitive development.
5. Compare and contrast the psychosocial theory of Erik Erikson with the psychosexual theory of Sigmund Freud.
6. Articulate the prenatal health issues and birthing options as influences on prenatal development.
7. Apply knowledge of cross-cultural research to developmental differences across the life span.
8. Articulate common issues and perspectives for each life stage in order to communicate effectively across the life span.



## EMAIL COMMUNICATIONS:

All email communication must be done through the Canvas learning system during the quarter. No communication regarding course work or grades will be sent to student's personal non-Bellevue College email accounts.

---

## COURSE REQUIREMENTS & GRADES:

The final grade is based on a total of 1,000 points. These points are calculated as follows:		
Exams	4 x 100 points each	400 Points
Case Studies	9 x 20 points each	180 Points
Written Assignment	Interview an Adult or Older Adult	60 Points
Weekly Quizzes	4 x 10 points each 6 x 20 points each	160 Points
Attendance	Plan to Attend Every Class	200 Points
<b>Total</b>		<b>1,000 Points</b>

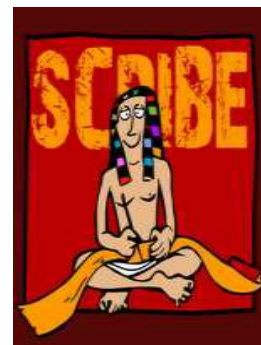


In conformity with BC's grading policy, the grades will be assigned as follows:

A	100% – 94%	1000 – 940 Points	C+	79% – 77%	799 – 770 Points
A-	93% – 90%	939 – 900 Points	C	76% – 74%	769 – 740 Points
B+	89% – 87%	899 – 870 Points	C-	73% – 70%	739 – 700 Points
B	86% – 84%	869 – 840 Points	D+	69% – 67%	699 – 670 Points
B-	83% – 80%	839 – 800 Points	D	66% – 60%	669 – 600 Points
			F	59% - Below	599 – 000 Points

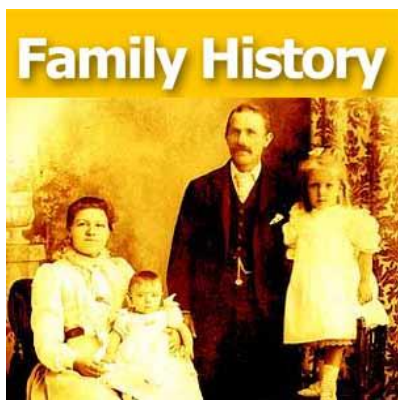
### EXAMS:

There will be four (4) exams, each worth 100 points. Each exam will cover information that is contained in the study guide. The exam format may contain multiple choice, fill-in-the-blank, or short answer questions. No exams will be available outside of the regular open exam window. **It is expected that if you go out of town, you will find a way to access the Internet** (free Wi-Fi spots, hotel offices, public libraries, etc.) in order to take your exams during the open exam window. *There will be no comprehensive final exam.*



### CASE STUDIES:

There will be nine case studies during the quarter. While studying the weekly module students will write an analysis of a case corresponding to that module's specific stage in development and corresponding to a distinct challenge faced in the lifespan. Each case study and specific details including how to write a case study are located in the course modules.



### INTERVIEW:

Students are required to interview a person from either the Older Adult (ages 65-90+) or the Adult (ages 25-64) age group using the developmental perspectives studied in this course. Formal interviews help students learn information about family history, culture, and traditions. Instructions for conducting the interview can be found in the course modules.

### WEEKLY QUIZZES:

These short weekly quizzes are incorporated into the various chapters of the textbook and used to help integrate terms and concepts to further learning. There will be ten quizzes over the course of the quarter.

