



Welcome to General Psychology

"Education is not just the filling of a pail, it is the lighting of a fire."

~B. F. Skinner

COURSE INFORMATION

Quarter/Year: Spring 2014

Course: PSYC& 100 General Psychology

Class Days/Times: MW 12:30 – 2:20 pm

Course Item/Section: 5406 HYJ

Credits: 5

Room: A138

INSTRUCTOR INFORMATION

Instructor: Carol Anderson

BC email: carol.anderson@bellevuecollege.edu

BC Phone: 425-564-2327

Social Science Division Office: 425-564-2331 (D110)

Social Science Division website: <http://www.bellevuecollege.edu/socsci/>

Office: D100F

Office Hours: MW 10:00 am - 12:00 pm

TTh 12:30 pm - 1:00 pm

And by appointment

REQUIRED MATERIALS

King, L.A. (2013). *Experience Psychology* (2nd ed.). Univ. of Missouri: McGraw-Hill.

COURSE OVERVIEW, OBJECTIVES, & OUTCOMES

Psychology is the scientific study of mind and behavior. This course will survey the major concepts, theories, and research findings in psychological science. Through readings, lectures, discussion, and assignments, students will learn about the wide range of research issues addressed by psychologists and gain an appreciation of the importance of psychological research in its application to everyday human life.

The major goals of this course are to:

1. Examine how human behavior is studied and analyzed by psychologists.
2. Gain greater insight into human behavior.
3. Develop familiarity with the theories describing human behavior.
4. Become familiar with the symptoms of psychological disorders and various treatment options.
5. Develop critical thinking skills and become prepared to be cautious and analytical consumers of information that proclaims to be scientific or based on some form of research.

BC Course Learning Objectives

Upon completion of Psychology 100, students will be able to:

1. Describe the purpose, comprehensive scope, and areas of application in the field of psychology.
2. Demonstrate knowledge of the scientific process by applying and/or critiquing various research methods used by psychologists in the study of behavior.
3. Recognize, compare, and contrast various theoretical perspectives used to explain and guide psychological research and application.
4. Identify historical and present-day contributions of major psychologists.
5. Define important psychological terms, concepts, processes, and principles.
6. Apply critical thinking to assumptions, claims, and common sense ideas about behavior.
7. Demonstrate the application of psychological principles and findings to one's own life.

BC General Education Outcomes

Bellevue College is committed to providing students a comprehensive learning experience that addresses critical dimensions of student personal, professional, and intellectual growth. Bellevue College's General Education program is designed to address areas and specific requirements to ensure that students' learning experiences prepare them to build fulfilling and successful lives as individuals, workers, citizens, and life-long learners. As a reflection of our values of maintaining excellence and anticipating future needs in teaching and learning, Bellevue College has identified three main overarching General Education areas: Creative & Critical Thinking; Communication; and Connections. This course satisfies the area of Creative & Critical Thinking in that General Psychology students must learn to apply critical thinking methods in assessing the validity of claims about human behavior.

GRADING POLICY

There will be a total of 700 possible points in this class. Letter grades are based on percentage of the total number of points earned. The following criteria will be used:

A	93 - 100%	648 - 700 pts		
A-	90 - 92%	627 - 647	10 MC Exams	= 240 pts (34%)
B+	87 - 89%	606 - 626	2 SA Exams	= 150 pts (21%)
B	83 - 86%	578 - 605	MC Final Exam	= 70 pts (10%)
B-	80 - 82%	557 - 577	3 CT Assignments	= 150 pts (21%)
C+	77 - 79%	536 - 556	3 Video Papers	= 30 pts (05%)
C	73 - 76%	508 - 535	Attendance Activities	= 60 pts (09%)
C-	70 - 72%	487 - 507	Total Possible	= 700 pts
D+	67 - 69%	466 - 486		
D	60 - 66%	418 - 465		
F	59% and below			

For more info on grading policies, visit: <http://www.bellevuecollege.edu/catalog/enroll/grades.asp>

Exams

MC Exams There will 10 multiple-choice online exams throughout the quarter. Each exam will cover information from a chapter in the text; each chapter will be worth approximately 25 points. While these weekly exams will be completed online on Canvas, they are not considered open-book. In addition to the weekly chapter exams, there will be one multiple-choice final exam. It will be worth 75 points. The final exam will cover information from multiple chapters in your text and will be done on paper in class. You will need a Scantron for the final exam. Study guides for all exams will be posted on Canvas.

