

PSYC 100: General Psychology Syllabus, Winter 2016

Professor: Rika Meyer, Ph.D.
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Office Hours: TBD

Course Time: Mon/Wed/Fri 1:30PM –2:20PM
Credits: 5 Credits
Course Location: A138

COURSE DESCRIPTION

Presents methods, concepts, and principles of psychology. Topics include psychophysiology, sensation and perception, learning and memory, motivation, development, emotion, health, stress, personality, and abnormalities and their treatments.

COURSE OBJECTIVES

After completing this class, students should be able to:

- Describe the purpose, comprehensive scope, and areas of application in the discipline of psychology.
- Apply and/or critique various research methods used by psychologists in the study of behavior.
- Recognize, compare and contrast various theoretical perspectives used to explain and guide psychological research and application.
- Identify historical and present-day contributions of major psychologists.
- Define key psychological terms, concepts, processes and principles.
- Apply critical thinking to assumptions, claims, and common sense ideas about behavior.
- Apply psychological principles and findings to one's own life.

Required Texts

- Myers, D. (2004). Exploring Psychology (9th ed.). New York, NY: Worth Publishing. *ISSBN:978-1-4641-6336-4*

Attendance/Participation

It is *required* that you come to class and participate accordingly. The material covered in class (in addition to what is provided in the text) will aid you in preparing for the exams and assignments. Therefore, please come to class prepared and ready to participate. This means reading the assigned material beforehand as well as being prepared to discuss and ask questions.

Class Website

We have a Canvas class website for our class. Please be sure to check the site regularly since I will use the site to post important class resources, your grades, and announcements. Lecture slides will be available the Sunday before the week starts at the latest.

Contacting Me

I am here to help each of you excel in this class. Therefore, I am always free for questions about class, psychology, graduate school, research, etc. If you cannot attend my office hours, I can meet with you by appointment. I check my email several times a day, so that is the best way to contact me. I will respond to your email within 24 hours of your sent email. Please put “PSYC 100” in your subject line of your email so that I can keep track of class emails. If I do not reply in time, please send the email again.

Special Needs

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college,

please contact us as soon as possible.

If you are a person who requires assistance in case of an emergency situation, such as a fire, earthquake, etc, please meet with your individual instructors to develop a safety plan within the first week of the quarter.

If you are a student with a documented autism spectrum disorder, there is an additional access program available to you. Contact asn@bellevuecollege.edu or (425) 564-2764. ASN is located in the Library Media Center in D 125. www.bellevuecollege.edu/autismspectrumnavigators/.

The DRC office is located in B 132 or you can call our reception desk at (425) 564-2498. Deaf students can reach us by TTY at (425) 564-4110.

Please visit our website for application information into our program and other helpful links at www.bellevuecollege.edu/drc/.

Academic Integrity

Academic Dishonesty: Any act of academic dishonesty, including but not limited to cheating, plagiarism, and fabrication.

- Cheating includes any attempt to give or obtain unauthorized assistance relating to the completion of an academic assignment.
- Plagiarism includes taking and using as one's own, without proper attribution, the ideas, writings, or work of another person in completing an academic assignment. May also include the unauthorized submission for credit of academic work that has been submitted for credit in another course.
- Fabrication includes falsifying data, information, or citations in completing an academic assignment and also includes providing false or deceptive information to an instructor concerning the completion of an assignment.

Incidents of plagiarism or cheating on examinations may result in an irreversible grade of F for the course. All exams are to be taken without the aid of books, notes, access to electronic devices, or assistance from others. All written assignments will be analyzed for plagiarism.

Writing Lab

The writing lab offers free support for revision skills of class assignments, college applications, resumes; see: <http://www.bellevuecollege.edu/asc/writing/>

Counseling Service

Bellevue College has resources for students experiencing non-academic difficulties, such as personal strain. The Counseling Center offers confidential consultation for students. For more information please visit their web site: <https://www.bellevuecollege.edu/counseling/>

Students also have frequently questions about their career options. The Center for Career Connections provides comprehensive career resources for all stages of your academic and professional career; see: <http://depts.bellevuecollege.edu/careers/>

Grading

Letter Grade (Percentage of Points)		Assignment	Possible Points	Points Received
93-100% = A	73-76% = C	Attendance	25	
90-92% = A-	70-72% = C-	Quizzes (5 Quizzes, 10 points each)	50	
87-89% = B+	67-69% = D+	Mid-Term Exam	100	
83-86% = B	63-66% = D	Paper 1 st Draft	25	
80-82% = B-	60-62% = D-	Paper 2 nd Draft	75	
77-79% = C+	Less than 59% = F	Final Exam	100	
		Total	375	

