#### INSTRUCTOR:

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### **REQUIRED TEXT:**

Hockenbury, Don H. & Hockenbury, Sandra E., Discovering Psychology, 5th Edition, Worth

Publishers, 2011.

### **COURSE DESCRIPTION:**

Psychology is the scientific study of behavior and mental processing. In this survey course, important basic areas of psychological research will be examined, including the biological aspects of life, social, emotional and cognitive development, as well as diagnosis and treatment of individual and social problems. This course will emphasize terminology, methodology, concepts and principles of psychology in the context of the dominant historical and theoretical perspectives. Because summer quarter is only seven weeks long, rather than the normal ten weeks, some modifications to the schedule have been made. You are strongly encouraged to study the chapters not covered by this course in order to have a greater familiarity with introductory psychology.

# **COURSE OBJECTIVES:**

Upon completion of this course, the successful student will be able to:

- 1. Describe the purpose, comprehensive scope, and areas of application in the discipline of psychology.
- 2. Demonstrate knowledge of the scientific process by applying and/or critiquing various research methods used by psychologists in the study of behavior.
- 3. Recognize, compare and contrast various theoretical perspectives used to explain and guide psychological research and application.
- 4. Identify historical and present-day contributions of major psychologists.
- 5. Define important psychological terms, concepts, processes and principles.
- Apply critical thinking to assumptions, claims and common sense ideas about behavior.
- 7. Demonstrate the application of psychological principles and findings to one's own life.

# **GENERAL EDUCATION OUTCOMES:**

This course meets the following General Education outcomes:

- 1. Critical Thinking, Creativity, and Problem Solving (2)
- 2. Cultural Diversity (2)
- 3. Nature of Science (2)

## A NOTE ABOUT COURSE CONTENT:

Since Introduction to Psychology examines literally every aspect of the individual, this course will discuss some provocative material. Please be advised that when controversial topics are explored, they will be framed within an academic context. Keep in mind that finding oneself in a space outside of one's comfort zone is an opportunity for learning. Students may be confronted with subject matter that is difficult to watch, see, discuss, or listen to. Please note, however, that you will be responsible for any course material you miss if you choose not to participate. If a student has any questions or concerns about course content or climate, feel free to speak with the instructor about it immediately.

# **COURSE REQUIREMENTS:**

In conformity with BC's grading policy, the grades will be assigned as follows (percentages).

Α	100 – 93%	400 - 372 Points	C+	79 – 77%	319 – 308 Points
A-	92 – 90%	371 - 360 Points	С	76 – 73%	307 - 292 Points
B+	89 – 87%	359 - 348 Points	C-	72 – 70%	291 - 280 Points
В	86 – 83%	347 - 344 Points	D+	69 – 67%	279 – 268 Points
B-	82 – 80%	343 - 320 Points	D	66 – 60%	267 - 240 Points
			F	59% - Below	239 - 000 Points

Your final grade will be based on a total of 400 points and will be determined on the basis of points earned, rather than on a curve. Possible points for each part of the class are as follows:

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300 possible points – Exams
50 possible points – Maslow Self- Analysis Paper
40 possible points – Quizzes
10 possible points – Classroom Participation
400 possible points – Total
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#### **EXAMS:**

There will be three (3) exams, each worth 100 points. Each exam will cover information from the text, lectures, discussions, and videos. The test format may contain multiple choice, fill-in-the-blank, short answer, or essay questions. Anything covered in the classroom should be considered testable information. *There will be no comprehensive final exam.* 

 You will need to bring a Scantron sheet, a clean sheet of paper, and No. 2 pencil to each exam.

**No make-up exams will be given.** Exams will not be given after the scheduled exam time. Missed exams will be assigned zero points. If you know ahead of time that you will be unable to attend class on an exam day, you **may** be able to make arrangements with the instructor to take the exam early. These arrangements must be made at least **two weeks** prior to the scheduled exam. Requests less than two weeks prior to a scheduled exam will not be honored. If you come late to class on an exam day, you will not be given additional time. See the Class Schedule for tentative exam dates.

### MASLOW SELF-ANALYSIS PAPER:

Students are required to complete a self-analysis written assignment. It will include the application of Maslow's Hierarchy of Needs to each student's personal lives.