SA Exams There will be two short-answer exams throughout the quarter. Both will be worth 75 points. Both will cover information from the text, class lecture, and videos. A portion of the points may be accumulated throughout the quarter in the form of in-class activities. These points cannot be made up if you miss class; therefore, it is in your best interest to attend each class session. With each exam, you can expect to make connections between the lecture material and your life by coming up with real-life examples.

Exams will not be given late. If you know ahead of time that you will be unable to attend class on any exam day, you may make arrangements with me to take an alternative exam early. If you come late to class on an exam day, you will not be allowed any additional time. Make-up exams will be allowed only with appropriate documentation. All exams given outside of class must be taken in paper form and during office hours. See Class Calendar for exam dates.

Assignments

Throughout the quarter, you will complete three written assignments that deal with critical thinking, experimental design, and the multiple perspectives in the field of psychology. Directions and details can be found at the end of this syllabus and on the class site on Canvas. These assignments will be submitted in paper form in class. Late assignments will only be accepted within 24 hours of the due date and at penalty of 20% off the total points possible. See the Class Calendar for due dates.

In addition, for the hybrid portion of the course, every three weeks you will view an online video pertaining to the text chapters at hand. For each of the three videos, you will write a 500-word essay, each worth 10 points, answering specific questions about the video. Directions and details can be found at the end of this syllabus and on the class site on Canvas. Late assignments will be accepted only within 24 hours of the due date and at penalty of 20% off the total points possible. See the Class Calendar for due dates.

A portion of the videos can be found at: <http://www.learner.org/resources/series138.html>

Attendance

Attendance will be taken in the form of in-class activities worth, in total, 60 points. If you are not in class, you cannot participate; if you do not participate, you will not receive credit for in-class activities.

Extra Credit

There may be limited opportunities to earn extra credit for this course. These opportunities may consist of outside activities (e.g., attending a campus lecture or workshop, viewing a film, etc.) and written papers pertaining to the topics covered in this course. Such opportunities will only be announced in class.

COURSE EXPECTATIONS & POLICIES

You are about to learn *a lot* about why people do the things they do. My goals for you, beyond acquiring new knowledge, are development of (1) **critical thinking skills** (how to effectively evaluate new information), and (2) the ability to **apply** concepts in psychology to situations beyond the classroom. You will learn new material every week through a combination of lecture, whole-class discussion, and small group activities. Every week, you'll take an online quiz to test what you've learned that week.

This is a *hybrid* class with both in-class and online components. Hybrid classes combine classroom interaction and online resources. Many course interactions are conducted online, reducing the amount of face-to-face meeting time. **To succeed in this class, you must regularly use a computer with Internet access.** If you do not have a home computer with Internet access, an [open computer lab](#) is available in N250 to all BC credit students.

This might be one of your first college classes. College works quite differently from high school. There is less structure, time, and guidance, and a lot more is expected from you. You are responsible for keeping yourself on schedule, knowing due dates, and planning ahead. Study concepts you do not understand, and ask for help right away if you need it. This class goes quickly, and you'll need to stay on top of the reading to do well. If you have questions about the class, **read this syllabus first**. Be an active participant in your own education. You will be expected to **read the book before class**, take **notes**, **think** about the stuff you read, and come prepared to **discuss** the ideas with your professor and peers. Challenge assumptions, and consider the implications and applications of course material. Thinking deeply about the course material not only will help you remember it better – it'll make it more useful for the future.

Attendance is not optional. As adult students, you are expected to manage your own time and priorities. If you miss any class session, you are responsible for obtaining any lecture notes from fellow students, missed assignments from me, and for staying abreast of any class announcements or changes to the class schedule or policies. Emailing me of your absence is appreciated. *Note:* when emailing me outside of Canvas, please include your full name and class section; in the email subject line, start with "STUDENT" so that it does not get lost in the melee of emails.

Class conduct expectations will be in compliance with policies described in the BC student handbook.

"Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Vice President of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Vice President of Student Services."

