# Psychology 220 Abnormal Psychology

# Syllabus Summer Quarter 2012

#### 5 Credits

Prerequisite: Psyc&. 100 (General Psych.)

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# INTRODUCTION:

Welcome to the online version of Psychology 220. This course is designed to meet the academic needs of a unique group of students who may be unable to attend traditional campus classes and who are motivated and self-disciplined. While the class meets in cyberspace, students can expect a heavy workload outside of class in order to meet the requirements of the course.

Check your readiness to take an online course by doing the self-assessment quiz for distance learning at, http://bellevuecollege.edu/distance/WebAssess/. It is important that students enrolled in the course are reading at college level, are able to work with less direct instruction, and have time available to complete the reading and assignments. The instructor will provide the structure for the class and act as a "Coach" as you proceed through the course. You can leave messages for the instructor at any time by e-mail or phone, and she will respond to you as quickly as possible.

# **COURSE FOCUS:**

Psyc& 220 is an introductory course on maladaptive behavior and the etiology (causes), description, and treatment of psychological disorders. The course will cover theoretical approaches to abnormal psychology, classification and assessment of major disorders, and therapeutic responses to disorders.

#### TEXT:

Comer, R. (2011) <u>Fundamentals of Abnormal Psychology</u> (6th Edition). New York: Worth. ISBN # 1-4292-1633-6 (Required). The CD that comes with some texts should be useful but will not be required for the class.

There is also a web site from the publisher of the textbook with links to related web sites and student aids: http://bcs.worthpublishers.com/comerfund6e/default.asp.

The text may be purchased from the Bellevue College Bookstore or online at <a href="http://bookstore.bellevuecollege.edu/">http://bookstore.bellevuecollege.edu/</a>. However, since the text is needed right away, an in-person purchase is recommended if you haven't already ordered it.

Power points from the text publisher are also available in each unit to help reinforce the text material.

# **FORMAT:**

Students are required to read chapters in the assigned text, participate in a weekly discussion forum, submit assignments, and take exams, all on-line.

#### **LEARNING OBJECTIVES:**

After completion of this course, students will be able to:

- 1. Articulate the criteria and controversy regarding the definition of abnormal behavior.
- Demonstrate knowledge of the prevalence and historical/ contemporary views of abnormal behavior.
- 3. Describe current practices of diagnosis, assessment, and research (including DSM) in classifying disorders and determining the need for treatment.
- 4. Describe the major techniques and theoretical approaches to understanding and treating abnormal behavior.
- 5. Identify the major diagnostic categories and distinguish among the symptoms, proposed causes, and preferred treatments of each of the following disorders:

Anxiety disorders
Mind-body disorders
Personality disorders
Substance abuse disorders
Sexual disorders
Mood disorders
Schizophrenia disorders
Organic brain disorders
Selected disorders of childhood and adolescence
Dissociative disorders
Somatoform Disorders

# **COURSE COMPONENTS:**

# **EXAMS**

There will be five exams, each covering 3 chapters (except the last exam, which will include questions from the whole quarter). Each exam will consist of 60 multiple choice questions, each worth 2 points for a total of 120 points, or 12% of the grade. The last exam will cover the entire quarter as well as the last unit.

All exams will be administered on-line and will be open for one day from 6:00 a.m. to 11 p.m. as scheduled on the calendar. Students will have 60 minutes within that period of time once they log onto the exam. Total possible exam points will be 600, or 60% of the final grade.

#### WEEKLY DISCUSSION FORUM

The discussion forum is the heart of the course. Students will be responding to my question and responding to other students, just as they would in a "live" discussion. There will be 13 discussion sessions, running from Monday to Wednesday and Thursday to Saturday every week. Students will have a choice of questions to respond to and will also need to respond to at least one other student in each half of the week. Specifically, you are expected to participate in the discussion at least four times a week, at least twice in response to my questions and at least twice in response to other students' comments. See the "Course Structure and Expectations" for more details on how the discussion will work. The grade for this portion of the class will be a combination of points for participating (up to 20 points per discussion) and points for the quality of participation (20 points to be assigned at the end of the quarter), for a total of 280 points or 28% of the grade.

