



## Fall Quarter 2013

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**Course:** PSYC& 100 General Psychology 5 credits Item# 5407 Section HYG

**Time:** TTh 10:30 AM - 12:20 PM

**Room:** A138

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**Instructor:** Deepti (Gupta) Karkhanis, Ph.D.

**Office:** D110K

**Office hours:** MW: 11:00 AM-12:30 PM

T Th: 1:00 PM - 2:00 PM or by appointment

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**Phone:** 425-564-2613

**Mailbox:** Social Science Division Office (D110)

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### ***COURSE INFORMATION***

#### **Course Description:**

Welcome to the Psychology 100 class!

Psychology is the scientific study of behavior using variety of sub-disciplines and methodologies with the shared objective of *understanding*, *explaining*, and *predicting* human experiences.

Students will leave this course with a better understanding of behavior with the knowledge and critical thinking they need to begin explaining and predicting behavior in their own lives.

Students will also leave this course appreciating psychology as both an empirical and applied science. You'll also learn about the history of psychology, how psychologists conduct research, and how children and adolescents develop. We will also talk a lot about the brain. The purpose of the course is to introduce you to the major concepts, theories and research findings in psychology. Please read this entire syllabus as it contains a lot of important information regarding the class.

If you have any questions or concerns, please contact me as soon as possible.

#### **IMPORTANT:**

I will be posting class material and documents such as the syllabus, class slides, announcements, assignments, and links to articles on the *Canvas* course link. You need to create a BC student network account (at <https://www.bellevuecollege.edu/netid/>) *Canvas* and access the course link.

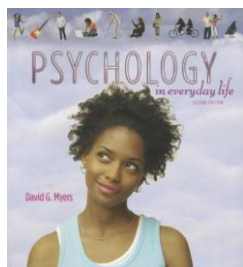
The student network account may be created any time after you receive your student identification number (SID) and personal identification number (PIN). For students enrolled in credit classes, the SID and PIN are issued after you apply for admissions. For students enrolled in classes through BC Continuing Education, the SID and PIN are established after you register for a class. Continuing Education students may contact the Continuing Education office directly to request this identification information. Once you have your student network account, go to

Bellevue College Canvas website (<http://bc.instructure.com>) and click Courses to look into the Canvas course link.

### **Course Purpose and Goals:**

The primary goal of the general psychology course is to introduce you to the field of psychology, and the problems and issues that psychologists and cognitive neuroscientists study. Some psychologists are interested in how the brain influences behavior, while others study the observable aspects of behavior, how people learn, how children develop, abnormal behavior, and group/ social behavior. Psychology is a large field by any measure, and those trained in psychology teach, conduct research, deliver therapy, develop tests, consult in business and industry, and engage in many other activities. Students should learn about the major themes, critical experiments, research findings, and who the leading scientists are in many of the major areas of psychology. Additionally, another goal is for students to understand the important approaches used in the study of psychology (e.g., neuroscience), the major historical figures who have had a lasting impact on the field, statistical reasoning, vocabulary/jargon of the field, and what it means to study human beings, their cognitions, emotions, and behavior scientifically. These goals can be achieved best if you attend all classes and participate actively in class discussions/ assignments.

### **Required Textbook:**



Myers, D.G. (2012). *Psychology in Everyday Life*. New York, NY: Worth Publishers

**Textbook Website:** [http://bcs.worthpublishers.com/pel2e/default.asp#t\\_661455](http://bcs.worthpublishers.com/pel2e/default.asp#t_661455) (This website has practice quizzes and other optional material that may be useful for you. You need to register to the site with an email address, but the resources are free).

### **Discovering Psychology (\*DP\*) Films:**

<http://topdocumentaryfilms.com/discovering-psychology/>

(The syllabus lists the relevant films for each week. The day/ date a film is due, student is responsible to watch it and write a maximum 1 page reflection to be submitted online via BC email or on Canvas. **Total = 5**)

**Online Assignment Website (\*G2C\*):** <http://www.g2conline.org/#>

You are required to use this website to complete the **three** online assignments given for the quarter (see schedule).

