

Anthropology 235: Cross-Cultural Medicine

Instructor:

Name:	Anthony Tessandori, M.A.
Office:	A100D
Office Hours:	T/Th 10:30 – 12:30 and Wednesday 3:00 – 4:00
Telephone:	425-564-4188
Email:	Tony.tessandori@bellevuecollege.edu

Meeting Times & Locations

Monday/ Wednesday

12:30 – 2:40

Final

Wed, 3/23 11:30-1:20

Course Overview:

Anthropology is the holistic study of humans. We combine methods, theories, and data from natural sciences, social sciences and humanities to examine human experience in the broadest framework possible. Anthropology courses explore human biology, origins, prehistory, cultural diversity, and religious experience. Students in anthropology courses acquire basic skills in critical thinking, oral and written communication, quantitative reasoning, group interaction, and cultural diversity.

Content for Anthropology 235: Cross Cultural Medicine

This course offers students a holistic and cross-cultural overview of cultural and social influences on disease and health care. It examines the role of social and cultural factors in influencing the type and frequency of disease, the way people define and explain disease as well as health. It will also explore the way people adapt to changing environments, and the manner in which people respond and relate to the delivery of modern medicine. We will also examine the application of evolutionary principles to the realm of public health and disease control.

At the conclusion this class you will be able to:

- Define the role of medical anthropology in cross-cultural studies of health and outline methods of study for cross-cultural health practices
- Compare and contrast cross-culturally the definition of health, sickness and healing and the role of health practitioners
- Analyze the relationship between biology, culture and social factors and their influences on health
- Explain cultural adaptations to changing environments and how these variable impacts health
- Critique global cultural and social patterns that affect epidemiology

General Education Requirements

Gen Ed Requirement	Rating
Critical Thinking, Creativity, and Problem Solving	1
Research/Information Literacy	1
Computer Literacy	1
Historical and Intellectual Perspectives	1
Cultural Diversity	3

The Nature of Science	1
Science & the Natural World	1

Student Responsibilities

To make the most out of the educational opportunities in this class, you need to take an active and energetic role in your own learning process. Success can best be achieved by completing the following student responsibilities.

- Complete all reading assignments before class on the day assigned.
- Participate actively in each discussion activity. We cannot reproduce a classroom level discussion so no make-up discussions are available. Absences will have a negative impact on your grade.
- Take advantage of extra credit opportunities.
- Use the instructor's office hours for questions.

Textbook Requirements

- **Text: "Exploring Medical Anthropology" (2010) by Donald Joralemon, Published by Prentice Hall (Required)**
- **"Mountains Beyond Mountains" (2003) by Tracy Kidder, Published by Random House (Required)**

Other things you will need

- **A package of 3 x5 cards (you can share these with several other students).**
- **Spiral Bound Note book (by the second week of the quarter).**

Evaluation

Student evaluation centers upon successful mastery of the course content.

Final grades will be based upon the following set of assignments and point distributions.

- Ethnography of an Illness Project (Journal): 200 pts.
- Ethnography of an Illness Project (Presentation): 200 pts.
- "Mountains" discussion cards: 100 pts.
- Article discussion and V-Method: 100 pts.
- Quizzes (2 @ 25 pts. ea.): 50 pts.

Medical Ethnographic Project Journal and Presentation

Part of understanding and developing a sense for the difference between perception and reality of an illness incident is to learn someone's story. The Medical Ethnographic Project will give you the opportunity to study an actual case of illness and various perspectives around it. For this project you will interview a person with an illness, or someone whom has had an illness. When I say illness I do not mean an everyday illness (Colds, Flues, Allergies...). We are looking for conditions that have the potential to alter someone's life. As a second step you will also interview a person involved in the "ill" person's life. This will provide you with another perspective of the illness.

There are two steps to this project: You will keep a journal of your experiences. I expect this journal be a week by week when not actively conducting interviews and occasionally day by day when interviewing and analyzing data.