### DUE DATES AND DEADLINES:

All assignments for the course will be open from the first day of the quarter, but have weekly due dates and times when work is due. ***Because of this generous and open schedule, no late work will be accepted, except under the following circumstances.*** If you are able to provide written documentation, such as a letter from your health care provider, for your need for an exception, it will be considered. It is each student's responsibility to know the due dates and times for all assignments and make sure there is an alternate computer (public library, on campus, friend or family member) from which to complete assignments and take exams. Plan ahead. Put all due dates and exam times in your phone to help manage your time efficiently. Save your work early, often, and in multiple locations, such as the cloud, a memory stick, or another computer.

### INSTRUCTOR AVAILABILITY:



As your instructor for this course, I will make every effort to answer your email questions in a timely manner. This may include answering a question in class or through Canvas, whichever is more appropriate. My goal is to respond to a question within 24 hours of receiving it Monday through Thursday between the hours of 9am and 7pm, and on Friday between 9am and noon. Outside of these times I will reply only if I happen to visit the course site. Note that this response time is only applicable to email questions, not to graded assignments. I will also hold virtual office hours on Mondays from 9:00am to 10:00am. Instructions for participating in online office hours is available in the Getting Started folder.



### TIPS FOR SUCCESS IN THIS COURSE:

1. **Attend Class:** Not only is attendance a factor in your final grade, but you will also find that there will be material covered in class that will not be in the textbook or on class slides. Attending the lecture will give you the opportunity to learn from rich discussion as well as get any of your own questions answered.
2. **Read the Textbook:** Reading the course textbook as well as assigned readings/articles will be essential for understanding the course material. It will also give you the opportunity to experience the material in a different media. It will be assumed that you have completed the readings before class, and that you will be able to discuss the material that you have read. Taking notes on the readings will also assist you with taking notes in class.
3. **Take Notes in Class:** Coming to class prepared to take notes will be in your best interest. While taking notes you *should not* focus on writing the instructor's words verbatim. Your notes should be written in a way that you can reference them at a later date and remember what was said about the topic. If you would like additional tips on note taking, please visit the Academic Success Center (<http://www.bellevuecollege.edu/asc/>).
4. **Manage Your Time Efficiently:** Do not wait until the last minute to start a class assignment. Starting your work early allows you to spend the appropriate amount of time on the assignment, and it allows you to contact the instructor if you have any questions. Plan ahead. Save your work early, often, and in multiple locations. Submit proofread work only.
5. **Check Canvas and Your BC e-mail Regularly:** In order to be informed and know about changes in the schedule, assignments, and other information about the class it will be necessary for you to check your BC e-mail and Canvas course website regularly.
6. **Talk with me:** I will be available for a short talk after class and during my virtual office hours. If you are unable to take advantage of any of these options, please contact me via Canvas e-mail to schedule an appointment at another time.

### STUDENTS WHO REQUIRE DISABILITY ACCOMMODATIONS:

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact the DRC as soon as possible. The DRC office is located in B132. Their reception desk can be contacted by calling 425-564-2498 or TTY 425-564-4110. Information is also available on their website at <http://www.bellevuecollege.edu/drc>

### SAFE SPACE:

This class is a Safe Space for all students. Lesbian, gay, bisexual, questioning, queer-identified, and transgender students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this classroom and encouraged to share your thoughts and be an integral part of this course. If a student has any questions or concerns about this, feel free to speak with me or email me about it immediately. **All are welcome in this class!**

### ADVISING:

The Psychology Department has an in-house advisor, Deanne Eschbach, located in D110C. Call 425-564-2216 or 425-564-2212 for personal appointment.

### WITHDRAWAL FROM CLASS:

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter during the standard academic year (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course. Check Enrollment Calendar Deadlines, Refunds/Withdrawals, for additional details. As with most enrollment deadlines, it is the student's responsibility to be aware of these dates and act accordingly.



### **INCOMPLETE:**

If a student fails to complete all the required work for the course, the instructor may assign the grade of Incomplete ("I"). You must contact the instructor before grades are assigned to be considered for this exception and you must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

### **HARDSHIP WITHDRAWAL (HW):**

HW indicates a withdrawal request made because of extenuating circumstances after the official withdrawal period is over. The student must contact the instructor to request this withdrawal option, or the faculty member may initiate the contact. No points are calculated into the grade-point average.

