

Anthropology 235: Cross-Cultural Medicine

Instructor:

Name:	Anthony Tessandori, M.A.
Office:	D110H
Office Hours:	M/W – 12:30 – 1:30, T/Th/F 9:30 – 10:20
Telephone:	425-564-4188
Email:	Tony.tessandori@bellevuecollege.edu

Meeting Times & Locations

Tuesday/Thursday	10:30 – 12:20 in B120
Final	3/19 – 9:30 – 11:20

Course Overview:

Anthropology is the holistic study of humans. We combine methods, theories, and data from natural sciences, social sciences and humanities to examine human experience in the broadest framework possible. Anthropology courses explore human biology, origins, prehistory, cultural diversity, and religious experience. Students in anthropology courses acquire basic skills in critical thinking, oral and written communication, quantitative reasoning, group interaction, and cultural diversity.

Content for Anthropology 235: Cross Cultural Medicine

This course offers students a holistic and cross-cultural overview of cultural and social influences on disease and health care. It examines the role of social and cultural factors in influencing the type and frequency of disease, the way people define and explain disease as well as health. It will also explore the way people adapt to changing environments, and the manner in which people respond and relate to the delivery of modern medicine. We will also examine the application of evolutionary principles to the realm of public health and disease control.

At the conclusion this class you will be able to:

- Define the role of medical anthropology in cross-cultural studies of health and outline methods of study for cross-cultural health practices
- Compare and contrast cross-culturally the definition of health, sickness and healing and the role of health practitioners
- Analyze the relationship between biology, culture and social factors and their influences on health
- Explain cultural adaptations to changing environments and how these variable impacts health
- Critique global cultural and social patterns that affect epidemiology

General Education Requirements

Big Three: Connections – Cultural Diversity	3
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Student Responsibilities

To make the most out of the educational opportunities in this class, you need to take an active and energetic role in your own learning process. Success can best be achieved by completing the following student responsibilities.

- Complete all reading assignments before class on the day assigned.
- Participate actively in each discussion activity. We cannot reproduce a classroom level discussion so no make-up discussions are available. Absences will have a negative impact on your grade.
- Take advantage of extra credit opportunities.
- Use the instructor's office hours for questions.

Textbook Requirements

- **Text: "Exploring Medical Anthropology" (2010) by Donald Joralemon, Publisher - Prentice Hall (Required)**

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- **“The Spirit Catches You and You Fall Down” (1998) by Anne Fadiman, Publisher - Farrar, Straus and Giroux (Required)**
- **“Mountains Beyond Mountains” (2003) by Tracy Kidder, Publisher - Random House (Required)**

Other things you will need

- **A package of 3 x5 cards (you can share these with several other students).**

Evaluation

Student evaluation centers upon successful mastery of the course content.

Final grades will be based upon the following set of assignments and point distributions.

- Ethnography of an Illness Project (Presentation): 250 pts.
- “Mountains beyond Mountains” reading: 150 pts.
- “The Spirit Catches You and You Fall Down” reading: 150 pts.
- Quizzes (2 @ 50 pts. ea.): 100 pts.

Medical Ethnographic Project Journal and Presentation

Part of understanding and developing a sense for the difference between perception and reality of an illness incident is to learn someone’s story. The Medical Ethnographic Project will give you the opportunity to study an actual case of illness and various perspectives around it. For this project you will interview a person with an illness, or someone whom has had an illness. When I say illness I do not mean an everyday illness (Colds, Flues, Allergies...). We are looking for conditions that have the potential to alter someone’s life. As a second step you will also interview a person involved in the “ill” person’s life. This will provide you with another perspective of the illness.

There are two steps to this project: You will keep a journal of your experiences. I expect this journal be a week by week when not actively conducting interviews and occasionally day by day when interviewing and analyzing data.

The second step is a presentation. You will put together a 15 to 20 minute presentation on the illness event you studied. You need to discuss the both the insiders (emic) and the outsiders (etic) perspectives. A more detail explanation will be handed out in class. The presentations will occur during the week of class and finals week. All students are required to attend all student presentations. Students missing presentations will lose points.

