

## Syllabus Psyc& 100 On-line

**Instructor: Dr. Helen Taylor**

**Email: Use Vista email in this course**

**(if Vista is down, use [htaylor@bcc.ctc.edu](mailto:htaylor@bcc.ctc.edu) )**

**Office: B100E**

**Office Hours: MTWTh 11:30-12:20, F 9:30-10:20**

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### **FOCUS:**

Psychology 100 is an general psychology survey course designed to introduce students to the major concepts, theories, and research findings in the field of psychology. Through reading, lectures, discussion, and assignments, students will be exposed to the wide range of research issues addressed by psychologists, and hopefully will gain an appreciation of the importance of psychological research in its application to human life.

### **COURSE OBJECTIVES:**

Upon completion of the course, the student should be able to:

- Describe the purpose, scope, and applications of the field of psychology
- Demonstrate knowledge of basic scientific principles by applying research methods used by psychologists.
- Recognize, compare and contrast varying theoretical perspective used to explain psychological phenomenon.
- Identify the historical and present-day contributions of major psychologist.
- Define important psychological terms, concepts, processes and principles.
- Apply critical thinking to "commonsense" ideas and unsubstantiated claims.
- Apply to one's own life some of the findings and principles described by psychologists.

### **General Education Outcomes:**

Psyc& 100 meets the following general education outcomes:

**Critical Thinking, Creativity, and Problem Solving:** Introductory Psychology students must learn to apply critical thinking methods in assessing the validity of claims about human behavior.

**Historical and Intellectual Perspectives:** Students learn the contributions of the major Western thinkers in Psychological theory..

**Cultural Diversity:** Students learn about effective mental health functioning in society and learn about discrimination, bias and stereotyping through discussion and homework activities.

**The Nature of Science:** Students learn the scientific process of inquiry.

**Science and the Natural World:** Students examine examples of adaptive characteristics leading to survival and how that can influence modern behavior. Students learn about the central nervous system and how the brain communicates through the process of neurochemistry.

### **TEXT:**

Myers, D. G. (2008). *Exploring Psychology*, Seventh Edition. New York, NY: Worth. (new texts may come with a shrink-wrapped CD, but it's optional).

Text Website: <http://www.worthpublishers.com/myers/>

There are good study tools like practice quizzes and flashcards on this site.

Film Website: <http://www.learner.org/resources/series138.html>

This is where you'll find the assigned films to review.

## REQUIREMENTS

### WEEKLY DISCUSSION FORUM

The discussion forum is the heart of the course. Students will be responding to my questions, responding to other students, and asking questions of their own, just as they would in a "live" discussion. The discussion sessions will run from Monday to Friday every week (with some adjustments for Thanksgiving week). All discussions close at 11 p.m. on Friday. Specifically, you are expected to participate in the discussion at least three times a week on at least three different days, and read all student posts. See the "Course Structure and Expectations" for more details on how the discussion will work. The grade for this portion of the class will be a combination of points for participating (up to 15 points a week) and points for the quality of participation (up to 30 points to be assigned at the end of the quarter).

### QUIZZES

There will be 10 weekly quizzes given on-line, at the beginning of the week following our coverage of the material. Quizzes will be based on the assigned reading, the weekly overview, and the discussions from the week. Each quiz will have 30 multiple choice questions, to be answered on-line in a limited time period. Quizzes will be available to take from Sunday at 8 a.m. until Monday at 11 p.m. Once you open the quiz, you will have 30 minutes to complete it. There will be no make-up quizzes given, but your lowest quiz score will be dropped. The top nine quiz scores will be doubled (9 x 30 x 2), for a total of 540 possible points, or a little more than half of all points for the quarter.

### FILM REVIEWS

Each week you'll be asked to view and write a review on a 30-minute film from the Discovering Psychology series, available free from the Annenberg Foundation. The reviews will include the main themes of the films, connections to text material, and your personal response. The reviews will be worth 15 points each or 15% of the total grade.

### PERSONAL INTRODUCTION

You will be asked to post a personal introduction in the Getting Started section of the class; see "Introductory Assignments." This will be worth 15 points.