# WRITTEN ASSIGNMENTS

You will need to select one assignment from a possible three, due as scheduled on the calendar. These assignments will be submitted as word document attachments in the assignment tool and then published for the class to see and respond to. A description of all three assignments will be posted the second day of the quarter. Assignments, point values, and dates due are listed below:

Assignment 1: Case Study Analysis	100 points	Due 7/9
Assignment 2: Research on a Theme (research paper)	100 points	Due 7/25
Assignment 3: Field Experience and Write-up	100 points	Due 8/2

This quarter, you can choose one out of the three possible assignments—your choice. Since the assignments are linked to the course material, they do need to be submitted by specific due dates, so you'll need to decide early in the quarter which one you plan to do. I would suggest choosing the project in which you have the most interest and that fits your schedule the best. For Assignments 2 and 3, an approved proposal must be posted.

Each assignment will be described in detail in the Learning Modules. A grade will be assigned based on criteria for that assignment and your response to at least one other student's assignment. It is expected that assignments will be proofread for mechanical errors and will be submitted on time. Assignments will be accepted up to 24 hours late with a five-point deduction; after that no late assignments will be accepted.

In addition to the formal assignments, you will be asked to post a personal introduction (10 points) and a self-assessment at the end of the quarter (10 points).

# **GRADING**

Grades will be determined as follows:

Exams	5@ 100 points	500	
Discussion Forums	13 @ 20 points + 20 pts. quality	280	
Assignments	2 assignments (out of 3)	200	
Personal Introduction		10	
Self-Assessment		10	
	Total Possible Points =		
		1000	_

Grades will be determined by adding up scores for the exams and all of the assignments:

Α	94-100%	940-1000	C+	77-79%	770-799
A-	90-93%	900-939	С	74-76%	740-769
B+	87-89%	870-899	C-	70-73%	700-739
В	84-86%	840-869	D+	67-69%	670-699
B-	80-83%	800-839	D	64-66%	640-669

Students with special learning needs should contact the instructor as soon as possible.

# **MODULE ORGANIZATION**

Module 1: Foundations of Abnormal Psychology (Ch. 1, 2, 3)

Module 2: Anxiety, Stress, Somatoform & Dissociate Disorders (Ch. 4, 5, 6)

Module 3: Mood Disorders & Schizophrenia (Ch. 7, 8, 12)

Module 4: Eating, Substance-Related & Sexual Disorders (Ch. 9, 10. 11)

Module 5: Childhood Disorders, Personality Disorders & Legal Issues (Ch. 13, 14, 16)

**Schedule:** Specific dates will be posted in the calendar.

# Week 1:

Module 1: Read Ch. 1, 2 Discussion 1: Mon-Wed Discussion 2: Thurs-Sat

Assignments: Personal Introduction: due Thurs.;

Response to another student's Introduction due Sat.

#### Week 2:

Module 1: Read Ch. 3 Discussion 3: Mon-Wed.

Holiday: Wed.

**Exam 1:** Thurs., 6 a.m.-11 p.m.

Module 2: Read Ch. 4
Discussion 4: Thurs.-Sat.

### Week 3:

Assignment 1: Due Mon. Module 2: Read Ch.5, 6 Discussion 5: Mon.-Wed. Discussion 6: Thurs.-Sat. Exam 2: Fri., 6 a.m.-11 p.m.

Proposal due for Assignments 2 and 3 Wed.

#### Week 4:

Module 3: Read Ch.7, 8, 12 Discussion 7: Mon.-Wed. Discussion 8: Thurs.-Sat.

#### Week 5:

Exam 3: Mon., 6 a.m.-Sat.11 p.m. Module 4: Read Ch. 9, 10, 11 Assignment 2: due Wed. Discussion 9: Mon.-Wed. . Discussion 10: Thurs.-Sat.

#### Week 6:

Exam 4: Tues., 6 a.m.-11 p.m. Module 5: Read Ch. 14, 13, 16 Discussion 11: Mon.-Wed. . Assignment 3: due Thurs. Discussion 12: Thurs.-Sat.

# Week 7:

**Discussion 13:** Mon.-Wed. **Self-Assessment:** due Mon.

Exam 5/Final: Wed., 6 a.m. -11 p.m. (on-line)

Last Day of Quarter: Thurs.

