PSYC 200: Lifespan Psychology Syllabus, Spring 2016

Course Time: Tues/Thurs 8:30AM -10:20AM **Professor:** Rika Meyer, Ph.D.

E-mail: rika.meyer@bellevuecollege.edu **Credits:** 5 Credits Office Hours: Thurs 10:30am-12:15pm/By appointment Course Location: A138

Office Location: D200A

COURSE DESCRIPTION

This course presents an overview of human growth and development from prenatal stages to old age. Theories, facts, principles, developmental processes, and empirical research will be explored during the course. Physical, cognitive, social, and emotional development for all age groups will be presented. Students in this course will experience a variety of learning experiences, including, but not limited to, presentations by lecture, in-class learning activities, written assignments, and active group discussions.

*Hybrid course: Students are required to work for minimum 5 hours ONLINE each week to complete assignments.

COURSE OBJECTIVES

After completing this class, students should be able to:

- 1. Demonstrate a basic understanding of issues in the scientific study of human development across the lifespan, from conception through death, through the interaction of biological, psychological, and social aspects of human development across the lifespan.
- 2. Gain general knowledge of some of the most famous theorists in developmental psychology, including Piaget, Freud, Ainsworth, Kohlberg, Bronfenbrenner, Vygotsky, Arnett, and Erikson.
- 3. Relate course materials to a personal perspective on human developmental experiences, as well as learn how to test theories using qualitative and quantitative research methods.
- 4. Students will be able to identify and critically reflect on the variability and diversity of developmental pathways, and their own embeddedness in social, cultural, and political contexts.
- 5. Apply knowledge of cross-cultural research to developmental differences across the life span.
- 6. Develop skills in communicating using oral and written materials to discuss topics related to human developmental patterns, socialization, and aging.

Required Text

Arnett, J. (2015). Human Development: A Cultural Approach (2nd Ed). San Francisco, CA: Pearson. ISBN-13 9780133939163

REVEL: You are required to purchase the **REVEL** version of **Arnett**, *Human Development: A Cultural* Approach, 2e for this course. I will assign reading, writing, and other homework activities in REVEL.

You can purchase the text from MyPearsonStore with Free Standard Shipping, and get the 3-hole punch book w/REVEL access for \$99.27.

http://www.mypearsonstore.com/bookstore/human-development-a-cultural-approach-books-a-la-carte-9780134138374

Follow these steps to get started or watch a short video

(www.pearsonhighered.com/revel/students/registration) on how to register for REVEL:

You will create a Pearson account to access REVEL. After you verify your email address, you will click on "Join Course" and then you will be prompted to buy an access code, enter an access code, or start a 14-day free trial. At the end of 14 days, you will receive another email with some purchase options. You can contact Melanie Banfield (melanie.banfield@pearson.com), our Pearson rep if you have any trouble or questions while going through these steps. Once you have access to Revel, you will use the website to complete daily readings and quizzes.

1. Enter your Course Invite Link in your web browser. Please use a recommended browser like Google Chrome, FireFox, or Safari.

COURSE INVITE LINK: https://console.pearson.com/enrollment/begmdu

- 2. If you already have a Username and Password for another Pearson technology (i.e. MyMathLab), go ahead and sign in. If you do not have one, you'll need to create one using a valid email that you check regularly, like your school email address. Once you've signed in or created your Pearson Account, you'll immediately be directed to your REVEL account. Here you'll see your course appear.
- 3. To access REVEL throughout the semester log onto http://console.pearson.com. Make sure to bookmark this URL and NOT the course invite link. Remember to always use the same username and password to logon.

If you encounter any issues, support materials are available at www.pearsonhighered.com/revel/students/support/index.html, including a call in number: 855-875-1801.

Access to a computer or mobile electronic device (tablet or smartphone) with internet access is required to complete your REVEL assignments. Please let me know if you need information on computers available for use on campus.

Attendance/Participation

It is *required* that you come to class and participate accordingly. The material covered in class (in addition to what is provided in the text) will aid you in preparing for the exams and assignments. Therefore, please come to class prepared and ready to participate. This means reading the assigned material beforehand as well as being prepared to discuss and ask questions.

Class Website

We have a Canvas class website for our class. Given that this is a hybrid course, a portion of our class will be conducted online through this website. Please be sure to check the site regularly since I will use the site to post important class resources, your grades, and announcements. Lecture slides will be available the Sunday before the week starts on Canvas.

Contacting Me

I am here to help each of you excel in this class. Therefore, I am always free for questions about class, psychology, research, etc. If you cannot attend my office hours, I can meet with you by appointment. I check my email several times a day, so that is the best way to contact me. I will respond to your email within 24 hours of your sent email. Please put "PSYC 200" in your subject line of your email so that I can keep track of class emails. If I do not reply in time, please send the email again.

Special Needs

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact us as soon as possible.

If you are a person who requires assistance in case of an emergency situation, such as a fire, earthquake, etc, please meet with your individual instructors to develop a safety plan within the first week of the quarter.

If you are a student with a documented autism spectrum disorder, there is an additional access program available to you. Contact <u>asn@bellevuecollege.edu</u> or (425) 564-2764. ASN is located in the Library Media Center in D 125. www.bellevuecollege.edu/autismspectrumnavigators/.

The DRC office is located in B 132 or you can call our reception desk at (425) 564-2498. Deaf students can reach us by TTY at (425) 564-4110.

Please visit our website for application information into our program and other helpful links at www.bellevuecollege.edu/drc/.

