Psyc& 100: General Psychology 5 Credits

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Class Hours	Online		
Office Hours	By Apt. Arrange		

INTRODUCTION:

Welcome to the online version of Psychology 100. This course is designed to meet the academic needs of a unique group of students who may be unable to attend traditional campus classes and who are motivated and self-disciplined. While the class meets in cyberspace, students can expect a heavy workload outside of class in order to meet the requirements of the course.

Check your readiness to take an online course by doing the self-assessment quiz for distance learning at, http://bellevuecollege.edu/distance/WebAssess/. It is important that students enrolled in the course are reading at college level, are able to work with less direct instruction, and have time available to complete the reading and assignments. The instructor will provide the structure for the class and act as a "coach" as you proceed through the course. You can leave messages for the instructor at any time by e-mail or phone, and he will respond to you as quickly as possible.

FORMAT:

Students are required to follow the 5 learning modules. Within each module there are assigned chapter, quizzes, discussions, and assignments. Students are expected to read chapters in the assigned text, participate in a weekly discussion forum, submit assignments, and take exams, **all on-line**.

Instructions for how to access the on-line portion of the class can be found at: http://bellevuecollege.edu/distance/Canvas_classroom.asp, or you can just go to: http://bc.instructure.com and log in using your BC Student ID number as your username, and your birthdate (mmddyy) as your password.

REQUIRED TEXT:

Hockenbury, D.H. & Hockenbury, S.E. (2012). Discovering Psychology, 6th Ed. ISBN: 978-1464141089

You may use any version of the 6th Edition (e.g. hardcopy, looseleaf, softcover, pdf., kindle, etc.) however, it must be the 6th edition due to changes to Diagnostic and Statistical Manual to DSM-5.

There is also a web site from the publisher of the textbook with links to related web sites and student

aids: http://bcs.worthpublishers.com/discoveringpsych6e/#t_831452____(Links to an external site.)

The text may be purchased from the Bellevue College Bookstore or online at http://bookstore.bellevuecollege.edu/ (Links to an external site.)

. However, since the text is needed right away, an in-person purchase is recommended if you haven't already ordered it.

LEARNING OBJECTIVES:

After completion of this course, students will be able to:

Describe the purpose, comprehensive scope, and areas of application in the discipline of psychology.

Demonstrate knowledge of the scientific process by applying and/or critiquing various research methods used by psychologists in the study of behavior.

Recognize, compare and contrast various theoretical perspectives used to explain and guide psychological research and application.

Identify historical and present-day contributions of major psychologists.

Define importrant psychological terms, concepts, processes and principles.

Apply critical thinking to assumptions, claims, and common sense ideas about behavior.

Demonstrate the application of psychological principles and findings to one's own life.

In terms of general education outcomes, students will be able to

Use cognitive and creative skills:

Analyzing (identifying and evaluating problems)

Synthesizing (interpreting situations, drawing conclusions, and making connections)

Improving communication skills:

Doing research (gathering and documenting information)

Delivering one or more written, oral and /or visual presentations with formal documentation)

Applying personal skills:

Understanding the influence of stress, nutrition, and life style on personal health and performance.

General Education Outcomes

This course meets the following General Education outcome: Creative and Critical Thinking

Course Components

EXAMS

There will be five exams, each covering 3 chapters. Each exam will consist of objective questions, and each will be worth 50 points.

All exams will be administered on-line as scheduled on the calendar. Students will have 110 minutes to answer roughly 100 questions (approx. .5 pts/question) within that period of time once they log onto the exam. Total possible exam points will be 250.

WEEKLY DISCUSSION FORUM

The discussion forum is the heart of the course. Students will be responding to my questions and responding to other students, just as they would in a "live" discussion. There will be 11 discussion sessions, running from Monday to Saturday every week. **Students will respond to and will also need to respond to at least two other students in the week**. Specifically, you are expected to participate in the discussion with at least three posts a week, at least once in response to my question and at least twice in response to other students' comments. See the "Course Structure and Expectations" for more details on how the discussion will work. The grade for this portion of the class will be a combination of points for participating (up to 20 points per discussion) and points for the quality of participation (20 points to be assigned at the end of the quarter), for a total of 280 points or 28% of the grade.

WRITTEN ASSIGNMENTS

Assignment 1	100 points	Due 1/25
Assignment 2	100 points	Due 2/22
Assignment 3	100 points	Due 3/23

This quarter, you are required to complete three written assignments. Each assignment will be described in detail in the Learning Modules. A grade will be assigned based on criteria for that assignment. It is expected that assignments will be proofread for grammatical errors and will be submitted on time. **Assignments will be accepted one day late only with a five-point deduction.**

GRADING
Grades will be determined as follows:

Exams	4 @ 50 points	200
Discussions	11 @ 20 points	220
Assignments	3 @ 100	300
Personal Introduction		20
Letter		
Final Exam		100
Total =		840

Grades will be determined by adding up scores for the exams and all of the assignments:

Α	94-100%	C+	77-79%	
A -	90-93%	C	74-76%	
B+	87-89%	C-	70-73%	
В	84-86%	D+	67-69%	
B-	80-83%	D	64-66%	

Students with special learning needs should contact the instructor as soon as possible.

Learning Modules/ Topics

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Module 1-	Introduction to Psychology (Chapter 1)	
Week 1		
Module 2- Weeks 2- 3	Psychobiological Processes (Chapters 2, 3, 4) Exam 1 Assignment 1 Due	
Module 3	Psychological Processes (Chapters 5, 6, 7, 8)	Exam
	1 sychological i rocesses (chapters 3, 0, 7, 0)	Lam
Weeks 4-6	2	
Module 4	Development of the Self and Social Context (Chapters 9, 10,	
Weeks 7-9	11) Exam 3 Assignment 2 Due	
Module 5 Weeks 10- 11	Psychopathological Processes and Treatments (Chapters 12, 13, 14) Exam 4	

FINALS WEEK Final Exam 100 questions drawn from the four exams. Assignment 3 Due

Schedule: Specific dates will be posted in the online calendar in Canvas.

Accommodations

If you need course modifications / adaptations or accommodations because of a disability, please let me know as soon as possible. If you have not done so already, you can contact the Disability Resource Center (DRC) in B132 or by calling 425.564.2498 or TTY 425.564.4110. Information is also available on their website at http://bellevuecollege.edu/drc/ (Links to an external site.)

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Affirmation of Inclusion: Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

Link to Canvas student guides: http://guides.instructure.com/m/4212

Link to Student Technical Help

Desk: http://depts.bellevuecollege.edu/helpdesk/students/

(Links to an external site.)

For behavioral and grading guidelines of the Social Science Division:

http://bellevuecollege.edu/socsci/student_policies.asp (Links to an external site.)

For technical help with the online part of the class:

I look forward to working with you in this great intro to the human psyche! Shawn Curtis