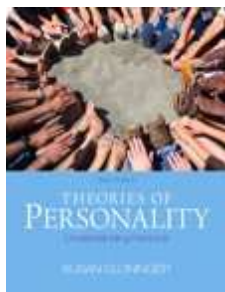


Instructor: Maggie Seibel, M.A., LMHC
Office Location: D200-B
Office Hours by Appointment
E-Mail: mseibel@bellevuecollege.edu
Phone: 425-564-2072 (Direct Line to Voice Mail)

Social Science Division Office Location: D110
Social Science Division Phone: 425-564-2331
Social Science Division Website:
<http://www.bellevuecollege.edu/socsci/>

REQUIRED TEXT:



Cloninger, Susan C. Theories of Personality: Understanding Persons, 6th Edition: Pearson Publishing. Any format is acceptable, including eBook, notebook, paperback, or cloth edition.

Course Focus:

Psychology 205, Theories of Personality course examines assumptions about the nature of humankind. Students will focus on psychometric techniques as well as major theories and theorists.

Course Format:

Psychology 205 will be taught entirely on-line, with no face to face meetings and no on campus exams. Students are required to read text chapters and overviews, participate in a weekly discussion forum, submit assignments, and take exams, all online. The site is open 24/7 for your convenience. **It is expected that if you go out of town you will find a way to access the Internet** (Internet cafes, hotel offices, public libraries, etc.) in order to sustain your participation.

PREREQUISITE:

None, however Psychology 100 General Psychology is highly recommended

COURSE DESCRIPTION:

This study of personality theory explains how human behavior can be understood through the scientific exploration of major theorists. It will examine influential theories of personality, research methods, techniques, and advances in personality theory.

COURSE OBJECTIVES:

Upon completion of this course, the successful student will be able to:

1. Recognize, compare and contrast major theoretical and philosophical perspectives used to explain human nature.
2. Apply critical thinking to assumptions, claims and common sense ideas.
3. Demonstrate the application and awareness of the principles of personality to one's life.
4. Demonstrate the principles of psychological theory to enhance personal learning skills (i.e., testing, writing, oral communication, collaborative learning, etc.).
5. Identify the historical and contemporary contributions of major personality theorists.



GENERAL EDUCATION OBJECTIVES:

This course meets the following outcomes: Critical thinking, Creativity, and Problem Solving

EMAIL COMMUNICATION:

All email communication must be done through the Bellevue College Canvas website student email account. No communication regarding course work or grades will be sent to student's personal email accounts.

Instructor Availability:

Eat



Sleep



Psychology

As your instructor for this course, I will make every effort to answer your email questions in a timely manner. My goal is to respond to a question posed in an email within two hours of receiving it Monday through Thursday between the hours of 8am and 8pm, and on Friday between 8am and noon. Outside of these times I will reply only if I happen to visit the course site. Note that this response time is only applicable to email questions, not to graded assignments.

COURSE REQUIREMENTS:

The final grade is based on a total of 950 points. These points are calculated as follows:		
Exams	5 x 100 points each	500 Points
Discussion Forums	1 Personal Introduction 10 Individual Posts & Responses x 20 points each	20 Points 200 Points
Personality Measurements	9 x 20 points each	180 Points
Written Assignment	Vision Quest	50 Points
Total		950 Points

In conformity with BC's grading policy, the grades will be assigned as follows.