Academic Integrity

Academic Dishonesty: Any act of academic dishonesty, including but not limited to cheating, plagiarism, and fabrication.

- Cheating includes any attempt to give or obtain unauthorized assistance relating to the completion of an academic assignment.
- Plagiarism includes taking and using as one's own, without proper attribution, the ideas, writings, or work of another person in completing an academic assignment. May also include the unauthorized submission for credit of academic work that has been submitted for credit in another course.
- Fabrication includes falsifying data, information, or citations in completing an academic assignment and also includes providing false or deceptive information to an instructor concerning the completion of an assignment.

Incidents of plagiarism or cheating on examinations may result in an irreversible grade of F for the course. All exams are to be taken without the aid of books, notes, access to electronic devices, or assistance from others. All written assignments will be analyzed for plagiarism.

Writing Lab

The writing lab offers free support for revision skills of class assignments, college applications, resumes; see: http://www.bellevuecollege.edu/asc/writing/

Counseling Service

Bellevue College has resources for students experiencing non-academic difficulties, such as personal strain. The Counseling Center offers confidential consultation for students. For more information please visit their web site: https://www.bellevuecollege.edu/counseling/

Students also have frequently questions about their career options. The Center for Career Connections provides comprehensive career resources for all stages of your academic and professional career; see: http://depts.bellevuecollege.edu/careers/

Grading

Letter Grade (Percentage of Points)		Assignment	Percent of Total Grade	
93-100% = A	73-76% = C	Attendance	10%	
90-92% = A-	70-72% = C-	Quizzes (10 Quizzes)	25%	
87-89% = B+	67-69% = D+	Exams (Midterm and Final)		
83-86% = B	63-66% = D	Assignment #1	15%	
80-82% = B-	60-62% = D-	Assignment #2	15%	
77-79% = C+	Less than 59% = F	Total	100%	

Guidelines

Paper Formatting:

- o White 8.5 x 11inch paper
- o Typed in black ink
- o Stapled neatly in appropriate corner
- o Standard margins (1 inch on each side)
 - Note: If you have an older version of Microsoft word the default margin is 1.25 inches
- o 12 point, Times New Roman font
- o APA style, 6th Edition (www.apastyle.org)
- o https://owl.english.purdue.edu/owl/resource/560/01/

Ground Rules for Discussion

- Come prepared to section.
- Speak Up Freely.
- Listen.
- Be Courteous.
- Ask questions of clarification, and questions that probe assumptions, reasons, and implications.
- Practice critical thinking and active learning.

^{*}Points will be deducted for length if these guidelines are not followed.

CLASS SCHEDULE Stress, Risk and Resilience

Class Date	Topic(s)	Readings	Assignments
Week of	Introduction	Chapter 1	Quiz 1 Due 4/9 at
4/4/16	A Cultural Approach to Human Development		11:00pm
Week of	Birth and the Newborn Child	Chapter 3	Quiz 2 Due 4/16 at
4/11/16	Bitti did tile Newtonii Cinid	Chapter 5	11:00pm
Week of	Infancy	Chapter 4	Quiz 3 Due 4/24 at
4/18/16			11:00pm
			Assignment #1 Due at 11:59pm Sunday 5/1
Week of	Toddlerhood	Chapter 5	Quiz 4 Due 4/30 at
4/25/16	Toddiemood	Chapter 5	11:00pm
Week of	Early Childhood	Chapter 6	Quiz 5 Due 5/7 at
5/2/16	Exam Review		11:00pm
Week of	Midterm on 5/10/16	Chapter 7	Quiz 6 Due 5/14 at
5/9/16	Middle Childhood		11:00pm
Week of	Adolescence	Chapter 8	Quiz 7 Due 5/20 at
5/16/16		CI.	11:00pm
Week of 5/23/16	Emerging Adulthood	Chapter 9	Quiz 8 Due 5/28 at 11:00pm
3/23/10			Assignment #2 Due
			Sunday 5/29 at
			11:59pm
Week of	Middle Adulthood	Chapter 11	Quiz 9 Due 6/4
5/30/16			at 11:00pm
Week of	Late Adulthood	Chapter 12	Quiz 10 Due 6/11
6/6/16	Exam Review		at 11:00pm
Week of	Final Exam 6/14/16		
6/13/16	8:30am-10:20am		

^{*}The syllabus is subject to change. I will notify the class of any changes. Please check our class website for the most updated syllabus and schedule.

Class Requirements

1. Class Attendance: 100 Course Grade Points

Class attendance includes: attend class on time, being prepared to participate, and reading the assigned readings for class.

2. Readings and Quizzes: 150 Course Grade Points

Both readings and quizzes will be on the Revel website (see syllabus for quiz deadlines) and submitted electronically.

3. Exams: 100 Course Grade Points Each

Exams will each consist of 50 multiple-choice questions. Exams are not cumulative. The midterm will cover chapters 1, 3, 4, 5, & 6. The final will cover chapters 7, 8, 9, 11, & 12.

The dates for the exams are given well in advance. Please see me <u>immediately</u> if this will be a problem. Study guides will be provided on the Canvas class website. Reviews for both exams will be done in class (see class schedule).

4. Assignments: 100 Course Grade Points Each

You will be assigned two written assignments (below). Each paper will be 4-5 pages (not including the title and reference page). All papers should be in APA format, 6th edition. Instructions for each assignment will be posted on Canvas and discussed in class. Due dates for each assignment are on the class schedule.

Assignment #1: Researching Infant Toys Assignment #2: Emerging Adults on TV