### **Format of course and course requirements:**

The course will follow a lecture format, but with questions both expected and encouraged. Textbook matter will be supplemented with other materials such as empirical articles, videos, and student support website. In a course of this size, it is important to exercise some judgment to ensure that questions are of general interest and are asked as clearly and audibly as possible. It is

also helpful if you complete each week's reading assignment before the class meeting. An approximate timetable of topics and reading assignments is listed below in this syllabus.

The students will be evaluated in the following ways:

1. **Attendance and Class Participation (10 points)** – Attendance is always expected. Students are required to manage time to meet obligations, and are responsible for material covered in their absence. Class participation assumes that you have read the course material before class, and you are prepared to be involved in class and in small group discussions. Film-based reflection papers would also count towards class participation.
2. **Online Assignments (30 points)** – Three take-home online assignments are scheduled for this course and will be worth **10 points each**. You are required to complete the assignment using the <http://www.g2conline.org/#> website and submit it in hard copy.
3. **Exams (60 points)** – There will be **TWO** exams worth **30 points each** that will count towards your final grade in class. Each exam will consist of multiple-choice questions, true/ false statements, and probably a few short answer questions. There will be **NO** make-up exams.

#### Grading:

A	94-100	C+	77-79
A-	90-93	C	74-76
B+	87-89	C-	70-73
B	84-86	D+	67-69
B-	80-83	D	60-66

#### Tentative Schedule:

Week	Day/ Date	Topic(s)	Reading/ Assignment(s)
1	T Sep 24	Introduction; Themes in Psychology – Nature vs. Nurture	Syllabus
	Th Sep 26	Foundations: Big Ideas of Freud & Skinner; Methods	Myers Chap 1; <b>DP Film #8</b>
2	T Oct 1	Biological Foundations – Neurons, Nervous System, and Endocrine Systems	Myers Chap 2; <u>G2C #1</u>
	Th Oct 3	Brain Development – Lobes, Hemispheres, and Plasticity	PBS Brain Video
3	T Oct 8	Developing Child: Prenatal Growth	Myers Chap 3; <b>DP Film #5</b>
	Th Oct 10	Developing through Life-Span: Childhood & Adulthood	<b>G2C #1 due</b>
4	T Oct 15	Gender and Sexuality	Myers Chap 4
	Th Oct 17	Sensation and Perception	Myers Chap 5; <b>DP Film #7</b>
5	T Oct 22	Learning: Classical and Operant Conditioning	Myers Chap 6
	<b>Th Oct 24</b>	<b>Mid-Term Exam</b>	<b>Myers Chap 1-6</b>
6	T Oct 29	Exam Feedback; Testing and Intelligence	Myers Chap 8
	Th Oct 31	Cognitive Development: Thinking and Problem Solving	<u>G2C #2</u> ; <b>DP Film #16</b>
7	T Nov 5	Memory	Myers Chap 7
	Th Nov 7	Motivation and Emotions	Myers Chap 9
8	T Nov 12	Language Development	<b>G2C #2 due</b> ; Kuhl TedTalk

	Th Nov 14	Stress and Health	Myers Chap 10
9	T Nov 19	Personality: Freud, Rogers, Costa & McCrae...	Myers Chap 11; <u>G2C #3</u>
	Th Nov 21	Psychological Disorders: Mood Disorders	Myers Chap 12
10	T Nov 26	Psychological Disorders contd.: Schizophrenia	<b>DP Film # 21</b>
	Th Nov 28	<i>Happy Thanksgiving... HOLIDAY ! ☺</i>	
11	T Dec 3	Psychotherapy: Psychological vs. Biomedical Treatments	<b>G2C #3 due</b> ; Myers Chap 13
	Th Dec 5	Social Psychology: Attributions, conformity, prejudice...	Myers Chap 14
12	<b>T Dec 10</b>	<b>Final Exam (Time: 9:30a.m.-11:20 a.m.)</b>	<b>Myers Chap 7-14</b>

## ONLINE PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION

### Bellevue College's Affirmation of Inclusion

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at BC, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

The college's "Affirmation of Inclusion" is in line with the principle of free speech in a free society: we have the right to express unpopular ideas as long as we don't show disrespect for reasonable people who might believe otherwise. In an online course, you will be expressing ideas through the medium of the course site rather than face to face in the classroom. In that case, these expectations refer to the courtesy with which you communicate with one another through e-mails and e-discussions. Part of this respect involves professional behavior towards the instructor, colleagues, and the class itself.

