

# Syllabus

## Psyc& 100 Online

**Instructor: Dr. Helen Taylor**

**E-mail: Use Canvas conversation tool (inbox)**

**(if Canvas is down, use [htaylor@bellevuecollege.edu](mailto:htaylor@bellevuecollege.edu))**

**Office: B100C**

**Office Hours: M-F 11:30-12:20 or by appointment**

**Mailbox: Social Science Division Office (D110)**

**Phone: 425-564-2328 (Voicemail) 425-564-2331 (Social Science Division)**

### **FOCUS:**

Psychology 100 is a general psychology survey course designed to introduce students to the major concepts, theories, and research findings in the field of psychology. Through reading, lectures, discussion, and assignments, students will be exposed to the wide range of research issues addressed by psychologists, and hopefully will gain an appreciation of the importance of psychological research in its application to human life.

### **COURSE OBJECTIVES:**

Upon completion of the course, the student should be able to:

- Describe the purpose, scope, and applications of the field of psychology
- Demonstrate knowledge of basic scientific principles by applying research methods used by psychologists.
- Recognize, compare and contrast varying theoretical perspective used to explain psychological phenomenon.
- Identify the historical and present-day contributions of major psychologist.
- Define important psychological terms, concepts, processes and principles.
- Apply critical thinking to "commonsense" ideas and unsubstantiated claims.
- Apply to one's own life some of the findings and principles described by psychologists.

### **General Education Outcomes:**

Psyc& 100 meets the following general education outcomes: **Critical Thinking, Creativity, and Problem Solving:** Introductory Psychology students must learn to apply critical thinking methods in assessing the validity of claims about human behavior.

## **TEXT:**

Myers, D. G. (2014). *Exploring Psychology*, Ninth Edition. New York, NY: Worth. (new texts may come with a shrink-wrapped CD, but it's optional). The loose leaf version has been ordered for the Bellevue College bookstore.

Text Website: <http://www.worthpublishers.com/myers/> .

There are good study tools like practice quizzes and flashcards on this site. At this printing, material for the 9<sup>th</sup> edition has not yet been added to the site.

Film Website: <http://www.learner.org/resources/series138.html>

This is where you'll find the assigned films to review.

## **REQUIREMENTS**

### **WEEKLY DISCUSSION FORUM**

The discussion forum is the heart of the course. Students will be responding to my questions and responding to other students, just as they would in a "live" discussion. The discussion sessions will run from Monday to Thursday every week. All discussions close at 11 p.m. on Thursday. Specifically, you are expected to post a response to one of my questions, post a response to a student who answered a different question, and read all student posts. See the "Course Structure and Expectations" for more details on how the discussion will work. The grade for this portion of the class will be a combination of points for participating (up to 20 points a week) and points for the quality of participation (up to 40 points to be assigned at the end of the quarter).

### **QUIZZES**

There will be 10 weekly quizzes given online, at the end of the week following our coverage of the material. Quizzes will be based on the assigned reading, the weekly overview, and the discussions from the week. Each quiz will have 30 multiple choice questions, worth two points each for a total of 60 possible points, to be answered online in a limited time period. Quizzes will be available to take from Friday at 8 a.m. until Saturday at 11 p.m. Once you open the quiz, you will have 30 minutes to complete it. There will be no make-up quizzes allowed, but your lowest quiz score will be dropped.

### **ASSIGNMENTS**

You will be able to choose from three different written assignments this quarter. The first assignment, Design a Summer Camp, asks you to apply some developmental theories to activities you would design for different age groups. The second assignment, Update a Video, involves selecting a topic from one of the Discovering Psychology videos associated with this class and updating the information with recent research. The third

assignment, Design a Social Psychology Experiment, requires the summary of a primary source journal article and the design of an experiment to test one of a list of hypotheses. You can choose whichever assignment interests you and works with your schedule (see the calendar for due dates). Whichever assignment you choose will be worth 100 points or 10% of the grade.

## **FINAL EXAM**

A comprehensive final exam will be given on-line at the end of the quarter (see the calendar for date and time). This exam will include multiple-choice and matching questions, and will be worth 100 points or 10% of the grade. A study guide will be posted well in advance of the final.

## **PERSONAL INTRODUCTION**

You will be asked to post a personal introduction in the Getting Started section of the class. This will be worth 10 points.

## **SELF-ASSESSMENT**

At the end of the quarter, you will be asked to submit an assessment of your participation in the discussion portion of the class. This will be worth 10 points.

## **GRADING:**

Grades will be determined on the basis of points earned, rather than on a curve. Possible points for each part of the class are as follows:

Discussion Participation	10 weekly discussions @ 20 pts. each + 40 points for overall quality and participation	=	240
Quizzes	10 quizzes @ 60 points each, minus lowest score	=	540
Final Exam		=	100
Assignment	Choose one of three	=	100
Personal Introduction		=	10
Self-Assessment		=	10
	<b>Total</b>	<b>=</b>	<b>1000</b>



Week 7/  
Unit 7                    Ch. 10 Motivation and Emotion  
  
                                  Film: Motivation and Emotion

Week 8/ Unit 8        Ch. 11 Stress, Health, and Human Flourishing  
  
                                  Film: Health, Mind, and Behavior

Week 9/ Unit 9        Ch. 13 Social Psychology  
  
                                  Films: The Power of the Situation; Constructing  
                                  Social Reality

Week 10/ Unit 10    Ch. 14 Psychological Disorders  
                                  Ch. 15 Therapy  
  
                                  Films: Psychopathology; Psychotherapy

### **Accommodations**

If you need course modifications / adaptations or accommodations because of a disability, please let me know as soon as possible. If you have not done so already, you can contact the Disability Resource Center (DRC) in B132 or by calling 425.564.2498 or TTY 425.564.4110. Information is also available on their website at <http://bellevuecollege.edu/drc/>.

### **Affirmation of Inclusion:**

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

### **For technical help with the online part of the class:**

Link to Canvas student guides: <http://guides.instructure.com/m/4212>

Link to Student Technical Help Desk:  
<http://depts.bellevuecollege.edu/helpdesk/students/>

**For behavioral and grading guidelines of the Social Science Division:** [http://bellevuecollege.edu/socsci/student\\_policies.asp](http://bellevuecollege.edu/socsci/student_policies.asp)