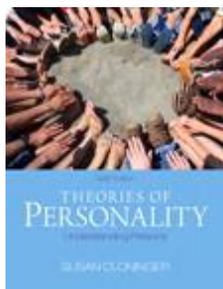


Instructor: Maggie Seibel
E-Mail: Use Canvas email for all correspondence
mseibel@bellevuecollege.edu only for emergency if Canvas is down
Phone: 425-564-2072 (Direct Line to Voice Mail)
Virtual Office Hours: 9:00am to 10:00am Mondays

Social Science Division Office Location: D110
Social Science Division Phone: 425-564-2331

Social Science Division Website:
<http://www.bellevuecollege.edu/socsci/>

REQUIRED TEXT:



Cloninger, Susan C. Theories of Personality: Understanding Persons, 6th Edition: Pearson Publishing. Any format is acceptable, including eBook, notebook, paperback, or cloth edition.

COURSE DESCRIPTION:

This study of personality theory explains how human behavior can be understood through the scientific exploration of major theorists. It will examine influential theories of personality, research methods, techniques, and advances in personality theory.

COURSE FOCUS:

Psychology 205, Theories of Personality course examines assumptions about the nature of humankind. Students will focus on psychometric techniques as well as major theories and theorists.

COURSE FORMAT:

This is an online course with all assignments and exams completed on our Canvas website. To succeed in this course, you must regularly use a computer with Internet access. If you don't have a home computer with Internet access, and you live close to campus, an open computer lab is available in N250 to all BC credit students.

<http://depts.bellevuecollege.edu/helpdesk/students/computerlabs/>

If you have questions about the course, please read the Getting Started folder on our course website first before asking your professor. Take active responsibility for your own education. You will be expected to read the weekly chapters before completing the assignments. Challenge assumptions, and consider the implications and applications of course material. Thinking deeply about the course material will not only help you remember it better – it'll make it more fun and useful now and in the future.

PREREQUISITE:

None, however Psychology 100 General Psychology is highly recommended

COURSE OBJECTIVES:

Upon completion of this course, the successful student will be able to:

1. Recognize, compare and contrast major theoretical and philosophical perspectives used to explain human nature.
2. Apply critical thinking to assumptions, claims and common sense ideas.
3. Demonstrate the application and awareness of the principles of personality to one's life.
4. Demonstrate the principles of psychological theory to enhance personal learning skills (i.e., testing, writing, oral communication, collaborative learning, etc.).
5. Identify the historical and contemporary contributions of major personality theorists.



COURSE REQUIREMENTS & GRADES:

The final grade is based on a total of 1100 points. These points are calculated as follows:		
Exams	5 x 100 points each	500 Points
Discussions	10 Individual Posts x 10 points each 10 Responses x 10 points each	100 Points 100 Points
Weekly Quizzes	4 x 10 points each 6 x 20 points each	40 Points 120 Points
Personality Measurements	9 x 20 points each	180 Points
Written Assignment	Vision Quest	60 Points
Total		1100 Points



In conformity with BC's grading policy, the grades will be assigned as follows.

A	100% – 94%	1100 – 1034 Points	C+	79% – 77%	879 – 847 Points
A-	93% – 90%	1033 – 990 Points	C	76% – 74%	846 – 814 Points
B+	89% – 87%	989 – 957 Points	C-	73% – 70%	813 – 770 Points
B	86% – 84%	956 – 924 Points	D+	69% – 67%	769 – 737 Points
B-	83% – 80%	923 – 880 Points	D	66% – 60%	736 – 660 Points
			F	59% - Below	659 – 000 Points

COURSE CONTENT:

EXAMS:

There will be five (5) exams, each worth 100 points. Each exam will cover information that is contained in the study guide. The exam format may contain multiple choice, fill-in-the-blank, or short answer questions. No exams will be available outside of the regular open exam window without written documentation. **It is expected that if you go out of town, you will find a way to access the Internet** (free Wi-Fi spots, hotel offices, public libraries, etc.) in order to take your exams during the open exam window. *There will be no comprehensive final exam.*

DISCUSSIONS:

The discussions are the heart of the course and are intended to increase your experience in a learning community as well as deepen your understanding and thinking about the subject matter. New topics and discussion questions are open all quarter. There will be ten of these discussion assignments required over the course of the quarter. Specific details on how to complete these assignments are available in the course modules.

