

Theories of Personality

PSYC 205, Item 5439, Section OAS

Summer 2016

Instructor: Maggie Seibel

E-Mail: mseibel@bellevuecollege.edu

Existing students please use Canvas email

Phone: 425-564-2072 (Direct Line to Voice Mail)

Bellevue College Psychology Department Social Sciences Division

Social Science Division Office Location: D110

Social Science Division Phone: 425-564-2331
Social Science Division Website:

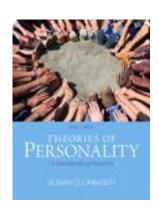
http://www.bellevuecollege.edu/socsci/

REQUIRED TEXT BOOK:

Cloninger, Susan C. Theories of Personality: Understanding Persons, 6th Edition: Pearson Publishing. Any format is acceptable, including eBook, notebook, paperback, or cloth edition.

PREREQUISITE:

None, however, Psychology 100, General Psychology, is highly recommended



COURSE DESCRIPTION:

This study of personality theory explains how human behavior can be understood through the scientific exploration of major theorists. It will examine influential theories of personality, research methods, techniques, and advances in personality theory.







COURSE FOCUS:

Psychology 205, Theories of Personality course examines assumptions about the nature of humankind. Students will focus on psychometric techniques as well as major theories and theorists.

COURSE FORMAT:

This is an online course with students required to compete all course requirements online. Students are required to read chapters in the assigned text, view modular content, submit assignments, and take exams online. The site is open 24/7 for your convenience and all assignments are open for the entire quarter so you can work at your own pace. The most successful students plan to visit the site every day. The most successful students plan to visit the site every day. It is expected that if you go out of town, you will find a way to access the Internet (free Wi-Fi spots, hotel offices, public libraries, etc.) in order to complete assignments, take exams, and sustain your participation in the course.

A NOTE ABOUT COURSE CONTENT:

Since Lifespan Psychology examines literally every aspect of the individual, this course will discuss some provocative material. Please be advised that when controversial topics are explored, they will be framed within an academic context. Keep in mind that finding oneself in a space outside of one's comfort zone is an opportunity for learning. Students may be confronted with subject matter that is difficult to watch, see, discuss, or listen to. Please note, however, that you will be responsible for any



course material you miss if you choose not to participate. If a student has any questions or concerns about course content or climate, feel free to speak with me about it immediately.

COURSE OBJECTIVES:

Upon completion of this course, the successful student will be able to:

- 1. Recognize, compare and contrast major theoretical and philosophical perspectives used to explain human nature.
- 2. Apply critical thinking to assumptions, claims and common sense ideas.
- 3. Demonstrate the application and awareness of the principles of personality to one's life.
- 4. Demonstrate the principles of psychological theory to enhance personal learning skills (i.e., testing, writing, oral communication, collaborative learning, etc.).
- 5. Identify the historical and contemporary contributions of major personality theorists.

COURSE REQUIREMENTS & GRADES:

The final grade is based on a total of 800 points. These points are calculated as follows:		
Exams	4 x 100 points each	400 Points
Personality Measurements	6 x 20 points each	120 Points
Discussions	6 x 20 points each	120 Points
Weekly Quizzes	3 x 10 points each 2 x 20 points 1 x 30 points	100 Points
Written Assignment	Vision Quest	60 Points
Total		800 Points

In conformity with BC's grading policy, the grades will be assigned as follows:

A 100% – 94%	C+ 79% – 77%	
A- 93% – 90%	C 76% – 73%	
B+ 89% – 87%	C- 72% – 70%	
B 86% – 83%	D+ 69% – 67%	
B- 82% – 80%	D 66% – 60%	

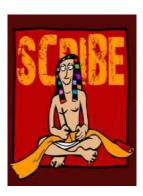


EXAMS:

There will be four exams during the quarter; each worth 100 points. Each exam will cover information from the text, PowerPoint slides, case studies, and discussions. Test format will contain fill-in-the-blank and multiple choice. A study guide will be available for each exam. There will be no comprehensive final exam.