### Cheating, Stealing and Plagiarizing\*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: Plagiarizing material from the internet and posting rude or personal attacks in discussions. When you are in doubt about any behavior, please consult your instructor. In addition, you may wish to review the general applicable rules of cyberspace, such as in the Core Rules of Netiquette. The instructor reserves the right to remove posted messages, and downgrade assessments as a result of these types of behaviors. The instructor can refer any violation of the Student Code of Conduct to the Vice President of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Vice President of Student Services.

[http://www.bellevuecollege.edu/policies/2/2050\\_Student\\_Code.asp](http://www.bellevuecollege.edu/policies/2/2050_Student_Code.asp)

If you are new to writing then please come talk to me during office hours and/or visit the Writing Center. The website is <http://www.bellevuecollege.edu/asc/writing/> and they are located in **D204**. Also you can check out the link to the Academic Success Center on your Canvas course website. If you are new to writing in APA format, then refer to the following document:

<http://www.bellevuecollege.edu/asc/writing/essays-guides/documents/apa2010styleessay.pdf>

### Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). It is the student's responsibility for maintaining contact and adhering to the agreed-upon actions. Canvas class sites, and material, may not be directly accessible after the end of the quarter so it is important to make arrangements before the quarter ends. The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F"). There is a standard form that instructors have access to in their instructor's grade briefcase.

### **F Grade**

Students who fail a course will receive a letter grade of "F."

### **Final Examination Schedule**

Final examinations may involve proctored on-campus arranged exams or may be administrated completely online at the discretion of the instructor and in keeping with the stated policies provided in the course syllabus. Please refer to the syllabus at the start of the quarter for additional details and contact the instructor directly for any clarifications. A student who is not in compliance with the scheduled format may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be in compliance with any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

### **Withdrawal from Class**

Academic Year: College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

Summer Quarter: College policy states that students must formally withdraw from a class by the end of the fifth week of the quarter (Registration Office, B125). After the sixth day and through the end of the fifth week of the quarter, the "Th" grade will become part of the student's transcript record.

Check <http://www.bellevuecollege.edu/enrollment/calendar/deadlines/> for additional details. As with most enrollment deadlines, it is the student's responsibility to be aware of these dates and act accordingly.

### **Hardship Withdrawal (HW)**

Hardship Withdrawal indicates a withdrawal request made because of extenuating circumstances after the official withdrawal period is over. The student must contact the instructor to request this withdrawal option, or the faculty member may initiate the contact. No points are calculated into the grade-point average. Students may also contact the enrollment Services Office BEFORE grades are assigned in cases of hardship.

### **Students Who Require Disability Accommodations**

Students with disabilities who have accommodation needs are encouraged to meet with the Disability Resource Centre (DRC) <http://bellevuecollege.edu/drc/>. The office is located in B132 (telephone 425.564.2498 or TTY 425.564.4110 email [drc@bellevuecollege.edu](mailto:drc@bellevuecollege.edu)). Students will need to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter or contact your online instructor directly by email.

Students who require accommodation in a course should review the DRC accommodation letter with each instructor during the first week of the quarter. Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with Disability Resource Centre, and review those needs with the instructor as well.

## **Course Evaluations**

You are encouraged to complete a course evaluation before the end of the quarter. The Bellevue College Online Evaluation web site is secure and submissions are completely anonymous.

College instructors, program chairs and administrators are granted access to a class composite document on the web site only after all grades are posted to transcripts at the close of the current quarter. To participate in the evaluation process, use your Student ID and PIN to log in on the following site: <https://bellevuecollege.edu/ClassEval/default.aspx>

On the BC Online Evaluation site, you will find a listing for each of your classes. Access to each course evaluation is granted only once, and after you press the SUBMIT button at the bottom of the page, you will see a screen telling you which class evaluations have been completed. If you have questions or need assistance, please call the Distance Education Office at 425-564-2438 or toll free at 1-877-641-2712.