

PSYCHOLOGY 100
INTRODUCTION TO PSYCHOLOGY
ITEM 5401, SECTION TRB
COURSE SYLLABUS
SPRING QUARTER 2011

INSTRUCTOR:

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Phone: 425-564-2503 (Voice Mail Direct Line)
Office Hours by Appointment Only
To Make an Appointment: 425-564-2212
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REQUIRED TEXT:

Hockenbury, Don H. & Hockenbury, Sandra E., *Discovering Psychology*, 5th Edition, Worth Publishers, 2011.

COURSE DESCRIPTION:

Psychology is the scientific study of behavior and mental processing. In this survey course, important basic areas of psychological research will be examined, including the biological aspects of life, social, emotional and cognitive development, as well as diagnosis and treatment of individual and social problems. This course will emphasize terminology, methodology, concepts and principles of psychology in the context of the dominant historical and theoretical perspectives.

COURSE OBJECTIVES:

Upon completion of this course, the successful student will be able to:

1. Describe the purpose, comprehensive scope, and areas of application in the discipline of psychology.
2. Demonstrate knowledge of the scientific process by applying and/or critiquing various research methods used by psychologists in the study of behavior.
3. Recognize, compare and contrast various theoretical perspectives used to explain and guide psychological research and application.
4. Identify historical and present-day contributions of major psychologists.
5. Define important psychological terms, concepts, processes and principles.
6. Apply critical thinking to assumptions, claims and common sense ideas about behavior.
7. Demonstrate the application of psychological principles and findings to one's own life.

GENERAL EDUCATION OUTCOMES:

This course meets the following General Education outcomes:

1. Critical Thinking, Creativity, and Problem Solving (2)
2. Cultural Diversity (2)
3. Nature of Science (2)

A NOTE ABOUT COURSE CONTENT:

Since Introduction to Psychology examines literally every aspect of the individual, this course will discuss some provocative material. Please be advised that when controversial topics are explored, they will be framed within an academic context. Keep in mind that finding oneself in a space outside of one's comfort zone is an opportunity for learning. Students may be confronted with subject matter that is difficult to watch, see, discuss, or listen to. Please note, however, that you will be responsible for any course material you miss if you choose not to participate. If a student has any questions or concerns about course content or climate, feel free to speak with the instructor about it immediately.

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COURSE REQUIREMENTS:

In conformity with BC's grading policy, the grades will be assigned as follows (percentages).

A	100 – 93%	600 – 555 Points	C+	79 – 77%	476 – 459 Points
A-	92 – 90%	554 – 537 Points	C	76 – 73%	458 – 435 Points
B+	89 – 87%	536 – 519 Points	C-	72 – 70%	434 – 417 Points
B	86 – 83%	518 – 495 Points	D+	69 – 67%	416 – 399 Points
B-	82 – 80%	494 – 477 Points	D	66 – 60%	398 – 357 Points
			F	59% - Below	356 – 000 Points

Your final grade will be based on a total of 600 points and will be determined on the basis of points earned, rather than on a curve. Possible points for each part of the class are as follows:

400 possible points – Exams
100 possible points – Research Paper
80 possible points – Quizzes
20 possible points – Classroom Participation

EXAMS:

There will be five (5) exams, each worth 100 points. Each exam will cover information from the text, lectures, discussions, and videos. The test format may contain multiple choice, fill-in-the-blank, short answer, or essay questions. Anything covered in the classroom should be considered testable information. *There will be no comprehensive final exam.*

Your grade will be calculated on the basis of your best four (4) exam scores. Your lowest exam score from the first four exams will be automatically dropped. Attendance for the final exam is required and that exam score will be computed into your final grade for the course. You will need to bring a Scantron sheet and No. 2 pencil to each exam.

No make-up exams will be given. Exams will not be given after the scheduled exam time. Missed exams will be assigned no points. If you are unable to attend class on an exam day, the missed exam may be used as your lowest score, if it is one of the first four exams. Only one missed exam score will be dropped.

If you know ahead of time that you will be unable to attend class on an exam day, you may be able to make arrangements with the instructor to take the exam early. These arrangements must be made at least *two weeks* prior to the scheduled exam. Requests less than two weeks prior to a scheduled exam will not be honored. If you come late to class on an exam day, you will not be given additional time. See the Class Schedule for tentative exam dates.

RESEARCH PAPER:

Your writing assignment will consist of a research paper that surveys research on any aspect of human behavior that can be explained from two (2) of the seven (7) theoretical perspectives in the field of psychology.

You are to find four articles for each perspective from *academic journals*, otherwise referred to as peer reviewed articles. **This does not include non-professional publications, such as *Psychology Today*, *Discover Magazine*, etc.** These articles will represent two the seven theoretical perspectives we will be discussing in the first week of the course. You will identify the words and phrases or research methods that indicate to you the perspective from which it is being written.