Cheating and plagiarism will not be tolerated. All work that you submit in this course must be the product of your own efforts. In either case, zero points will be allotted. In addition, *cell phone* use in class is not allowed; cell phone ringers/modes are to be turned off prior to entering the classroom. *Laptop/tablet* use will not be allowed in class. For more information and to see the Student Code, Policy 2050, in its entirety, please visit:

http://bellevuecollege.edu/policies/2/2050_Student_Code.asp

Course Evaluations are encouraged. You are encouraged to complete a course evaluation before the end of the quarter. The Bellevue College Online Evaluation web site is secure and submissions are completely anonymous. College instructors, program chairs and administrators are granted access to a class composite document on the web site *only after all grades are posted to transcripts* at the close of the current quarter. To participate in the evaluation process, use your Student ID and PIN to log in on the following site:

<https://bellevuecollege.edu/ClassEval/default.aspx>

On the BC Online Evaluation site, you will find a listing for each of your classes. Access to each course evaluation is granted only once, and after you press the SUBMIT button at the bottom of the page, you will see a screen telling you which class evaluations have been completed.

Participation is encouraged. You are encouraged to participate in discussions of the theoretical issues presented in class. Some theories may appear counter-intuitive and may provoke much reaction, sparking lively discussions. Within these discussions, it is important to remain respectful of your fellow students. Everyone has a point of view. While discussion is encouraged and will be solicited, side comments and off-topic talk will not be tolerated.

Punctuality is expected. Please be on time for class. Arriving late or leaving early undoubtedly breaks the flow of the class and causes a distraction. If you arrive late, please take a seat close to the door. If you need to leave early, make arrangements with me ahead of time and sit close to the door.

Study effectively by self-testing. Each section of the text begins with a study question. Read the material, trying to understand the underlying ideas. A few minutes later, go back to the page and see if you can answer the question. Test yourself again with the multiple-choice questions at the end of each chapter.

COLLEGE POLICIES & RESOURCES

Affirmation of Inclusion

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect. As such, our classroom is a **Safe Space** where I welcome your individuality and I will defend your right to be yourself in the spirit of learning and in an environment of mutual respect. For more information, visit the following site: <http://bellevuecollege.edu/about/goals/inclusion.asp>

Disability Resource Center (DRC)

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact the DRC as soon as possible. The DRC office is temporarily located in the Library (D125). Their reception desk can be contacted by calling 425-564-2498 or TTY 425-564-4110. Information is also available on their website at <http://bellevuecollege.edu/drc/>.

Support Services

In addition to the DRC, BC has a variety of support services available to students, each with the aim of promoting student success. Examples include the Academic Success Center, Career Education Options (CEO), Counseling Center, LGBTQ Resource Center, Multicultural Student Services (MCS), Student Programs, TRiO, and the Veterans Office. For more information, I encourage you to spend some time perusing this site: <http://www.bellevuecollege.edu/resources/services/>

Email

All students registered for classes at Bellevue College are entitled to a network and e-mail account. In addition, all students are required to use this email account when contacting instructors. Your student network account can be used to access your student e-mail, log in to computers in labs and classrooms, connect to the BC wireless network, and log in to Canvas. To create your account, go to: <https://bellevuecollege.edu/sam>

Public Safety

The Bellevue College Public Safety Department's well-trained and courteous non-commissioned staff provides personal safety, security, crime prevention, preliminary investigations, and other services to the campus community, 24 hours per day, 7 days per week. Their phone number is 425-564-2400. The Public Safety website is your one-stop resource for campus emergency preparedness information, campus closure announcements, and critical information in the event of an emergency. Public Safety is located in K100 and on the web at:

<http://bellevuecollege.edu/publicsafety/>.

Official Emergency & Closure Status

In the event of inclement weather or emergency conditions, check the BC website at

<http://bellevuecollege.edu/status/> or call 425-401-6680 for a recorded message. You may also listen to local radio stations or watch local television stations (KING, KIRO, KOMO) for school closure announcements. In addition, you may sign up for Rave Alert to receive email or text messages about school emergency alerts. Visit

<http://bellevuecollege.edu/> for more information.

