Lifespan Psychology

Psychology 200 (5 credits) Instructor: Virginia Bridwell

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Summer Quarter 2009

Required Text:

Laura E. Berk: Exploring Lifespan Development, 1st edition, Allyn and Bacon, Publisher.

Course Description:

This study of development encompasses the life cycle from conception to death. A survey of theories, research methods, prominent theoretical contributors and controversies will be covered and applied to experiential learning opportunities through demonstrations, field studies, and/or service learning.

Course objectives:

Upon completion of this course the successful student will:

- 1. Compare and contrast stage theory and transition theory, discussing continuity, stability and chronology issues.
- 2. Identify the three major research methods: descriptive, correlational and experimental designs and relate them to the unique challenges of developmental research.
- 3. Describe the interactions of genetics and environmental influences at each stage of the lifespan.
- 4. Compare and contrast the cognitive theory of Jean Piaget with the information processing theories of cognitive development.
- Compare and contrast the psychosocial theory of Erikson with the psychosexual theory of Freud.
- 6. Articulate the prenatal health issues and birthing options as influences on prenatal development.
- 7. Apply knowledge of cross-cultural research to developmental differences across the lifespan.
- 8. Articulate common issues and perspectives, for each life stage in order to communicate effectively across the lifespan.

Course requirements:

F

Your final grade will be based on a total of 600 points. They will be broken down as follows:

Exams = 400 points

Participation = 100 points

Field Studies = 100

In conformity with BCC's grading policy:

A	100 - 95	4.0
A-	95 - 90	3.7
B+	89 - 86	3.3
В	85 - 83	3.0
B-	82 - 80	2.7
C+	79 - 75	2.3
C	74 - 70	2.0
C-	69 - 60	1.7
D+	59 - 55	1.3
D	54 - 50	1.0

49 - Below 0.0

Exams:

There will be five exams, each worth 100 points. Your final grade will be calculated on the basis of your best four scores. Test format may consist of multiple-choice, essays and short answer questions. Tests will cover information from the text, lecture, demonstrations and videos. **No make-up exams will be given.**No Exceptions. Instead of make-up exams, you will be able to drop your lowest exam score. This condition can be used for only one exam, so use it wisely.

Participation:

One valuable characteristic of this course is that it is experiential. It provides the opportunity to observe and experiment with individuals who represent each of the stages of the life cycle by inviting willing subjects (your friends and family) to demonstrate the concepts that you will be learning about. Students will earn participation credit by:

- 1. Bringing a guest to class to be a part of a demonstration of various aspects of development
 - Your guest might not necessarily be in the group for which you will be preparing your demonstration.
 - b. Plan to present your demonstration on **each** of the guests present on that day; not only on the guest that you have brought.
 - c. Students who have brought a guest will be sure to check in their guest with me on the day that you bring the guest.
- 2. Developing demonstrations, activities, or interview questions for the guests.
 - a. Students will be evaluated on the clarity and accuracy of their presentations as well as their ability to work well in their group. See the Demonstration Scoring Rubric for detailed evaluation guidelines. You will be preparing a demonstration that will be used on each of the guests in the demonstration.
 - **b.** Students who have presented a demonstration will write a summary of the demonstration that he/she presented. **It is due the following Monday after your demonstration.**
 - c. This summary will cover a critique of the group presentation, an identification of the demonstration or guest and a discussion of the theory or concept that was presented.
 - d. Participation points are broken down as follows:
 - *Prepare a quality demonstration = 50 points
 - *Demonstration self evaluation = 25 points
 - *Bring a guest = 25 points; ten points for each additional guest, with a
 - -maximum of three guests
 - Total points: 100 (with a potential for extra credit)
- 3. Students will sign up to participate in the scheduled activities by the second week of the quarter. Demonstrations are to be cleared by me at least one week prior to the presentations. Attendance is required on demonstration days.

Writing Assignments:

The writing assignments are intended to help you apply the concepts and theories of Lifespan Psychology to your daily life. The assignments are found in the handout that you received with your syllabus.

