

## Welcome to Psychology!

*"Education is not just the filling of a pail, it is the lighting of a fire." □*

*~B. F. Skinner*

### COURSE INFORMATION

Quarter/Year: Winter 2009

Course title: PSYC& 100 General Psychology

*Previously PSYCH 100 Introduction to Psychology*

Times: 10:30 am – 12:20 am MW

Course ID: 5645 F

Credit hours: 5

Location: B101

### INSTRUCTOR INFORMATION

Instructor: Carol Anderson

Email: canderso@bellevuecollege.edu

Phone/Voicemail: 425-564-2327

Social Science Division Office: 425-564-2331

Social Science Division website: <http://www.bellevuecollege.edu/socsci/>

Office location: D100 F

Office Hours: M-Th 9:45 – 10:15 PM

MW 12:30- 1:30 PM

TTh 2:45 - 3:15 PM

### MATERIALS

Required Text: Myers, D. G. (2008). Exploring psychology, 7<sup>th</sup> Edition. NY: Worth.

### COURSE OVERVIEW

Catalog Course Description: Presents methods, concepts, and principles of psychology. Topics include psychophysiology, sensation and perception, learning and memory, motivation, development, emotion, health, stress, personality, and abnormalities and treatments.

This is an introductory-level course that will survey most of the major issues in the field of psychology. The major goals of this course are to:

1. Examine how human behavior is studied and analyzed by psychologists.
2. Gain greater insight into human behavior.
3. Develop familiarity with the theories describing human behavior.
4. Become familiar with the symptoms of psychological disorders and the various treatment options.
5. Develop critical thinking skills and become prepared to be cautious and analytical consumers of information that proclaims to be scientific or based on some form of research.

### COURSE LEARNING OBJECTIVES

Upon completion of Psychology 100, students will be able to:

1. Describe the purpose, comprehensive scope, and areas of application in the field of psychology.
2. Demonstrate knowledge of the scientific process by applying and/or critiquing various research methods used by psychologists in the study of behavior.
3. Recognize, compare, and contrast various theoretical perspectives used to explain and guide psychological research and application.
4. Identify historical and present-day contributions of major psychologists.
5. Define important psychological terms, concepts, processes, and principles.
6. Apply critical thinking to assumptions, claims, and common sense ideas about behavior.
7. Demonstrate the application of psychological principles and findings to one's own life.

### GENERAL EDUCATION OUTCOMES

Emphasizing core abilities provides a consistent educational focus that encourages students to develop knowledge, habits and skills for life-long learning. Bellevue Community College students experience many opportunities across the curriculum to develop and apply college-wide abilities in preparation for their roles in an increasingly diverse, technologically complex, information-driven society. These abilities include Critical Thinking, Creativity, and Problem Solving (2), Cultural Diversity (2), and Nature of Science (2). Over the course of this class, you will be given the opportunity to practice and hone each of these abilities.

### GRADING POLICY

There will be a total of 550 possible points in this class. Letter grades are based on percentage of the total number of points earned. The following criteria will be used:

A	95 - 100%	4.0		
A-	90 - 94%	3.7		
B+	86 - 89%	3.3		
B	83 - 85%	3.0	9 MC Exams @ 25 pts ea =	225 pts (40%)
B-	80 - 82%	2.7	SA Midterm	= 100 pts (18%)
C+	75 - 79%	2.3	SA Final	= 100 pts (18%)
C	70 - 74%	2.0	Assignments	= 100 pts (18%)
C-	60 - 69%	1.7	Attendance	= 25 pts ( 4%)
D+	55 - 59	1.3	Total Possible	= 550 pts
D	50 - 54%	1.0		
F	49 and under	0.0		

For more info on grading policies, visit: <http://www.bellevuecollege.edu/catalog/enroll/grades.asp>

### Exams

*MC Exams* There will 10 multiple-choice exams throughout the quarter. Each exam will be worth 25 points. Your grade will be calculated on the basis of your best 9 scores. Your lowest test score will be dropped automatically. Each exam will cover information from the text. You will need to bring a Scantron and No. 2 pencil to each exam.

