

Abnormal Psychology Syllabus Fall 2015, Psych 220

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Office Hours: Thursdays 9 to 10:15 or by appointment.

Course Information

Abnormal Psychology, Psychology 220
Meeting times: T/Th 10:30 – 12:20, with online component (hybrid course)
Meeting location: R210

Course Outcomes

Introduces the theories, diagnosis, and treatment of maladaptive behavior and psychological disorders. Class format may include field trips to psychiatric institutions.
Prerequisite: PSYC 100.

How Outcomes Will be Met

Through lecture, in-class exercises, and online projects, by the end of the course I expect you (the student) will be able to:

1. Analyze the causes, prevention, and treatment of psychological disorders.
2. Distinguish abnormal from “normal” behavior.
3. Define issues related to the diagnosis and classification of behavior problems in adults and children.
4. List up-to-date descriptive information about the symptoms, prevalence, risk factors, and course of treatment for different psychological disorders.
5. Describe different theoretical perspectives of abnormal behavior.
6. Identify the hypothesized or known causes and treatments offered by each theoretical perspective.
7. Identify different scientific methodologies used in current research to study abnormal behavior.

Grading

Your grade in this class will be based on online discussion boards, papers, and exams.

Online Discussion Boards (30%): Each week, you will go to our class website (via Canvas) to watch videos of individuals with various forms of psychopathology. After watching these videos, you will be expected to contribute to a class discussion board on each video. For example, when discussing childhood disorders, you will watch a video of a child with ADHD, a child with autism, and a child with conduct disorder. There will be 3 separate discussion board threads for you to comment on each of these videos. Comments may address symptoms, treatment, or any other key features of the video (i.e., educational options, parental reactions, treatment possibilities). The goal of

these discussion boards is for you to have an opportunity to engage with the material and see real life examples of various forms of psychopathology. Each week, you will be expected to make (at least) three comments (1 per each video). Responding to other comments is acceptable so long as comments are thoughtful. For example, a simple “Yes” or “I agree” response comment will not get any points. Each week, you may earn up to 10 points for discussion board comments. These comment forums will be helpful sources of information as you work on your papers (see subsequent paragraph). Responses are due at 5 pm on the Thursday of that week of class.

10 points possible for each discussion board activity X 6 assignments = 60 points possible

Paper (20%): There will be 2 one-page (single spaced) papers required for this class. In these papers, you will select one of the online videos of an individual with psychopathology and write an evaluation of their symptoms. The goal of this paper is to (a) demonstrate knowledge of the definition and key symptoms of a disorder, (b) describe the symptoms of psychopathology of the specific individual as well as any specific features of interest, and (c) describe possible treatment possibilities. The goal of this paper is to demonstrate knowledge of a disorder, critically evaluate a video for a person’s specific symptoms, and apply possible treatment options of the disorder.

A handout with detailed instructions on the paper will provided a few weeks into the term.

Paper 1: Any videos from 9/21 – 10/15.

Paper 2: Any videos from 11/3 – 11/24.

20 points possible for each paper X 2 papers = 40 points possible.

Exams (50%): Two exams will be given. Each exam will cover assigned reading material (whether or not it has been covered during class), class lectures, and any films shown. Exams will draw from both the in-class and online portions of class. Each exam will consist of multiple-choice questions, fill-in-the-blank questions, and short essays. Sample questions can be discussed in class or during review sessions to give students a chance to become familiar with the types of questions given on the exams. The exams will last the class period.

50 points possible for each exam X 2 exams = 100 points possible.

Make up exams will not be given. In the event of extreme circumstances the professor must be notified prior to the exam and a replacement, all essay exam will be given if warranted (per the discretion of the Instructor).

The final grade will be calculated: Online discussion board grade (out of 60 possible points) + Paper grades (out of 40 possible points) + Exam grades (out of 100 possible points) / 200 = Your grade.

Final Grading Scale (Percentage of total points earned and final grade)

	93-100	A	90-92	A-	
87-89	B+	83-86	B	80-82	B-
77-79	C+	73-76	C	70-72	C-
67-69	D+	63-66	D	60-62	D-
59 and lower F					

The link to the College Grading Policy is located on page 10 of the Course Catalog: [Grading Policy](#)

▪ **Books and Materials Required**

Required Textbook:

Kring, A. M., Johnson, S. L., Davison, G. C., & Neale, J. M. (2014). *Abnormal Psychology* (13th ed.): John Wiley & Sons, Inc.

NOTE: You must purchase the 13th edition, *updated for DSM-5*.

Help with Canvas

The following places are helpful for [Students](#).

Classroom Learning Atmosphere

In order to maximize course time, I expect all students to have read the chapter prior to class. In addition, all students should come prepared to talk, respond to questions, and participate in in-class activities that cover the topic of the day.

Readings: Assigned chapters are listed on the course schedule. Lectures will relate to the text and build on the subject for each class (e.g., case examples, research findings, discussion of controversial issues).