“Mountains” and “The Spirit Catches You and You Fall Down” reading

To expand your knowledge and broaden the scope of you medical anthropological perspective we will be reading two books.

The first is **“Mountains Beyond Mountains” by Tracy Kidder.** This book presents a real world case of the issues we will discuss in class as you see how medical anthropology can be the foundation for major change in the world.

The second book is call **“The Spirit Catches You and You Fall Down.”** This is a medical anthropological case study on the intersection between two culture’s understandings about health, sickness and healing.

You will answer detailed questions about these books that I will provide for you on the class Canvas site and we will conduct weekly in-class discussions about important elements of these books.

There may also be article readings and book passage reading I will provide for you throughout the quarter.

Quizzes

There will be two 50 point quizzes this quarter. There will be one at the mid-point of the quarter and one near the end. The material covered will correspond to the material covered in the sections prior to the quiz. The second quiz will not be cumulative.

Grading Scale

Your final grade will be based upon the accumulation of points using the table below. Points shown indicate the lowest for each given grade.

Grade & Percentage	Point Value
A = 92-100%	(598-650 pts)
A- = 90-91%	(585-597 pts)
B+ = 88-89%	(572-584 pts)
B = 82-87%	(533-571 pts)
B- = 80-81%	(520-532 pts)
C+ = 78-79%	(507-519 pts)

C = 72-77%	(468-506 pts)
C- = 70-71%	(455-467 pts)
D+ = 68-69%	(442-454 pts)
D = 50%-67%	(325-441 pts)
F = <50%	(<325 pts)

Academic Integrity and Safe Zone

This class is designed to explore and discuss controversial issues. Sometimes these issues evoke emotional or personal responses. It is important for students to be able to speak their minds without worrying about ridicule, demeaning remarks, or hurtful statements. Any occurrences of such comments will be dealt with immediately.

Cheating and plagiarism will not be accepted. Proper citation of ideas, concepts and quotes that are not your own is required. Cheating and plagiarism will result in a zero score on that assignment and will be reported to the Vice President of Student Services for disciplinary action.

Computer and Cell Phone Policy

If you choose to take lecture notes on a computer you are free to do so. You are not permitted to email, Facebook or any other non-class related computer activity. You may want to check the web for more information about a topic we are discussing, please resist this temptation because it can be distracting to other students. Please be aware that I know when you are doing something other than taking notes during lectures. The same is true for texting...You cannot hide it. Please refrain from this as well, improper computer use and texting during lecture can be highly distracting to other students and can negatively affect the learning environment. **I reserve the right to restrict or deny computer and cell phone usage in this class.**

Course Schedule

Week	Date	Text	"Mountains" and "Spirit"	Lecture topic
Week 1	1/3	Text: Chapter 1 and 2	Mountains – Part 1 "Dokte Paul" 1- 44	<ul style="list-style-type: none"> Introduction to course Ethnographic methods – Interviewing
Week 2	1/8 & 1/10	Text: Chapter 3	Mountains – Part 2 "The Tin Roofs of Cange" 45-122	<ul style="list-style-type: none"> System of Medicine Disease 'vs' Illness - Signs 'vs' Symptoms
Week 3	1/15 & 1/17	Text: Chapter 4	Mountains – Part 3 "Medicos Adventureros" 123-178	<ul style="list-style-type: none"> Disease Causation and Treatment Symbolic Healing and Harming
Week 4	1/22 & 1/24	Text: Chapter 5	Mountains – Part 4 "A Light Month for Travel" 179 - 238	<ul style="list-style-type: none"> The Cultural Construction of Disease Culturally bound syndromes
Week 5	1/29 & 1/31	Text: Chapter 6 and 7 Quiz 1	Mountains – Part 5 "O for the P" 239 - 298	<ul style="list-style-type: none"> Meaning, Medicine, and Illness Institution(s) of Medicine
Week 6	2/5 & 2/7	Text: Chapter 8	Spirit – Part 1 Chapter 1 – Chapter 4	<ul style="list-style-type: none"> Health in the Larger Social Context Stigmatized Conditions
Week 7	2/12 & 2/14	Chapter 11 and 12	Spirit – Part 2 Chapter 5 – Chapter 7	<ul style="list-style-type: none"> Construction of Illness The Challenge of Chronic Illness
Week 8	2/19& 2/21	Text: Chapter 9	Spirit – Part 3 Chapter 8 – Chapter 10	<ul style="list-style-type: none"> Darwinian Medicine
Week 9	2/26 & 2/28	Text: Chapter 10	Spirit – Part 4 Chapter 11 – Chapter 13	<ul style="list-style-type: none"> Life History and Fetal Origins
Week 10	3/5 & 3/7	Quiz 2	Spirit – Part 5 Chapter 14 – Chapter 16	<ul style="list-style-type: none"> Buffer
Week 11	3/12 & 3/14		Spirit – Part 6 Chapter 17 – Chapter 19	<ul style="list-style-type: none"> Ethnography of a disease presentations
Finals	3/19	9:30 – 11:20		<ul style="list-style-type: none"> Ethnography of a disease presentations