The second step is a presentation. You will put together a 20 minute presentation on the illness event you studied. You need to discuss the both the insiders (emic) and the outsiders (etic) perspectives. A more detail explanation will be handed out in class. The presentations will occur during the week of class and

finals week. All students are required to attend all student presentations. Students missing presentations will lose points. **Late write-ups are subject to 10% reduction in points each day it is late.**

“Mountains” Discussions

To expand your knowledge and broaden the scope of your medical anthropological perspective we will be reading the first 14 chapters of **“Mountains Beyond Mountains” by Tracy Kidder**. This book presents a real world case of the issues we will discuss in class. We will conduct weekly in-class discussions on two chapters from this book.

In order to get credit for each discussion you must follow the steps below.

Your grade will be based on two components:

1st Your ticket to discussion – On a 3x5 card you must have two points of interest or questions from each chapter we are discussing.

2nd Your participation in the discussion – **If you don’t talk, you don’t get the points.**
If you miss a discussion you will not receive the points.

I encourage you to read the entire book. It is a great story with a lot of important issues discussed.

Article Discussions

We will also read primary source articles. These will be journal or reader articles that will look at specific issues surrounding Medical Anthropology. These articles will be posted to MyBC.

There will be two parts to these articles as well. The first part consists of the in-class discussion which will account for 1/3 of the points. You must contribute to the discussion to get the full amount of points. The remaining 2/3 of the points will come from your completion of the V-method of analysis sheets. This method will help develop skill in critiquing primary source articles. More information will be provided later.

Quizzes

There will be two 25 point quizzes this quarter. There will be one at the mid-point of the quarter and one near the end. The material covered will correspond to the material covered in the sections prior to the quiz. The second quiz will not be cumulative.

Grading Scale

Your final grade will be based upon the accumulation of points using the table below. Points shown indicate the lowest for each given grade.

Grade & Percentage	Point Value
A = 92-100%	(598-650 pts)
A- = 90-91%	(585-597 pts)
B+ = 88-89%	(572-584 pts)
B = 82-87%	(533-571 pts)
B- = 80-81%	(520-532 pts)
C+ = 78-79%	(507-519 pts)

C = 72-77%	(468-506 pts)
C- = 70-71%	(455-467 pts)
D+ = 68-69%	(442-454 pts)
D = 50%-67%	(325-441 pts)
F = <50%	(<325 pts)

Academic Integrity and Safe Zone

This class is designed to explore and discuss controversial issues. Sometimes these issues evoke emotional or personal repossess. It is important for students to be able to speak their minds without worrying about ridicule, demeaning remarks, or hurtful statements. Any occurrences of such comments will be dealt with immediately.

Cheating and plagiarism will not be accepted. Proper citation of ideas, concepts and quotes that are not your own is required. Cheating and plagiarism will result in a zero score on that assignment and will be reported to the Vice President of Student Services for disciplinary action.

Course Schedule

Week	Date	Text and "Mountains" readings	Assignments, and Activates	Lecture topic
Week 1	1/3 & 1/5	Text: Chapter 1 and 2	Ethnographic Project	<ul style="list-style-type: none"> Introduction to course Ethnographic methods – Interviewing
Week 2	1/10 & 1/11	Text: Chapter 3 Mountains: Ch. 1, 2		<ul style="list-style-type: none"> System of Medicine Disease 'vs' Illness - Signs 'vs' Symptoms
Week 3	1/19 No class 1/17	Text: Chapter 4 Article 1	Turn in topic	<ul style="list-style-type: none"> Disease Causation and Treatment Symbolic Healing and Harming
Week 4	1/24 & 1/26	Text: Chapter 5 Mountains: Ch. 3, 4	Activity 1	<ul style="list-style-type: none"> The Cultural Construction of Disease Culturally bound syndromes
Week 5	1/31 & 2/2	Text: Chapter 6 and 7 Article 2	Quiz 1	<ul style="list-style-type: none"> Meaning, Medicine, and Illness Institution(s) of Medicine
Week 6	2/7 & 2/9	Text: Chapter 8 Mountains: Ch. 5, 6		<ul style="list-style-type: none"> Health in the Larger Social Context Stigmatized Conditions
Week 7	2/14 & 2/16	Chapter 11 and 12 Mountains: Ch. 7, 8		<ul style="list-style-type: none"> Construction of Illness The Challenge of Chronic Illness
Week 8	2/23 No class 2/21	Text: Chapter 9 Mountains: Ch. 9, 10		<ul style="list-style-type: none"> Guest Speaker
Week 9	2/28 & 3/2	Text: Chapter 10 Mountains: Ch. 11, 12		<ul style="list-style-type: none"> Darwinian Medicine
Week 10	3/7 & 3/9	Mountains: Ch. 13, 14 Article 3	Quiz 2	<ul style="list-style-type: none"> Life History and Fetal Origins Hormones and Culture
Week 11	3/14 & 3/16			<ul style="list-style-type: none"> Ethnography of a disease presentations
Finals	3/23	11:30 a.m.-1:20 p.m.		<ul style="list-style-type: none"> Ethnography of a disease presentations

