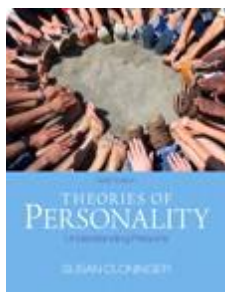


Instructor: Maggie Seibel
E-Mail: Use Canvas email for all correspondence
mseibel@bellevuecollege.edu only for emergency if Canvas is down
Phone: 425-564-2072 (Direct Line to Voice Mail)
Virtual Office Hours: 9:00am to 10:00am Mondays

Social Science Division Office Location: D110
Social Science Division Phone: 425-564-2331

Social Science Division Website:
<http://www.bellevuecollege.edu/socsci/>

REQUIRED TEXT:



Cloninger, Susan C. Theories of Personality: Understanding Persons, 6th Edition: Pearson Publishing. Any format is acceptable, including eBook, notebook, paperback, or cloth edition.

COURSE DESCRIPTION:

This study of personality theory explains how human behavior can be understood through the scientific exploration of major theorists. It will examine influential theories of personality, research methods, techniques, and advances in personality theory.

COURSE FOCUS:

Psychology 205, Theories of Personality course examines assumptions about the nature of humankind. Students will focus on psychometric techniques as well as major theories and theorists.

COURSE FORMAT:

This is an online course with all assignments and exams completed on our Canvas website. To succeed in this course, you must regularly use a computer with Internet access. If you don't have a home computer with Internet access, and you live close to campus, an open computer lab is available in N250 to all BC credit students.

<http://depts.bellevuecollege.edu/helpdesk/students/computerlabs/>

If you have questions about the course, please read the Getting Started folder on our course website first before asking your professor. Take active responsibility for your own education. You will be expected to read the weekly chapters before completing the assignments. Challenge assumptions, and consider the implications and applications of course material. Thinking deeply about the course material will not only help you remember it better – it'll make it more fun and useful now and in the future.

PREREQUISITE:

None, however Psychology 100 General Psychology is highly recommended

COURSE OBJECTIVES:

Upon completion of this course, the successful student will be able to:

1. Recognize, compare and contrast major theoretical and philosophical perspectives used to explain human nature.
2. Apply critical thinking to assumptions, claims and common sense ideas.
3. Demonstrate the application and awareness of the principles of personality to one's life.
4. Demonstrate the principles of psychological theory to enhance personal learning skills (i.e., testing, writing, oral communication, collaborative learning, etc.).
5. Identify the historical and contemporary contributions of major personality theorists.



COURSE REQUIREMENTS & GRADES:

The final grade is based on a total of 1100 points. These points are calculated as follows:		
Exams	5 x 100 points each	500 Points
Discussions	10 Individual Posts x 10 points each 10 Responses x 10 points each	100 Points 100 Points
Weekly Quizzes	4 x 10 points each 6 x 20 points each	40 Points 120 Points
Personality Measurements	9 x 20 points each	180 Points
Written Assignment	Vision Quest	60 Points
Total		1100 Points



In conformity with BC's grading policy, the grades will be assigned as follows.

A	100% – 94%	1100 – 1034 Points	C+	79% – 77%	879 – 847 Points
A-	93% – 90%	1033 – 990 Points	C	76% – 74%	846 – 814 Points
B+	89% – 87%	989 – 957 Points	C-	73% – 70%	813 – 770 Points
B	86% – 84%	956 – 924 Points	D+	69% – 67%	769 – 737 Points
B-	83% – 80%	923 – 880 Points	D	66% – 60%	736 – 660 Points
			F	59% - Below	659 – 000 Points

COURSE CONTENT:

EXAMS:

There will be five (5) exams, each worth 100 points. Each exam will cover information that is contained in the study guide. The exam format may contain multiple choice, fill-in-the-blank, or short answer questions. No exams will be available outside of the regular open exam window without written documentation. **It is expected that if you go out of town, you will find a way to access the Internet** (free Wi-Fi spots, hotel offices, public libraries, etc.) in order to take your exams during the open exam window. *There will be no comprehensive final exam.*

DISCUSSIONS:

The discussions are the heart of the course and are intended to increase your experience in a learning community as well as deepen your understanding and thinking about the subject matter. New topics and discussion questions are open all quarter. There will be ten of these discussion assignments required over the course of the quarter. Specific details on how to complete these assignments are available in the course modules.