MY SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 AM					
9:00 AM					
9:30 AM		Office Hours		Office Hours	Lab Office hour
10:00 AM		9:30 - 10:20		9:30 - 10:20	9:30 - 10:20
10:30 AM					
11:00 AM	Anth&215 A	Anth&235	Anth&215 A	Anth&235	Anth&215A
11:30 AM	10:30 - 12:20	10:30 - 12:20	10:30 - 12:20	10:30 - 12:20	10:30 - 12:20
12:00 PM	B120	B120	B120	B120	B120
12:30 PM	Office Hours		Office Hours		
1:00 PM	12:30 - 1:30		12:30 - 1:30		
1:30 PM	D110K		D110K		
2:00 PM		off campus		off campus	
2:30 PM					
3:00 PM					

Finals Schedule

Daily or M/W or M/W/F :	Exam Day	Exam Time
7:30	Mon., 3/18	7:30-9:20
8:30	Wed., 3/20	7:30-9:20
9:30	Mon., 3/18	9:30-11:20
10:30	Wed., 3/20	9:30-11:20
11:30	Mon., 3/18	11:30 -1:20
12:30	Wed., 3/20	11:30 -1:20
1:30	Mon., 3/18	1:30-3:20
2:30 or 3:00	Wed., 3/20	1:30-3:20
3:30	Mon., 3/18	3:30-5:20
4:30	Wed., 3/20	3:30-5:20

T/Th or T/Th/F:	Exam Day	Exam Time
7:30 or 8:30	Tue., 3/19	7:30-9:20
9:30 or 10:30	Tue., 3/19	9:30-11:20
11:30 or 12:30	Tue., 3/19	11:30 -1:20
1:30 or 2:30	Tue., 3/19	1:30-3:20
3:00, 3:30 or 4:30	Tue., 3/19	3:30-5:20

SNOW DAYS or other non-schedule class cancelations

The possibility is always there that class will be cancelled unexpectedly. In the case that class is cancelled, I will post information on MyBC. This will include lecture material, assignments and handouts. It is your responsibility to check this in a timely manner before the next class session. Material provided in this way will be covered as a review in class but may not be lectured on in detail.

WHAT COURSES IN ANTHROPOLOGY ARE OFFERED AT BC?

