

Syllabus

PSYCHOLOGY 100 On-Line

Instructor: Steve Cross, M.Ed, LMHC

Office Hours: Appointment through Canvas email

Email: scross @bellevuecollege.edu and Canvas email (Preferred)

COURSE DESCRIPTION

Psychology 100 is an introductory survey course designed to introduce students to major concepts, theories, and research findings in the field of psychology. Through reading, lectures, discussions, and a variety of media, students will be exposed to the wide range of research issues and therefore gain an appreciation of the importance of psychological research in its application to human life.

LEARNING OBJECTIVES

Upon completion of the course, the student should be able to:

1. Describe the purpose, comprehensive scope, and areas of application in the discipline of psychology.
2. Demonstrate knowledge of the scientific process by applying and/or critiquing various research methods used by psychologists in the study of behavior.
3. Recognize, compare and contrast various theoretical perspectives used to explain and guide psychological research and application.
4. Identify historical and present-day contributions of major psychologists.
5. Define important psychological terms, concepts, processes and principles.
6. Apply critical thinking to assumptions, claims, and common sense ideas about behavior.
7. Demonstrate the application of psychological principles and findings to one's own life.

- **GENERAL EDUCATION OBJECTIVES AND OUTCOMES** In terms of general education outcomes, students will be able to
 - Use cognitive and creative skills:
 - Analyzing (identifying and evaluating problems)
 - Synthesizing (interpreting situations, drawing conclusions, and making connections)
 - Improving communication skills:
 - Doing research (gathering and documenting information)

- Delivering one or more written, oral and /or visual presentations with formal documentation)
- Applying personal skills:
 - Understanding the influence of stress, nutrition, and life style on personal health and performance.

TEXT:

Myers, D. G. (2010). Exploring Psychology, Eighth Edition e. New York, NY: Worth. **ISBN # 9781429262460** (Comes bundled with Psych Portal) This should be your least expensive option. You can also buy the Psych Portal that includes an ebook as another option. You can buy this option through the publisher's web site. If you buy a used copy, another option is to buy the Video Tool kit separately which you will need in order to watch and report on the video clips. Here is the web site: <http://bcs.worthpublishers.com/introvtk/player/pages/login.aspx?uid=0&rau=0#>

REQUIREMENTS

WEEKLY DISCUSSION FORUM

The discussion forum is the heart of the course. Students will be responding to my questions, responding to other students, and asking questions of their own, just as they would in a "live" discussion. The discussion sessions will run from Monday to Wednesday and Thursday to Saturday every week. Specifically, you are expected to participate in the discussion at least four times a week. See the "Course Structure and Expectations" for more details on how the discussion will work.

QUIZZES

There will be 10 weekly quizzes given on-line. Quizzes will be based on the assigned reading, the weekly overview, and the discussions from the previous week. Each quiz will have 30 multiple choice questions, to be answered on-line in a limited time period. Quizzes will be available to take from Sunday at 9 a.m. until Monday at 11 p.m. Once you open the quiz, you will have 30 minutes to complete it. **There will be no make-up quizzes given**, but your lowest quiz score will be dropped. The quiz scores will be doubled (9 x 30 x 2), for a total of 540 possible points, or about half of all points for the quarter.

Research Assignments

There will be **one** research assignment for the quarter. You can **choose between two assignments**. The first option will be due at the end of the 4th week and the second at the end of the 8th week. Additional instructions will be found in the second Unit. **Only one research assignment is required. If you do both, credit will be given to only one.**

Videos

You will watch 4 video clips per week and submit a summary of your learning. You will find them located at the Psych Portal. <http://courses.bfwpub.com/exploring8e.php>. You will need an access code which either came with your text or you must purchase it separately by going to:

<http://bcs.worthpublishers.com/introvtk/player/pages/login.aspx?uid=0&rau=0#>

There are additional instructions in the first Unit.

FINAL EXAM

A comprehensive final exam will be given on-line at the end of the quarter.

GRADING:

Grades will be determined on the basis of points earned, rather than on a curve. Possible points for each part of the class are as follows:

Discussion Participation	20 discussions @7 points. each	=	140
Quizzes	10 quizzes @ 30 points each, minus lowest score, x 2	=	540
Research Assignment	1 assignment @ 50 points	=	50
Videos	4 Videos clips @ 16 points each week		160
Evaluation			10
Personal Introduction		=	10
Final Exam		=	90
Total		=	1000

FINAL GRADE BREAKDOWN

A	940-1000	C+	770-799
A-	900-939	C	740-769
B+	870-899	C-	700-739
B	840-869	D+	670-699
B-	800-839	D	600-669

MISSED AND LATE ASSIGNMENT POLICY

Assignments; homework, discussions, and video summaries will not be accepted after the due date. No partial credit will be given for assignments completed after the due date. No makeup quizzes will be given although your lowest quiz will be dropped.