### **STUDENT SUPPORT SERVICES & RESOURCES FOR SUCCESS:**

Submit proofread work only. If you need help with your writing, please use the following student support services:

- Academic Success Center: <http://bellevuecollege.edu/academicsuccess/>
- Academic Tutoring Center: <http://bellevuecollege.edu/tutoring/>
- TRiO Student Support Services: <http://bellevuecollege.edu/TRiO/>
- Bellevue College Writing Lab: <http://bellevuecollege.edu/writinglab/>



### **LIBRARY MEDIA CENTER:**

You are strongly encouraged to use the resources of the Library Media Center, whether in person or via the web. Talk to a Reference Librarian at the Library (D-126), by calling 425-564-6161, or by email at [reference@bellevuecollege.edu](mailto:reference@bellevuecollege.edu).

- Main Library Media Center: <http://bellevuecollege.edu/lmc/>
- For the LMC online catalog: <http://bellevuecollege.edu/lmc/catalogs.html>
- For article databases: <http://bellevuecollege.edu/lmc/periodicals.html>



### **PUBLIC SAFETY:**

The Bellevue College Public Safety Department's well-trained and courteous non-commissioned staff provides personal safety, security, crime prevention, preliminary investigations, and other services to the campus community, 24 hours per day and seven days per week. Their phone number is 425-564-2400. The Public Safety website is your one-stop resource for campus emergency preparedness information, campus closure announcements, and critical information in the event of an emergency. The Public Safety office is located in K100 and on the web at: <http://www.bellevuecollege.edu/publicsafety/>

### **CAMPUS CLOSURES:**

To get announcements of campus closures:

- Receive email and text messages through the BC Alert System (sign up at <http://bellevuecollege.edu/alerts>).
- Visit [www.SchoolReport.org](http://www.SchoolReport.org) or subscribe to their emergency email and text message service.
- Call BC's emergency information line: 425-401-6680.
- Check the BC home page (<http://bellevuecollege.edu>) for a link to the BC emergency information website, or access that page directly at <http://bellevuecollege.edu/publicsafety/>

### **BELLEVUE COLLEGE'S AFFIRMATION OF INCLUSION:**

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.



The college's "Affirmation of Inclusion" is in line with the principle of free speech in a free society: We have the right to express unpopular ideas as long as we don't show disrespect for reasonable people who might believe otherwise. In an online course, you will be expressing ideas through the medium of the course site rather than face to face in the classroom. In that case, these expectations refer to the courtesy with which you communicate with one another through emails and discussions. Part of this respect involves professional behavior towards the instructor, colleagues, and the class itself.

**PLAGIARISM AND OTHER CONDUCT POLICIES:**

Plagiarism is a form of academic dishonesty that occurs when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

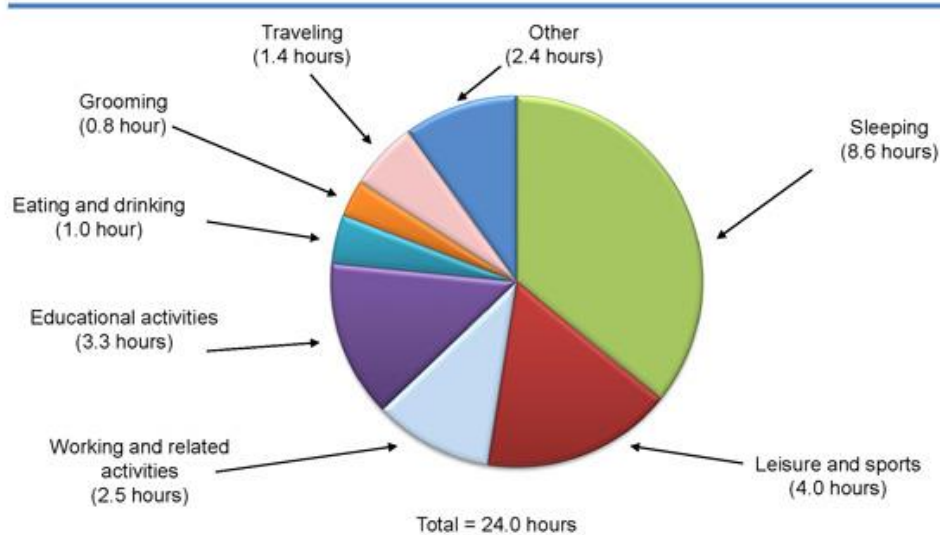
- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your professors. This may also be considered academic dishonesty.