#### **QUIZZES:**

There will be two (2) quizzes, each worth 25 points. Each quiz will cover information from the text, lectures, discussions, and videos. The quiz format will be true/false. Quiz chapters will be announced in class.

### **CLASS ATTENDANCE:**

Students are expected to be on time and attend every class. If you cannot attend faithfully, arrive on time, and remain for its entirety, you should not take this course. If you must miss a class, you are responsible for obtaining lecture notes from another student and to gain information regarding announcements or changes in the schedule that you may have missed. If you stop attending class without officially withdrawing from the course by the withdrawal deadline, you will receive an "F" for your final grade.

In accordance with the Washington State Attorney General's ruling on attendance, five (5)) absences or 20% absence during a course may constitute an automatic failure of the course. This course meets 4 times per week with the exception of July 4th, so five absences could mean an automatic failure.

# **CLASSROOM CONDUCT:**

It is important to make sure that the classroom environment is as conducive to scholarship as possible. Therefore, a few courtesies are required and will be enforced by the instructor:

#### 1. PUNCTUALITY:

Please be on time for class. Late arrivals distract both the instructor and other students. It results in a loss of important information and diverts students from hearing announcements and clarifies information from previous class discussions and readings. Once class has begun, do not leave before class is over. Students sometimes encounter circumstances in which they have to leave class before it is released. If you should have to leave early, please arrange to sit close to the door and do not re-enter the room once you have left.

## 2. CLASS PARTICIPATION:

Students are encouraged to participate in discussions of the theories and concepts that will be presented in class. This has the effect of expanding students' comprehension of the material and enriching the learning experience for yourself and other students. Many of the theories may seem counter-intuitive and will provoke much reaction. You are encouraged to share your reactions with the class as long as they pertain to the material. However, **side comments directed to other students contribute to distractions, not to learning, and will not be tolerated.** Students distracting from the lecture or topic discussions will be asked to remove themselves from the classroom for the remainder of that class period. If the problem persists, the student(s) will be referred to the Dean of Student Success for appropriate disciplinary actions.

#### 3. WIRELESS DEVICES:

Cell phones, iPods, MP3 players, and personal computers are a convenience, not a right and can create a distraction for other students. **Therefore, all wireless devices are to be turned off and out of sight while in this classroom.** Students whose cell phones ring during class, who engage in sending or receiving text messages, who are seen wearing ear buds, or who have an open personal computer, will be asked to remove themselves from the classroom for the remainder of the class period unless they have received prior permission by the instructor. If the problem persists, the student(s) will be referred to the Dean of Student Success for appropriate disciplinary actions.

#### 4. ADVISING:

The Psychology Department has an in-house advisor, Deanne Eschbach, located in D110C. Call 425-564-2216 or 425-564-2212 for an appointment.

#### 5. DISABLED STUDENTS:

Students with disabilities who have accommodation needs are encouraged to meet with the Disability Resource Center (DRC) office located in B132 (telephone 425-564-2498 or TTY 425-564-4110), to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter. Students who require in class course modifications, adaptations, or accommodations because of a disability should review the DRC accommodation letter with me during the first week of the quarter. Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with Disability Resource Center, and review those needs with the instructor as well. Information is also available at http://bellevuecollege.edu/drc/

### 6. SAFE SPACE:

This class is a Safe Space for all students. Lesbian, gay, bisexual, questioning, queeridentified, and transgendered students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this classroom and encouraged to share your thoughts and be an integral part of this class. If a student has any questions or concerns about this, feel free to speak with the instructor about it immediately. **All are welcome in this class!** 

#### 7. PLAGIARISM AND OTHER CONDUCT POLICIES:

Plagiarism is a form of academic dishonesty that occurs when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your professors. This may also be considered academic dishonesty.

<u>Consequences:</u> If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

Cheating, stealing, plagiarizing, and inappropriate or disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.

# 8. F GRADE:

Students who fail the course will receive a letter grade of "F".