PERSONALITY MEASUREMENTS:

Part of the study of personality is focused on how personality characteristics are measured. In each module, you will find one or more links to online personality tests that will help you understand more about the process of measurement as well as provide you with interesting information about yourself. The links to the measurements as well as instructions for the write-ups for each of these assignments will be found in the course content modules. There will be nine of these personality measurement assignments required over the course of the quarter. Specific details on how to complete these assignments are available in the course modules.

WEEKLY QUIZZES:

These short weekly quizzes are incorporated into the various chapters of the textbook and used to help integrate terms and concepts to further learning. There will be ten quizzes over the course of the quarter.

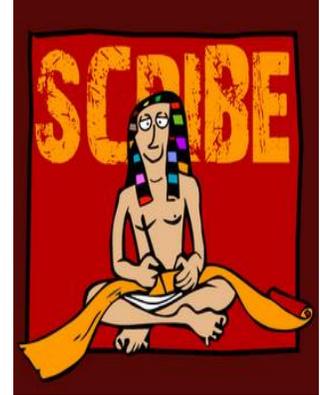


VISION QUEST ASSIGNMENT:

This exercise is designed to help you synthesize a variety of concepts related to psychology and personality theory. The assignment is based on some of the features of a traditional “vision quest” in which an individual wanders or travels on a journey seeking personal insight. After going on your own mini-quest, you will be asked to write about your insights and apply course material to the experience.

DUE DATES AND DEADLINES:

All assignments for the course will be open from the first day of the quarter, but have weekly due dates and times when work is due. ***Because of this generous and open schedule, no late work will be accepted, except under the following circumstances.*** If you are able to provide written documentation, such as a letter from your health care provider, for your need for an exception, it will be considered. It is each student’s responsibility to know the due dates and times for all assignments and make sure there is an alternate computer (public library, on campus, friend or family member) from which to complete assignments and take exams. *Computer malfunction or technical problems are not valid excuses to grant an exception to the due date.* Plan ahead. Put all due dates and exam times in your phone to help manage your time efficiently. Save your work early, often, and in multiple locations, such as the cloud, a memory stick, or another computer.



A NOTE ABOUT COURSE CONTENT:

Since Theories of Personality examines many aspects of the individual, this course will discuss some provocative material. Please be advised that when controversial topics are explored, they will be framed within an academic context. Keep in mind that finding oneself in a space outside of one’s comfort zone is an opportunity for learning. Students may be confronted with subject matter that is difficult to read about, view, or discuss. If a student has any questions or concerns about course content or climate, feel free to email me about it immediately.



Eat



Sleep



Psychology

INSTRUCTOR AVAILABILITY: As your instructor for this course, I will make every effort to answer your email questions in a timely manner. This may include answering a question in class or through Canvas, whichever is more appropriate. My goal is to respond to a question within 24 hours of receiving it Monday through Thursday between the hours of 9am and 7pm, and on Friday between 9am and noon. Outside of these times I will reply only if I happen to visit the course site.

Note that this response time is only applicable to email questions, not to graded assignments. I will also hold virtual office hours on Mondays from 9:00am to 10:00am. Instructions for participating in online office hours is available in the Getting Started folder.

EMAIL COMMUNICATION:

All email communication must be done through the Canvas learning system during the quarter. My regular BC email is only in the event of an emergency when Canvas is down. No communication regarding course work or grades will be sent to student’s personal non-Bellevue College email accounts.

ADVISING:

The Psychology Department has an in-house advisor, Deanne Eschbach, located in D110C. Call 425-564-2216 or 425-564-2212 for personal appointment.



TIPS FOR SUCCESS IN THIS COURSE:

- 1. Log onto our Canvas site every day:** In order to complete the weekly assignments and be informed about any changes to the schedule, assignments, and other information about the course it will be necessary for you to check Canvas course website regularly.
- 2. Read the Textbook:** Reading the course textbook as well as assigned readings/articles will be essential for understanding the course material. It will also give you the opportunity to experience the material in a different media. It will be assumed that you have completed the readings before completing the discussions and case studies so that you will be able discuss and reference the material that you have read.

3. Manage Your Time Efficiently: Do not wait until the last minute to start an assignment. Even though all assignments are open for the entire quarter, each assignment has a weekly due date. Starting your work early allows you to spend the appropriate amount of time on the assignment, and it allows you to contact the instructor if you have any questions. Plan ahead. Save your work early, often, and in multiple locations. Submit proofread work only.

4. Talk with me: I will be available for virtual office hours every Monday from 9:00am to 10:00am. You can also send me an email through our Canvas website where we can correspond or set up a private chat on our site.

