

## Welcome to Abnormal Psychology!

*"The only normal people are the one's you don't know very well."*

□ ~ Alfred Adler

### COURSE INFORMATION

Quarter/Year: Fall 2008

Course title: PSYC& 220 Abnormal Psychology

*Previously PSYCH 200 Abnormal Psychology*

Times: 10:30 am – 11:20 am Daily

Course ID: 5780 A

Credit hours: 5

Location: A138

### INSTRUCTOR INFORMATION

Instructor: Carol Anderson

Email: canderso@bellevuecollege.edu

Phone/Voicemail: 425-564-2327

Social Science Division Office: 425-564-2331

Social Science Division website: <http://www.bellevuecollege.edu/socsci/>

Office location: D100 F

Office Hours: Daily 12:00 – 1:00 PM

Also by appointment

### MATERIALS

Required Text: Comer, R. J. (2007). *Fundamentals of Abnormal Psychology*, 5th edition. NY: Worth.

### COURSE OVERVIEW

Course Description: Abnormal psychology is the scientific study of human behavior on a continuum from that which is considered by most societies to be normal to that which is considered to be a deviation from the norm. This course will study the etiology, symptoms, and treatments of psychological disorders. This course will explore the various paradigms, traditions, and controversies regarding psychopathology. It will cover the process of classification, case formulation, and treatment of each of the disorders in the DSM-IV TR.

### COURSE LEARNING OBJECTIVES

Upon completion of this course, students will be able to:

1. Articulate the criteria and controversy regarding the definition of abnormal behavior.
2. Describe current practices of diagnosis, assessment, and research (including DSM) in classifying disorders and determining their need for treatment.
3. Demonstrate knowledge of historical/contemporary views of abnormality.
4. Describe the major techniques and theoretical approaches to understanding and treating abnormal behavior.
5. Identify the major diagnostic categories and distinguish among symptoms, proposed causes, and preferred treatments of each of the major mental disorders of the DSM-IV-TR.

### GENERAL EDUCATION OUTCOMES

Emphasizing core abilities provides a consistent educational focus that encourages students to develop knowledge, habits and skills for life-long learning. Bellevue Community College students experience many opportunities across the curriculum to develop and apply college-wide abilities in preparation for their roles in an increasingly diverse, technologically complex, information-driven society. These abilities include Critical Thinking and Problem Solving (3), Research and Information Literacy (2), Writing (2), Ethics (2), and Science and the Natural World (2). Over the course of this class, you will be given the opportunity to practice and hone each of these abilities.

## GRADING POLICY

There will be a total of 500 possible points in this class. Letter grades are based on percentage of the total number of points earned. The following criteria will be used:

A	95 - 100%	4.0	
A-	90 - 94%	3.7	
B+	86 - 89%	3.3	9 MC Exams @ 25 pts ea = 225 pts (45%)
B	83 - 85%	3.0	SA Midterm = 75 pts (15%)
B-	80 - 82%	2.7	SA Final = 75 pts (15%)
C+	75 - 79%	2.3	Research Paper = 100 pts (20%)
C	70 - 74%	2.0	Attendance = 25 pts (5%)
C-	60 - 69%	1.7	Total Possible = 500 pts
D+	55 - 59	1.3	
D	50 - 54%	1.0	
F	49 and under	0.0	

For more information on grading policies, please see: <http://www.bcc.ctc.edu/catalog/enroll/grades.asp>

### Exams

#### MC Exams

There will 10 multiple-choice exams throughout the quarter. Each exam will be worth 25 points. Your grade will be calculated on the basis of your best 9 scores. Your lowest test score will be dropped automatically. Each exam will cover information from the text. You will need to bring a Scantron and No. 2 pencil to each exam.

#### SA Exams

There will be two short-answer exams throughout the quarter, the midterm and the final. Both will cover information from class lecture, class discussions, and videos. A portion of the points will be accumulated throughout the quarter in the form of in-class activities and write-ups. These points cannot be made up if you miss class. Therefore, it is in your best interest to attend each class session. The final exam is not comprehensive. Neither of these scores will be dropped.

**NO MAKE-UP EXAMS WILL BE GIVEN.** Missed exams will be assigned no points. If you are unable to attend class on a MC exam day, the missed MC exam may be used as your lowest score. Only one missed MC exam score will be dropped. If you know ahead of time that you will be unable to attend class on any exam day, you may make arrangements with me to take the exam early. If you come late to class on an exam day, you will not be given additional time. Exams will not be given after the prearranged exam time. See the Class Calendar for tentative exam dates.

### Research Paper

For your research paper, you will study and research one disorder of your choice. You will examine any aspect of the disorder from two theoretical perspectives, citing at least FIVE *scientific* sources (e.g., journal articles, books). Your 5-8 page paper will follow APA format. You will be provided with detailed criteria in the form of a handout to be provided at a later date. See the Class Calendar for the due date. Any and all late papers will lose 10% per day late.

## **Extra Credit**

There will be opportunities to earn extra credit for this course. These opportunities may consist of outside activities (e.g., attending a campus workshop, viewing a film, etc.) and written papers pertaining to the topics covered in this course. Such opportunities will be announced in class only.

## **COURSE POLICIES**

### **Attendance**

As adult students, you are expected to be able to manage your own time and priorities. If you miss any class session, you are responsible for obtaining any lecture or class notes from fellow students, missed assignments from me, and for staying abreast of any class announcements or changes to the class schedule or policies. Attendance will be taken randomly in the form of in-class activities. If you are not in class, you cannot participate; if you do not participate, you will not receive credit for in-class activities. Five percent of your grade goes towards attendance.

