



Fall Quarter 2013

Course: PSYC& 200 LifeSpan Psychology 5 credits Item# 5434 Section HYA

Time: TTh 8:30 AM - 10:20 AM

Room: A206

Instructor: Deepti (Gupta) Karkhanis, Ph.D.

Office: D110K

Office hours: MW: 11:00 AM-12:30 PM and T Th: 1:00 PM - 2:00 PM or by appointment

Email: deepti.karkhanis@bellevuecollege.edu

Phone: 425-564-2613

Mailbox: Social Science Division Office (D110)

COURSE INFORMATION

Course Description:

Welcome to Psychology 200 class!

This course presents an overview of human growth and development from prenatal development to old age. Theories, facts, principles, processes, and research will be explored in the course of study. Physical, cognitive, social, and emotional development for all age groups will be presented. Students in this course will experience a variety of learning experiences, including, but not limited to, presentations by lecture, in-class learning activities, written assignments, and active discussions. Students should expect to devote a minimum of three hours per week outside of class to reading and completing assignments.

The chapters listed in the weekly class schedule are to be thoroughly read during the week of the classroom presentation on that topic. In addition, good note-taking is essential for successful performance in the class. If you are absent from class, it is your responsibility to obtain notes from another student. Please consult the class schedule given below to prepare for exams, projects, and written assignments.

If you have any questions or concerns, please contact me as soon as possible.

IMPORTANT:

I will be posting class material and documents such as the syllabus, class slides, announcements, assignments, and links to articles on the *Canvas* course website. You need to create a BC student network account (at <https://www.bellevuecollege.edu/netid/>) *Canvas* and access the *Canvas* course site. The student network account may be created any time after you receive your student identification number (SID) and personal identification number (PIN). For students enrolled in credit classes, the SID and PIN are issued after you apply for admissions. For students enrolled in classes through BC Continuing Education, the SID and PIN are established after you register for a class. Continuing Education students may contact the Continuing Education office directly to request this identification

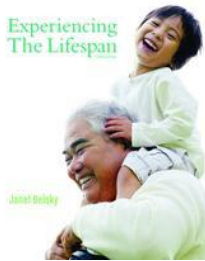
information. Once you have your student network account, go to Bellevue College website (<http://bellevuecollege.edu/>) and click *Canvas* to log into the course website.

Course Purpose and Goals:

Students successfully participating in this course will:

1. Demonstrate a basic understanding of issues in the scientific study of human development across the lifespan; that is, from infancy to old age.
2. Relate course materials to a personal perspective on human developmental experiences.
3. Demonstrate a basic understanding of the interaction of biological, psychological, and social aspects of human development throughout the lifespan.
4. Gain general knowledge of some of the most famous theorists in developmental psychology, including Piaget, Freud, Bandura, Kohlberg, Bronfenbrenner, and Erikson.
5. Develop critical thinking skills and a tolerance for differing perspectives.
6. Develop skills in communicating using oral and written materials to discuss topics related to human developmental patterns, socialization, and aging.

Required Textbook:



Belsky, J. (2013). *Experiencing the Lifespan* (3rd ed.). New York, NY: Worth Publishers

Format of course and course requirements:

The course will follow a lecture format, but with questions both expected and encouraged. Textbook matter will be supplemented with other materials such as empirical articles, videos, and student support website. In a course of this size, it is important to exercise some judgment to ensure that questions are of general interest and are asked as clearly and audibly as possible. It is also helpful if you complete each week's reading assignment before the class meeting. An approximate timetable of topics and reading assignments is listed below in this syllabus.

The students will be evaluated in the following ways:

1. **Attendance and Class Participation (10 points)** – Attendance is always expected. Students are required to manage time to meet obligations, and are responsible for material covered in their absence. Class participation assumes that you have read the course material before class, and you are prepared to be involved in both, in-class and small group discussions. Responses to online discussions on Canvas will also count towards participation.
2. **Article Reviews (30 points)** – Because research in developmental science advances our understanding of human development, it is important that students in this course learn to critically examine research articles published the field. You will be required to read **three** articles throughout the semester and write a two page (double-spaced, 1 inch margins) review of each article. Reviews must include the following:
 - Identification of the research question and variables (independent and dependent).

