

PSYCHOLOGY 100 SYLLABUS

Winter Quarter, 2009 10:30-11:20 Daily F

Instructor: Dr. Helen Taylor

Office Hours: 11:30-12:20 MTWTh, 9:30-10:20 F

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FOCUS:

Psychology 100 is an introductory survey course designed to introduce students to the major concepts, theories, and research findings in the field of psychology. Through reading, lectures, discussion, videos, and demonstrations, students will be exposed to the wide range of research issues addressed by psychologists, and hopefully will gain an appreciation of the importance of psychological research in its application to human life.

COURSE OBJECTIVES:

Upon completion of the course, the student should be able to:

- 1. Describe the purpose, scope, and applications of the field of psychology.
- 2. Demonstrate knowledge of basic scientific principles by applying research methods used by psychologists.
- 3. Recognize, compare and contrast varying theoretical perspective used to explain psychological phenomenon.
- 4. Identify the historical and present-day contributions of major psychologists.
- 5. Define important psychological terms, concepts, processes and principles.
- 6. Apply critical thinking to "commonsense" ideas and unsubstantiated claims.
- 7. Apply to one's own life some of the findings and principles described by psychologists.

GENERAL EDUCATION OUTCOMES

This course meets the following General Education outcomes: Critical Thinking, Creativity, and Problem Solving Cultural Diversity The Nature of Science



TEXT:

Myers, D. G. (2008). *Exploring Psychology*, Seventh Edition. New York, NY: Worth. (new texts may come with a shrink-wrapped CD, but it's optional).

TEXT WEBSITE: http://www.worthpublishers.com/myers/



QUIZZES

There will be 10 weekly quizzes given (scheduled as noted on the calendar) based on readings and lectures from the previous week. Each quiz will have 30 multiple choice questions, to be answered on a scantron sheet available for purchase at the bookstore. Since the lowest quiz score will be dropped, there will be no make-ups for missed quizzes. Quizzes will be reviewed immediately in class and will be worth about half of the final grade.

ASSIGNMENTS

There will be four short assignments for the quarter related to the class material:

- 1. Design a summer camp using principles of child development
- 2. Apply principles of classical and operant conditioning to your life
- 3. Complete a stress, coping, and health assessment
- 4. Design a social psychology experiment

These assignments will be described in detail in class and on separate handouts. The total possible points for assignments will be worth about a quarter of the final grade. No late assignments will be accepted.

FINAL EXAM

A comprehensive final exam will be administered during the scheduled final exam period. This exam will have 100 multiple-choice and matching questions and will include questions from the entire quarter. The final will be worth 100 points or 10% of the grade.

ATTENDANCE/ HOMEWORK

Attendance is strongly encouraged and will be taken on a routine basis. In addition, brief homework assignments and in class assignments will be made from time to time. A total of 100 points, or 10% of the final grade, will be based on class attendance and completed homework assignments. Students who attend for 94% of the class sessions and complete all homework assignments will get an A in this section of the class, 90% an A-, etc., with points assigned accordingly.

CLASSMATE INTERVIEWS

Students will be asked to briefly interview five other students in the class the first week of the quarter. This activity will be fully explained in class, and is worth 20 points.

Students are expected to arrive on time, to have cell phones turned off, and to treat each other with respect at all times. Students with special learning needs should contact the instructor as soon as possible.



GRADING

Grades will be determined on the basis of points earned, rather than on a curve. Possible points for each part of the class are as follows:

CLASSMATE INTERVIEWS				=	20
QUIZZES (Top 9 of 10 quizzes @ 30 pts. each x 2)				=	540
ASSIGNMENTS (4 @ 60 pts. each)				=	240
FINAL EXAM				=	100
ATTENDANCE/HOMEWORK/PARTICIPATION				=	100
			TOTAL	=	1000
FINAL GRADE BREAKDOWN					
	940-1000 900-939 870-899 840-869 800-839 770-799	A A- B+ B C	740-769 700-739 670-699 640-669 Below 640	C C- D+ D	



QUARTERLY READING SCHEDULE

Week 1/ Unit 1	Ch. 1 Thinking Critically with Psychological Science	
Week 2/ Unit 2	Ch. 2 Neuroscience and Behavior Ch. 3 Nature and Nurture of Biology (p. 75-80, 83-89)	
Week 3/ Unit 3	Ch. 4 The Developing Person	
Week 4/ Unit 4	Ch. 5 Sensations and Perception (p. 165-182) Ch. 6 States of Consciousness	
Week 5/ Unit 5	Ch. 7 Learning	
Week 6/ Unit 6	Ch. 8 Memory	
Week 7/Unit 7	Ch. 9 Intelligence (p. 315-336) Ch. 10 Motivation	
Week 8/ Unit 8	Ch. 11 Emotions, Stress, and Health	
Week 9/ Unit 9	Ch. 13 Psychological Disorders Ch. 14 Therapy	
Week 10/ Unit 10	Ch. 15 Social Psychology	

All printed materials for the class, including the syllabus and assignments, will also be available in our class site on MyBCC.

Cheating, Stealing and Plagiarizing*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue Community College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue Community College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.

Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

F Grade

Students who fail a course will receive a letter grade of "F."

Final Examination Schedule

The Social Science Division will adhere to the final examination schedule as stated in the BCC Schedule. Final examinations will be held at the end of each quarter at fixed times. Instructors will not give examinations in advance of the regular schedule. A student who is absent from any examination held at any time during the quarter may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be present at any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

Withdrawal From Class

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

Hardship Withdrawal

Instructors may assign the grade of "HW" (hardship withdrawal) at their discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances. Students may also contact the Enrollment Services office BEFORE grades are assigned in cases of hardship.

Students Who Require Disability Accommodations:

Students with disabilities who have accommodation needs are encouraged to meet with the Disability Resource Centre (DRC) office located in B132 (telephone 425.564.2498 or TTY 425.564.4110), to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter. Students who require accommodation in class should review the DRC accommodation letter with each instructor during the first week of the quarter.

Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with Disability Resource Centre, and review those needs with the instructor as well.

Distribution of Grades

Grades will not be posted in the Social Science Division or in faculty offices, and secretaries will not give out grades. Students should access their grades through the BCC Web site.

Return of Papers and Tests

Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if student supplies the instructor with stamped, self-addressed envelope (with appropriate postage); or by the instructor designating a time and place whereby the student may retrieve his/her papers. Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.

*If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue Community College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Dean of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.