STUDENTS WHO REQUIRE DISABILITY ACCOMMODATIONS:

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact the DRC as soon as possible. The DRC office is located in B132. Their reception desk can be contacted by calling 425-564-2498 or TTY 425-564-4110. Information is also available on their website at <http://www.bellevuecollege.edu/drc>

SAFE SPACE:

This class is a Safe Space for all students. Lesbian, gay, bisexual, questioning, queer-identified, and transgendered students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this classroom and encouraged to share your thoughts and be an integral part of this course. If a student has any questions or concerns about this, feel free to email me about it immediately. **All are welcome in this class!**

WITHDRAWAL FROM CLASS:

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter during the standard academic year (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course. Check Enrollment Calendar Deadlines, Refunds/Withdrawals, for additional details. As with most enrollment deadlines, it is the student's responsibility to be aware of these dates and act accordingly.



AFFIRMATION OF INCLUSION:

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect. As such, our classroom is a Safe Space where your individuality is welcome. Lesbian, gay, bisexual, questioning, queer-identified, and transgendered students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this course and I will defend your right to be yourself in the spirit of learning and in an environment of mutual respect. For more information, visit: <http://www.bellevuecollege.edu/about/goals/inclusion.asp>

INCOMPLETE:

If a student fails to complete all the required work for the course, the instructor may assign the grade of Incomplete ("I"). You must contact the instructor before grades are assigned to be considered for this exception and you must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

HARDSHIP WITHDRAWAL:

HW indicates a withdrawal request made because of extenuating circumstances after the official withdrawal period is over. You must contact me directly to request this withdrawal option, and you must provide documented proof of the need for this exception. Also be aware that a hardship withdrawal cannot be used as an option to avoid receiving a failing grade for the course.

STUDENT SUPPORT SERVICES:

Submit proofread work only. If you need help with your writing, please make use of the following student support services:

- Academic Success Center: <http://bellevuecollege.edu/academicsuccess/>
- Academic Tutoring Center: <http://bellevuecollege.edu/tutoring/>
- TRiO Student Support Services: <http://bellevuecollege.edu/TRiO/>
- Bellevue College Writing Lab: <http://bellevuecollege.edu/writinglab/>



LIBRARY MEDIA CENTER:

You are strongly encouraged to use the resources of the Library Media Center, whether in person or via the web. Talk to a Reference Librarian at the Library (D-126), by calling 425-564-6161, or by email at reference@bellevuecollege.edu.

- Main Library Media Center: <http://bellevuecollege.edu/lmc/>
- For the LMC online catalog: <http://bellevuecollege.edu/lmc/catalogs.html>
- For article databases: <http://bellevuecollege.edu/lmc/periodicals.html>



PUBLIC SAFETY:

The Bellevue College Public Safety Department's well-trained and courteous non-commissioned staff provides personal safety, security, crime prevention, preliminary investigations, and other services to the campus community, 24 hours per day and seven days per week, whether in person or via the web. Their phone number is 425-564-2400. The Public Safety website is your one-stop resource for campus emergency preparedness information, campus closure announcements, and critical information in the event of an emergency. The Public Safety office is located in K100 and on the web at: <http://www.bellevuecollege.edu/publicsafety/>

CAMPUS CLOSURES:

To get announcements of campus closures:

- Receive email and text messages through the BC Alert System (sign up at <http://bellevuecollege.edu/alerts/>).
- Visit www.SchoolReport.org or subscribe to their emergency email and text message service.
- Call BC's emergency information line: 425-401-6680.
- Check the BC home page (<http://bellevuecollege.edu>) for a link to the BC emergency information website, or access that page directly at <http://bellevuecollege.edu/publicsafety/>

PLAGIARISM AND OTHER CONDUCT POLICIES:

Plagiarism is a form of academic dishonesty that occurs when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