Students are required to complete **two** selected learning activities, each worth 50 points (totaling 100 points). Each activity is to be completed, written up, and brought to class on the dates indicated in the handout. All papers must be typed, double spaced, and materials of two or more pages **must** be stapled. Activity write-ups will be evaluated in accordance with the following terms:

- 1. The information is presented with clarity.
- b. Your paper is turned in on time. Late paper will be assessed 10% each day that it is late.
 - 1. You are able to demonstrate an analysis of the information gathered.
 - 2. Your papers show an ability to relate the observations and analyses to the theories that are relevant

In other words, it is not enough to gather the data; you must demonstrate that you have given the projects some considerable thought and related it to what you are learning from the course.

WEEK OF:	CHAPTERS:	READINGS AND DISCUSSIONS:
6/29	Chapter 1 Chapter 2 Chapter 3	History, Theory and Research Strategies Biological and Environmental Foundations Prenatal Development, Birth and the Newborn
7/6	EXAM I	CHAPTERS 1, 2 & 3
7/6 7/6	Chapters 4 & 5 Chapter 6	Physical and Cognitive Development in Infancy and Toddlerhood Emotional and Social Development in Early Childhood
7/13	EXAM II	CHAPTERS 4, 5 &6
7/13	Chapter 7 Chapter 8	Physical and Cognitive Development in Early Childhood Emotional and Social Development in Early Childhood
7/20	Chapter 9 Chapter 10	Physical and Cognitive Development in Middle Childhood Emotional and Social Development in Middle Childhood
7/27	EXAM III	CHAPTERS 7, 8, 9 & 10
7/27	Chapter 11 Chapter 12	Physical and Cognitive Development in Adolescence Emotional and Social Development in Adolescence
7/29	Chapter 13 Chapter 14	Physical and Cognitive Development in Early Adulthood Emotional and Social Development in Early Adulthood
8/3	EXAM IV	CHAPTERS 11, 12, 13,& 14
8/3 8/3	Chapter 15 Chapter 16 Chapter 17	CHAPTERS 11, 12, 13,& 14 Physical and Cognitive Development in Middle Adulthood Emotional and Social Development in Middle Adulthood Physical and Cognitive Development in Late Adulthood
	Chapter 15 Chapter 16	Physical and Cognitive Development in Middle Adulthood Emotional and Social Development in Middle Adulthood

PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION Revised Summer 2009

Cheating, Stealing and Plagiarizing*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.

Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

F Grade

Students who fail a course will receive a letter grade of "F."

Final Examination Schedule

The Social Science Division will adhere to the final examination schedule as stated in the BC Schedule. Final examinations will be held at the end of each quarter at fixed times. Instructors will not give examinations in advance of the regular schedule. A student who is absent from any examination held at any time during the quarter may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be present at any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

Withdrawal From Class

Academic Year: College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

Summer Quarter: College policy states that students must formally withdraw from a class by the end of the fifth week of the quarter (Registration Office, B125). After the sixth day and through the end of the fifth week of the quarter, the "W" grade will become part of the student's transcript record.

Hardship Withdrawal

Instructors may assign the grade of "HW" (hardship withdrawal) at their discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances. Students may also contact the Enrollment Services office BEFORE grades are assigned in cases of hardship.

Students Who Require Disability Accommodations:

Students with disabilities who have accommodation needs are encouraged to meet with the <u>Disability Resource Centre</u> (DRC) office located in B132 (telephone 425.564.2498 or TTY 425.564.4110), to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter. Students who require accommodation in class should review the DRC accommodation letter with each instructor during the first week of the quarter.

Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with <u>Disability Resource Centre</u>, and review those needs with the instructor as well.

Distribution of Grades

Grades will not be posted in the Social Science Division or in faculty offices, and secretaries will not give out grades. Students should access their grades through the BC Web site.

Return of Papers and Tests

Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if student supplies the instructor with stamped, self-addressed envelope (with appropriate postage); or by the instructor designating a time and place whereby the student may retrieve his/her papers. Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.

*If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Dean of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.