# ONLINE PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION

#### **Revised Summer 2009**

# Bellevue College's Affirmation of Inclusion

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at BC, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

The college's "Affirmation of Inclusion" is in line with the principle of free speech in a free society: we have the right to express unpopular ideas as long as we don't show disrespect for reasonable people who might believe otherwise. In an online course, you will be expressing ideas through the medium of the course site rather than face to face in the classroom. In that case, these expectations refer to the courtesy with which you communicate with one another through e-mails and e-discussions. Part of this respect involves professional behavior towards the instructor, colleagues, and the class itself.

#### Cheating, Stealing, and Plagiarizing\* and Inappropriate Behavior

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: plagiarizing material from the Internet and posting rude or personal attacks in discussions. When you are in doubt about any behavior, please consult your instructor. In addition, you may wish to review the general applicable rules of cyberspace, such as in the <a href="Core Rules of Netiquette">Core Rules of Netiquette</a>. The instructor reserves the right to remove posted messages, and downgrade assessments as a result of these types of behaviors. The instructor can refer any violation of the Student Code of Conduct to the Vice President of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Vice President of Student Services, <a href="Link to Student Code">Link to Student Code</a>.

#### Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). It is the student's responsibility for maintaining contact and adhering to the agreed-upon actions. Vista class sites, and material, may not be directly accessible after the end of the quarter so it important to make arrangements before the quarter ends. The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F"). There is a standard form that instructors have access to in their instructor's grade briefcase.

#### F Grade

Students who fail a course will receive a letter grade of "F."

# Final Examination Schedule

Final examinations may involve proctored on-campus arranged exams or may be administrated completely online at the discretion of the instructor and in keeping with the stated policies provided in the course syllabus. Please refer to the syllabus at the start of the quarter for additional details and contact the instructor directly for any clarifications. A student who is not in compliance with the scheduled format may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be in

compliance with any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

#### Withdrawal From Class

Academic Year: College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

Summer Quarter: College policy states that students must formally withdraw from a class by the end of the fifth week of the quarter (Registration Office, B125). After the sixth day and through the end of the fifth week of the quarter, the "W" grade will become part of the student's transcript record.

Check <u>Enrollment Calendar Deadlines</u>, <u>Refunds/Withdrawals</u>, for additional details. As with most enrollment deadlines, it is the student's responsibility to be aware of these dates and act accordingly.

#### Hardship Withdrawal (HW)

From page 9 of the current course catalog, <u>2008-2009 online catalog</u>, HW indicates a withdrawal request made because of extenuating circumstances after the official withdrawal period is over. The student must contact the instructor to request this withdrawal option, or the faculty member may initiate the contact. No points are calculated into the grade-point average. Students may also contact the Enrollment Services office BEFORE grades are assigned in cases of hardship.

#### Students Who Require Disability Accommodations:

Students with disabilities who have accommodation needs are encouraged to contact the Disability Resource Centre (DRC) link to DRC. The office is located in B132 (telephone 425.564.2498 or TTY 425.564.4110, email drc@bellevuecollege.edu). Students will need to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter or contact your online instructor directly by email. Students who require accommodation in a course should review the DRC accommodation letter with each instructor during the first week of the quarter.

#### <u>Distribution of Grades</u>

Students should access their grades through the BC Web site. Any returned material should be accessed prior to the end of the quarter. After the end of the quarter, Vista class sites may not be accessible by students. Individual instructors may use non-Vista tools for recording and maintaining the students' progress. Questions about grades assigned should be initially directed to your instructor.

#### Submission and Returning of Papers, Assignments and Assessments:

Specific guidelines for taking exams and submitting assignments are published in the syllabus. Please contact instructor at the start of the guarter for any clarifications.

#### **Technical Assistance**

Vista-related or technical issues should be referred to Distance Education, <u>link to Distance Education web resources</u>. You may also email them at landerso@bellevuecollege.edu or call 425-564-2438 (1-877-641-2712). Vista tutorial help and basic instructions can be found at

# http://bellevuecollege.edu/distance/studentguide/

\*If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Vice President of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.