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Name: John Postma

Class: PSYC& 100 K – 5680

Quarter: Fall 2008

1. What worked well for you? Which aspects of this course were the most positive for you or contributed most to your learning?

- 2. Were there any aspects of this class that detracted from your learning? If so, what were they, and what changes could the instructor make to help you learn better?
- 3. Was this class worth the time, effort, and resources you invested in it? Why or why not?
- 4. Optional instructor-generated question.
- 1. The group work was great 2. No 3. Yes
- 1. Small groups, discussions, given a much time for large papers and essays, <u>open book test</u>, movies!! Amazing! 2. Me, being sometimes distracting to myself and others...oops...3. Yeah! You learn a lot and it's enjoyable and not that boring. Plus you have an interesting group of people and an interesting teacher. 4. Why aren't you doing more courses @ BCC??? Not cool...
- 1. Active discussions between the class and the teacher, which clears up questions and covers broader topics. 2. Less group activities, easy to get distracted or off topic. 3. Yes, very interesting, learned a lot of new concepts in Psychology.
- 1. Being assigned a movie to watch and then matching the characteristics in the movie with the book. I'm a visual person, so if I can actually see it happening it helps. 2. nothing that comes to mind. 3. Yes, because it was an active class and being able to talk to my classmates helped me to better grasp the point
- 1. everything worked well for this class. I learn more things about Psychology that I did not know before. 2. Nothing really detracted from my learning from this class. 3. Yes this class was worth of my time. 4. None.
- 1. I really enjoyed the discussion and the group class work. 2. No, nothing at all. 3. Yes, I really enjoyed ever class time other than the fact that it's a night class. 4. None
- 1. The textbook is awesome. The schedule of one chapter per week and the volume of related homework was great. Group discussion was nice Open-book testing was awesome − low pressure, access to resources = good test! ② 2. Group work <u>prior</u> to discussion on the topics/terms/ideas being used sometimes made it hard to jump into the group work. Having to assess the group's understand of the character w/out a lecture to reference was a bit distracting @ times. 3. Yes. Would take it again, but should move on to another

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psych class instead © The class gave me an appropriate forum to test my perceived understanding of psychology. The text book was awesome – understandable, even funny and relevant. 4. Would like feedback on reflections throughout course. Reflections were a safe place to offer interpretation and test understanding – Feedback on whether those interpretations/understanding were bogus or not would be nice (but of course not imperitive!) ©

- 1. Sitting next to Jen Ferleman © 2. Some of the other students in this class were distracting. 3. Yes it was because I learned what I worked to learn about. 4. Why do you pick on me?
- 1. Informal, interactive discussion style instruction; students comments were incorporated and discussed. 2. Some sarcasm and/or witticism to students' questions seemed somewhat uncalled for. Disruptive, talking students were incorporated, but not called on their behavior. Seemed like most of the knowledge needed to be acquired in self-study and online quizzes; textbook too extensive for a 100-level class. (lenthy) 3. Yes. But it seemed like classtime was a minor part to learning compared to the amount of self-study required.
- 1. This was my first time being introduced to Psych and the experience I got in this class is very positive. I liked that our instructor is outspoken, openminded and free willed. These qualities made you feel more comfortable with your own thoughts, opinion and what you represent. Him being down to earth helped it. 2. Not really. 3. Yes, since quizes and discussions were a good practice for learned material.
- 1. What worked well for me was the book which is well wrighten and his good explanitions and the teacher how explained the concep of the book very well. 2. No 3. Yes because before I took this class I didn't know anything about psyc but knno I learned, and I am glad that I took this class. It worth whatever time and effort I invested in it.
- 1. The class overall worked well for me. The material was interesting and presented in a way that made it very easy for me to learn. I enjoyed this class 2. Sometimes we would get sidetracked and discuss other subjects, but I was still learning too so I didn't mind much. I would like it if everyone either raised the hands or everyone didn't, that was confusing. 3. Yes, I enjoy this class and feel that I got a lot out of it.

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- 1. The class interaction/discussions that we had. I also enjoyed doing reflections on various topics. 2. Sometimes the class as a whole could get a bit off topic. 3. Yes, I learned some very interesting points of view, things I will think about daily.
- 1. The quizzes, group projects. 2. None. 3. Yes. I felt I learned a lot, and I feel honored to have learned under John Postma.
- 1. Having a teacher that kept things entertaining enough for me to learn and stay awake. Open book quizs. 2. None. 3. Yes because I learned a lot.
- 1. Sitting next to Patrick Wong © 2. I wish we could have had a review guide for the final or reviews class questions more, rather than lecture the whole period. 3. I would say no. Just because we read 1-2 chapters a week. I felt as though I was more memorizing the material, rather than reading, comprehending, and learning. 4. − None −
- 1. Class discussions 2. No 3. Yes because it was fun
- 1. It was new subject for me. Very interesting! learn many theories. 2. No pretty good!
- 3. Sure! Having a time for human mind.
- 1. blank 2. blank 3. Yes, I would take it again or other classes with Postma. 4. Not having a BCC phone # and answering emails.
- 1. Group interactions helped me understand the lesson more. 2. Not enough assignments given. 3. Yes, I learned a lot. I really enjoyed watching the selected movies, that too helped me understand the lesson.
- 1. his examples in class of real life situations 2. No 3. Yes
- 1. discussion based class and open minded proffessor 2. I would forget to write down my assignments and maybe he could repeat the instructions at the end of class 3. Yes
- 1. That he actually knew what he was talking about. 2. Yes, his name was Enewo, very distracting you man. The professor put him in check so I was satisfied. 3. Yes, I Feel as though I got a lot out of it.
- 1. I have learned lots of things. 2. blank 3. Yes, it is 4. It is great course.
- 1. homework assignments and group talk 2. no. 3. Yes, I learned a lot.

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1. blank 2. blank 3. Yes it was interesting

- 1. After reading the chapter, the class discussions really helped me fully understand the subject and relate to it as well 2. I was a little confused about the due dates for Quizzes and assignments other than that this was my favorite class where I felt like I learned the most. 3. Yes! I thoroughly enjoyed this course. I felt my time was well spent.
- 1. The way John gave real life examples of things that were in the book/reading, or things we discussed in class. It really helped me remember things on the test's and online Quizes that i feel i wouldn't have normaly. 2. The only aspect of this class that detracted from my learning was me not coming to class prepaired. And i only have myself to blame for that. 3. Yes, for the most part. I did lear a lot of stuff that i had learned in my previous psych classes in high school, but it was much more fun 3. comment: i think you teach really well, and enjoyed your sarcasm
- 1. I liked the online Quizes, but it didn't really help me learn that much 2. Don't think so. 3. Yes! I loved it I wish the books were cheaper though 4. It made it interesting when you picked on our group, I always had to stay alert. (Not really a question but whatever)
- 1. This class was really fun! I really enjoyed the class discussion we had about psych. 2. nothing! 3. Yes, I didn't think it would be this great! Postma make class fun and you learn so much. 4. Should teach other higher psych class
- 1. The online quizzes prepare me for tests and definitely test my knowledge and learn more about the class. 2. No, the class, for the most part, was on track with course subject.
- 3. Yes. I learned a lot about the human brain and topics such as major depression and schizophrenia.

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