A	100% – 94%	950-893 Points	C+	79% – 77%	759-732 Points
A-	93% – 90%	892-855 Points	C	76% – 74%	731-703 Points
B+	89% – 87%	854-827 Points	C-	73% – 70%	702-665 Points
B	86% – 84%	826-798 Points	D+	69% – 67%	664-637 Points
B-	83% – 80%	797-760 Points	D	66% – 60%	636-570 Points
			F	59% - Below	569-000 Points

**Course Content:****EXAMS:**

There will be five (5) exams, each worth 100 points. Each exam will cover information from the text, overviews, and discussions. The test format may contain multiple choice, fill-in-the-blank, short answer, or essay questions. Anything covered in the class, including discussions and assignments, should be considered testable information. *There will be no comprehensive final exam.*

DISCUSSIONS:

The discussion forum is the heart of the course and is intended to increase your experience in a learning community as well as deepen your understanding and thinking about the subject matter. New topics and discussion questions will be presented at the beginning of each week. Specific details on how to write discussion responses are available under 'Discussion Instructions' in the 'Getting Started' Folder.

There will be ten weekly discussion sessions running from 8:00am Monday until 7:59am the following Monday of every week. Students will generate a response to each of the weekly discussion questions corresponding to a specific stage of development. Students will also respond to another student who has posted their individual replies to the weekly discussion question. In addition, students will post an online personal introduction at the start of the course.

PERSONALITY MEASUREMENT ASSIGNMENTS:

Part of the study of personality is focused on how personality characteristics are measured. In each module, you will find one or more links to online personality tests that will help you understand more about the process of measurement as well as provide you with interesting information about yourself. The links to the measurements as well as instructions for the write-ups for each of these assignments will be found in the course content modules. There will be nine of these personality measurement assignments required over the course of the quarter.



VISION QUEST ASSIGNMENT:

This exercise is designed to help you synthesize a variety of concepts related to psychology and personality theory. The assignment is based on some of the features of a traditional "vision quest" in which an individual wanders or travels on a journey seeking personal insight. After going on your own mini-quest, you will be asked to write about your insights and apply course material to the experience.

DUE DATES AND DEADLINES:

It is each student's responsibility to make sure there is an alternate computer (public library, on campus, friend or family member) from which to submit assignments. "My computer isn't working," or "my internet connection is spotty," or "my hard drive crashed" are not acceptable excuses. This has become the new "my dog ate my homework." Plan ahead. Save your work early, often, and in multiple locations.

A NOTE ABOUT COURSE CONTENT:

Since Theories of Personality examines many aspects of the individual, this course will discuss some provocative material. Please be advised that when controversial topics are explored, they will be framed within an academic context. Keep in mind that finding oneself in a space outside of one's comfort zone is an opportunity for learning. Students may be confronted with subject matter that is difficult to read about, view, or discuss. If a student has any questions or concerns about course content or climate, feel free to email me about it immediately.

AFFIRMATION OF INCLUSION:

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect. As such, our classroom is a Safe Space where your individuality is welcome. Lesbian, gay, bisexual, questioning, queer-identified, and transgendered students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this course and I will defend your right to be yourself in the spirit of learning and in an environment of mutual respect. For more information, visit:

<http://www.bellevuecollege.edu/about/goals/inclusion.asp>

**KNOW THE
CODE**
INTEGRITY • RESPECT • RESPONSIBILITY

PLAGIARISM AND OTHER CONDUCT POLICIES:

Plagiarism is a form of academic dishonesty that occurs when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your professors. This may also be considered academic dishonesty.



Consequences: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

Cheating, stealing, plagiarizing, and inappropriate or disruptive online classroom behavior are violations of the Student Code of Conduct at Bellevue College. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.



INCOMPLETE:

If a student fails to complete all the required work for the course, the instructor may assign the grade of Incomplete ("I"). You must contact the instructor before grades are assigned to be considered for this exception and you must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

WITHDRAWAL FROM CLASS:

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter during the standard academic year (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course. Check Enrollment Calendar Deadlines, Refunds/Withdrawals, for additional details. As with most enrollment deadlines, it is the student's responsibility to be aware of these dates and act accordingly.

HARDSHIP WITHDRAWAL:

The instructor may assign a grade of "HW" (hardship withdrawal) at his or her discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances that may have occurred after the withdrawal period. A student must contact the instructor *before* grades are assigned to be considered for this exception and you must provide documented proof of need for this exception.