'Non-schedule class cancellations or SNOW DAYS

The possibility is always there that class will be cancelled due to weather or an illness that affects me. In the case that class is unexpectedly cancelled, I will post information on MyBC. This will include lecture material, assignments and handouts. It is your responsibility to check this in a timely manner and before the next class session. Material provided in this way will be covered as a review in class but will not be lectured on in detail.

Bellevue Community College
 Anthropology 235
 5 Units

Final Exam Schedule

Daily or M/W or M/W/F ONLY	Exam Day	Exam Time
7:30	Mon, 3/21	7:30-9:20
7:50 or 8:30	Wed, 3/23	7:30-9:20
9:30	Mon, 3/21	9:30-11:20
10:10 or 10:30	Wed, 3/23	9:30-11:20
11:30	Mon, 3/21	11:30-1:20
12:30	Wed, 3/23	11:30-1:20
1:30	Mon, 3/21	1:30-3:20
2:30 or 3:00	Wed, 3/23	1:30-3:20
3:30	Mon, 3/21	3:30-5:20
4:30	Wed, 3/23	3:30-5:20

T/Th or T/TH/F only	Exam Day	Exam Time
7:30, 7:50 or 8:30	Tues, 3/22	7:30-9:20
9:30, 10:10 or 10:30	Tues, 3/22	9:30-11:20
11:30 or 12:30	Tues, 3/22	11:30-1:20
1:30 or 2:30	Tues, 3/22	1:30-3:20
3:00, 3:30 or 4:30	Tues, 3/22	3:30-5:20

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WHAT COURSES IN ANTHROPOLOGY ARE OFFERED AT BC?

There is a general introductory class (Survey of Anthropology) which highlights all four subdisciplines of anthropology. BC offers in-depth courses in Anthropology which I encourage you to take: archaeology (Great Discoveries in Archaeology; Archaeology; Ancient North America; Incas & Their Ancestors; Aztecs, Mayas, & Their Ancestors), biological anthropology (Biological Anthropology; Bioanthropology with Lab; Cross-cultural Medicine; Forensic Anthropology), cultural anthropology (Food, Drink, & Culture; American Life & Culture; Cultural Anthropology; Sex, Gender, & Culture; Environment & Culture; REEL Culture; Religion & Culture) and linguistics (Language, Culture, & Society). Check BC's Course Catalogue for a full description of each course. We will also be offering several special topics courses spanning the discipline. Topics may include Primatology, Experimental Archaeology, Anthropology of Immigration and Scandinavian Culture. There are no prerequisites for any of these courses and they fulfill degree requirements. Different formats (on campus, on-line, hybrid) are offered. Stop by and visit the Social Science Advisor, Deanne Eschbach, in Room D110, for free professional planning and advising, or contact Anthropology Prof. Tony Tessandori (tony.tessandori@bellevuecollege.edu) to learn more about majoring in anthropology.

