

Instructor: Maggie Seibel
E-Mail: Use Canvas email for all correspondence
mseibel@bellevuecollege.edu only for emergency if Canvas is down
Phone: 425-564-2072 (Direct Line to Voice Mail)
Virtual Office Hours on Line: 9:00am to 9:30am Mondays

Social Science Division Office Location: D110
Social Science Division Phone: 425-564-2331

Social Science Division Website:
<http://www.bellevuecollege.edu/socsci/>

REQUIRED TEXT BOOK:

Berger, Kathleen. *Invitation to the Lifespan*, second edition, Worth Publishers, 2014. Any format is acceptable, including eBook, notebook, paperback, or cloth edition.



COURSE DESCRIPTION:

Psychology 200 presents research and theories regarding human growth and change across the life span. Students explore factors that affect psychosocial, cognitive, and physical development from psychological and socio-cultural perspectives.

COURSE FOCUS:

Psychology 200 is an introductory course on the science of human development from conception through death. It will discuss the five theories that provide the organization and framework for explaining the lifespan perspective, the interaction between heredity and environment, plasticity, multicultural awareness, risk analysis, the damage-repair cycle, and family bonding.

COURSE FORMAT:

This is an online course that meets entirely online and with all course requirements completed online. The site is open 24/7 for your convenience and all assignments are open for the entire quarter so you can work at your own pace, although each assignment has a weekly due date. The most successful students plan to visit the site every day.

PREREQUISITE:

Psychology 100 General Psychology

COURSE OBJECTIVES:

Upon completion of this course, the successful student will be able to:

1. Compare and contrast stage theory and transition theory, discussing continuity, stability and chronology issues.
2. Identify the three major research methods: descriptive, correlational and experimental designs and relate them to the unique challenges of developmental research.
3. Describe the interactions of genetic and environmental influences at each stage of the life span.
4. Compare and contrast the cognitive theory of Jean Piaget with the information processing theories of cognitive development.
5. Compare and contrast the psychosocial theory of Erik Erikson with the psychosexual theory of Sigmund Freud.
6. Articulate the prenatal health issues and birthing options as influences on prenatal development.
7. Apply knowledge of cross-cultural research to developmental differences across the life span.



8. Articulate common issues and perspectives for each life stage in order to communicate effectively across the life span.

EMAIL COMMUNICATIONS:

All email communication must be done through the Canvas learning system during the quarter. No communication regarding course work or grades will be sent to student's personal email accounts.

INSTRUCTOR AVAILABILITY:



Eat



Sleep



Psychology

As your instructor for this course, I will make every effort to answer your email questions in a timely manner. This may include answering a question in class or through Canvas, whichever is more appropriate. My goal is to respond to a question within 24 hours of receiving it Monday through Thursday between the hours of 8am and 8pm, and on Friday between 8am and noon. Outside of these times I will reply only if I happen to visit the course site. Note that this response time is only applicable to email questions, not to graded assignments. I will also hold virtual office hours on Mondays from 9:00am to 9:30am. Instructions for participating in online office hours is available in the Getting Started folder.

COURSE REQUIREMENTS & GRADES:

The final grade is based on a total of 1,000 points. These points are calculated as follows:		
Exams	4 x 100 points each	400 Points
Case Studies	9 x 20 points each	180 Points
Written Assignment	Interview an Adult or Older Adult	60 Points
Crossword Puzzles	4 x 10 points each 6 x 20 points each	160 Points
Discussions	10 Individual Posts x 10 points each 10 Responses x 10 points each	100 Points 100 Points
Total		1,000 Points

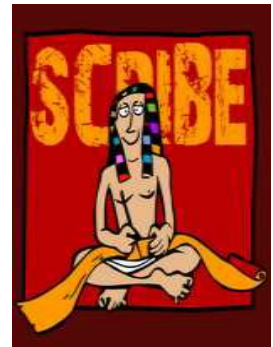


In conformity with BC's grading policy, the grades will be assigned as follows:

A 100% – 94%	1000 – 940 Points	C+ 79% – 77%	799 – 770 Points
A- 93% – 90%	939 – 900 Points	C 76% – 74%	769 – 740 Points
B+ 89% – 87%	899 – 870 Points	C- 73% – 70%	739 – 700 Points
B 86% – 84%	869 – 840 Points	D+ 69% – 67%	699 – 670 Points
B- 83% – 80%	839 – 800 Points	D 66% – 60%	669 – 600 Points
		F 59% - Below	599 – 000 Points

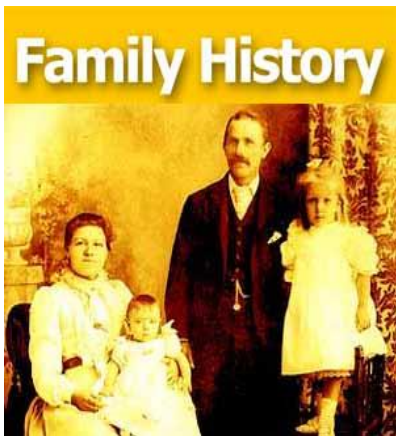
EXAMS:

There will be four (4) exams, each worth 100 points. Each exam will cover information that is contained in the study guide. The exam format may contain multiple choice, fill-in-the-blank, or short answer questions. No exams will be available outside of the regular open exam window. **It is expected that if you go out of town, you will find a way to access the Internet** (free Wi-Fi spots, hotel offices, public libraries, etc.) in order to take your exams during the open exam window. *There will be no comprehensive final exam.*



CASE STUDIES:

There will be nine case studies during the quarter. While studying the weekly module students will write an analysis of a case corresponding to that module's specific stage in development and corresponding to a distinct challenge faced in the lifespan. Each case study and specific details including how to write a case study are located in the course modules.



INTERVIEW:

Students are required to interview a person from either the Older Adult (ages 65-90+) or the Adult (ages 25-64) age group using the developmental perspectives studied in this course. Formal interviews help students learn information about family history, culture, and traditions. Instructions for conducting the interview can be found in the course modules.

CROSSWORD PUZZLES:

These fun and popular puzzles are incorporated into the various chapters of the textbook and used to help integrate terms and concepts to further learning. There will be ten of these crossword puzzle assignments required over the course of the quarter. Specific details on how to complete these assignments are available in the course modules.

DUE DATES AND DEADLINES:

All assignments for the course will be open from the first day of the quarter, but have weekly due dates and times when work is due. ***Because of this generous and open schedule, no late work will be accepted, except under the following circumstances.*** If you are able to provide written documentation, such as a letter from your health care provider, for your need for an exception, it will be considered. It is each student's responsibility to know the due dates and times for all assignments and make sure there is an alternate computer (public library, on campus, friend or family member) from which to complete assignments and take exams. Plan ahead. Put all due dates and exam times in your phone to help manage your time efficiently. Save your work early, often, and in multiple locations, such as the cloud, a memory stick, or another computer.

STUDENTS WHO REQUIRE DISABILITY ACCOMMODATIONS:

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact the DRC as soon as possible. The DRC office is located in B132. Their reception desk can be contacted by calling 425-564-2498 or TTY 425-564-4110. Information is also available on their website at <http://www.bellevuecollege.edu/drc>



SAFE SPACE:

This class is a Safe Space for all students. Lesbian, gay, bisexual, questioning, queer-identified, and transgender students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this classroom and encouraged to share your thoughts and be an integral part of this course. If a student has any questions or concerns about this, feel free to speak with me or email me about it immediately. **All are welcome in this class!**

ADVISING:

The Psychology Department has an in-house advisor, Deanne Eschbach, located in D110C. Call 425-564-2216 or 425-564-2212 for personal appointment.

BELLEVUE COLLEGE'S AFFIRMATION OF INCLUSION:

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

The college's "Affirmation of Inclusion" is in line with the principle of free speech in a free society: We have the right to express unpopular ideas as long as we don't show disrespect for reasonable people who might believe otherwise. In an online course, you will be expressing ideas through the medium of the course site rather than face to face in the classroom. In that case, these expectations refer to the courtesy with which you communicate with one another through emails and discussions. Part of this respect involves professional behavior towards the instructor, colleagues, and the class itself.

**KNOW THE
CODE**
INTEGRITY • RESPECT • RESPONSIBILITY

PLAGIARISM AND OTHER CONDUCT POLICIES:

Plagiarism is a form of academic dishonesty that occurs when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your professors. This may also be considered academic dishonesty.