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The following are suggestions and possible starting points for your research:

1. Self-mutilation
 - a. In college students
 - b. In adolescent girls
2. Depression
 - a. Sexual and/or social differences
 - b. Effectiveness of specific pharmaceuticals
3. Stress
 - a. Physiological effects
 - b. Treatment modalities
4. Blended Families
 - a. Major stressors
 - b. Success/failure patterns
5. Violent Crime
 - a. Effects on the victim
 - b. Effects on the perpetrator
6. Sexual Orientation
 - a. Origins of hetero and homosexuality
 - b. Religious influences on sexual orientation
7. Parenting over Age 40
 - a. Effects on the mother
 - b. Effects on the fetus
8. Sex and Sexuality
 - a. Changing views of premarital virginity
 - b. Sexual satisfaction among different age groups
9. Post Traumatic Stress Disorder (PTSD)
 - a. Effects on the victim
 - b. Effects on the family of the victim

Research Paper Format:

On a cover page attached to each printed article, you will summarize the article in your own words, discuss your understanding of the perspective that it reflects and discuss the indicators that helped you recognize the perspective from which it is written.

Your paper will end with your personal conclusions regarding your research, including whether or not you concur with the findings and your reasoning behind your opinion.

Your research paper must be typed using either 12-point Arial or 12-point Helvetica fonts, double-spaced, stapled, and bound in a flat binder. **No three-holed binders or plastic covers will be accepted.**

Late papers will be assessed ten percentage points (10%) for **each day** that they are late. This includes the days when class does not meet, but does not include weekends when the Social Science Division office is closed. **There are no exceptions.** Deliver late papers between class meeting days to the Social Science Division Office at room D110 and **send me an email notifying of your completed journal.** (Staff at the division office will stamp your journal with the current date and time when you submit it). Bring late papers on class meeting days directly to class to avoid an additional day's assessment.

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QUIZZES:

There will be two (2) quizzes, each worth 40 points. Each quiz will cover information from the text, lectures, discussions, and videos. The quiz format will be fill-in-the-blank. Quiz chapters will be announced in class.

CLASS ATTENDANCE:

Students are expected to be on time and attend every class. If you cannot attend faithfully, arrive on time, and remain for its entirety, you should not take this course. If you must miss a class, you are responsible for obtaining lecture notes from another student and to gain information regarding announcements or changes in the schedule that you may have missed. If you stop attending class without officially withdrawing from the course by the withdrawal deadline, you will receive an "F" for your final grade.

In accordance with the Washington State Attorney General's ruling on attendance, ten (10) absences or 20% absence during a course may constitute an automatic failure of the course.

This course meets 22 times per quarter, so four absences would mean an automatic failure.

CLASSROOM CONDUCT:

It is important to make sure that the classroom environment is as conducive to scholarship as possible. Therefore, a few courtesies are required and will be enforced by the instructor:

1. PUNCTUALITY:

Please **be on time** for class. Late arrivals distract both the instructor and other students. It results in a loss of important information and diverts students from hearing announcements and clarify information from previous class discussions and readings. Once class has begun, **do not leave before class is over**. Students sometimes encounter circumstances in which they have to leave class before it is released. If you should have to leave early, **please arrange to sit close to the door and do not re-enter the room once you have left**.

2. CLASS PARTICIPATION:

Students are encouraged to participate in discussions of the theories and concepts that will be presented in class. This has the effect of expanding students' comprehension of the material and enriching the learning experience for yourself and other students. Many of the theories may seem counter-intuitive and will provoke much reaction. You are encouraged to share your reactions with the class as long as they pertain to the material. However, **side comments directed to other students contribute to distractions, not to learning, and will not be tolerated**. Students distracting from the lecture or topic discussions will be asked to remove themselves from the classroom for the remainder of that class period. If the problem persists, the student(s) will be referred to the Dean of Student Success for appropriate disciplinary actions.

3. WIRELESS DEVICES:

Cell phones, iPods, MP3 players, and personal computers are a convenience, not a right and can create a distraction for other students. **Therefore, all wireless devices are to be turned off and out of sight while in this classroom**. Students whose cell phones ring during class, who engage in sending or receiving text messages, who are seen wearing ear buds, or who have an open personal computer, will be asked to remove themselves from the classroom for the remainder of the class period unless they have received prior permission by the instructor. If the problem persists, the student(s) will be referred to the Dean of Student Success for appropriate disciplinary actions.

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4. ADVISING:

The Psychology Department has an in-house advisor, Deanne Eschbach, located in D110C. Call 425-564-2216 or 425-564-2212 for an appointment.