#### 9. INCOMPLETE:

If a student fails to complete all the required work for the course, the instructor may assign the grade of Incomplete ("I"). You must contact the instructor before grades are assigned to be considered for this exception and you must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

# 10. FINAL EXAMINATION SCHEDULE:

The Social Science Division will adhere to the final examination schedule as stated in the BC Schedule. The final exam will be given August 11 at 7:30am in our classroom.

#### 11. WITHDRAWAL:

College policy states that students must formally withdraw from a class by July 28<sup>th</sup> in person or by July 31<sup>st</sup> by noon on line. (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

#### 12. HARDSHIP WITHDRAWAL:

The instructor may assign a grade of "HW" (hardship withdrawal) at his or her discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances that may have occurred after the withdrawal period. A student must contact the instructor **before** grades are assigned to be considered for this exception and you must provide proof of need for this exception. Students may also contact the Enrollment Services office **before** grades are assigned in cases of hardship. Please note that a Hardship Withdrawal is not a backdoor exit if you are failing the course.

#### 13. DISTRIBUTION OF GRADES:

Grades will not be posted in the Social Science Division office or in faculty offices, and secretaries will not give out grades. Students should access their grades through the Bellevue College web site.

#### 14. RETURN OF PAPERS AND TESTS:

Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if a student supplies the instructor with stamped, self-addressed envelope (with appropriate postage). Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.

# **STUDENT SUPPORT SERVICES:**

Submit proofread work only. If you need help with your writing, please make use of the following student support services:

- Academic Success Center: http://bellevuecollege.edu/academicsuccess/
- Academic Tutoring Center: http://bellevuecollege.edu/tutoring/
- TRiO Student Support Services: <a href="http://bellevuecollege.edu/TRiO/">http://bellevuecollege.edu/TRiO/</a>
- Bellevue College Writing Lab: http://bellevuecollege.edu/writing

#### LIBRARY MEDIA CENTER:

You are strongly encouraged to visit the LMC at least once a week, but you can also access it via the web. Talk to a Reference Librarian at the Library (D-126), by calling 425-564-6161, or by email at <a href="mailto:reference@bellevuecollege.edu">reference@bellevuecollege.edu</a>.

- Main Library Media Center: http://bellevuecollege.edu/lmc/
- For the LMC online catalog: http://bellevuecollege.edu/lmc/catalogs.html
- For article databases: http://bellevuecollege.edu/lmc/periodicals.html

# **CAMPUS CLOSURES:**

To get announcements of campus closures:

- Receive email and text messages through the BC Alert System (sign up at http://bellevuecollege.edu/alerts).
- Visit <u>www.SchoolReport.org</u> or subscribe to their emergency email and text message service.
- Call BC's emergency information line: 425-401-6680.

Check the BC home page (<a href="http://bellevuecollege/edu">http://bellevuecollege/edu</a>) for a link to the BC emergency information website, OR access that page directly at <a href="http://bellevuecollege.edu/publicsafety/">http://bellevuecollege.edu/publicsafety/</a>.

# **COURSE SCHEDULE**

WEEK:		CHAPTERS:	READINGS:
Week 1	June 27-30	Chapter 1 Chapter 2	Introduction and Research Methods Neuroscience and Behavior
Week 2			
	July 4	No Class	Campus Closed for Independence Day
	July 5-7		Consciousness and Its Variations
	July 7	Chapter 6 <b>Quiz 1</b>	Memory Chapter 6
Week 3			
	July 11-14	Chapter 7	Thinking, Language, and Intelligence
	July 14	Chapter 8 Exam 1	Motivation and Emotion
	July 14	Exami	Chapters 1, 2, & 4
Week 4			
	July 18-21	Chapter 9	Lifespan Development
		Chapter 10	Personality
	July 21	Quiz 2	Chapter 10
Week 5			
	July 25-28	Chapter 11	Social Psychology
		Chapter 12	Stress, health, and Coping
	July 25	-	Maslow Self-Assessment
	July 28	Exam 2	Chapters 7, 8, & 9
Week 6			
	August 1-4	Chapter 13 &14	Personality Disorder and Therapies
Week 7			
	August 8-10	Chapter 13 &14 (Continued)	
	August 11	Exam 3	Chapters 11, 12, 13, & 14