PERSONALITY MEASUREMENTS:

Part of the study of personality is focused on how personality characteristics are measured. In each module, you will find one or more links to online personality tests that will help you understand more about the process of measurement as well as provide you with interesting information about yourself. The links to the measurements as well as instructions for the write-ups for each of these assignments will be found in the course content modules. There will be nine of these personality measurement assignments required over the course of the quarter. Specific details on how to complete these assignments are available in the course modules.

WEEKLY QUIZZES:

These short weekly quizzes are incorporated into the various chapters of the textbook and used to help integrate terms and concepts to further learning. There will be ten quizzes over the course of the quarter.

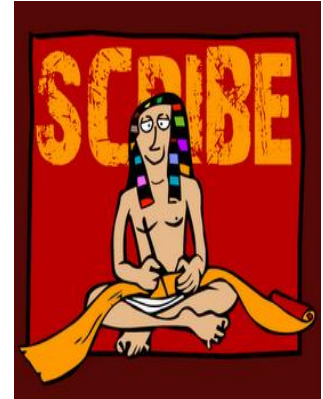


VISION QUEST ASSIGNMENT:

This exercise is designed to help you synthesize a variety of concepts related to psychology and personality theory. The assignment is based on some of the features of a traditional “vision quest” in which an individual wanders or travels on a journey seeking personal insight. After going on your own mini-quest, you will be asked to write about your insights and apply course material to the experience.

DUE DATES AND DEADLINES:

All assignments for the course will be open from the first day of the quarter, but have weekly due dates and times when work is due. ***Because of this generous and open schedule, no late work will be accepted, except under the following circumstances.*** If you are able to provide written documentation, such as a letter from your health care provider, for your need for an exception, it will be considered. It is each student’s responsibility to know the due dates and times for all assignments and make sure there is an alternate computer (public library, on campus, friend or family member) from which to complete assignments and take exams. *Computer malfunction or technical problems are not valid excuses to grant an exception to the due date.* Plan ahead. Put all due dates and exam times in your phone to help manage your time efficiently. Save your work early, often, and in multiple locations, such as the cloud, a memory stick, or another computer.



A NOTE ABOUT COURSE CONTENT:

Since Theories of Personality examines many aspects of the individual, this course will discuss some provocative material. Please be advised that when controversial topics are explored, they will be framed within an academic context. Keep in mind that finding oneself in a space outside of one’s comfort zone is an opportunity for learning. Students may be confronted with subject matter that is difficult to read about, view, or discuss. If a student has any questions or concerns about course content or climate, feel free to email me about it immediately.



Eat



Sleep



Psychology

INSTRUCTOR AVAILABILITY: As your instructor for this course, I will make every effort to answer your email questions in a timely manner. This may include answering a question in class or through Canvas, whichever is more appropriate. My goal is to respond to a question within 24 hours of receiving it Monday through Thursday between the hours of 9am and 7pm, and on Friday between 9am and noon. Outside of these times I will reply only if I happen to visit the course site.

Note that this response time is only applicable to email questions, not to graded assignments. I will also hold virtual office hours on Mondays from 9:00am to 10:00am. Instructions for participating in online office hours is available in the Getting Started folder.

EMAIL COMMUNICATION:

All email communication must be done through the Canvas learning system during the quarter. My regular BC email is only in the event of an emergency when Canvas is down. No communication regarding course work or grades will be sent to student’s personal non-Bellevue College email accounts.