Consequences: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

Cheating, stealing, plagiarizing, and inappropriate or disruptive online classroom behavior are violations of the Student Code of Conduct at Bellevue College. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.



WITHDRAWAL FROM CLASS:

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter during the standard academic year (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course. Check Enrollment Calendar Deadlines, Refunds/Withdrawals, for additional details. As with most enrollment deadlines, it is the student's responsibility to be aware of these dates and act accordingly.

INCOMPLETE:

If a student fails to complete all the required work for the course, the instructor may assign the grade of Incomplete ("I"). You must contact the instructor before grades are assigned to be considered for this exception and you must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

HARDSHIP WITHDRAWAL (HW):

HW indicates a withdrawal request made because of extenuating circumstances after the official withdrawal period is over. The student must contact the instructor to request this withdrawal option, or the faculty member may initiate the contact. No points are calculated into the grade-point average.



COURSE EVALUATIONS:

You are encouraged to complete a course evaluation before the end of the quarter. The Bellevue College Online Evaluation web site is secure and submissions are completely anonymous. College instructors, program chairs and administrators are granted access to a class composite document on the web site only after all grades are posted to transcripts at the close of the current quarter. To participate in the evaluation process, watch for an Announcement indicating when the evaluation site will be open and how you can link to it.

On the BC Online Evaluation site, you will find a listing for each of your classes. Access to each course evaluation is granted only once, and after you press the SUBMIT button at the bottom of the page, you will see a screen telling you which class evaluations have been completed. After you have completed the online course evaluation, please send me a screen shot of the last page and you will receive extra credit for completing this assignment.

STUDENT SUPPORT SERVICES:

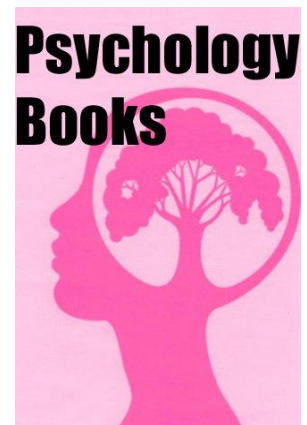
Submit proofread work only. If you need help with your writing, please use the following student support services:

- Academic Success Center: <http://bellevuecollege.edu/academicsuccess/>
- Academic Tutoring Center: <http://bellevuecollege.edu/tutoring/>
- TRiO Student Support Services: <http://bellevuecollege.edu/TRiO/>
- Bellevue College Writing Lab: <http://bellevuecollege.edu/writinglab/>

LIBRARY MEDIA CENTER:

You are strongly encouraged to use the resources of the Library Media Center, whether in person or via the web. Talk to a Reference Librarian at the Library (D-126), by calling 425-564-6161, or by email at reference@bellevuecollege.edu.

- Main Library Media Center: <http://bellevuecollege.edu/lmc/>
- For the LMC online catalog: <http://bellevuecollege.edu/lmc/catalogs.html>
- For article databases: <http://bellevuecollege.edu/lmc/periodicals.html>



PUBLIC SAFETY:

The Bellevue College Public Safety Department's well-trained and courteous non-commissioned staff provides personal safety, security, crime prevention, preliminary investigations, and other services to the campus community, 24 hours per day and seven days per week. Their phone number is 425-564-2400. The Public Safety website is your one-stop resource for campus emergency preparedness information, campus closure announcements, and critical information in the event of an emergency. The Public Safety office is located in K100 and on the web at:

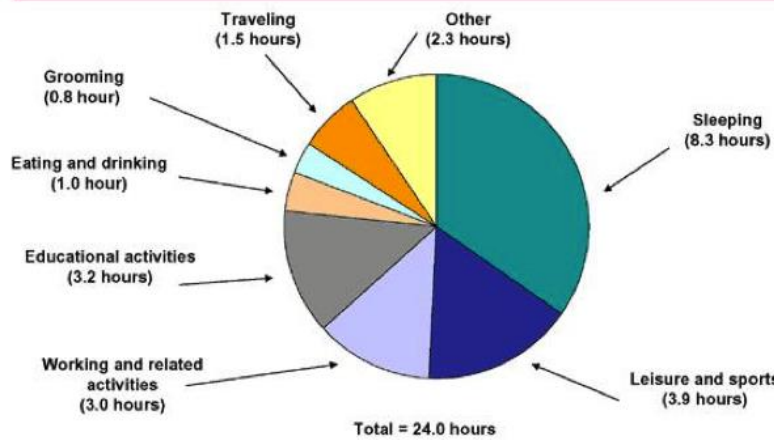
<http://www.bellevuecollege.edu/publicsafety/>