*SA Exams* There will be two short-answer exams throughout the quarter. Both will cover information from class lecture, class discussions, and online videos. A portion of the points will be accumulated throughout the quarter in the form of in-class activities. These points cannot be made up if you miss class. Therefore, it is in your best interest to attend each class session. With each exam, you can expect to make connections between the lecture material and your life by coming up with real-life examples. The final exam is not comprehensive. Neither of these scores will be dropped.

**NO MAKE-UP EXAMS WILL BE GIVEN.** Missed exams will be assigned no points. If you are unable to attend class on a MC exam day, the missed MC exam may be used as your lowest score. Only one missed MC exam score will be dropped. If you know ahead of time that you will be unable to attend class on any exam day, you may make arrangements with me to take the exam early. If you come late to class on an exam day, you will not be given additional time. Exams will not be given after the prearranged exam time. See the Class Calendar for tentative exam dates.

### Assignments

Throughout the quarter, you will work on 3 assignments that deal with multiple perspectives in the field of psychology as well as address the experimental design. You will be provided with detailed criteria in the form of a handout to be provided at a later date. See the Class Calendar for the due dates.

In addition, each week you will view an online video (<http://www.learner.org/resources/series138.html>) pertaining to the text chapter at hand. For each video, you will either write a comments paper or answer specific questions about the video. You will be provided with detailed criteria in the form of a handout to be provided at a later date. Each short paper is due the following class meeting. For all assignments, any and all late papers will lose 10% per day late.

### **Extra Credit**

There will be opportunities to earn extra credit for this course. These opportunities may consist of outside activities (e.g., attending a campus lecture or workshop, viewing a film, etc.) and written papers pertaining to the topics covered in this course. Such opportunities will be announced in class.

## **COURSE POLICIES**

### **Attendance**

Attendance is not optional. As adult students, you are expected to be able to manage your own time and priorities. If you miss any class session, you are responsible for obtaining any lecture or class notes from fellow students, missed assignments from me, and for staying abreast of any class announcements or changes to the class schedule or policies. Attendance will be taken randomly in the form of in-class activities. If you are not in class, you cannot participate; if you do not participate, you will not receive credit for in-class activities. Five percent of your grade goes towards attendance.

### **Participation**

You are encouraged to participate in discussions of the theoretical issues presented in class. Some theories may appear counter-intuitive and may provoke much reaction, sparking lively discussions. Within these discussions, it is important to remain respectful of your fellow students. Everyone has a point of view. While discussion is encouraged and will be solicited, side comments and off-topic talk will not be tolerated.

### **Class Conduct**

Student conduct expectations will be in compliance with policies described in the BCC student handbook. *Cheating and plagiarism* will not be tolerated. All work that you submit in this course must be the product of your own efforts. In either case, zero points will be allotted. In addition, *cell phone* use in class is not allowed; cell phone ringers are to be turned off prior to entering the classroom. *Laptop* use will not be allowed in class. For more information on the handbook, please visit:

<http://www.bellevuecollege.edu/catalog/policies/studentcode.asp>

### **Punctuality**

Please be on time for class. Arriving late or leaving early undoubtedly breaks the flow of the class and causes a distraction. It is important that we utilize our time wisely. If you arrive late, please take a seat close to the door. If you need to leave early, make arrangements with me ahead of time and sit close to the door.

## **COLLEGE POLICIES & RESOURCES**

### **Disability Resource Center**

If you have medical information to share with me in the event of an emergency, please contact me via email or come to see me during office hours. Emergency preparedness is important!

If you need course modifications/adaptations or accommodations because of a disability, I can refer you to our Disability Resource Center (DRC).

If you prefer, you may contact them directly by going to B132 or by calling 425-564-2498 or TTY 425-564-4110. Information is also available on their website at <http://bellevuecollege.edu/drc/>

### **Support Services**

In addition to the DRC, BCC has a variety of support services available to students, each with the aim of promoting student success (examples include TRiO, LMC, and the CC). I encourage you to spend some time perusing <http://www.bellevuecollege.edu/resources/services/> and <http://www.bellevuecollege.edu/students/>. On these web pages, you will also learn how to obtain a BCC email address and gain access to *MyBCC*. Both will be beneficial in your college career at BCC!

