

**PSYC 100: General Psychology  
Syllabus, Winter 2017**

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**Credits:** 5 Credits  
**Office Location:** D100A  
**Office Hours:** M-F 10:30am-11:20am

**COURSE DESCRIPTION**

Presents methods, concepts, and principles of psychology. Topics include psychophysiology, sensation and perception, learning and memory, motivation, development, emotion, health, stress, personality, and abnormalities and their treatments.

**COURSE OBJECTIVES**

After completing this class, students should be able to:

- Describe the purpose, comprehensive scope, and areas of application in the discipline of psychology.
- Apply and/or critique various research methods used by psychologists in the study of behavior.
- Recognize, compare and contrast various theoretical perspectives used to explain and guide psychological research and application.
- Identify historical and present-day contributions of major psychologists.
- Define key psychological terms, concepts, processes and principles.
- Apply critical thinking to assumptions, claims, and common sense ideas about behavior.
- Apply psychological principles and findings to one's own life.

**REQUIRED TEXT**

- Myers, D. (2015). Exploring Psychology (10<sup>th</sup> ed.). New York, NY: Worth Publishing.
- ISBN-13: 978-1464154072
  - 9<sup>th</sup> Edition is acceptable

**CLASS WEBSITE**

This course will be conducted through our Canvas website. Assignments, quizzes, discussions, and responses are also required (see class requirements) throughout the course and are available on the Canvas website.

**CONTACTING ME**

I am here to help each of you excel in this class! Therefore, I am always free for questions about class, psychology, research, etc. I am also available by phone (please make an appointment). I check my email several times a day, so that is the best way to contact me. I respond to emails as quickly as I can. I will also respond to your email within 24 hours of your sent email. If I do not reply in time, please send the email again.

I will also have online office hours daily from 10:30am-11:20am. This means I will be online to answer any questions you may have immediately. Or feel free to give me a call at the phone number above during this time.

**SPECIAL NEEDS**

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact us as soon as possible.

If you are a person who requires assistance in case of an emergency situation, such as a fire, earthquake, etc, please meet with your individual instructors to develop a safety plan within the first week of the quarter.

If you are a student with a documented autism spectrum disorder, there is an additional access program available to you. Contact [asn@bellevuecollege.edu](mailto:asn@bellevuecollege.edu) or (425) 564-2764. ASN is located in the Library Media Center in D 125. [www.bellevuecollege.edu/autismspectrumnavigators/](http://www.bellevuecollege.edu/autismspectrumnavigators/). The DRC office is located in B 132 or you can call our reception desk at (425) 564-2498. Deaf students can reach us by TTY at (425) 564-4110. Please visit our website for application information into our program and other helpful links at [www.bellevuecollege.edu/drc/](http://www.bellevuecollege.edu/drc/).

## **ACADEMIC INTEGRITY**

Academic Dishonesty: Any act of academic dishonesty, including but not limited to cheating, plagiarism, and fabrication.

- Cheating includes any attempt to give or obtain unauthorized assistance relating to the completion of an academic assignment.
- Plagiarism includes taking and using as one's own, without proper attribution, the ideas, writings, or work of another person in completing an academic assignment. May also include the unauthorized submission for credit of academic work that has been submitted for credit in another course.
- Fabrication includes falsifying data, information, or citations in completing an academic assignment and also includes providing false or deceptive information to an instructor concerning the completion of an assignment.

Incidents of plagiarism or cheating on examinations may result in an irreversible grade of F for the course. All exams are to be taken without the aid of books, notes, access to electronic devices, or assistance from others. All written assignments will be analyzed for plagiarism.

## **WRITING LAB**

The writing lab offers free support for revision skills of class assignments, college applications, resumes; see: <http://www.bellevuecollege.edu/asc/writing/>

## **COUNSELING SERVICE**

Bellevue College has resources for students experiencing non-academic difficulties, such as personal strain. The Counseling Center offers confidential consultation for students. For more information please visit their web site: <https://www.bellevuecollege.edu/counseling/>

Students also have frequently questions about their career options. The Center for Career Connections provides comprehensive career resources for all stages of your academic and professional career; see: <http://depts.bellevuecollege.edu/careers/>

## GRADING

Letter Grade (Percentage of Points)		Assignment	Possible Points	Points Received
93-100% = A	73-76% = C	Quizzes (10 Quizzes, 10 points each)	100	
		Discussions	150	
90-92% = A-	70-72% = C-	Paper 1 <sup>st</sup> Draft	20	
87-89% = B+	67-69% = D+	Paper Peer Review	20	
83-86% = B	63-66% = D	Paper 2 <sup>nd</sup> Draft	60	
80-82% = B-	60-62% = D-	Reflection Papers (2 total, 25 points each)	50	
77-79% = C+	Less than 59% = F	<b>Total</b>	<b>400</b>	

## PAPER GUIDELINES

- All paper assignments will be uploaded to Canvas
- Standard margins (1 inch on each side)
- S12 point, Times New Roman font
- APA style, 6<sup>th</sup> Edition ([www.apastyle.org](http://www.apastyle.org))
- <https://owl.english.purdue.edu/owl/resource/560/01/>