### **Participation**

You are encouraged to participate in discussions of the theoretical issues presented in class. Some theories may appear counter-intuitive and may provoke much reaction, sparking lively discussions. Within these discussions, it is important to remain respectful of your fellow students. Everyone has a point of view. While discussion is encouraged and will be solicited, side comments and off-topic talk will not be tolerated.

### **Class Conduct**

Student conduct expectations will be in compliance with policies described in the BCC student handbook. *Cheating and plagiarism* will not be tolerated. All work that you submit in this course must be the product of your own efforts. In either case, zero points will be allotted. In addition, *cell phone* use in class is not allowed; cell phone ringers are to be turned off prior to entering the classroom. *Laptop* use will not be allowed in class. For more information on the handbook, please visit: <http://www.bellevuecollege.edu/catalog/policies/studentcode.asp>

### **Punctuality**

Please be on time for class. Arriving late or leaving early undoubtedly breaks the flow of the class and causes a distraction. It is important that we utilize our time wisely. If you arrive late, please take a seat close to the door. If you need to leave early, make arrangements with me ahead of time and sit close to the door.

## **COLLEGE POLICIES & RESOURCES**

### **Disability Resource Center**

If you have medical information to share with me in the event of an emergency, please contact me via email or come to see me during office hours. Emergency preparedness is important!

If you need course modifications/adaptations or accommodations because of a disability, I can refer you to our Disability Resource Center (DRC).

If you prefer, you may contact them directly by going to B132 or by calling 425-564-2498 or TTY 425-564-4110. Information is also available on their website at <http://bellevuecollege.edu/drc/>

### **Support Services**

In addition to the DRC, BCC has a variety of support services available to students, each with the aim of promoting student success (examples include TRiO, LMC, and the CC). I encourage you to spend some time perusing <http://www.bellevuecollege.edu/resources/services/> and <http://www.bellevuecollege.edu/students/>. On these web pages, you will also learn how to obtain a BCC email address and gain access to *MyBCC*. Both will be beneficial in your college career at BCC!

### **Safe Space**

Bellevue Community College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. As such, our classroom is a Safe Space where I welcome your individuality and I will defend your right to be yourself in the spirit of learning and in an environment of mutual respect.

### **Official Emergency & Closure Status**

In the event of inclement weather or emergency conditions, please check the BCC website (<http://bellevuecollege.edu/status/>) or call 425-401-6680 for a recorded message. You may also listen to local radio stations or watch local television stations (KING, KIRO, KOMO) for school closure announcements.

*The schedule and procedures in this course are subject to change; students will be given advance notice of such changes.*

## PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION Revised Spring 2008

### Cheating, Stealing and Plagiarizing\*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue Community College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue Community College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.

### Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

### F Grade

Students who fail a course will receive a letter grade of "F."

### Final Examination Schedule

The Social Science Division will adhere to the final examination schedule as stated in the BCC Schedule. Final examinations will be held at the end of each quarter at fixed times. Instructors will not give examinations in advance of the regular schedule. A student who is absent from any examination held at any time during the quarter may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be present at any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

### Withdrawal From Class

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

### Hardship Withdrawal

Instructors may assign the grade of "HW" (hardship withdrawal) at their discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances. Students may also contact the Enrollment Services office BEFORE grades are assigned in cases of hardship.

### Students Who Require Disability Accommodations:

Students with disabilities who have accommodation needs are encouraged to meet with the [Disability Resource Centre](#) (DRC) office located in B132 (telephone 425.564.2498 or TTY 425.564.4110), to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter. Students who require accommodation in class should review the DRC accommodation letter with each instructor during the first week of the quarter.

Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with [Disability Resource Centre](#), and review those needs with the instructor as well.

### Distribution of Grades

Grades will not be posted in the Social Science Division or in faculty offices, and secretaries will not give out grades. Students should access their grades through the BCC Web site.

### Return of Papers and Tests

Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if student supplies the instructor with stamped, self-addressed envelope (with appropriate postage); or by the instructor designating a time and place whereby the student may retrieve his/her papers. Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.

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*\*If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue Community College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Dean of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.*

Monday	Tuesday	Wednesday	Thursday	Friday
9/22	9/23	9/24	9/25	9/26 <b>Q Ch 1</b>
9/29	9/30	10/01	10/02	10/03 <b>Q Ch 2</b>
10/06	10/07	10/08	10/09	10/10 <b>Q Ch 3</b>
10/13	10/14	10/15	10/16	10/17 <b>Q Ch 4</b>
10/20	10/21	10/22	10/23	10/24 <b>Q Ch 5</b>
10/27	10/28 <b>Midterm</b>	10/29 <b>-----No Class-----</b>	10/30	10/31
11/03 <b>Q Ch 6</b>	11/04	11/05	11/06	11/07
11/10 <b>Q Ch 7</b>	11/11 <b>-----No Class-----</b> <b>-----Holiday-----</b>	11/12	11/13	11/14 <b>RP Due</b>
11/17	11/18 <b>Q Ch 9</b>	11/19	11/20	11/21
11/24	11/25	11/26 <b>Q Ch 12</b>	11/27 <b>-----No Class-----</b> <b>-----Holiday-----</b>	11/28 <b>-----No Class-----</b> <b>-----Holiday-----</b>
12/01	12/02	12/03	12/04	12/05 <b>Q Ch 13</b>
		12/10 <b>Final Exam</b> <b>9:30 AM –</b> <b>11:20 AM</b>		