Class Participation & Attendance: Because issues related to abnormal psychology are frequently value-laden, students will be asked to exercise mature decision-making skills throughout the course. In order to make class discussions interesting and enjoyable for everyone, class participation is expected and encouraged. Attendance will not be taken, and each student will be responsible for the material covered in class, regardless of attendance. If a student misses a class, the discussion that occurs in class will not be outlined or presented outside of class. Therefore, if you miss class, it is the students' responsibility to contact a classmate to get notes, read the chapter and be sure you understand the class notes and text material, and then me if you have questions. Get two contacts now.

Name: email:	Name: email:
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Affirmation of Inclusion

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination.

We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

Religious Holidays

Students who expect to miss classes, examinations, or any other assignments as a consequence of their religious observance should be provided with a reasonable alternative opportunity to complete such academic responsibilities. It is the obligation of students to provide faculty with reasonable notice of the dates of religious holidays on which they will be absent, preferably at the beginning of the term. Students who are absent on days of examinations or class assignments should be offered an opportunity to make up the work without penalty (if they have previously arranged to be absent), unless it can be demonstrated that a makeup opportunity would constitute an unreasonable burden on a member of the faculty. Should disagreement arise over what constitutes an unreasonable burden or any element of this policy, parties involved should consult the department chair, or Dean.

College Anti-Discrimination Statement (Title IX)

Bellevue College does not discriminate on the basis of race or ethnicity; color; creed; national origin; sex; marital status; sexual orientation; age; religion; genetic information; the presence of any sensory, mental, or physical disability; gender identity or veteran status in educational programs and activities which it operates.

For further information and contacts, please consult [College Anti-Discrimination Statements](#).

Social Sciences Division Statements

Cheating, Stealing and Plagiarizing*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services and at [http://bellevuecollege.edu/policies/2/2050P_Student_Code_\(Procedures\).asp](http://bellevuecollege.edu/policies/2/2050P_Student_Code_(Procedures).asp)

*If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue College Student Discipline and Appeals Procedure (the right to due process) which you

may pursue. Contact the office of Division Chair (D110), the Dean of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.

Information about Bellevue College's copyright guidelines can be found at: [College Copyright Policy](#)

This link provides a good, short summary of how to avoid plagiarism: [Avoiding Plagiarism](#)

This 22-minute video also provides a good overview of how to avoid trouble when using sources: From the college home page select SERVICES, then LIBRARY MEDIA CENTER, then DATABASES, then FILMS ON DEMAND. At their site, search by title for PLAGIARISM 2.0: ETHICS IN THE DIGITAL AGE.

Email Communication with instructors must be done through student email accounts only. Instructors cannot communicate with students about their course work or grades through student's personal email accounts.

Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

F Grade

Students who fail a course will receive a letter grade of "F."

Final Examination Schedule

The Social Science Division will adhere to the final examination schedule as stated in the BC Schedule. Final examinations will be held at the end of each quarter at fixed times. Instructors will not give examinations in advance of the regular schedule. A student who is absent from any examination held at any time during the quarter may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be present at any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

Withdrawal From Class

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

Hardship Withdrawal

Instructors may assign the grade of "HW" (hardship withdrawal) at their discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances. Students may also contact the Enrollment Services office BEFORE grades are assigned in cases of hardship.

Students Who Require Disability Accommodations

Students with disabilities who have accommodation needs are encouraged to meet with the Disability Resource Center (DRC) office located in B132 (telephone 425.564.2498 or TTY 425.564.4110), to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter. Students who require accommodation in class should review the DRC accommodation letter with each instructor during the first week of the quarter. Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with Disability Resource Center and review those needs with the instructor as well.

Distribution of Grades

Grades will not be posted in the Social Science Division or in faculty offices, and program assistants or coordinators will not give out grades. Students should access their grades through the BC Web site.

Return of Papers and Tests

Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if student supplies the instructor with stamped, self-addressed envelope (with appropriate postage); or by the instructor designating a time and place whereby the student may retrieve his/her papers. Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.

Student Code of Conduct and Academic Integrity

Any act of academic dishonesty, including cheating, plagiarism (using the ideas or words of another as one's own without crediting the source), and fabrication and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to, talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Success for investigation. Specific student rights, responsibilities, and appeal procedures are listed in the Student Code of Conduct at: [Student Code](#)

All cases of academic dishonesty will be referred to the Dean for investigation.

Important Links and References

Bellevue College E-mail and access to MyBC

All students registered for classes at Bellevue College are entitled to a network and e-mail account. Your student network account can be used to access your student e-mail, log in to computers in labs and classrooms, connect to the BC wireless network and log in to MyBC. To create your account, go to: [Create Email](#)

BC offers a wide variety of computer and learning labs to enhance learning and student success. Find current campus locations for all student labs by visiting the [Technology Help Desk](#)

Disability Resource Center (DRC)

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact us as soon as possible.

If you are a person who requires assistance in case of an emergency situation, such as a fire, earthquake, etc, please meet with your individual instructors to develop a safety plan within the first week of the quarter.

If you are a student with a documented autism spectrum disorder, there is an additional access program available to you. Contact [Autism Spectrum Navigators](#) Email and phone number is on the web page. ASN is located in the Library Media Center in D125.