CAMPUS CLOSURES:

To get announcements of campus closures:

- Receive email and text messages through the BC Alert System (sign up at <http://bellevuecollege.edu/alerts>).
- Visit www.SchoolReport.org or subscribe to their emergency email and text message service.
- Call BC's emergency information line: 425-401-6680.
- Check the BC home page (<http://bellevuecollege.edu>) for a link to the BC emergency information website, or access that page directly at <http://bellevuecollege.edu/publicsafety/>

Time use on an average weekday for full-time university and college students



NOTE: Data include individuals, ages 15 to 49, who were enrolled full time at a university or college. Data includes non-holidays and are averages for 2003-07.

Source: Bureau of Labor Statistics

Psychology 205 Theories of Personality
Item 5430 Section: OAS
Spring Quarter 2015
Course Schedule

Week:

Textbook Chapters & Activities:

Module 1 Week 1 Monday, April 6 to Sunday, April 12			Chapter 1 Introduction to Personality Theory Personal Introduction Part 1 Due – <i>Getting to Know You</i>
Wednesday, April 8, 10:00pm	Discussion #1		
Module 1 Week 2: Monday, April 13 to Sunday, April 19			Chapter 2 Chapter 3 Freud: Classical Psychoanalysis Jung: Analytical Psychology Personal Introduction Part 2 Due – <i>Getting to Know You</i> Closes Personality Measurement Due – <i>Hopeless Romantic</i>
Monday, April 13, 8:00am	Discussion #1 Personality Measurement #1 Crossword Puzzle #1		Chapter 1 Discussion Part 1 Due – <i>Was Freud Right?</i>
Wednesday, April 15, 10:00pm	Discussion #2		
Module 2 Week 3: Monday, April 20 to Sunday, April 26			Chapter 4 Adler: Individual Psychology Discussion Part 2 Due – <i>Was Freud Right?</i> Closes Personality Measurement Due – <i>Creative Problem-Solving Test</i> Chapters 2 & 3
Monday, April 20, 8:00am	Discussion #2 Personality Measurement #2 Crossword Puzzle #2		Discussion Part 1 Due – <i>Early Memories</i> Chapters 1, 2, & 3
Wednesday, April 22, 10:00pm Sunday, April 26, 8:00am	Discussion #3 Exam 1 Opens		
Module 2 Week 4: Monday, April 27 to Sunday, May 3			Chapter 5 Chapter 6 Erikson: Psychosocial Development Horney and Relational Theory: Interpersonal Psychoanalytic Theory Discussion Part 2 Due – <i>Early Memories</i> Closes Personality Measurement Due – <i>Anxiety Test</i>
Monday, April 27, 8:00am	Discussion #3 Personality Measurement #3 Crossword Puzzle #3		Chapter 4 Chapters 1, 2, & 3
Monday, April 27, 10:00pm Wednesday, April 29, 10:00pm	Exam 1 Closes Discussion #4		Discussion Part 1 Due – <i>It's All So Perfect</i>
Module 3 Week 5: Monday, May 4 to Sunday, May 10			Chapter 7 Allport: Personological Trait Theory Discussion Part 2 Due – <i>It's All So Perfect</i> Closes Personality Measurement Due – <i>Paranormal Beliefs Test</i> Chapters 5 & 6
Monday, May 4, 8:00am	Discussion #4 Personality Measurement #4 Crossword Puzzle #4		Discussion Part 1 Due – <i>Religion and Prejudice</i> Chapters 4, 5, & 6
Wednesday, May 6, 10:00pm Sunday, May 10, 8:00am	Discussion #5 Exam 2 Opens		
Module 3 Week 6: Monday, May 11 to Sunday, May 17			Chapter 8 Chapter 9 Two Factor Analytic Trait Theories: Cattell's 16 Factor Theory and the Big Five Biological Theories: Evolution, Genetics, and Biological Factor Theories Discussion Part 2 Due – <i>Religion and Prejudice</i> Closes Personality Measurement Due – <i>The Big Personality Test</i>
Monday, May 11, 8:00am	Discussion #5 Personality Measurement #5 Crossword Puzzle #5		Chapter 7 Chapters 4, 5, & 6
Monday, May 11, 10:00pm Wednesday, May 13, 10:00pm	Exam 2 Closes Discussion #6		Discussion Part 1 Due – <i>What am I Doing Here?</i>