Class Calendar General Psychology

Spring 2014

Monday	Tuesday	Wednesday	Thursday	Friday
4/07	4/08	4/09	4/10	4/11 Q Ch 1 pt. 1 ____ The Science of Psychology
4/14	4/15	4/16	4/17	4/18 Q Ch 1 pt. 2 ____ The Science of Psychology
4/21 Assignment 1 ____	4/22	4/23	4/24	4/25 Q Ch 2 ____ The Brain & Behavior
4/28	4/29	4/30 VP1 due ____	5/01	5/02 Q Ch 10 ____ Personality
5/05	5/06	5/07 SA Exam 1 ____	5/08	5/09 Q Ch 8 ____ Human Development
5/12 Assignment 2 ____	5/13	5/14	5/15	5/16 Q Ch 5 ____ Learning
5/19	5/20	5/21 VP2 due ____	5/22	5/23 Q Ch 11 ____ Social Psych
5/26 No Class Holiday	5/27	5/28	5/29	5/30 Q Ch 6 ____ Memory
6/02	6/03	6/04	6/05	6/06 Q Ch 3 ____ Sensation & Perception
6/09 Assignment 3 ____	6/10	6/11 VP3 due ____	6/12	6/13 Q Ch 12 ____ Psychological Disorders
6/16 SA Exam 2 ____ <i>Final Class Session</i>	6/17	6/18 <i>Final Exam Week</i> MC Final Exam ____ 11:30 AM – 1:20 PM	6/19 <i>Final Exam Week</i>	6/20 <i>Final Exam Week</i>

The schedule and procedures in this course are subject to change; you will be given advance notice of such changes.

PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION
Spring 2014

Cheating, Stealing and Plagiarizing*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services and at [http://bellevuecollege.edu/policies/2/2050P_Student_Code_\(Procedures\).asp](http://bellevuecollege.edu/policies/2/2050P_Student_Code_(Procedures).asp)

Email Communication with instructors must be done through student email accounts only. Instructors cannot communicate with students about their course work or grades through student's personal email accounts.

Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

F Grade

Students who fail a course will receive a letter grade of "F."

Final Examination Schedule

The Social Science Division will adhere to the final examination schedule as stated in the BC Schedule. Final examinations will be held at the end of each quarter at fixed times. Instructors will not give examinations in advance of the regular schedule. A student who is absent from any examination held at any time during the quarter may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be present at any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

Withdrawal From Class

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

Hardship Withdrawal

Instructors may assign the grade of "HW" (hardship withdrawal) at their discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances. Students may also contact the Enrollment Services office BEFORE grades are assigned in cases of hardship.

Students Who Require Disability Accommodations:

Students with disabilities who have accommodation needs are encouraged to meet with the Disability Resource Centre (DRC) office located in B132 (telephone 425.564.2498 or TTY 425.564.4110), to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter. Students who require accommodation in class should review the DRC accommodation letter with each instructor during the first week of the quarter.

Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with Disability Resource Centre, and review those needs with the instructor as well.

Distribution of Grades

Grades will not be posted in the Social Science Division or in faculty offices, and program assistants or coordinators will not give out grades. Students should access their grades through the BC Web site.

Return of Papers and Tests

Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if student supplies the instructor with stamped, self-addressed envelope (with appropriate postage); or by the instructor designating a time and place whereby the student may retrieve his/her papers. Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.

**If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Dean of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.*

General Psychology
Critical Thinking Activity

Name: _____

Goal: You will find a current claim in the popular media and analyze it in a scientific manner.

Artifact: You may find your artifact anywhere in the media, including the Internet, television, newspapers, magazines, comics, or billboards. Advertisements work especially well, as does correlational research being presented with a causal claim. Include the artifact with your write-up. For example, include a link to or print-out of the Internet claim, a photo of the billboard, the actual magazine/newspaper/comic page (or a clear photocopy), and/or a detailed description of the TV commercial (with link, if available). Your item *must be current* (within the last six months). You can submit your item in person *on or before the due date* if logistics (e.g., artifact type) make it difficult to submit online. My mailbox is in the Social Sciences Division office, D110.

Write-up: For your item, answer the following questions in a thoughtful and thorough manner:

1. What am I being asked to believe or accept? (5 pts)

2. What evidence is provided to support this claim? (10 pts)

3. What alternate explanation(s) exist for the evidence presented? (15 pts)

4. What additional evidence would be helpful to critically evaluate this claim? (10 pts)

5. What conclusions are most reasonable based on the provided evidence? (5 pts)

☐ Yes, I remembered to attach a copy of the item I wrote about. (5 pts)

Points Possible: 50

General Psychology
Experimental Design Activity

Name: _____

Goal: You will design an experiment to scientifically test a claim found in the media.