There is a general introductory class (Survey of Anthropology) which highlights all four sub-disciplines of anthropology. BC offers in-depth courses in Anthropology which I encourage you to take: archaeology (Great Discoveries in Archaeology; Archaeology; Ancient North America; Incas & Their Ancestors; Aztecs, Mayas, & Their Ancestors), biological anthropology (Biological Anthropology; Bioanthropology with Lab; Cross-cultural Medicine; Forensic Anthropology), cultural anthropology (Food, Drink, & Culture; American Life & Culture; Cultural Anthropology; Sex, Gender, & Culture; Environment & Culture; REEL Culture; Religion & Culture) and linguistics (Language, Culture, & Society). Check BC's Course Catalogue for a full description of each course. We will also be offering several special topics courses spanning the discipline. Topics may include Primatology, Experimental Archaeology, Anthropology of Immigration and Scandinavian Culture. There are no prerequisites for any of these courses and they fulfill degree requirements. Different formats (on campus, on-line, hybrid) are offered. Stop by and visit the Social Science Advisor, Deanne Eschbach, in Room D110, for free professional planning and advising, or contact Anthropology Prof. Tony Tessandori (tony.tessandori@bellevuecollege.edu) to learn more about majoring in anthropology.

Tentative Anthropology course listings for Spring 2013

		On campus	Online
ANTH&100	Survey of Anthropology	X	X
ANTH 108	Food, Drink and Culture	X	
ANTH 180	American Life and Culture	X	X
ANTH& 204	Archaeology	X	
ANTH& 205	Biological Anthropology		X
ANTH& 206	Cultural Anthropology	X	X
ANTH 208	Language, Culture and ,Society	X	
ANTH&215	Bioanthropology with Lab	X	X
ANTH 228	Sociolinguistics	X	
ANTH 196	Special Topic: Anthropology of Sport	X	
ANTH 298	Anthropology Seminar: Research Methods		

WOULD YOU LIKE TO JOIN THE WEIRD ANTHROPOLOGY CLUB

Anthropologists can and do study just about anything. In our classes, you will learn about some of the usual topics...Join the club and find out about the other stuff. The mission of **THE SOCIETY OF STUDENT ANTHROPOLOGISTS @ BC** is to explore topics that other groups do not cover. You can expect to investigate topics from Bigfoot to indigenous hunting techniques and everything else in between. We also continually contribute to a Heifer International Fund. Please contact Anthropology Professor Tony Tessandori, club advisor, if you are interested in joining other budding anthropologists in their pursuit of understanding humanity. (tony.tessandori@bellevuecollege.edu) ALSO see our Facebook page [Society of Student Anthropologists at BC](#).

ARE YOU INTERESTED IN EARNING A CONCENTRATION IN ANTHROPOLOGY, ALONG WITH YOUR DEGREE?

In addition to earning an AAS degree, you can take 20 credits of required courses to earn a concentration in Anthropology. These four courses provide the basic foundation of Anthropology and represent the 4-field approach of American Anthropology. All of them are offered on campus and on-line.

ANTH& 204 – Archaeology (5 credits of Social Science)

ANTH 208 – Language, Culture, & Society (5 credits of Humanities or Social Science)

ANTH& 206 – Cultural Anthropology (5 credits of Social Science)

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ANTH& 215 – BioAnthropology with Lab (6 credit of Lab Science) **or** ANTH& 205 – Biological Anthropology (5 credit of natural science)

Message from the chair

The Anthropology Department consists of a group of dedicated educators. We all want our students to learn and grow as they progress through their educations. We all are passionate about our fields of study and believe that what we have to say is important. We all feel that it is important that you come to class and take part in the learning process. We also know that life happens outside of our classrooms and missing class is sometime unavoidable. In order for all of us to work together an open dialog between students and instructors is key. Most often an understanding can be reached when outside situation arise. If at any time during the quarter you find that you are having concerns with the way a situation is being handled there are some steps to be followed. First you should talk direct to the instructor ask for clarification or further explanation. If you feel you are not getting the results you require, contact me (Anthony Tessandori, Department Chair) at tony.tessandori@bellevuecollege.edu. I will do what I can to help resolve any issues. If I am unable to help alleviate your concerns, you should contact the Interim Dean of Social Science (Virginia Bridwell) at Virginia.bridwell@bellevuecollege.edu

I look forward to the coming quarter and I hope to speak to each of you about the possibilities anthropology has to offer.