5. DISABLED STUDENTS:

Students with disabilities who have accommodation needs are encouraged to meet with the Disability Resource Center (DRC) office located in B132 (telephone 425-564-2498 or TTY 425-564-4110), to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter. Students who require in class course modifications, adaptations, or accommodations because of a disability should review the DRC accommodation letter with me during the first week of the quarter. Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with Disability Resource Center, and review those needs with the instructor as well. Information is also available at <http://bellevuecollege.edu/drc/>

6. SAFE SPACE:

This class is a Safe Space for all students. Lesbian, gay, bisexual, questioning, queer-identified, and transgendered students along with students of all cultures, nationalities, and spiritual beliefs are welcome in this classroom and encouraged to share your thoughts and be an integral part of this class. If a student has any questions or concerns about this, feel free to speak with the instructor about it immediately. **All are welcome in this class!**

7. PLAGIARISM AND OTHER CONDUCT POLICIES:

Plagiarism is a form of academic dishonesty that occurs when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your professors. This may also be considered academic dishonesty.

Consequences: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

Cheating, stealing, plagiarizing, and inappropriate or disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.

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8. F GRADE:

Students who fail the course will receive a letter grade of "F".

9. INCOMPLETE:

If a student fails to complete all the required work for the course, the instructor may assign the grade of Incomplete ("I"). You must contact the instructor before grades are assigned to be considered for this exception and you must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

10. FINAL EXAMINATION SCHEDULE:

The Social Science Division will adhere to the final examination schedule as stated in the BC Schedule. Final examinations will be held at the end of each quarter at fixed times.

11. WITHDRAWAL:

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

12. HARDSHIP WITHDRAWAL:

The instructor may assign a grade of "HW" (hardship withdrawal) at his or her discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances that may have occurred after the withdrawal period. A student must contact the instructor *before* grades are assigned to be considered for this exception and you must provide proof of need for this exception. Students may also contact the Enrollment Services office *before* grades are assigned in cases of hardship.

13. DISTRIBUTION OF GRADES:

Grades will not be posted in the Social Science Division office or in faculty offices, and secretaries will not give out grades. Students should access their grades through the Bellevue College web site.

14. RETURN OF PAPERS AND TESTS:

Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if a student supplies the instructor with stamped, self-addressed envelope (with appropriate postage). Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.

STUDENT SUPPORT SERVICES:

Submit proofread work only. If you need help with your writing, please make use of the following student support services:

- Academic Success Center: <http://bellevuecollege.edu/academicsuccess/>
- Academic Tutoring Center: <http://bellevuecollege.edu/tutoring/>
- TRiO Student Support Services: <http://bellevuecollege.edu/TRiO/>
- Bellevue College Writing Lab: <http://bellevuecollege.edu/writinglab/>

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LIBRARY MEDIA CENTER:

You are strongly encouraged to visit the LMC at least once a week, but you can also access it via the web. Talk to a Reference Librarian at the Library (D-126), by calling 425-564-6161, or by email at reference@bellevuecollege.edu.

- Main Library Media Center: <http://bellevuecollege.edu/lmc/>
- For the LMC online catalog: <http://bellevuecollege.edu/lmc/catalogs.html>
- For article databases: <http://bellevuecollege.edu/lmc/periodicals.html>

CAMPUS CLOSURES:

To get announcements of campus closures:

- Receive email and text messages through the BC Alert System (sign up at <http://bellevuecollege.edu/alerts>).
- Visit www.SchoolReport.org or subscribe to their emergency email and text message service.
- Call BC's emergency information line: 425-401-6680.
- Check the BC home page (<http://bellevuecollege.edu>) for a link to the BC emergency information website, OR access that page directly at <http://bellevuecollege.edu/publicsafety/>.

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COURSE SCHEDULE

<u>WEEK:</u>	<u>CHAPTERS:</u>	<u>READINGS:</u>
<i>Week 1</i> April 5 & 7	Chapter 1	Introduction and Research Methods
<i>Week 2</i> April 12 & 14	Chapter 2	Neuroscience and Behavior
<i>Week 3</i> April 19 & 21 April 21	Chapter 3 Exam 1	Sensation and Perception Chapters 1 & 2
<i>Week 4</i> April 26 & 28 April 28	Chapter 4 Quiz 1	Consciousness and Its Variations Chapters 1, 2, & 3
<i>Week 5</i> May 3 & 5 May 5	Chapter 5 Chapter 6 Exam 2	Learning Memory Chapters 3 & 4
<i>Week 6</i> May 10 & 12	Chapter 7 Chapter 8	Thinking, Language, and Intelligence Motivation and Emotion
<i>Week 7</i> May 17 & 19 May 19	Chapter 9 Exam 3	Lifespan Development Chapters 5 & 6
<i>Week 8</i> May 24 & 26 May 26	Chapter 10 Paper Due Quiz 2	Personality Research Paper Due at Class Chapters 8, 9, & 10
<i>Week 9</i> May 31 & June 2 June 2	Chapter 11 Exam 4	Social Psychology Chapters 8, 9, & 10
<i>Week 10</i> June 7 & 9	Chapter 12 Chapter 13	Stress, Health, and Coping Psychological Disorders
<i>Week 11</i> June 14	Chapter 14	Therapies
<i>Finals Week</i> June 15, 16, & 17 June 16, 7:30am	Exam 5	Chapters 11, 13 & 14