SAFE SPACE:

This class is a Safe Space for all students. Lesbian, gay, bisexual, questioning, queer-identified, and transgendered students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this classroom and encouraged to share your thoughts and be an integral part of this course. If a student has any questions or concerns about this, feel free to email me about it immediately. **All are welcome in this class!**

ADVISING:

The Psychology Department has an in-house advisor, Deanne Eschbach, located in D110C. Call 425-564-2216 or 425-564-2212 for an appointment.

STUDENTS WHO REQUIRE DISABILITY ACCOMMODATIONS:

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact the DRC as soon as possible. The DRC office is located in B132. Their reception desk can be contacted by calling 425-564-2498 or TTY 425-564-4110. Information is also available on their website at <http://www.bellevuecollege.edu/drc>

TECHNICAL ASSISTANCE:

Canvas-related or technical issues should be referred to the Technology Help Desk at <http://bellevuecollege.edu/helpdesk> or 425-564-HELP. Canvas tutorial help and basic instructions videos can be found at <http://depts.bellevuecollege.edu/helpdesk/students/canvas/>

STUDENT SUPPORT SERVICES:

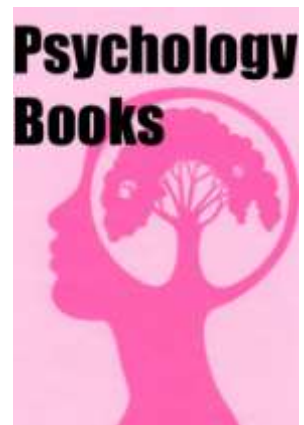
Submit proofread work only. If you need help with your writing, please make use of the following student support services:

- Academic Success Center: <http://bellevuecollege.edu/academicsuccess/>
- Academic Tutoring Center: <http://bellevuecollege.edu/tutoring/>
- TRiO Student Support Services: <http://bellevuecollege.edu/TRiO/>
- Bellevue College Writing Lab: <http://bellevuecollege.edu/writinglab/>

LIBRARY MEDIA CENTER:

You are strongly encouraged to use the resources of the Library Media Center, whether in person or via the web. Talk to a Reference Librarian at the Library (D-126), by calling 425-564-6161, or by email at reference@bellevuecollege.edu.

- Main Library Media Center: <http://bellevuecollege.edu/lmc/>
- For the LMC online catalog: <http://bellevuecollege.edu/lmc/catalogs.html>
- For article databases: <http://bellevuecollege.edu/lmc/periodicals.html>



Psy 205 Theories of Personality
Item: 5450 Section: OAS
Fall Quarter 2013
Course Schedule