ADVISING:

The Psychology Department has an in-house advisor, Deanne Eschbach, located in D110C. Call 425-564-2216 or 425-564-2212 for personal appointment.



TIPS FOR SUCCESS IN THIS COURSE:

- 1. Log onto our Canvas site every day:** In order to complete the weekly assignments and be informed about any changes to the schedule, assignments, and other information about the course it will be necessary for you to check Canvas course website regularly.
- 2. Read the Textbook:** Reading the course textbook as well as assigned readings/articles will be essential for understanding the course material. It will also give you the opportunity to experience the material in a different media. It will be assumed that you have completed the readings before completing the discussions and case studies so that you will be able discuss and reference the material that you have read.

3. Manage Your Time Efficiently: Do not wait until the last minute to start an assignment. Even though all assignments are open for the entire quarter, each assignment has a weekly due date. Starting your work early allows you to spend the appropriate amount of time on the assignment, and it allows you to contact the instructor if you have any questions. Plan ahead. Save your work early, often, and in multiple locations. Submit proofread work only.

4. Talk with me: I will be available for virtual office hours every Monday from 9:00am to 10:00am. You can also send me an email through our Canvas website where we can correspond or set up a private chat on our site.

STUDENTS WHO REQUIRE DISABILITY ACCOMMODATIONS:

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact the DRC as soon as possible. The DRC office is located in B132. Their reception desk can be contacted by calling 425-564-2498 or TTY 425-564-4110. Information is also available on their website at <http://www.bellevuecollege.edu/drc>

SAFE SPACE:

This class is a Safe Space for all students. Lesbian, gay, bisexual, questioning, queer-identified, and transgendered students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this classroom and encouraged to share your thoughts and be an integral part of this course. If a student has any questions or concerns about this, feel free to email me about it immediately. **All are welcome in this class!**

WITHDRAWAL FROM CLASS:

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter during the standard academic year (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course. Check Enrollment Calendar Deadlines, Refunds/Withdrawals, for additional details. As with most enrollment deadlines, it is the student's responsibility to be aware of these dates and act accordingly.



AFFIRMATION OF INCLUSION:

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect. As such, our classroom is a Safe Space where your individuality is welcome. Lesbian, gay, bisexual, questioning, queer-identified, and transgendered students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this course and I will defend your right to be yourself in the spirit of learning and in an environment of mutual respect. For more information, visit: <http://www.bellevuecollege.edu/about/goals/inclusion.asp>

INCOMPLETE:

If a student fails to complete all the required work for the course, the instructor may assign the grade of Incomplete ("I"). You must contact the instructor before grades are assigned to be considered for this exception and you must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

HARDSHIP WITHDRAWAL:

HW indicates a withdrawal request made because of extenuating circumstances after the official withdrawal period is over. You must contact me directly to request this withdrawal option, and you must provide documented proof of the need for this exception. Also be aware that a hardship withdrawal cannot be used as an option to avoid receiving a failing grade for the course.

STUDENT SUPPORT SERVICES:

Submit proofread work only. If you need help with your writing, please make use of the following student support services:

- Academic Success Center: <http://bellevuecollege.edu/academicsuccess/>
- Academic Tutoring Center: <http://bellevuecollege.edu/tutoring/>
- TRiO Student Support Services: <http://bellevuecollege.edu/TRiO/>
- Bellevue College Writing Lab: <http://bellevuecollege.edu/writinglab/>



LIBRARY MEDIA CENTER:

You are strongly encouraged to use the resources of the Library Media Center, whether in person or via the web. Talk to a Reference Librarian at the Library (D-126), by calling 425-564-6161, or by email at reference@bellevuecollege.edu.