### FINAL EXAM

A comprehensive final exam will be given on-line at the end of the quarter (see the calendar for date and time). This exam will include multiple-choice questions and matching questions, and will be worth 100 points or 10% of the grade. A study guide will be posted well in advance of the final.

### SELF-ASSESSMENT

At the end of the quarter, you will be asked to submit an assessment of your participation in the

discussion portion of the class. This will be worth 15 points.

### GRADING:

Grades will be determined on the basis of points earned, rather than on a curve. Possible points for each part of the class are as follows:

Discussion Participation	10 weekly discussions @ 15 pts. each + 30 points for overall quality	=	180
Quizzes	10 quizzes @ 30 points each, minus lowest score, x 2	=	540
Film Reviews	10 reviews @ 15 pts. each	=	150
Final Exam		=	100
Personal Introduction		=	15
Self-Assessment		=	15
	Total	=	1000

### FINAL GRADE BREAKDOWN

A	940-1000	C+	770-799
A-	900-939	C	740-769
B+	870-899	C-	700-739
B	840-869	D+	670-699
B-	800-839	D	600-669

### QUARTERLY CALENDAR: READING/FILM SCHEDULE

All films are available on-line from the Annenberg Series "Discovering Psychology" (Updated Version) at <http://www.learner.org/resources/series138.html>

When more than one film is listed, choose one per week

Week 1/ Unit 1	Ch. 1 Thinking Critically with Psychological Science Films: Past, Present, and Promise; Understanding Research
Week 2/ Unit 2	Ch. 2 Neuroscience and Behavior Ch. 3 Nature and Nurture of Biology (p. 75-80, 83-89) Films: The Behaving Brain; The Responsive Brain
Week 3/ Unit 3	Ch. 4 The Developing Person Films: The Developing Child; Language Development; Maturing and Aging
Week 4/ Unit 4	Ch. 5 Sensations and Perception (p. 165-182) Ch. 6 States of Consciousness Films: Sensation and Perception; The Mind Awake and Asleep
Week 5/ Unit 5	Ch. 7 Learning Film: Learning
Week 6/ Unit 6	Ch. 8 Memory Film: Remembering and Forgetting
Week 7/Unit 7	Ch. 9 Intelligence (p. 315-336) Ch. 10 Motivation Film: Testing and Intelligence; Motivation and Emotion
Week 8/ Unit 8	Ch. 11 Emotions, Stress, and Health Film: Health, Mind, and Behavior
Week 9/ Unit 9	Ch. 13 Psychological Disorders Ch. 14 Therapy Films: Psychopathology; Psychotherapy
Week 10/ Unit 10	Ch. 15 Social Psychology Film: The Power of the Situation; Constructing Social Reality

**PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION**

**Revised Winter 2006**

### Cheating, Stealing and Plagiarizing\*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/ disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue Community College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/ pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue Community College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.

### Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade, or receive the default grade of "F".

### F Grade

Students who fail a course will receive a letter grade of "F."

### Final Examination Schedule

The Social Science Division will adhere to the final examination schedule as stated in the BCC Schedule. Final examinations will be held at the end of each quarter at fixed times. Instructors will not give examinations in advance of the regular schedule. A student who is absent from any examination held at any time during the quarter may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be present at any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

### Withdrawal From Class

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

### Hardship Withdrawal

Instructors may assign the grade of "HW" (hardship withdrawal) at their discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances. Students may also contact the Enrollment Services office BEFORE grades are assigned in cases of hardship.

### Students Who Require Disability Accommodations:

Students with disabilities who have accommodation needs are encouraged to meet with the Disability Support Services (DSS) office located in B132 (telephone 425.564.2498 or TTY 425.564.4110), to establish their eligibility for accommodation. The DSS office will provide each eligible student with an accommodation letter. Students who require accommodation in class should review the DSS accommodation letter with each instructor during the first week of the quarter.

Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with Disability Support Services, and review those needs with the instructor as well.

### Distribution of Grades

Grades will not be posted in the Social Science Division or in faculty offices, and secretaries will not give out grades. Students should access their grades through the BCC Web site.

### Return of Papers and Tests

Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if student supplies the instructor with stamped, self-addressed envelope (with appropriate postage); or by the instructor designating a time and place

whereby the student may retrieve his/her papers. Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.

*\*If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue Community College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Dean of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.*