Artifact: Using your artifact from CTA, you will design an experiment to scientifically test the claim that you found in your first artifact. You will *not* conduct your experiment; in fact, depending upon your artifact's claim, your creative experiment may not be feasible. Revisit chapter one in your textbook for this assignment. You can submit your item in person *on or before the due date* if logistics (e.g., artifact type) make it difficult to submit online. My mailbox is in the Social Sciences Division office, D110.

Write-up: For your artifact, answer the following questions in a thoughtful and thorough manner:

1. What is your hypothesis? *(5 pts)*

2. What are your independent and dependent variables? *(10 pts)*

3. How will you operationally define (i.e., measure) your variables? *(10 pts)*

4. How will you identify, recruit, and divide your sample of participants? How many participants will you require, in total? *(10 pts)*

5. What materials will you use? Be thorough and specific. *(5 pts)*

6. What will be the steps of your experiment? *(5 pts)*

- ☐ Yes, I remembered to attach a copy of the item I wrote about. *(5 pts)*

Points Possible: 50

General Psychology
Different Perspectives Activity

Name: _____

Goal: You will explain one behavior, using multiple perspectives in the field of psychology.

Artifact: You will collect *one* current artifact from the media that illustrates a behavior. You may find your artifact anywhere in the media, including the Internet, television, newspapers, magazines, comics, or billboards. You can submit your item in person *on or before the due date* if logistics (e.g., artifact type) make it difficult to submit online. My mailbox is in the Social Sciences Division office, D110.

Write-up: For your artifact, answer the following questions in a thoughtful and thorough manner:

1. Identify the psychological perspective that is being used to explain the given behavior. (4 pts)

(a) *The Biological perspective*

(b) *The (**circle one**) Psychodynamic Humanistic Behavioral Cognitive perspective*

(c) *The Sociocultural perspective*

2. Summarize the *main focus* of each chosen perspective. (18 pts)

(a) *The Biological perspective:*

(b) *The _____ perspective:*

(c) *The Sociocultural perspective:*

3. Using your artifact, clearly *identify* the behavior that you are going to explain using the three different perspectives. (5 pts)

(a) *The specific behavior found in the artifact:* _____

(b) *The specific behavior found in the artifact:* _____

(c) *The specific behavior found in the artifact:* _____

4. *Explain* the behavior, according to the chosen perspective. Be thorough. (18 pts)

(a) *According to the Biological perspective, the reason for the behavior is this:*

(b) *According to the _____ perspective, the reason for the behavior is this:*

(c) *According to the Sociocultural perspective, the reason for the behavior is this:*

☐ Yes, I remembered to attach a copy of the item I wrote about. (5 pts)

Points Possible: 50

General Psychology Video Papers

Goal: You will compose a 500-word reflective paper on a video as it relates to your life and your textbook.

Steps: First, select a video from the list below. Second, watch the video. While watching the video, take copious notes. Third, using your notes to refresh your memory, compose a 500-word essay by reflecting on one or more of the questions below. Include the title of the program in your paper. Fourth, submit your Video Paper on Canvas using the link found on the appropriate page.

Choose one video:

Program 1 - Past, Present, & Promise

Program 2 - Understanding Research

Program 3 - The Behaving Brain

Program 4 - The Responsive Brain

Program 7 - Sensation & Perception

TedTalks – Brain magic

Program 5 - The Developing Child

Program 18 - Maturing & Aging

Program 8 - Learning

Program 10 - Cognitive Processes

Program 9 - Remembering & Forgetting

TedTalks - The fiction of memory

Program 15 - The Self

TedTalks – I am my connectome

Program 19 - Power of the Situation

Program 20 - Constructing Social Reality

TedTalks: The psychology of evil

Choose one or more of the following questions:

1. How did this video help you understand the information in the relevant chapter of your text? Be specific. For instance, cite examples.
2. How does the information in the video relate to your life? Include personal or anecdotal examples.
3. What did you find to be surprising? Why?
4. What questions did the video provoke in you? What might be the answers to your questions?

☐ Yes, I remembered to write at least 500 words and include the title of the specific program.

Points Possible: 30 total

