

Syllabus PSYC& 100-Online

GENERAL PSYCHOLOGY (5 credits)

Summer Quarter 2012

Instructor: Steffi Schrepfer, Ph.D.

Office Hours: virtual by appointment

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TEXT: Myers G. David (2011). Exploring Psychology (8th.ed.). NY: Worth Publishers

COURSE DESCRIPTION

Psychology plays a major role in our lives, organizations and society. General Psychology is an introductory survey course designed to expose you to the major theories, theorists and concepts in psychology. Central to an understanding of modern psychology is the role that research and the scientific method play in testing and developing theories.

Learning Outcomes (at the end of this course students will be able to:)

- Describe the purpose, comprehensive scope, and areas of application in the discipline of psychology.
- Demonstrate knowledge of the scientific process by applying and/or critiquing various research methods used by psychologists in the study of behavior.
- Recognize, compare and contrast various theoretical perspectives used to explain and guide psychological research and application.
- Identify historical and present-day contributions of major psychologists.
- Define important psychological terms, concepts, processes and principles.
- Apply critical thinking to assumptions, claims, and common sense ideas about behavior.
- Demonstrate the application of psychological principles and findings to one's own life.
- In terms of general education outcomes, students will be able to
 - Use cognitive and creative skills:
 - Analyzing (identifying and evaluating problems)
 - Synthesizing (interpreting situations, drawing conclusions, and making connections)
 - Improving communication skills:
 - Doing research (gathering and documenting information)
 - Delivering one or more written, oral and /or visual presentations with formal documentation)
 - Applying personal skills:
 - Understanding the influence of stress, nutrition, and life style on personal health and performance.

COURSE REQUIREMENTS

Readings : You are expected to read the assigned literature and review the weekly objectives.

Discussion: Topics/ Questions are presented at the beginning of each week. Discussions are intended to increase your experience as a learning community and should deepen your understanding/thinking about

the subject matter. Weekly discussions will count up to 30 points. Discussions are due every Wednesday. Total points possible for discussions are 210 points (30 x 7 = 210). Specific details on how to write discussion responses are available under ['Instructions for Discussions'](#) in the 'Getting Started' folder.

Assignments: You need to complete 2 assignments this quarter. Assignment 1 is a simple introduction and technical plan. Assignment 2 requires you to conduct a research study for the length of 20 days. The purpose of this assignment is to give you an opportunity to apply psychological principles and research methods to your own life. Detailed instructions will be provided for each assignment. Total points for assignments are 120 points (assignment 1=20 points, 2=90 points). Assignments are due at the indicated dead-line and late papers will lose points (one day late: half a letter grade; two days late: one letter grade. Specific details for assignments are available under you Assignment Tools.

Quizzes: After completing a module you have to take a short quiz of 30 multiple choice questions (30 points) the following Monday and Tuesday. Each quiz will cover information pertaining to the completed module only. Total points possible for quizzes is 180 points (30 x 6 weeks = 180 points).

Quiz Rebuttal Policy: You may rebut, *in writing*, any question on any of the quizzes. Your rebuttals must include:

1. The complete question.
2. The option you chose.
3. Why you chose an incorrect option.
4. One reference from your textbook to support your argument.

Rebuttals are due within one week of the quiz being returned.

Make-up policy: Make-up quizzes are given the last week of class. To be eligible for a make-up quiz you need to inform me ahead of time that you will miss a quiz. You may only make up one quiz.

Return of tests: Quiz results will become available on Wednesday.

GRADING

Your final grade will be composed of six quizzes (180 points = 36%), seven discussion weeks (210 points = 42%), two assignments (110 points = 22%). Total points possible = 500.

Grading Scale:	A : 93-100%	= 465 -500 points	
	A-: 90-92	= 450 - 464	
	B+: 87-89	= 435 - 449	
	B : 83-86	= 415 - 434	
	B-: 80-82	= 400 - 414	
	C+: 77-79	= 385 - 399	
	C : 73-76	= 365 - 384	
	C-: 70-72	= 350 - 364	
	D+: 66-69	= 330 - 349	
	D : 60-65	= 300 - 329	F : below 300

Tentative SCHEDULE

Please check your weekly Module online for any schedule changes or reading assignment changes!!!!

Week 1

Reading Assignment

1. Myers G. David (2011). Exploring Psychology (8th.ed.). NY: Worth Publishers Chapter 1.
2. 'Getting Started' Folder in VISTA

Discussion topics:

- Psychology's history
- Psychology's subfields
- Psychology as a profession
- Goals of psychology
- Research methods
- Ethical and cultural concerns

Activity/ Writing Assignment: Student introduction and technical plan. Due Friday by midnight

Weekly quiz: 30 questions will be given the following Monday and Tuesday.

Week 2

Reading Assignment: Chapters 2 and 3.

The Biology of Mind

Consciousness and the Two-Track Mind

Weekly quiz: 30 questions will be given the following Monday and Tuesday.

Week 3

Reading Assignment Chapters 7 and 8.

Discussion topics: Learning and Memory

You need to start Assignment 2! Identify the behavior you want to change and start data collection for your first baseline.

Weekly quiz: 30 questions will be given the following Monday and Tuesday.

Week 4

Reading Assignment: Chapters 6 and 9.

Sensation and Perception

Thinking, Language, and Intelligence

Assignment 2: You need to start your first intervention phase and after 5 days start your second baseline.

Weekly quiz: 30 questions will be given the following Monday and Tuesday.

Week 5

Reading Assignment: Chapters 4 and 5

Nature, Nurture, Human diversity

Developing through the life span

Activity/ Writing Assignment: You need to start your second base line (A) and introduce your final intervention phase (B)

Weekly quiz: 30 questions will be given the following Monday and Tuesday.

Week 6

Reading Assignment : Chapters 10 and 11

Motivation

Emotions, Stress, and Health

Assignment 2: Your finished report is due Friday by midnight.

Weekly quiz: 30 questions will be given the following Monday and Tuesday.

Week 7

Reading Assignment: Chapters 13, 14 and 15

Psychological Disorders

Therapy

Social Psychology

August 9: End of Quarter; Last day to contribute to discussions for Week 7. There is no final

exam!!!

▪ ▪ If you have medical information to share with me in the event of an emergency, please contact me via email. Emergency preparedness is important!

If you need course modifications / adaptations or accommodations because of a disability, I can refer you to our Disability Resource Center (DRC).

▪ If you prefer, you may contact them directly by going to B132 or by calling 425.564.2498 or TTY 425.564.4110. Information is also available on their website at <http://bellevuecollege.edu/drc/>