Guidelines

Paper Formatting:

- White 8.5 x 11 inch paper
- Typed in black ink
- *Stapled* neatly in appropriate corner
- Standard margins (1 inch on each side)
 - Note: If you have an older version of Microsoft word the default margin is 1.25 inches
- 12 point, Times New Roman font
- APA style, 6th Edition (www.apastyle.org)
- <https://owl.english.purdue.edu/owl/resource/560/01/>

*Points will be deducted for length if these guidelines are not followed.

Ground Rules for Discussion

- Come prepared to section.
- Speak Up Freely.
- Listen.
- Be Courteous.
- Ask questions of clarification, and questions that probe assumptions, reasons, and implications.
- Practice critical thinking and active learning.

CLASS SCHEDULE
Stress, Risk and Resilience

Class Date	Topic(s)	Readings	Assignments
Week of 1/4/16	Introduction Thinking Critically with Psychological Science	Chapter 1	
Week of 1/11/16	The Biology of the Mind	Chapter 2	
Week of 1/18/16	Development Through the Lifespan (No class Monday, 1/18/16)	Chapter 4	Quiz 1 Due Friday 1/22 at 11:59pm
Week of 1/25/16	Sensation & Perception Learning	Chapter 6 Chapter 7	
Week of 2/1/16	Memory	Chapter 8	Quiz 2 Due Friday 2/5 at 11:59pm
Week of 2/8/16	Thinking, Language, and Intelligence Midterm on 2/12/16	Chapter 9	
Week of 2/15/16	Motivation and Emotion (No class Monday, 2/15/16)	Chapter 10	Quiz 3 Due Friday 2/19 at 11:59pm
Week of 2/22/16	Stress, Health, and Human Flourishing	Chapter 11	Paper Draft Due Sunday 2/28 at 11:59pm
Week of 2/29/16	Personality	Chapter 12	Quiz 4 Due Friday 3/4 at 11:59pm
Week of 3/7/16	Social Psychology Psychological Disorders	Chapter 13 Chapter 15	
Week of 3/14/16	Therapy Exam Review	Chapter 16	Quiz 5 Due Friday 3/18 at 11:59pm Paper Final Draft Due Sunday 3/20 at 11:59pm
Week of 3/21/16	Final Exam 3/21/16 1:30pm-3:20pm		

*The syllabus is subject to change. I will notify the class of any changes. Please check our class website for the most updated syllabus and schedule.

Class Requirements

1. Class Attendance: 25 Course Grade Points

Class attendance includes: attend class on time, being prepared to participate, and reading the assigned readings for class.

2. Quizzes: 50 Course Grade Points

Quizzes will be on the Canvas class website (see syllabus for quiz deadlines) and submitted electronically. Quizzes will be on material covered in class lectures, discussions, and readings.

3. Exams: 100 Course Grade Points Each

Exams will each consist of 50 multiple choice questions. Exams are not cumulative. There will be NO make-up exams. Please see me if this will be a problem. Study guides will be provided on the Canvas class website.

4. Paper: 100 Course Points Total

Throughout our course, you will be exposed to the breadth of psychological science. Using nine of the Princeton Review's list of top college majors, pick a major based on your interests. If your major is not in the list, choose one that is close.

1. Business
2. Nursing
3. Biology
4. Education
5. English
6. Economics
7. Communication Studies
8. Political Science
9. Computer and Information Science

For this paper, you will consider psychology's contribution to the chosen field. Using the material that we have covered, address 3 ways how the topic may be relevant in the field. Use the textbook as a reference and provide examples. Additional references are allowed (but not required). All papers should include an introduction, body, and conclusion.

Papers should be in APA 6th Edition format and 3-5 pages, not including the title page and reference page.

4a. Paper Draft #1: 25 Points

Your first draft of this paper should be submitted online on 2/28/15 and is worth 25 points. Please include at least 3 metacognitive comments (using track changes) in your draft about any issues that you came across in the paper. In addition to my comments on your paper, I will also answer your comments within the comment box through track changes.

4b. Paper Final Draft: 75 Points

Your final draft of this paper should be submitted online on 3/20/15 and is worth 75 points. Use the comments that I provided for you on your draft to improve your paper.