Week:**Textbook Chapters & Activities:****Module 4 Week 7:**

Monday, May 18 to

Sunday, May 24

Monday, May 18, 8:00am

Wednesday, May 20, 10:00pm

Sunday, May 24, 8:00am

Chapter 10
Chapter 11
Discussion #6
Personality Measurement #6
Crossword Puzzle #6
Discussion #7
Exam 3 Opens

The Challenge of Behaviorism: Dollard and Miller, Skinner, and Staats
Kelly: Personal Construct Theory
Discussion Part 2 Due – *What am I Doing Here?* Closes
Personality Measurement Due – *Sensitivity to Criticism Test*
Chapters 8 & 9
Discussion Part 1 Due – *The Born-Again Criminal*
Chapters 7, 8, & 9

Module 4 Week 8:

Monday, May 25 to

Sunday, May 31

Monday, Holiday - No Classes

Tuesday, May 26, 8:00am

Tuesday, May 26, 10:00pm

Wednesday, May 27, 10:00pm

Chapter 12
Chapter 13
Discussion #7
Personality Measurement #7
Crossword Puzzle #7
Exam 3 Closes
Discussion #8

Mischel: Traits in Cognitive Social Learning Theory
Bandura: Performance in Cognitive Social Learning Theory
Discussion Part 2 Due – *The Born-Again Criminal* Closes
Personality Measurement Due – *Perfectionism Test*
Chapters 10 & 11
Chapters 7, 8, & 9
Discussion Part 1 Due – *I Can Do This...Maybe*

Module 5 Week 9:

Monday, June 1 to

Sunday, June 7

Monday, June 1, 8:00am

Wednesday, June 3, 10:00pm

Sunday, June 7, 8:00am

Chapter 14
Chapter 15
Discussion #8
Personality Measurement #8
Crossword #8
Discussion #9
Exam 4 Opens

Rogers: Person-Centered Theory
Maslow and His Legacy: Need Hierarchy Theory
Discussion Part 2 Due – *I Can Do This...Maybe* Closes
Personality Measurement Due – *Impostor Syndrome Test*
Chapters 12 & 13
Discussion Part 1 Due - *You Are Loved*
Chapters 10, 11, & 12

Module 5 Week 10:

Monday, June 8 to

Sunday, June 14

Monday, June 8, 8:00am

Monday, June 8, 10:00pm

Wednesday, June 10, 10:00pm

Chapter 16
Chapter 17
Assignment
Discussion #9
Personality Measurement #9
Crossword Puzzle #9
Exam 4 Closes
Discussion #10

Buddhist Psychology: Lessons from Eastern Culture
Conclusion
Paper Due - *Vision Quest*
Discussion Part 2 Due - *You Are Loved* Closes
Personality Measurement Due – *Egoism/Altruism Test*
Chapters 14 & 15
Chapters 10, 11, & 12
Discussion Part 1 Due - *Medication vs. Meditation*

Module 5 Week 11:

Monday, June 15 to

Sunday, June 16

Monday, June 15, 8:00am

Discussion #10
Crossword #10
Fun Discussion

Discussion Part 2 Due - *Medication vs. Meditation* Closes
Chapters 16 & 17
Fun Discussion Closes - *A Fond Farewell* (Not Graded)

Finals Week:

June 17, 18, & 19

Wednesday, June 17, 8:00am**Thursday, June 18, 10:00pm**

Friday, June 19 11:59pm

Exam 5 Opens
Exam 5 Closes

Chapters 14, 15, 16, & 17

End of Spring Quarter