

Psyc& 220: Abnormal Psychology

Spring 2014

5 Credits Prerequisite: Psych. 100 (General Psychology)

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Class Hours	Tue & Thu 1:30-3:20; Fri Online
Office Hours	On Campus Tue & Thur. 3:30-5:00 or by Apt.

INTRODUCTION:

Welcome to the hybrid version of Psychology 220. Psych. 220 is an introductory course on maladaptive behavior and the etiology (causes), description, and treatment of psychological disorders. The course will cover theoretical approaches to abnormal psychology, classification and assessment of major disorders, and therapeutic responses to disorders. This particular section of Psyc.220 is offered as a hybrid class, meaning that for most of the time, we will meet in person, and for part of the time, we will be working online.

FORMAT:

Class sessions: We will meet Monday through Thursday from 9:30-10:20. Class sessions will include lectures, discussions, film clips, activities, and guest speakers on the key ideas of each unit, as well as exams. Attendance will be taken at these sessions.

Online: Using the new Canvas platform, we will be conducting discussions and submitting assignments. Students will need to have frequent access to a computer and the internet. There is an open computer lab available in N250 for those who need it.

Instructions for how to access the on-line portion of the class can be found at: http://bellevuecollege.edu/distance/Canvas_classroom.asp, or you can just go

to: <http://bc.instructure.com> and log in using your BC Student ID number as your username, and your birthdate (mmddy) as your password.

You can leave messages for the instructor at any time by e-mail, and she will respond to you as quickly as possible, at least within 24 hours and usually sooner.

REQUIRED TEXT:

Comer, R. (2014) Fundamentals of Abnormal Psychology (7th Edition). New York: Worth. ISBN # 1-4292-9563-5

There is also a web site from the publisher of the textbook with links to related web sites and student aids: <http://bcs.worthpublishers.com/comerfund7e/default.asp>.

The text may be purchased from the Bellevue College Bookstore or online at <http://bookstore.bellevuecollege.edu/>. However, since the text is needed right away, an in-person purchase is recommended if you haven't already ordered it.

You can also order the loose-leaf version or e-book directly from Worth Publishers: <http://www.worthpublishers.com/Catalog/content.aspx?Title=247>.

Power points from the text publisher are also available in each unit to help reinforce the text material. textbook with links to related web sites and student aids: <http://bcs.worthpublishers.com/comerfund6e/>

LEARNING OBJECTIVES: After completion of this course, students will be able to:

1. Articulate the criteria and controversy regarding the definition of abnormal behavior.
2. Demonstrate knowledge of the prevalence and historical/contemporary views of abnormal behavior.

3. Describe current practices of diagnosis, assessment, and research (including DSM) in classifying disorders and determining the need for treatment.
4. Describe the major techniques and theoretical approaches to understanding and treating abnormal behavior.
5. Identify the major diagnostic categories and distinguish among the symptoms, proposed causes, and preferred treatments of each of the following disorders: Anxiety disorders Mind-body disorders Personality disorders Substance abuse disorders Sexual disorders Mood disorders Schizophrenia disorders Organic brain disorders Selected disorders of childhood and adolescence Dissociative disorders Somatoform Disorders

General Education Outcomes

This course meets the following General Education outcome: Creative and Critical Thinking

Course Components

EXAMS

There will be five exams, each covering 3. Each exam will consist of objective (multiple choice and short answer) questions, and each will be worth 120 points, or 12% of the grade.

All exams will be administered on-line and will be open as scheduled on the calendar. Students will have 110 minutes to answer roughly 100 questions within that period of time once they log onto the exam. Total possible exam points will be 600, or 60% of the final grade.

WEEKLY DISCUSSION FORUM

The discussion forum is the heart of the course. Students will be responding to my questions and responding to other students, just as they would in a "live" discussion. There will be 11 discussion sessions, running from Monday to Sunday every week. Students will reply to the questions and will also need to respond to at least two other students each week. Specifically, you are expected to participate in the discussion with at least three posts a week. The discussions are posted under the discussion tab and have a listed due date. The grade for this portion of the class will be a combination of points for participating (up to 20 points per discussion) and points for the quality of participation (20 points to be assigned at the end of the quarter), for a total of 220 points or 22% of the grade.