WHAT COURSES ARE WE OFFERING FOR THE Spring 2011? (Tentative Schedule)

	MONDAY/WEDNESDAY	TUESDAY/THURSDAY
8:30 – 10:20 am	ANTH& 100: Survey of Anthropology - hybrid	ANTH& 206: Cultural Anthropology -hybrid
10:30 – 11:20 am	ANTH 197 Natives American Culture of the Southwest	Monday – Thursday and one hour online
10:30 – 12:20pm	ANTH232 REEL Culture	ANTH& 208 Language, Culture & Society
12:30 – 2:40 pm	ANTH 108 Food, Drink and Culture	ANTH& 215A Biological Anthropology with Lab
	ANTH 222 Environment & Culture	ANTH& 234 Comparative Religion
3:00 – 5:10 pm		ANTH& 215B Biological Anthropology with Lab
7:50 – 10:00 p		ANTH& 100 Survey of Anthropology

We also have many of the same courses offered online.

Bellevue Community College

Anthropology 235

5 Units

WOULD YOU LIKE TO JOIN THE WEIRD ANTHROPOLOGY CLUB?

Anthropologists can and do study just about anything. In this class, you will learn about some of the usual topics...Join the club and find out about the other stuff. The Weird Anthropology Club's mission is to explore topics that other groups do not cover. You can expect to investigate topics from Bigfoot to indigenous hunting techniques and everything else in between. Please contact Anthropology Professor Tony Tessandori, club advisor, if you are interested in joining other weird anthropologists in their pursuit of understanding humanity. (tony.tessandori@bellevuecollege.edu) →

Want to know how great you would look as a cavewoman or caveman?

Go to: www.humanorigins.si.edu/resources/multimedia/mobile-apps



ARE YOU INTERESTED IN EARNING A CONCENTRATION IN ANTHROPOLOGY, ALONG WITH YOUR DEGREE?

In addition to earning an AAS degree, you can take 20 credits of required courses to earn a concentration in Anthropology. These four courses provide the basic foundation of Anthropology and represent the 4-field approach of American Anthropology. By next academic year, all of them will be offered on-line.

ANTH& 204 – Archaeology (5 credits of Social Science)

ANTH 208 – Language, Culture, & Society (5 credits of Humanities or Social Science)

ANTH& 206 – Cultural Anthropology (5 credits of Social Science)

ANTH& 215 – Bioanthropology with Lab (5 credit of Lab Science)

STUDENTS WITH DISABILITIES: If you have medical information to share with me in the event of an emergency, please contact me via email or come to see me during office hours. Emergency preparedness is important! If you need course modifications, adaptations, or accommodations because of a disability, I can refer you to our Disability Resource Center (DRC). If you prefer, you may contact them directly by going to B132 or by calling 425.564.2498 or TTY 425.564.4110. Information is also available on their website at <http://bellevuecollege.edu/drc/>

EXPLORE THE LMC! The Library Media Center is at your fingertips! I *strongly* encourage you to visit the LMC at least once a week, but you can also access it via the web. Talk to a Reference Librarian at the Library (D-126), by calling (425) 564-6161, or by email: reference@bellevuecollege.edu.

- **Main Library Media Center:** <http://bellevuecollege.edu/lmc/>
- **For the LMC online catalog:** <http://bellevuecollege.edu/lmc/catalogs.html>
- **For article databases:** <http://bellevuecollege.edu/lmc/periodicals.html>

For all of your written work: Submit proofread work **only**. Work not proofread will be returned **once** for a rewrite, expected to be handed in within 48 hours. If you need help with your writing, please make use of the following student support services:

- Academic Success Center: <http://bellevuecollege.edu/academicsuccess/>
- Academic Tutoring Center: <http://bellevuecollege.edu/tutoring/>
- TRiO Student Support Services: <http://bellevuecollege.edu/TRiO/>
- Writing Lab @ BCC: <http://bellevuecollege.edu/writinglab/>

Preventing Plagiarism: Plagiarism is a form of academic dishonesty occurring when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your professors. This may also be considered academic dishonesty.
- f. Consequences: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

Bellevue Community College
Anthropology 235
5 Units

Syllabus Agreement

By signing this sheet and returning it to class by January 13th I affirm that I have read and understand the requirement of Anth&235 Cross-Cultural Medicine WINTER 2011.

Name (printed): _____

Signature: _____

Date: _____