### **Safe Space**

Bellevue Community College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. As such, our classroom is a Safe Space where I welcome your individuality and I will defend your right to be yourself in the spirit of learning and in an environment of mutual respect.

### **Official Emergency & Closure Status**

In the event of inclement weather or emergency conditions, please check the BCC website (<http://bellevuecollege.edu/status/>) or call 425-401-6680 for a recorded message. You may also listen to local radio stations or watch local television stations (KING, KIRO, KOMO) for school closure announcements. In addition, you may sign up to receive email or text messages about school emergency alerts. Visit <http://bellevuecollege.edu/> for more information.

*The schedule and procedures in this course are subject to change; students will be given advance notice of such changes.*

Monday	Tuesday	Wednesday	Thursday	Friday
1/5	1/6	1/7	1/8	1/9 <b>Program 2</b>
1/12 <b>Q Ch 1</b>	1/13	1/14	1/15	1/16 <b>Program 3</b>
1/19 -----No Class----- -----Holiday-----	1/20	1/21 <b>Assignment 1 due</b> <b>Q Ch 2</b>	1/22	1/23 <b>Program 4</b>
1/26 <b>Q Ch 3</b>	1/27	1/28	1/29	1/30 <b>Program 5</b>
2/2 <b>Q Ch 4</b>	2/3	2/4	2/5	2/6 <b>Program 7</b>
2/9 <b>Q Ch 5</b>	2/10	2/11 <b>Midterm</b>	2/12	2/13 <b>Program 13</b>
2/16 -----No Class----- -----Holiday-----	2/17	2/18 <b>Assignment 2 due</b> <b>Q Ch 6</b>	2/19	2/20 <b>Program 9</b>
2/23 <b>Q Ch 8</b>	2/24	2/25	2/26	2/27 <b>Program 6</b>
3/2 <b>Q Ch 9</b>	3/3	3/4	3/5	3/6 <b>Program 12</b>
3/9 <b>Q Ch 10</b>	3/10	3/11 <b>Assignment 3 due</b>	3/12	3/13 <b>Program 23</b>
3/16 <b>Q Ch 11</b>	3/17	3/18 <b>Last day of class</b>	3/19	3/20
3/23 <b>Final Exam</b> <b>9:30 AM – 11:20 AM</b>				

**PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION**  
**Revised Fall 2007**

Cheating, Stealing and Plagiarizing\*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue Community College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue Community College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.

Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

F Grade

Students who fail a course will receive a letter grade of "F."

Final Examination Schedule

The Social Science Division will adhere to the final examination schedule as stated in the BCC Schedule. Final examinations will be held at the end of each quarter at fixed times. Instructors will not give examinations in advance of the regular schedule. A student who is absent from any examination held at any time during the quarter may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be present at any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

Withdrawal From Class

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

Hardship Withdrawal

Instructors may assign the grade of "HW" (hardship withdrawal) at their discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances. Students may also contact the Enrollment Services office BEFORE grades are assigned in cases of hardship.

Students Who Require Disability Accommodations:

Students with disabilities who have accommodation needs are encouraged to meet with the Disability Support Services (DSS) office located in B132 (telephone 425.564.2498 or TTY 425.564.4110), to establish their eligibility for accommodation. The DSS office will provide each eligible student with an accommodation letter. Students who require accommodation in class should review the DSS accommodation letter with each instructor during the first week of the quarter.

Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with Disability Support Services, and review those needs with the instructor as well.

Distribution of Grades

Grades will not be posted in the Social Science Division or in faculty offices, and secretaries will not give out grades. Students should access their grades through the BCC Web site.

Return of Papers and Tests

Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if student supplies the instructor with stamped, self-addressed envelope (with appropriate postage); or by the instructor designating a time and place whereby the student may retrieve his/her papers. Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.

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*\*If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue Community College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (A251), the Dean of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.*