**CONSEQUENCES:** If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

Cheating, stealing, plagiarizing, and inappropriate or disruptive online classroom behavior are violations of the Student Code of Conduct at Bellevue College. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.

## Time use on an average weekday for full-time university and college students



NOTE: Data include individuals, ages 15 to 49, who were enrolled full time at a university or college. Data include non-holiday weekdays and are averages for 2009 -13.

SOURCE: Bureau of Labor Statistics, American Time Use Survey

**Psychology 200 Lifespan Development**  
**Item 5430 Section: HYC**  
**Fall Quarter 2015**  
**Course Schedule**

<u>Week:</u>	<u>Textbook Chapters &amp; Activities:</u>		
Module 1 Week 1 Monday, September 21 to Sunday, September 27	Tuesday, September 22, 8:30am Sunday, September 27, 8:00am	Chapter 1 Quiz 1 Opens	Syllabus & Schedule Review The Science of Human Development Chapter 1
Module 1 Week 2: Monday, September 28 to Sunday, October 4	Monday, September 28, 10:00pm Tuesday, September 29, 8:30am Sunday, October 4, 8:00am	Chapter 2 Quiz #1 Closes Case Study #1 Quiz #2 Opens	From Conception to Birth Chapter 1 Case Study Due – <i>Julie Fears She's Pregnant</i> Chapter 2
Module 2 Week 3: Monday, October 5 to Sunday, October 11	Monday, October 5, 10:00pm Tuesday, October 6, 8:30am Sunday, October 11, 8:00am	Chapter 3 Chapter 4 Quiz #2 Closes Case Study #2 Quiz #3 Opens	The First Two Years: Body and Mind The First Two Years: Psychosocial Development Chapter 2 Case Study Due – <i>Angie, Rob, &amp; Baby Gunner</i> Chapters 3 & 4
Module 2 Week 4: Monday, October 12 to Sunday, October 18	Monday, October 12, 10:00pm <b>Monday, October 12, 8:00am</b> Tuesday, October 13, 8:30am <b>Tuesday, October 13, 10:00pm</b> Sunday, October 18, 8:00am	Chapter 5 Chapter 6 Quiz #3 Closes <b>Exam 1 Opens</b> Case Study #3 <b>Exam 1 Closes</b> Quiz #4 Opens	Early Childhood: Body and Mind Early Childhood: Psychosocial Development Chapters 3 & 4 <b>Chapters 1, 2, 3, &amp; 4</b> Case Study Due – <i>Diane &amp; Matt's Blended Family</i> <b>Chapters 1, 2, 3, &amp; 4</b> Chapters 5 & 6
Module 3 Week 5: Monday, October 19 to Sunday, October 25 <b>Tuesday, October 20 - No Classes</b>	Monday, October 19, 10:00pm Tuesday, October 20, 8:30am Sunday, October 25, 8:00am	Chapter 7 Chapter 8 Quiz #4 Closes Case Study #4 Quiz #5 Opens	Middle Childhood: Body and Mind Middle Childhood: Psychosocial Development Chapters 5 & 6 Case Study Due – <i>Chloe is a Bully</i> Chapters 7 & 8
Module 3 Week 6: Monday, October 26 to Sunday, November 1	Monday, October, 26, 10:00pm <b>Monday, October 26, 8:00am</b> Tuesday, October 27, 8:30am <b>Tuesday, October 27, 10:00pm</b> Sunday, November 1, 8:00am	Chapter 9 Chapter 10 Quiz #5 Closes <b>Exam 2 Opens</b> Case Study #5 <b>Exam 2 Closes</b> Quiz #6 Opens	Adolescence: Body and Mind Adolescence: Psychosocial Development Chapters 7 & 8 <b>Chapters 5, 6, 7, &amp; 8</b> Case Study Due – <i>Cindy's Dilemma</i> <b>Chapters 5, 6, 7, &amp; 8</b> Chapters 9 & 10