QUARTERLY CALENDAR: READING SCHEDULE

Week 1/ Unit 1	
	Ch. 1 Thinking Critically with Psychological Science
Week 2/ Unit 2	
	Ch. 2 The Biology of Mind
	Ch. 4 Nature, Nurture and Human Diversity (P.105-126)
Week 3/ Unit 3	
	Ch. 5 Developing Through the Life Span
Week 4/ Unit 4	
	Ch. 3 Consciousness and the Two-Track Mind
	Ch. 6 Sensations and Perception (P.205-220)
Week 5/ Unit 5	
	Ch. 7 Learning
Week 6/ Unit 6	
	Ch. 8 Memory
Week 7/Unit 7	
	Ch. 9 Thinking, Language, and Intelligence (P. 313-334)
	Ch. 10 Motivation
Week 8/ Unit 8	
	Ch. 11 Emotions, Stress, and Health
Week 9/ Unit 9	
	Ch. 13 Psychological Disorders
	Ch. 14 Therapy
Week 10/ Unit 10	
	Ch. 15 Social Psychology

Course

Evaluations

You are encouraged to complete a course evaluation before the end of the quarter. The Bellevue College Online Evaluation web site is secure and submissions are completely anonymous. College instructors, program chairs and administrators are granted access to a class composite

document on the web site only after all grades are posted to transcripts at the close of the current quarter. To participate in the evaluation process, use your Student ID and PIN to log in on the following site: <https://bellevuecollege.edu/ClassEval/default.aspx>

On the BC Online Evaluation site, you will find a listing for each of your classes. Access to each course evaluation is granted only once, and after you press the SUBMIT button at the bottom of the page, you will see a screen telling you which class evaluations have been completed. If you have questions or need assistance, please call the Distance Education Office at 425-564-2438 or toll free at 1-877-641-2712.

PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION

Winter 2013

Bellevue College's Affirmation of Inclusion

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at BC, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

The college's "Affirmation of Inclusion" is in line with the principle of free speech in a free society: we have the right to express unpopular ideas as long as we don't show disrespect for reasonable people who might believe otherwise. In an online course, you will be expressing ideas through the medium of the course site rather than face to face in the classroom. In that case, these expectations refer to the courtesy with which you communicate with one another through e-mails and e-discussions. Part of this respect involves professional behavior towards the instructor, colleagues, and the class itself.

Cheating, Stealing, and Plagiarizing* and Inappropriate Behavior

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: plagiarizing material from the Internet and posting rude or personal attacks in discussions. When you are in doubt about any behavior, please consult your instructor. In addition, you may wish to review the general applicable rules of cyberspace, such as in the [Core Rules of Netiquette](#). The instructor reserves the right to remove posted messages, and downgrade assessments as a result of these types of behaviors. The instructor can refer any violation of the Student Code of Conduct to the Vice President of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Vice President of Student Services [http://bellevuecollege.edu/policies/2/2050P_Student_Code_\(Procedures\).asp](http://bellevuecollege.edu/policies/2/2050P_Student_Code_(Procedures).asp)

Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). It is the student's responsibility for maintaining contact and adhering to the agreed-upon actions. Vista class sites, and material, may not be directly accessible after the end of the quarter so it important to make arrangements before the quarter ends. The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F"). There is a standard form that instructors have access to in their instructor's grade briefcase.

F Grade

Students who fail a course will receive a letter grade of "F."

Final Examination Schedule

Final examinations may involve proctored on-campus arranged exams or may be administrated completely online at the discretion of the instructor and in keeping with the stated policies provided in the course syllabus. Please refer to the syllabus at the start of the quarter for additional details and contact the instructor directly for any clarifications. A student who is not in compliance with the scheduled format may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be in compliance with any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

Withdrawal From Class

Academic Year: College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

Check [Enrollment Calendar Deadlines, Refunds/Withdrawals](#), for additional details. As with most enrollment deadlines, it is the student's responsibility to be aware of these dates and act accordingly.

Hardship Withdrawal (HW)

HW indicates a withdrawal request made because of extenuating circumstances after the official withdrawal period is over. The student must contact the instructor to request this withdrawal option, or the faculty member may initiate the contact. No points are calculated into the grade-point average. Students may also contact the Enrollment Services office BEFORE grades are assigned in cases of hardship.

Students Who Require Disability Accommodations:

Students with disabilities who have accommodation needs are encouraged to contact the Disability Resource Centre (DRC) [link to DRC](#). The office is located in B132 (telephone 425.564.2498 or TTY 425.564.4110, email drc@bellevuecollege.edu). Students will need to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter or contact your online instructor directly by email. Students who require accommodation in a course should review the DRC accommodation letter with each instructor during the first week of the quarter.

Distribution of Grades

Students should access their grades through the BC Web site. Any returned material should be accessed prior to the end of the quarter. After the end of the quarter, Canvas class sites may not be accessible by students. Individual instructors may use non Canvas tools for recording and maintaining the students' progress. Questions about grades assigned should be initially directed to your instructor.

Submission and Returning of Papers, Assignments and Assessments:

Specific guidelines for taking exams and submitting assignments are published in the syllabus. Please contact instructor at the start of the quarter for any clarifications.

Technical Assistance

Refer to Help in Canvas

**If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Vice President of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.*