PERSONALITY MEASUREMENTS:

Part of the study of personality is focused on how personality characteristics are measured. In each module, you will find one or more links to online personality tests that will help you understand more about the process of measurement as well as provide you with interesting information about yourself. The links to the measurements as well as instructions for the write-ups for each of these assignments will be found in the course content modules. There will be six of these personality measurement assignments required over the course of the quarter.



DISCUSSIONS:

There will be six discussions during the quarter. The discussions are the heart of the course and are intended to increase your experience in a learning community as well as deepen your understanding and thinking about the subject matter. New topics and discussion questions are open all quarter. Specific details on how to write discussion responses are available in the course modules.

WEEKLY QUIZZES:

There will be six quizzes during the quarter. These short weekly quizzes are incorporated into the various chapter of the textbook and used to help integrate terms and concepts to further learning.



VISION QUEST:

This exercise is designed to help you synthesize a variety of concepts related to psychology and personality theory. The assignment is based on some of the features of a traditional "vision quest" in which an individual wanders or travels on a journey seeking personal insight. After going on your own miniquest, you will be asked to write about your insights and apply course material to the experience.

EMAIL COMMUNICATIONS:

All email communication must be done through the Canvas learning system during the quarter. No communication regarding course work or grades will be sent to student's personal email accounts.

ADVISING:

The Psychology Department has an in-house advisor, Deanne Eschbach, located in D110C. Call 425-564-2216 or 425-564-2212 for personal appointment.



DUE DATES AND DEADLINES:

All assignments for the course will be open from the first day of the quarter, but have weekly due dates and times when work is due. **Because of this generous and open schedule, no late work will be accepted, except under the following circumstances.** If you are able to provide written documentation, such as a letter from your health care provider, to validate your need for an exception, it will be considered. It is each student's responsibility to know the due dates and times for all assignments and make sure there is an alternate computer (public library, on campus, friend or family member) from

which to complete assignments and take exams. Plan ahead. Put all due dates and exam times in your phone to help manage your time efficiently. Save your work early, often, and in multiple locations, such as the cloud, a memory stick, or another computer.

INSTRUCTOR AVAILABILITY:

As your instructor for this course, I will make every effort to answer your email questions in a timely manner. My goal is to respond to a question posed in an email within 24 hours of receiving it Monday through Thursday between the hours of 9am and 8pm, and on Friday between 9am and noon. Note that this response time is not a guarantee and is only applicable to email questions, not to graded assignments. I will also hold virtual office hours on Mondays from 9:00am to 10:00am for the length of the quarter. Instructions for participating in online office hours is available in the Getting Started folder. Outside of these times I will reply only if I happen to visit the course site.

STUDENTS WHO REQUIRE DISABILITY ACCOMMODATIONS:

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact the DRC as soon as possible. The DRC office is located in B132. Their reception desk can be contacted by calling 425-564-2498 or TTY 425-564-4110. Information is also available on their website at http://www.bellevuecollege.edu/drc



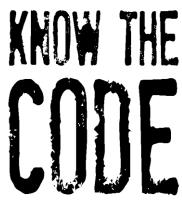
SAFE SPACE:

This class is a Safe Space for all students. Lesbian, gay, bisexual, queer-identified, questioning, and transgendered students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this classroom and encouraged to share your thoughts and be an integral part of this course. If a student has any questions or concerns about this, feel free to speak with me or email me about it immediately. **All are welcome in this class!**

BELLEVUE COLLEGE'S AFFIRMATION OF INCLUSION:

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

The college's "Affirmation of Inclusion" is in line with the principle of free speech in a free society: We have the right to express unpopular ideas as long as we don't show disrespect for reasonable people who might believe otherwise. In an online course, you will be expressing ideas through the medium of the course site rather than face to face in the



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classroom. In that case, these expectations refer to the courtesy with which you communicate with one another through emails and discussions. Part of this respect involves professional behavior towards the instructor, colleagues, and the class itself.