The DRC office is located in B132 or you can call our reception desk at 425.564.2498. Deaf students can reach us by Skype: the address is **DRCatBC** (NOTE: There is no @ sign...it is actually **DRCatBC**). Please visit our website at [Disability Resource Center](#) for application information into our program and other helpful links.

Accessibility

The online elements of this course are designed to be welcoming to, accessible to, and usable by everyone, including students who are English-language learners, have a variety of learning styles, have disabilities, or are new to online learning. Be sure to let me know immediately if you encounter a required element or resource in the course that is not accessible to you. Also, let me know of changes I can make to the course so that it is more welcoming to, accessible to, or usable by students who take this course in the future.

Public Safety and Emergencies

Public Safety is located in the K building and can be reached at **425-564-2400** (easy to remember because it's the only office on campus open 24 hours a day—2400). Among other things, Public Safety serves as our Parking Permits, Lost and Found, and Emergency Notification center. Please ensure you are signed up to receive alerts through our campus alerting system by registering at [RAVE Alert Registration](#)

If you work late and are uneasy about going to your car, Public Safety will escort you to your vehicle. To coordinate this, please phone ahead and let Public Safety know when and where you will need an escort.

Please familiarize yourself with the emergency postings by the door of every classroom and know where to go in the event of an evacuation. Your instructor will be asked if anyone might still be in the building, so check in before you do anything else. Emergency responders will search for anyone unaccounted for.

If a major emergency occurs, please follow these three rules:

- 1) Take directions from those in charge of the response** -We all need to be working together.
- 2) Do not get in your car and leave campus (unless directed to)** - Doing so will clog streets and prevent emergency vehicles from entering the scene. Instead, follow directions from those in charge.
- 3) In an emergency, call 911 first, then Public Safety.**

Please do not hesitate to call Public Safety if you have safety questions or concerns at any time. You may also visit the [Public Safety](#) web page for answers to your questions.

Final Exam Schedule

The final exam for this class will be on Thursday 12/10 from 9:30 to 11:20.

The full final exam schedule is here:

[Final Exam Schedule](#)

Academic Calendar

The Bellevue College Academic Calendar is separated into two calendars. They provide information about holidays, closures and important enrollment dates such as the finals schedule.

- [Enrollment Calendar](#) On this calendar you will find admissions and registration dates and important dates for withdrawing and receiving tuition refunds.
- [College Calendar](#) This calendar gives you the year at a glance and includes college holidays, scheduled closures, quarter end and start dates, and final exam dates.

Abnormal Psychology Course Schedule

Note: Schedule may be changed. It is your job to check Canvas for any changes.

<u>Date</u>	<u>Topic</u>	<u>Assigned Texbook Reading</u>	<u>Online Videos</u>	<u>Discussion Boards</u>	<u>Paper</u>	<u>Exam</u>
9/21 (T)	Course Introduction	Syllabus				
9/23 (R)	No Class					
9/29 (T)	Defining Abnormal Behavior & History of Psychopathology	Ch 1	*Everette depression; *Steve, social phobia *Sara, PTSD			
10/1 (R)	Current Paradigms in Psychopathology I	Ch 2		Online Response Due by 5 pm		
10/6 (T)	Diagnosis & Assessment	Ch 3	*Sarah, depression *Dave, OCD *Craig, Bipolar disorder			
10/8 (R)	Research Methods in Psychopathology	Ch 4		Online Response Due by 5 pm		
10/13 (T)	Mood Disorder	Ch 5	*Gerry, panic disorder *Ed, OCD *Ann, Bipolar			
10/15 (R)	Anxiety Disorder	Ch 6		Online Response Due by 5 pm		
10/20	No Class					

(T)						
10/22 (R)	OCD and PTSD	Ch 7			Paper I Due	
10/27 (T)	Review Day for Exam I					
10/29 (R)	Exam I	Chapter 1, 2, 3, 4, 5, 6, and 7				Exam I
11/3 (T)	Disorders of Childhood	Ch 13	*Edward - ADHD *Rebecca – autism *Sean - antisocial			
11/5 (R)	Eating Disorders	Ch 11		Online Response Due by 5 pm		
11/10 (T)	Schizophrenia	Ch 9	*Teen, Anorexia *Ann, Bulimia *Larry, schizophrenia			
11/12 (R)	Dissociative & Somatic Symptom Disorders	Ch 8		Online Response Due by 5 pm		
11/17 (T)	Substance Use Disorders	Ch 10	*Eve, dissociative identity *Georgina, schizophrenia *Liz, Borderline PD			
11/19 (R)	Sexual Disorders	Ch 12		Online Response Due by 5 pm		

11/24 (T)	Late Life & Nuerocognitive Disorders	Ch. 14				
11/26 (R)	No Class			No response this week		
12/1 (T)	Personality Disorders	Ch 15				
12/3 (R)	Review for Exam II				Paper 2 Due	
12/8 (T)	No class (Final exam week)					
12/10 (R)	Exam II – 9:30 to 11:20	Chpts 10, 15, and 16				Exam II

No changes in the time of the exams will be allowed for scheduling conflicts, travel plans, etc. (Please see above for the no-makeup policy.)