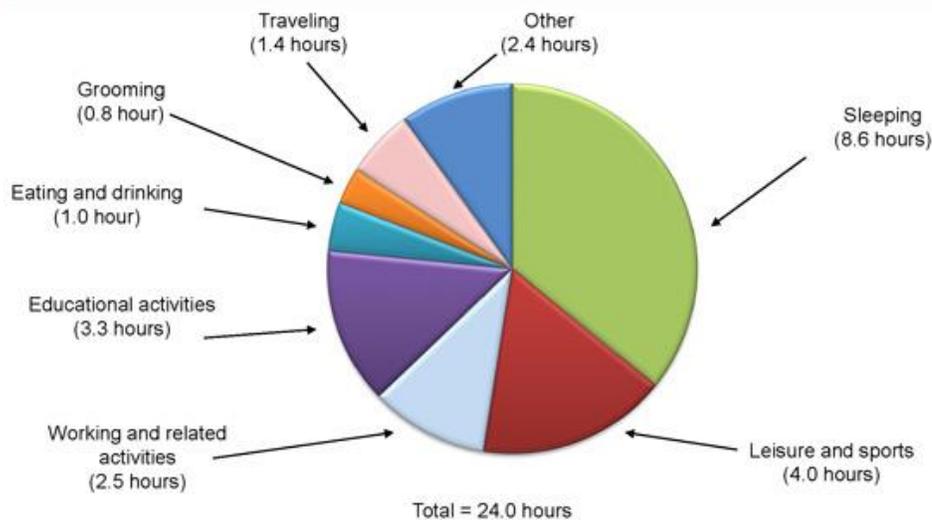
- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your professors. This may also be considered academic dishonesty.

CONSEQUENCES: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

Cheating, stealing, plagiarizing, and inappropriate or disruptive online classroom behavior are violations of the Student Code of Conduct at Bellevue College. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.

**KNOW THE
CODE**
INTEGRITY • RESPECT • RESPONSIBILITY

Time use on an average weekday for full-time university and college students



NOTE: Data include individuals, ages 15 to 49, who were enrolled full time at a university or college. Data include non-holiday weekdays and are averages for 2009 -13.

SOURCE: Bureau of Labor Statistics, American Time Use Survey

Psychology 205 Theories of Personality

Item 5439 Section: OAS

Spring Quarter 2016

Course Schedule

Module & Week:

Textbook Chapters & Activities:

<p><i>Module 1 Week 1</i> Monday, April 4 to Sunday, April 10</p>	<p>Monday, April 4, midnight Wednesday, April 6, 10:00pm</p>	<p>Quarter Begins Chapter 1 Discussion #1, Pt 1 Due</p>	<p>Syllabus & Schedule Review Introduction to Personality Theory Personal Introduction Part 1 Due – <i>Getting to Know You</i></p>
<p><i>Module 1 Week 2:</i> Monday, April 11 to Sunday, April 17</p>	<p>Monday, April 11, 8:00am Wednesday, April 13, 10:00pm</p>	<p>Chapter 2 Chapter 3 Discussion #1 Pt 2 Due PM #1 Due Quiz #1 Due Discussion #2 Pt 1 Due</p>	<p>Freud: Classical Psychoanalysis Jung: Analytical Psychology Personal Introduction – <i>Getting to Know You</i> Personality Measurement – <i>Hopeless Romantic</i> Chapter 1 Discussion – <i>Was Freud Right?</i></p>
<p><i>Module 2 Week 3:</i> Monday, April 18 to Sunday, April 24</p>	<p>Monday, April 18, 8:00am Wednesday, April 20, 10:00pm Sunday, April 24, 8:00am</p>	<p>Chapter 4 Discussion #2 Pt 2 Due PM #2 Due Quiz #2 Due Discussion #3 Pt 1 Due Exam 1 Opens</p>	<p>Adler: Individual Psychology Discussion – <i>Was Freud Right?</i> Personality Measurement – <i>Creative Problem-Solving Test</i> Chapters 2 & 3 Discussion – <i>Early Memories</i> Chapters 1, 2, & 3</p>
<p><i>Module 2 Week 4:</i> Monday, April 25 to Sunday, May 1</p>	<p>Monday, April 25, 8:00am Monday, April 25, 10:00pm Wednesday, April 27, 10:00pm</p>	<p>Chapter 5 Chapter 6 Discussion #3 Pt 2 Due PM #3 Due Quiz #3 Due Exam 1 Closes Discussion #4, Pt 1 Due</p>	<p>Erikson: Psychosocial Development Horney and Relational Theory: Interpersonal Psychoanalytic Theory Discussion – <i>Early Memories</i> Personality Measurement – <i>Anxiety Test</i> Chapter 4 Chapters 1, 2, & 3 Discussion – <i>It's All So Perfect</i></p>
<p><i>Module 3 Week 5:</i> Monday, May 2 to Sunday, May 8</p>	<p>Monday, May 2, 8:00am Wednesday, May 4, 10:00pm Sunday, May 8, 8:00am</p>	<p>Chapter 7 Discussion #4, Pt 2 Due PM #4 Due Quiz #4 Due Discussion #5, Pt 1 Due Exam 2 Opens</p>	<p>Allport: Personological Trait Theory Discussion – <i>It's All So Perfect</i> Personality Measurement Due – <i>Paranormal Beliefs Test</i> Chapters 5 & 6 Discussion – <i>Religion and Prejudice</i> Chapters 4, 5, & 6</p>
<p><i>Module 3 Week 6:</i> Monday, May 9 to Sunday, May 15</p>	<p>Monday, May 9, 8:00am Monday, May 9, 10:00pm Wednesday, May 11, 10:00pm</p>	<p>Chapter 8 Chapter 9 Discussion #5, Pt 2 Due PM #5 Due Quiz #5 Due Exam 2 Closes Discussion #6, Pt 1 Due</p>	<p>Two Factor Analytic Trait Theories: Cattell's 16 Factor Theory and the Big Five Biological Theories: Evolution, Genetics, and Biological Factor Theories Discussion – <i>Religion and Prejudice</i> Personality Measurement Due – <i>The Big Personality Test</i> Chapter 7 Chapters 4, 5, & 6 Discussion – <i>What am I Doing Here?</i></p>