PLAGIARISM AND OTHER CONDUCT POLICIES:

Plagiarism is a form of academic dishonesty that occurs when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
 - d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your professors. This may also be considered academic dishonesty.



Consequences: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

Cheating, stealing, plagiarizing, and inappropriate or disruptive online classroom behavior are violation of the Student Code of Conduct at Bellevue College. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College.



INCOMPLETE:

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). It is the student's responsibility for maintaining contact and adhering to the agreed-upon actions. Canvas class sites, and material, may not be directly accessible after the end of the quarter so it important to make arrangements before the quarter ends. The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

WITHDRAWAL FROM CLASS:

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter during the standard academic year (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course. Check Enrollment Calendar Deadlines, Refunds/Withdrawals, for additional details. As with most enrollment deadlines, it is each student's responsibility to be aware of these dates and act accordingly. The link is attached here: http://www.bellevuecollege.edu/enrollment/deadlines/

HARDSHIP WITHDRAWAL (HW):

HW indicates a withdrawal request made because of extenuating circumstances after the official withdrawal period is over. The student must contact me to request this withdrawal option, or the faculty member may initiate the contact. No points are calculated into the grade-point average. Please note that a Hardship Withdrawal cannot be used as an exit to failing the course.

STUDENT SUPPORT SERVICES:

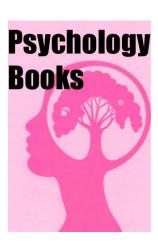
Submit proofread work only. If you need help with your writing, please use the following student support services:

- Academic Success Center: http://www.bellevuecollege.edu/asc/
- TRiO Student Support Services: https://www.bellevuecollege.edu/trio/
- LGBTQ Support Services: http://www.bellevuecollege.edu/diversity/lgbtq/

LIBRARY MEDIA CENTER:

You are strongly encouraged to use the resources of the Library Media Center, whether in person or via the web.

- Talk to a Reference Librarian at the Library (D-126), by calling 425-564-6161, or by email at http://www.bellevuecollege.edu/lmc/
- Academic Success Center: http://www.bellevuecollege.edu/asc/
- TRiO Student Support Services: http://www.bellevuecollege.edu/TRiO/



PUBLIC SAFETY:

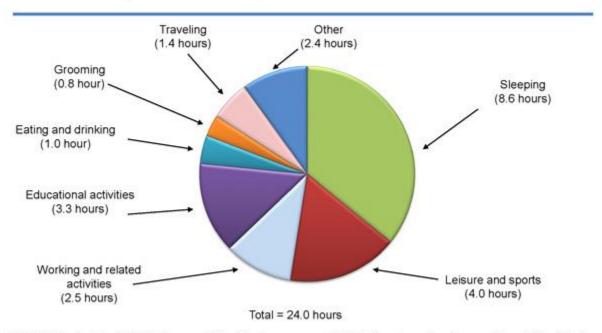
The Bellevue College Public Safety Department's well-trained and courteous non-commissioned staff provides personal safety, security, crime prevention, preliminary investigations, and other services to the campus community, 24 hours per day and seven days per week. Their phone number is 425-564-2400. The Public Safety website is your one-stop resource for campus emergency preparedness information, campus closure announcements, and critical information in the event of an emergency. The Public Safety office is located in K100 and on the web at: http://www.bellevuecollege.edu/publicsafety/

CAMPUS CLOSURES:

To get announcements of campus closures:

- Receive email and text messages through the BC Alert System (sign up at www://bellevuecollege.edu/alerts).
- Visit <u>www.SchoolReport.org</u> or subscribe to their emergency email and text message service.
- Call BC's emergency information line: 425-401-6680.
- Check the BC home page at http://www.bellevuecollege.edu/ for a link to the BC emergency information website, or access that page directly at http://www.bellevuecollege.edu/publicsafety/

Time use on an average weekday for full-time university and college students



NOTE: Data include individuals, ages 15 to 49, who were enrolled full time at a university or college. Data include non-holiday weekdays and are averages for 2009 -13.

SOURCE: Bureau of Labor Statistics, American Time Use Survey