**Week:****Textbook Chapters & Activities:**

<p>Module 4 Week 7: Monday, November 2 to Sunday, November 8</p>		
<p>Monday, November 2, 10:00pm Tuesday, November 3, 8:00am Sunday, November 8, 8:00am</p>	<p>Chapter 11 Quiz #6 Closes Case Study #6 Quiz #7 Opens</p>	<p>Emerging Adulthood: Body, Mind, and Social World Chapters 9 &amp; 10 Case Study Due – <i>Kerri Disappoints Her Parents</i> Chapter 11</p>
<p>Module 4 Week 8: Monday, November 9 to Sunday, November 15</p>		
<p><b>Wednesday, November 11</b> <b>Holiday - No Classes</b> Monday, November 9, 10:00pm Tuesday, November 10, 8:30am Sunday, November 15, 8:00am</p>	<p>Chapter 12 Chapter 13 Quiz #7 Closes Case Study #7 Quiz #8 Opens</p>	<p>Adulthood: Body and Mind Adulthood: Psychosocial Development Chapter 11 Case Study Due – <i>Kathy's Elderly Father Moves In</i> Chapters 12 &amp; 13</p>
<p>Module 5 Week 9: Monday, November 16 to Sunday, November 22</p>		
<p>Monday, November 16, 10:00pm <b>Monday, November 16, 8:00am</b> Tuesday, November 17, 8:00am <b>Tuesday, November 17, 10:00pm</b> Sunday, November 22, 8:00am</p>	<p>Chapter 14 Chapter 15 Quiz #8 Closes <b>Exam 3 Opens</b> Case Study #8 <b>Exam 3 Closes</b> Quiz #9 Opens</p>	<p>Late Adulthood: Body and Mind Late Adulthood: Psychosocial Development Chapters 12 &amp; 13 <b>Chapters 9, 10, 11, 12, &amp; 13</b> Case Study Due – <i>Miriam Decides to Retire</i> <b>Chapters 9, 10, 11, 12, &amp; 13</b> Chapters 14 &amp; 15</p>
<p>Module 5 Week 10: Monday, November 23 to Sunday, November 29</p>		
<p><b>Thursday &amp; Friday, November 26 &amp; 27 - Holiday, No Classes</b> Monday, November 23, 10:00pm Tuesday, November 24, 8:30am  Sunday, November 29, 8:00am</p>	<p>Epilogue Quiz # 9 Closes Case Study #9 Interview Due Quiz #10 Opens</p>	<p>Death and Dying Chapters 14 &amp; 15 Case Study Due – <i>Nancy's Grief</i> Assignment: Interview Older Adult or Adult Epilogue</p>
<p>Module 5 Week 11: Monday, November 30 to Sunday, December 6</p>		
<p>Monday, November 30, 10:00pm Tuesday, December 1, 8:00am</p>	<p>Quiz #10 Closes Guest Speakers</p>	<p>Epilogue Evergreen Health Hospice Care Program</p>
<p>Finals Week: December 8, 9, &amp; 10</p>		
<p><b>Monday, December 7 - No Classes</b> <b>Tuesday, December 8, 8:00am</b> <b>Wednesday, December 9, 10:00pm</b> Thursday, December 10, 11:59pm</p>	<p><b>Exam 4 Opens</b> <b>Exam 4 Closes</b></p>	<p><b>Chapters 14, 15, &amp; Epilogue</b>  End of Fall Quarter</p>