- Main Library Media Center: <http://bellevuecollege.edu/lmc/>
- For the LMC online catalog: <http://bellevuecollege.edu/lmc/catalogs.html>
- For article databases: <http://bellevuecollege.edu/lmc/periodicals.html>



PUBLIC SAFETY:

The Bellevue College Public Safety Department's well-trained and courteous non-commissioned staff provides personal safety, security, crime prevention, preliminary investigations, and other services to the campus community, 24 hours per day and seven days per week, whether in person or via the web. Their phone number is 425-564-2400. The Public Safety website is your one-stop resource for campus emergency preparedness information, campus closure announcements, and critical information in the event of an emergency. The Public Safety office is located in K100 and on the web at: <http://www.bellevuecollege.edu/publicsafety/>

CAMPUS CLOSURES:

To get announcements of campus closures:

- Receive email and text messages through the BC Alert System (sign up at <http://bellevuecollege.edu/alerts/>).
- Visit www.SchoolReport.org or subscribe to their emergency email and text message service.
- Call BC's emergency information line: 425-401-6680.
- Check the BC home page (<http://bellevuecollege.edu>) for a link to the BC emergency information website, or access that page directly at <http://bellevuecollege.edu/publicsafety/>

PLAGIARISM AND OTHER CONDUCT POLICIES:

Plagiarism is a form of academic dishonesty that occurs when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

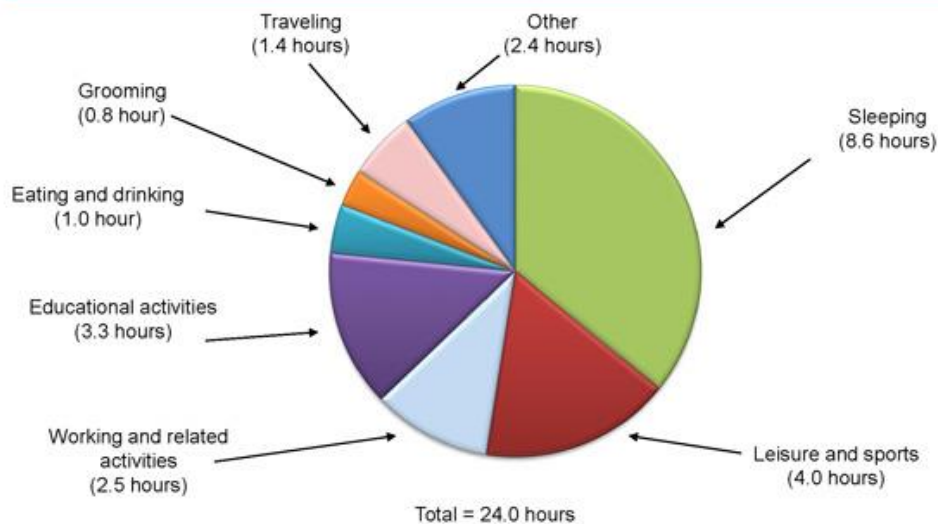
- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your professors. This may also be considered academic dishonesty.

CONSEQUENCES: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

Cheating, stealing, plagiarizing, and inappropriate or disruptive online classroom behavior are violations of the Student Code of Conduct at Bellevue College. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.



Time use on an average weekday for full-time university and college students



NOTE: Data include individuals, ages 15 to 49, who were enrolled full time at a university or college. Data include non-holiday weekdays and are averages for 2009 -13.

SOURCE: Bureau of Labor Statistics, American Time Use Survey

Psychology 205 Theories of Personality
Item 5439 Section: OAS
Winter Quarter 2016
Course Schedule

Week:

Textbook Chapters & Activities:

<p><i>Module 1 Week 1</i> Monday, January 4 to Sunday, January 10</p>		
<p>Monday, January 4, midnight Wednesday, January 6, 10:00pm Sunday, January 10, 8:00am</p>	<p>Quarter Begins Chapter 1 Discussion #1, Pt 1 Due Quiz 1 Opens</p>	<p>Syllabus & Schedule Review Introduction to Personality Theory Personal Introduction Part 1 Due – <i>Getting to Know You</i> Chapter 1</p>
<p><i>Module 1 Week 2:</i> Monday, January 11 to Sunday, January 17</p>		
<p>Monday, January 11, 8:00am Monday, January 11, 10:00pm Wednesday, January 13, 10:00pm Sunday, January 17, 8:00am</p>	<p>Chapter 2 Chapter 3 Discussion #1 Pt 2 Due PM #1 Due Quiz #1 Due Discussion #2 Pt 1 Due Quiz #2 Opens</p>	<p>Freud: Classical Psychoanalysis Jung: Analytical Psychology Personal Introduction – <i>Getting to Know You</i> Personality Measurement – <i>Hopeless Romantic</i> Chapter 1 Discussion – <i>Was Freud Right?</i> Chapters 2 & 3</p>
<p><i>Module 2 Week 3:</i> Monday, January 18 to Sunday, January 24</p>		
<p>Monday, January 18 - No Classes Tuesday, January 19, 8:00am Tuesday, January 19, 10:00pm Wednesday, January 20, 10:00pm Sunday, January 24, 8:00am</p>	<p>Chapter 4 Discussion #2 Pt 2 Due PM #2 Due Quiz #2 Due Discussion #3 Pt 1 Due Quiz #3 Opens Exam 1 Opens</p>	<p>Adler: Individual Psychology Discussion – <i>Was Freud Right?</i> Personality Measurement – <i>Creative Problem-Solving Test</i> Chapters 2 & 3 Discussion – <i>Early Memories</i> Chapter 4 Chapters 1, 2, & 3</p>
<p><i>Module 2 Week 4:</i> Monday, January 25 to Sunday, January 31</p>		
<p>Monday, January 24, 8:00am Monday, January 24, 10:00pm Wednesday, January 27, 10:00pm Sunday, January 31, 8:00am</p>	<p>Chapter 5 Chapter 6 Discussion #3 Pt 2 Due PM #3 Due Quiz #3 Due Exam 1 Closes Discussion #4, Pt 1 Due Quiz #4 Opens</p>	<p>Erikson: Psychosocial Development Horney and Relational Theory: Interpersonal Psychoanalytic Theory Discussion – <i>Early Memories</i> Personality Measurement – <i>Anxiety Test</i> Chapter 4 Chapters 1, 2, & 3 Discussion – <i>It's All So Perfect</i> Chapters 5 & 6</p>
<p><i>Module 3 Week 5:</i> Monday, February 1 to Sunday, February 7</p>		
<p>Monday, February 1, 8:00am Monday, February 1, 10:00pm Wednesday, February 3, 10:00pm Sunday, February 7, 8:00am</p>	<p>Chapter 7 Discussion #4, Pt 2 Due PM #4 Due Quiz #4 Due Discussion #5, Pt 1 Due Quiz #5 Opens Exam 2 Opens</p>	<p>Allport: Personological Trait Theory Discussion – <i>It's All So Perfect</i> Personality Measurement Due – <i>Paranormal Beliefs Test</i> Chapters 5 & 6 Discussion – <i>Religion and Prejudice</i> Chapter 7 Chapters 4, 5, & 6</p>

Week:**Textbook Chapters & Activities:**

Module 3 Week 6:

Monday, February 8 to

Sunday, February 14

Thursday, February 11 - No Classes

Chapter 8

Two Factor Analytic Trait Theories: Cattell's 16 Factor Theory and the Big Five

Chapter 9

Biological Theories: Evolution, Genetics, and Biological Factor Theories

Monday, February 8, 8:00am Discussion #5, Pt 2 Due
PM #5 Due

Discussion – Religion and Prejudice

Monday, February 8, 10:00pm Quiz #5 Due

Personality Measurement Due – *The Big Personality Test***Exam 2 Closes**

Chapter 7

Chapters 4, 5, & 6

Wednesday, February 10, 10:00pm Discussion #6, Pt 1 Due

Discussion – *What am I Doing Here?*

Sunday, February 14, 8:00am Quiz #6 Opens

Chapter 8 & 9

Module 4 Week 7:

Monday, February 15 to

Sunday, February 21

Monday, February 15 - No Classes

Chapter 10

The Challenge of Behaviorism: Dollard and Miller, Skinner, and Staats

Chapter 11

Kelly: Personal Construct Theory

Tuesday, February 16, 8:00am Discussion #6, Pt 2 Due
PM #6 Due

Discussion – What am I Doing Here?