Have a great quarter

Tony Tessandori

Anthropology Paper Usage Policy

In an attempt to conserve resources the Anthropology Department has implemented a paper use reduction policy. We will use MyBC to post materials required for class (i.e. readings, activities, the complete syllabus...). When necessary we will make copies for class, but this will be when posting is not an option. You are not expected to print all materials. When we think it would be beneficial to print materials we will inform you of this. but will not require it. We know that it is not always convenient and understand that we all must make changes to attain a sustainable life style.

EXPLORE THE LMC! The Library Media Center is at your fingertips! I *strongly* encourage you to visit the LMC at least this quarter, but you can also access it via the web. Talk to a Reference Librarian at the Library (D-126), by calling (425) 564-6161, or by email: reference@bellevuecollege.edu.

- **Main Library Media Center:** <http://bellevuecollege.edu/lmc/>
- **For the LMC online catalog:** <http://bellevuecollege.edu/lmc/catalogs.html>
- **For article databases:** <http://bellevuecollege.edu/lmc/periodicals.html>

For all of your written work: Submit proofread work **only**. Work not proofread will be returned **once** for a rewrite, expected to be handed in within 48 hours. If you need help with your writing, please make use of the following student support services:

- Academic Success Center: <http://bellevuecollege.edu/academicsuccess/>
- Academic Tutoring Center: <http://bellevuecollege.edu/tutoring/>
- TRiO Student Support Services: <http://bellevuecollege.edu/TRiO/>
- Writing Lab @ BCC: <http://bellevuecollege.edu/writinglab/>

The MyBC website for this class: got to www.bellevuecollege.edu.

Click on MyBC link at the top of the page. Sign in and click on Class website link. There you will find course documents – which is where you will find the needed materials for this class.

Preventing Plagiarism: Plagiarism is a form of academic dishonesty occurring when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your professors. This may also be considered academic dishonesty.
- f. Consequences: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION

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Cheating, Stealing and Plagiarizing*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services and at [http://bellevuecollege.edu/policies/2/2050P_Student_Code_\(Procedures\).asp](http://bellevuecollege.edu/policies/2/2050P_Student_Code_(Procedures).asp)

Email Communication with instructors must be done through student email accounts only. Instructors cannot communicate with students about their course work or grades through student's personal email accounts.

Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

F Grade

Students who fail a course will receive a letter grade of "F."

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Final Examination Schedule

The Social Science Division will adhere to the final examination schedule as stated in the BC Schedule. Final examinations will be held at the end of each quarter at fixed times. Instructors will not give examinations in advance of the regular schedule. A student who is absent from any examination held at any time during the quarter may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be present at any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

Withdrawal From Class

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

Hardship Withdrawal

Instructors may assign the grade of "HW" (hardship withdrawal) at their discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances. Students may also contact the Enrollment Services office BEFORE grades are assigned in cases of hardship.

Students Who Require Disability Accommodations:

Students with disabilities who have accommodation needs are encouraged to meet with the Disability Resource Centre (DRC) office located in B132 (telephone 425.564.2498 or TTY 425.564.4110), to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter. Students who require accommodation in class should review the DRC accommodation letter with each instructor during the first week of the quarter.

Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with Disability Resource Centre, and review those needs with the instructor as well.

Distribution of Grades

Grades will not be posted in the Social Science Division or in faculty offices, and program assistants or coordinators will not give out grades. Students should access their grades through the BC Web site.

Return of Papers and Tests

Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if student supplies the instructor with stamped, self-addressed envelope (with appropriate postage); or by the instructor designating a time and place whereby the student may retrieve his/her papers. Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.

**If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Dean of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.*

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Syllabus Agreement and quiz

By signing this sheet and returning it to class by 1/8, I affirm that I have read and understand the requirements of Anth 235: Cross Cultural Medicine (Winter 2013) set forth in the Syllabus Document posted to the class website. If I do not return this form I understand I am still subject to the requirements of the course.

Name (printed): _____

Signature: _____

Date: _____

1. How many Exams and Quizzes are this schedule in this course?
2. Where is your Instructor's office located and when are my office hours?
3. What is the name of the two non-text books we will be reading ?
4. What is the name of the Anthropology club here at BC?