Week:	Chapters:	Readings & Activities:
Module 1 Week 1 8:am Monday, September 23 to 7:59am Monday, September 30 Monday, September 30, 7:59am	Chapter 1 Discussion - Intro Discussion	Introduction to Personality Theory Personal Introductions Due – <i>Getting to Know You</i> Discussion Closes – <i>Definition of Personality</i>
Module 1 Week 2: 8:am Monday, September 30 to 7:59am Monday, October 7 Monday, October 7, 7:59am	Chapter 2 Chapter 3 Discussion PM #1	Freud: Classical Psychoanalysis Jung: Analytical Psychology Discussion Closes – <i>Was Freud Right?</i> Personality Measurement Due – <i>Your Sex I.D.</i>
Module 2 Week 3: 8:00am Monday, October 7 to 7:59am Monday, October 14 Sunday October 13, 8:00am Monday, October 14, 7:59am	Chapter 4 Exam 1 Opens Discussion PM #2	Adler: Individual Psychology Chapters 1, 2, & 3 Discussion Closes – <i>Early Memories</i> Personality Measurement Due – <i>That's Disgusting</i>
Module 2 Week 4: 8:00am Monday, October 14 to 7:59am Monday, October 21 Monday, October 14, 10:00pm Monday, October 21, 7:59am	Chapter 5 Chapter 6 Exam 1 Closes Discussion PM #3	Erikson: Psychosocial Development Horney and Relational Theory: Interpersonal Psychoanalytic Theory Chapters 1, 2, & 3 Discussion Closes – <i>It's All So Perfect</i> Personality Measurement Due – <i>Anxiety Screening Test</i>
Module 3 Week 5: 8:00am Monday, October 21 to 7:59am Monday, October 28 Sunday, October 27, 8am Monday, October 28, 7:59am	Chapter 7 Exam 2 Opens Discussion PM #4	Allport: Personological Trait Theory Chapters 4, 5, & 6 Discussion Closes – <i>Religion and Prejudice</i> Personality Measurement Due – <i>Perfectionism</i>
Module 3 Week 6: 8:00am Monday, October 28 to 7:59am Monday, November 4 Monday, October 28, 10pm Monday, November 4, 7:59am	Chapter 8 Chapter 9 Exam 2 Closes Discussion PM #5	Two Factor Analytic Trait Theories: Cattell's 16 Factor Theory and the Big Five Biological Theories: Evolution, Genetics, and Biological Factor Theories Chapters 4, 5, & 6 Discussion Closes – <i>What am I Doing Here?</i> Personality Measurement Due – <i>The Big Personality Test</i>
Module 4 Week 7: 8:00am Monday, November 4 to 7:59am Tuesday, November 12 Monday, November 11 Holiday Sunday, November 10, 8am Tuesday, November 12, 7:59am	Chapter 10 Chapter 11 Exam 3 Opens Discussion PM #6	The Challenge of Behaviorism: Dollard and Miller, Skinner, and Staats Kelly: Personal Construct Theory Chapters 7, 8, & 9 Discussion Closes – <i>The Born-Again Criminal</i> Personality Measurement Due – <i>Art and Personality</i>

<u>Week:</u>	<u>Chapters:</u>	<u>Readings & Activities:</u>
Module 4 Week 8: 8:00am Tuesday, November 12 to 7:59am Monday, November 18 Tuesday, November 12, 10pm Monday, November 18, 7:59am	Chapter 12 Chapter 13 Exam 3 Closes Discussion PM #7 Assignment	Mischel: Traits in Cognitive Social Learning Theory Bandura: Performance in Cognitive Social Learning Theory Exam 3 is open an extra day because of the Monday holiday Discussion Closes – <i>I Can Do This...Maybe</i> Personality Measurement Due – <i>Face Perception</i> Paper Due – <i>Vision Quest</i>
Module 5 Week 9: 8:00am Monday, November 18 to 7:59am Monday, November 25 Sunday, November 24, 8am Tuesday, November 25, 7:59am	Chapter 14 Chapter 15 Exam 4 Opens Discussion PM #8	Rogers: Person-Centered Theory Maslow and His Legacy: Need Hierarchy Theory Chapters 10, 11, & 12 Discussion Closes – <i>You Are Loved</i> Personality Measurement Due – <i>Morals and Social Responsibility</i>
Module 5 Week 10: 8:00am Monday, November 25 to 7:59am Monday, December 2 Monday, November 25, 10pm Monday, December 2, 7:59am	Chapter 16 Exam 4 Closes Chapter 17 Discussion PM #9	Buddhist Psychology: Lessons from Eastern Culture Chapters 10, 11, & 12 Conclusion Discussion Closes – <i>Medication vs. Meditation</i> Personality Measurement Due – <i>What Kind of Thinker Are You?</i>
Module 5 Week 11: 8:00am Monday, December 2 to 7:59am Monday, December 9 Monday, December 9, 7:59am	Discussion	Discussion Closes (non-graded)
Finals Week: December 9, 10, & 11 Monday, December 9, 8am Tuesday, December 10, 10pm	Exam 5 Opens Exam 5 Closes	Chapters 14, 15, 16, & 17