WRITTEN ASSIGNMENTS

Assignment 1: Case Study	75 points	Due 5/1
Assignment 2: Research on a Theme of Interest	75 points	Due 5/23

Assignment 3: Field Experience	75 points	Due 6/13
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This quarter, you can choose two out of the three possible assignments. Since the assignments are linked to the course material, they do need to be submitted by specific due dates, so you'll need to decide early in the quarter which one you plan to do. I would suggest choosing project in which you have the most interest and that fits your schedule the best. For Assignment 3, an approved proposal must be posted.

Each assignment will be described in the assignment section. A grade will be assigned based on criteria for that assignment. It is expected that assignments will be proofread for mechanical errors and will be submitted on time. Assignments will be accepted one day late only with a five-point deduction.

In addition to the formal assignment, you will be asked to post a personal introduction (10 points) and a self-assessment at the end of the quarter (20 points).

FIELD EXPERIENCE (*Assignment 3*)

If you choose to do the field experience for one of your two assignments, you will need to locate and visit a mental health service. This could involve interviewing someone who works in the mental health field, visiting a local mental health clinic, agency, or hospital, observing (with permission) patients or clients in a mental health setting, doing some kind of volunteer work related to mental health, or creating some other experience of your design. The goal of this assignment is that you have some "real-life" exposure to the issues encountered by people and clinicians dealing with psychological disorders. You will be asked to submit a proposal for this project by week 8, and to write up your experience by week 10. It's best to wait until close to the end of the quarter to conduct this experience so you can apply as much of the course content as possible. Further detail on this part of the course will be available when it is assigned, but it's a good idea to be thinking ahead for this one.

GRADING

Grades will be determined as follows:

Exams	5@ 120 points	600
Discussions	11@ 20 points	220
Assignments	2 @ 75	150
Personal Introduction		10
Participation-Online Quality		20
Total =		1000

Grades will be determined by adding up scores for the exams and all of the assignments:

A	94-100%	940-1000	C+	77-79%	770-799
A-	90-93%	900-939	C	74-76%	740-769
B+	87-89%	870-899	C-	70-73%	700-739
B	84-86%	840-869	D+	67-69%	670-699
B-	80-83%	800-839	D	64-66%	640-669

Students with special learning needs should contact the instructor as soon as possible.

Learning Topics

Topic 1	Foundations of Abnormal Psychology (Ch. 1, 2, 3)
Topic 2	Anxiety, Obsessive-Compulsive, Trauma and Stress, & Somatic Disorders (Ch. 4, 5, 8)
Topic 3	Mood Disorders, Suicide, & Schizophrenia (Ch. 6, 7, 12)
Topic 4	Eating, Substance-Related & Sexual Disorders (Ch. 9, 10, 11)
Topic 5	Childhood Disorders, Personality Disorders & Legal Issues (Ch. 13, 14, 16)

Schedule: Specific dates will be posted in the online calendar in Canvas.

Class Conduct Guidelines

- Please arrive at class on time (attendance will be taken at the beginning of class)
- Please treat each other and the instructor with respect and common courtesy
- Please turn off all cell phones and pagers when entering class and refrain from texting or using laptops during class
- Online, be sure to be courteous, respectful, and supportive, even when disagreeing

Accommodations

If you need course modifications / adaptations or accommodations because of a disability, please let me know as soon as possible. If you have not done so already, you can contact the Disability Resource Center (DRC) in B132 or by calling 425.564.2498 or TTY 425.564.4110. Information is also available on their website at <http://bellevuecollege.edu/drc/>.

Affirmation of Inclusion: Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the

college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

For technical help with the online part of the class:

Link to Canvas student guides: <http://guides.instructure.com/m/4212>

Link to Student Technical Help Desk: <http://depts.bellevuecollege.edu/helpdesk/students/>

For behavioral and grading guidelines of the Social Science Division:

http://bellevuecollege.edu/socsci/student_policies.asp