## CLASS SCHEDULE

Class Date	Topic(s)	Readings	Assignments
Week of 1/3/16	Introduction to Psychology	Chapter 1	Introduction <u>and</u> Discussion due Friday Responses due Sunday Quiz 1 Due Sunday
Week of 1/9/16	Brain and Behavior	Chapter 2	Discussion due Wednesday Responses due Sunday Quiz 2 Due Sunday
Week of 1/16/16	Developmental Psychology	Chapter 4	Reflection Paper #1 due Monday Discussion due Wednesday Responses due Sunday Quiz 3 Due Sunday
Week of 1/23/16	Sex & Gender	Chapter 5	Discussion due Wednesday Responses due Sunday Quiz 4 Due Sunday
Week of 1/30/16	Learning	Chapter 7	Discussion due Wednesday Responses due Sunday Quiz 5 Due Sunday Paper Draft Due Sunday
Week of 2/6/16	Memory	Chapter 8	Discussion due Wednesday Responses due Sunday Quiz 6 Due Sunday Peer Review for Paper Draft Due Sunday
Week of 2/13/16	Motivation and Emotion	Chapter 10	Discussion due Wednesday Responses due Sunday Quiz 7 Due Sunday
Week of 2/20/16	Stress, Health, and Human Flourishing	Chapter 11	Discussion due Wednesday Responses due Sunday Quiz 8 Due Sunday
Week of 2/27/16	Social Psychology	Chapter 12	Reflection Paper #2 due Monday Discussion due Wednesday Responses due Sunday Quiz 9 Due Sunday
Week of 3/6/16	Psychological Disorders	Chapter 14	Discussion due Wednesday Responses due Sunday Quiz 10 Due Sunday
Week of 3/13/16			Final Paper Due Monday

\*The syllabus is subject to change. I will notify the class of any changes. Please check our class website for the most updated syllabus and schedule

## CLASS REQUIREMENTS

### 1. Discussions & Responses: 150 Course Grade Points

Our online discussion forum will be a weekly part of our class to help you engage in the course material with your classmates. Discussion prompts will consist of multiple questions and these responses will be due by Wednesday of each week. At least TWO responses will be due by Sunday of that same week. Rubrics for both discussion responses and responses to your classmates' responses are posted on Canvas.

#### Online Discussions Guidelines

Online discussions related to the assigned chapters, films and articles will be assigned once a week. For each discussion, you have to post a response to the discussion prompt provided each week and respond at least twice in response to other students' posts. For the first week of the course, please post your individual response by the end of day on Friday, and post your responses to other students' posts by the end of the day on Sunday. Starting the second week of the course, please post your individual response by the end of the day on Wednesday, and post your responses to other students' posts by the end of the day on Sunday.

**Discussion Response.** In order to receive full credit for your discussion response, you will need to answer ALL parts/sections of the prompt. Try your best to apply concepts we are covering in the course with specific examples (either from the textbook or from your personal experiences). In-text citations are encouraged within your post. Please use APA 6<sup>th</sup> edition format (Example: (Myers, 2015)).

**Responses to Your Classmates' Discussion Responses.** In order to receive full credit for your responses to fellow students, you will need to post a response that shows that you thought critically to develop your response. Your response may include 1) questions of clarification, questions to probe assumptions, reasons, and implications, 2) your interpretation of your classmates' response with additional example(s), and/or 2) whether you agree or disagree with your classmates' responses – you must provide justification for your opinion. You will be graded on completeness and thoughtfulness of your response. Just saying "Great post" with no additional input on your end will result in 0 points.

**Grading.** Each posting each week is graded by no post (no credit – 0 points), incomplete post (partial credit – 2 points), and complete, thoughtful post (full credit - 5 points). You can receive up to 5 points for your initial discussion response, and 5 points each to your responses to fellow classmates. Therefore, you can collect up to 15 points per discussion for 10 discussions (total  $10 \times 15 = 150$  points).

**Online Etiquette.** Our online class should be a comfortable environment where all students feel comfortable sharing their ideas. Therefore, please follow these guidelines when interacting with your classmates online: 1) Do not use offensive language, 2) Be respectful of your fellow classmates – all students should feel that they can speak freely without harassment, 3) Practice critical thinking and active learning – sometimes it helps to read many students' responses to get engaged and to help think of a response, and 4) Make sure to proofread your post before submitting.

## **2. Quizzes: 100 Course Grade Points**

Quizzes will be on the Canvas website (see class schedule for quiz deadlines) and due weekly.

## **3. Reflection Papers: 50 Course Points Total**

Two reflection papers will be due throughout the course. Papers should be 2-3 pages in APA format.

- a. Reflection Paper #1: League of Denial
- b. Reflection Paper #2: Psychology in Film

## **4. Paper: 100 Course Points Total**

Throughout our course, you will be exposed to the breadth of psychological science. Using nine of the Princeton Review's list of top college majors, pick a major based on your interests. If your major is not in the list, choose one that is close.

1. Business
2. Nursing
3. Biology
4. Education
5. English
6. Economics
7. Communication Studies
8. Political Science
9. Computer and Information Science

For this paper, you will consider psychology's contribution to the chosen field. Using the material that we have covered, address 3 ways how the topic may be relevant in the field. Use the textbook as a reference and provide examples. Additional references are allowed (but not required). All papers should include an introduction, body, and conclusion. Papers should be in APA 6th Edition format and 3-5 pages, not including the title page and reference page.

### **4a. Paper Draft for Peer Review: 20 Points**

Your first draft of this paper should be submitted online on and is worth 20 points.

### **4b. Peer Review One Classmate's Paper: 20 Points**

Submit a peer review by addressing each section of the rubric provided. This is worth 20 points.

### **4c. Paper Final Draft: 60 Points**

Your final draft of this paper should be submitted online on and is worth 60 points. Use the comments that I provided for you on your draft to improve your paper.