Week:**Textbook Chapters & Activities:**

Module 4 Week 7:
Monday, May 16 to
Sunday, May 22

	Chapter 10	The Challenge of Behaviorism: Dollard and Miller, Skinner, and Staats
Monday, May 16, 8:00am	Chapter 11 Discussion #6, Pt 2 Due PM #6 Due Quiz #6 Due	Kelly: Personal Construct Theory Discussion – What am I Doing Here? Personality Measurement – <i>Sensitivity to Criticism Test</i> Chapters 8 & 9
Wednesday, May 18, 10:00pm	Discussion #7, Pt 1 Due	Discussion – <i>The Born-Again Criminal</i>
Sunday, May 22, 8:00am	Exam 3 Opens	Chapters 7, 8, & 9

Module 4 Week 8:
Monday, May 23 to
Sunday, May 29

	Chapter 12 Chapter 13	Mischel: Traits in Cognitive Social Learning Theory Bandura: Performance in Cognitive Social Learning Theory
Monday, May 23, 8:00am	Discussion #7, Pt 2 Due PM #7 Due Quiz #7 Due	Discussion – The Born-Again Criminal Personality Measurement – <i>Perfectionism Test</i> Chapters 10 & 11
Monday, May 23, 10:00pm	Exam 3 Closes	Chapters 7, 8, & 9
Wednesday, May 25, 10:00pm	Discussion #8, Pt 1 Due	Discussion – <i>I Can Do This...Maybe</i>

Module 5 Week 9:
Monday, May 30 to
Sunday, June 5

Monday, May 30 Holiday: No Classes

	Chapter 14 Chapter 15	Rogers: Person-Centered Theory Maslow and His Legacy: Need Hierarchy Theory
Tuesday, May 31, 8:00am	Discussion #8, Pt 2 Due PM #8 Due Quiz #8 Due	Discussion – I Can Do This...Maybe Personality Measurement – <i>Impostor Syndrome Test</i> Chapters 12 & 13
Wednesday, June 1, 10:00pm	Discussion #9, Pt 1 Due	Discussion – <i>You Are Loved</i>
Sunday, June 5, 8:00am	Exam 4 Opens	Chapters 10, 11, 12, & 13

Module 5 Week 10:
Monday, June 6 to
Sunday, June 12

	Chapter 16 Chapter 17	Buddhist Psychology: Lessons from Eastern Culture Conclusion
Monday, June 6, 8:00am	Assignment Due Discussion #9, Pt 2 Due PM #9 Due Quiz #9 Due	Paper Due - Vision Quest Discussion - <i>You Are Loved</i> Closes Personality Measurement Due – <i>Egoism/Altruism Test</i> Chapters 14 & 15
Monday, June 6, 10:00pm	Exam 4 Closes	Chapters 10, 11, 12, & 13
Wednesday, June 8, 10:00pm	Discussion #10 Pt 1 Due	Discussion - <i>Medication vs. Meditation</i>

Module 5 Week 11:
Monday, June 13 to
Tuesday, June 14

Monday, June 13, 8:00am	Discussion #10, Pt 2 Due Quiz #10 Due	Discussion – Medication vs. Meditation Chapter 16
Tuesday, June 14, 10:00pm	Fun Discussion Due	Fun Discussion – A Fond Farewell (Not Graded)

Finals Week:
June 15, 16, & 17

Tuesday, June 14, 8:00am	Exam 5 Opens	Chapters 14, 15, 16, & 17
Wednesday, June 15, 10:00pm	Exam 5 Closes	
Friday, June 17, 11:59pm		End of Spring Quarter