- Brief description of the research study design and methods used.
- Summary of the results and conclusions of the study.
- Brief reflection on the overall content or specific aspect of the article.

Reviews are due at the beginning of class on the days/ dates noted below and must be printed.

Reviews will be worth **10 points** each. You will only get 24 hours to turn in LATE work with a 10% (1 point) deduction, as penalty for not submitting on time.

3. **Exams (60 points)** – There will be **TWO** exams worth **30 points each** that will count towards your final grade in class. Each exam will consist of multiple-choice questions, true/false statements, and probably a few short answer questions. There will be **NO** make-up exams.

Grading:

A	94-100	C+	77-79
A-	90-93	C	74-76
B+	87-89	C-	70-73
B	84-86	D+	67-69
B-	80-83	D	60-66

Tentative Schedule:

Week	Day/ Date	Topic(s)	Reading/ Assignment(s)
1	T Sep 24	Introduction; Themes in Psychology (e.g. Nature vs. Nurture)	Syllabus
	Th Sep 26	Foundations: The People	Belsky Chap 1
2	T Oct 1	Foundations: Psychological Enquiry Methods	Belsky Chap 1 contd.
	Th Oct 3	Developing Child: Prenatal Growth	Belsky Chap 2
3	Article Review # 1: Abdou et al. (2010)		Due in class on Oct 8
	T Oct 8	Infancy: Physical Development	Belsky Chap 3
	Th Oct 10	Infancy: Cognitive Development	Belsky Chap 3 contd.
4	T Oct 15	Infancy: Socioemotional Development	Belsky Chap 4
	Th Oct 17	Childhood: Physical and Cognitive Development	Belsky Chap 5
5	T Oct 22	Childhood: Socioemotional Development	Belsky Chap 6
	Th Oct 24	Emotions, Parenting and Academic Achievement	<u>Article</u> : Valiente, Swanson & Eisenberg (2012)
6	T Oct 29	Mid-Term Exam	Belsky Chaps 1-6
	Th Oct 31	<i>Exam Feedback</i> ; Adolescence: Physical Development	Belsky Chap 8
7	Article Review # 2: Lomas et al. (2012)		Due in class on Nov 5
	T Nov 5	Cognitive and Socioemotional Development	Belsky Chap 9
	Th Nov 7	Socio-Cultural Contexts: Home and School	Belsky Chap 7

8	T Nov 12	Emerging Adulthood	<u>Articles</u> : Arnett (2000); Zarrett & Eccles (2006)
	Th Nov 14	Early Adulthood: Constructing an Adult Life	Belsky Chap 10
9	T Nov 19	Adulthood: Relationships and Roles	Belsky Chap 11
	Th Nov 21	Adulthood: Midlife	Belsky Chap 12; Freund & Ritter (2009)
10	T Nov 26	Cognitive Challenges of Aging	Belsky Chap 13
	Th Nov 28	<i>Happy Thanksgiving... HOLIDAY! ☺</i>	
11	Article Review # 3: Aly & Moscovitch (2010)		Due in class on Dec 3
	T Dec 3	Physical Challenges of Aging	Belsky Chap 14
	Th Dec 5	Death and Dying; <i>Course Review</i>	Belsky Chap 15
12	T Dec 10	Final Exam (Time: 7:30a.m.-9:20 a.m.)	Belsky Chaps 7-15

ONLINE PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION

Bellevue College's Affirmation of Inclusion

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at BC, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

The college's "Affirmation of Inclusion" is in line with the principle of free speech in a free society: we have the right to express unpopular ideas as long as we don't show disrespect for reasonable people who might believe otherwise. In an online course, you will be expressing ideas through the medium of the course site rather than face to face in the classroom. In that case, these expectations refer to the courtesy with which you communicate with one another through e-mails and e-discussions. Part of this respect involves professional behavior towards the instructor, colleagues, and the class itself.