Tuesday, February 16, 10:00pm Quiz #6 Due

Personality Measurement – *Sensitivity to Criticism Test*

Wednesday, February 17, 10:00pm Discussion #7, Pt 1 Due

Chapters 8 & 9

Sunday, February 21, 8:00am Quiz #7 Opens

Discussion – *The Born-Again Criminal***Exam 3 Opens**

Chapter 10 & 11

Chapters 7, 8, & 9

Module 4 Week 8:

Monday, February 22 to

Sunday, February 28

Chapter 12

Mischel: Traits in Cognitive Social Learning Theory

Chapter 13

Bandura: Performance in Cognitive Social Learning Theory

Monday, February 22, 8:00am Discussion #7, Pt 2 Due
PM #7 Due

Discussion – The Born-Again Criminal

Monday, February 22, 10:00pm Quiz #7 Due

Personality Measurement – *Perfectionism Test*

Wednesday, February 24, 10:00pm Discussion #8, Pt 1 Due

Chapters 10 & 11

Chapters 7, 8, & 9

Sunday, February 28, 8:00am Quiz #8 Opens

Discussion – *I Can Do This...Maybe*

Chapters 12 & 13

Module 5 Week 9:

Monday, February 29 to

Sunday, March 6

Chapter 14

Rogers: Person-Centered Theory

Chapter 15

Maslow and His Legacy: Need Hierarchy Theory

Monday, February 29, 8:00am Discussion #8, Pt 2 Due
PM #8 Due

Discussion – I Can Do This...Maybe

Monday, February 29, 10:00pm Quiz #8 Due

Personality Measurement – *Impostor Syndrome Test*

Wednesday, March 2, 10:00pm Discussion #9, Pt 1 Due

Chapters 12 & 13

Sunday, March 6, 8:00am Quiz #9 Opens

Discussion – *You Are Loved*

Chapters 14 & 15

Exam 4 Opens**Chapters 10, 11, 12, & 13**

Module 5 Week 10:

Monday, March 7 to

Sunday, March 13

Tuesday, March 8 - No Classes

Chapter 16

Buddhist Psychology: Lessons from Eastern Culture

Chapter 17

Conclusion

Monday, March 7, 8:00am Assignment Due
Discussion #9
PM #9Paper Due - *Vision Quest*

Monday, March 7, 10:00pm Quiz #9 Due

Discussion Part 2 Due - *You Are Loved Closes*Personality Measurement Due – *Egoism/Altruism Test*

Wednesday, March 9, 10:00pm Discussion #10

Chapters 14 & 15

Chapters 10, 11, 12, & 13Discussion Part 1 Due - *Medication vs. Meditation*

Week:**Textbook Chapters & Activities:***Module 5 Week 11:**Monday, March 14 to
Sunday, March 20*

Monday, March 14, 8:00am	Discussion #10, Pt 2 Due	Discussion – Medication vs. Meditation
	Fun Discussion Opens	Fun Discussion – A Fond Farewell (Not Graded)
Monday, March 14, 10:00pm	Quiz #10 Due	Chapter 16

*Finals Week:**March 21, 22, & 23*

Sunday, March 20, 8:00am	Exam 5 Opens	Chapters 14, 15, 16, & 17
Monday, March 21, 10:00pm	Exam 5 Closes	
	Fun Discussion Closes	Fun Discussion – A Fond Farewell (Not Graded)
Thursday, March 24, 11:59pm		End of Winter Quarter