Plagiarism and Other Conduct Policies

Plagiarism is a form of academic dishonesty that occurs when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

- You do not cite quotations and/or attribute borrowed ideas as references.
- You fail to enclose borrowed language in quotation marks.
- You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
- You turn in work created by another person.
- You submit or use your own prior work for a current or past course, or work from one current course in another course without express permission from your professors. This may also be considered academic dishonesty.

Consequences: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

If you are new to writing then please come talk to me during office hours and/or visit the Writing Center. Their website is <http://www.bellevuecollege.edu/asc/writing/> and they are located in **D204**. Also if you are new to writing in APA format, then refer to the following document: <http://www.bellevuecollege.edu/asc/writing/essays-guides/documents/apa2010styleessay.pdf>

Cheating, Stealing and Plagiarizing*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: Plagiarizing material from the internet and posting rude or personal attacks in discussions. When you are in doubt about any behavior, please consult your instructor. In addition, you may wish to review the general applicable rules of cyberspace, such as in the Core Rules of Netiquette. The instructor reserves the right to remove posted messages, and downgrade assessments as a result of these types of behaviors. The instructor can refer any violation of the Student Code of Conduct to the Vice President of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Vice President of Student Services.

http://www.bellevuecollege.edu/policies/2/2050_Student_Code.asp

Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). It is the student's responsibility for maintaining contact and adhering to the agreed-upon actions. Canvas class sites, and material, may not be directly accessible after the end of the quarter so it is important to make arrangements before the quarter ends. The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F"). There is a standard form that instructors have access to in their instructor's grade briefcase.

F Grade

Students who fail a course will receive a letter grade of "F."

Final Examination Schedule

Final examinations may involve proctored on-campus arranged exams or may be administrated completely online at the discretion of the instructor and in keeping with the stated policies provided in the course syllabus. Please refer to the syllabus at the start of the quarter for additional details and contact the instructor directly for any clarifications. A student who is not in compliance with the scheduled format may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be in compliance with any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

Withdrawal from Class

Academic Year: College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

Summer Quarter: College policy states that students must formally withdraw from a class by the end of the fifth week of the quarter (Registration Office, B125). After the sixth day and through the end of the fifth week of the quarter, the “Th” grade will become part of the student’s transcript record.

Check <http://www.bellevuecollege.edu/enrollment/calendar/deadlines/> for additional details. As with most enrollment deadlines, it is the student’s responsibility to be aware of these dates and act accordingly.

Hardship Withdrawal (HW)

Hardship Withdrawal indicates a withdrawal request made because of extenuating circumstances after the official withdrawal period is over. The student must contact the instructor to request this withdrawal option, or the faculty member may initiate the contact. No points are calculated into the grade-point average. Students may also contact the enrollment Services Office BEFORE grades are assigned in cases of hardship.

Students Who Require Disability Accommodations

Students with disabilities who have accommodation needs are encouraged to meet with the Disability Resource Centre (DRC) <http://bellevuecollege.edu/drc/>. The office is located in B132 (telephone 425.564.2498 or TTY 425.564.4110 email drc@bellevuecollege.edu). Students will need to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter or contact your online instructor directly by email. Students who require accommodation in a course should review the DRC accommodation letter with each instructor during the first week of the quarter.

Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with Disability Resource Centre, and review those needs with the instructor as well.

Course Evaluations

You are encouraged to complete a course evaluation before the end of the quarter. The Bellevue College Online Evaluation web site is secure and submissions are completely anonymous. College instructors, program chairs and administrators are granted access to a class composite document on the web site only after all grades are posted to transcripts at the close of the current quarter. To participate in the evaluation process, use your Student ID and PIN to log in on the following site:

<https://bellevuecollege.edu/ClassEval/default.aspx>

On the BC Online Evaluation site, you will find a listing for each of your classes. Access to each course evaluation is granted only once, and after you press the SUBMIT button at the bottom of the page, you will see a screen telling you which class evaluations have been completed. If you have questions or need assistance, please call the Distance Education Office at 425-564-2438 or toll free at 1-877-641-2712.