

**PSYCHOLOGY 100**  
**INTRODUCTION TO PSYCHOLOGY**  
**COURSE SYLLABUS**  
**FALL QUARTER 2007**

**INSTRUCTOR: Sherry L. Brodish**  
**OFFICE: B234**  
**PHONE: 425-564-2503**  
**E-MAIL: sbrodish@bcc.ctc.edu**

**REQUIRED TEXT:**

Hockenbury, Don H. & Hockenbury, Sandra E., *Discovering Psychology*, 4<sup>th</sup> Edition, Worth Publishers, 2007.

**COURSE DESCRIPTION:**

Psychology is the scientific study of behavior and mental processing. In this survey course, important basic areas of psychological research will be examined, including the biological aspects of life, social, emotional and cognitive development, as well as diagnosis and treatment of individual and social problems. This course will emphasize terminology, methodology, concepts and principles of psychology in the context of the dominant historical and theoretical perspectives.

**COURSE OBJECTIVES:**

Upon completion of this course, the successful student will be able to:

1. Describe the purpose, comprehensive scope, and areas of application in the discipline of psychology.
2. Demonstrate knowledge of the scientific process by applying and/or critiquing various research methods used by psychologists in the study of behavior.
3. Recognize, compare and contrast various theoretical perspectives used to explain and guide psychological research and application.
4. Identify historical and present-day contributions of major psychologists.
5. Define important psychological terms, concepts, processes and principles.
6. Apply critical thinking to assumptions, claims and common sense ideas about behavior.
7. Demonstrate the application of psychological principles and findings to one's own life.

**GENERAL EDUCATION OUTCOMES:**

This course meets the following General Education outcomes:

1. Critical Thinking, Creativity, and Problem Solving (2)
2. Cultural Diversity (2)
3. Nature of Science (2)

**COURSE REQUIREMENTS:**

In conformity with BCC's grading policy, the grades will be assigned as follows (percentages).

A	100 – 95	B+	89 – 86	C+	79 – 75	D+	59 – 55
A-	94 – 90	B	85 – 83	C	74 – 70	D	54 – 50
		B-	82 – 80	C-	69 – 60	F	49 - Below

Your final grade will be based on a total of 500 points. These points are broken down as follows:

Exams = 400 points

Research Paper = 100 points

**PSYCHOLOGY 100**  
**INTRODUCTION TO PSYCHOLOGY**  
**COURSE SYLLABUS**  
**FALL QUARTER 2007**

**A. EXAMS:**

There will be five exams, each worth 100 points. Your final grade will be calculated on the basis of your best four exam scores. Each exam will cover information from the text, lectures and class discussions. The test format may contain multiple choice, short answer, and essay questions.

**You will need to bring a Scantron sheet and a number 2 pencil to each exam. Paper for the essay questions will be provided.**

**MAKE-UP & MISSED EXAM POLICY:**

**No make-up exams will be given.**

It is customary to drop your lowest exam score. If you are unable to attend class on the day of an exam, the missed exam will be accepted as your lowest score. In the event that is scheduled at a time when you know that you will be gone, you may sometimes arrange to take it early.

**Only one missed exam will be dropped.**  
Use this condition wisely.

**B. RESEARCH PAPER:**

Your writing assignment will consist of a research paper that surveys research on any aspect of human behavior that can be explained from two (2) of the seven (7) theoretical perspectives in the field of psychology.

You are to find four articles for each perspective from academic journals, otherwise referred to as peer reviewed articles. **This does not include magazines such as *Psychology Today*, *Discover Magazine*, etc.** These articles will represent two the seven theoretical perspectives we will be discussing in the first week of the course. You will identify the words and phrases or research methods that indicate to you the perspective from which it is being written.

The following are suggestions and possible starting points for your research:

1. Self-mutilation
  - a. In college students
  - b. In adolescent girls
2. Depression
  - a. Sexual and/or social differences
  - b. Effectiveness of specific pharmaceuticals
3. Stress
  - a. Physiological effects
  - b. Treatment modalities
4. Blended Families
  - a. Major stressors
  - b. Success/failure patterns
5. Violent Crime
  - a. Effects on the victim
  - b. Effects on the perpetrator
6. Sexual Orientation
  - a. Origins of hetero and homosexuality
  - b. Religious influences on sexual orientation
7. Parenting over Age 40
  - a. Effects on the mother
  - b. Effects on the fetus
8. Sex and Sexuality
  - a. Changing views of premarital virginity
  - b. Sexual satisfaction among different age groups

**PSYCHOLOGY 100**  
**INTRODUCTION TO PSYCHOLOGY**  
**COURSE SYLLABUS**  
**FALL QUARTER 2007**

On a cover page attached to each printed article, you will summarize the article in your own words, discuss your understanding of the perspective that it reflects and discuss the indicators that helped you recognize the perspective from which it is written.

Your paper will end with your personal conclusions regarding your research, including whether or not you concur with the findings and your reasoning behind your opinion.

Your research paper must be typed using either 12-point Arial or 12-point Helvetica fonts, double-spaced, stapled, and bound in a flat binder. **No three-holed binders or plastic covers will be accepted.** The research paper will be potentially worth 100 points.

➔**DUE DATE:** The Research Paper is due no later than Friday, November 16, 2007 at class time. There are no exceptions.

A 10% reduction will be assessed for each calendar day that the research paper is late.  
Research papers that are delivered to my office will be assessed a 5% deduction.

**C. CLASS ATTENDANCE:**

As adult students, you are expected to be able to manage your own time and priorities. With the exception of days when special presentations, exams and activities are scheduled, attendance will not be taken, although, to maximize your learning experience, you are encouraged to attend class. If you miss a class you are not expected to email me to explain your absence. However, you are responsible for obtaining lecture notes from another student and to gain information regarding announcements or changes in the schedule that you may have missed. Studies show that the students who attend class regularly also achieve better grades and comprehension. They are also the students who enrich the class with their participation. Therefore, they will be rewarded for their contribution by attendance points taken randomly throughout the quarter. **Class attendance will be taken into consideration for those students with borderline grades.**

**D. CLASS CONDUCT:**

While it is my hope that you will learn to view your time in class as yours to use as best meets your needs, it is important to keep in mind that you are sharing this time with other students who may have needs that differ from your own. In as much as all of you have paid dearly for the information that you need from this course, it is important to make sure that the classroom environment is as conducive to scholarship as possible. Therefore, a few courtesies are required and will be enforced by me:

**1. PUNCTUALITY:**

Please **be on time** for class. Late arrivals result in loss of important information and distract from students' opportunity to hear announcements and clarify information from previous class discussions and readings. If circumstances prevent you from arriving on time, please take a seat **closer to the door** to reduce the number of students who are distracted by your late arrival. Once class has commenced, **do not leave before the end of the hour**. Students sometimes encounter circumstances in which they have to leave class before the end of the hour. Once again, this creates a distraction for others. If you should have to leave early, **please arrange to sit close to the door and do not re-enter the room once you have left.**

**PSYCHOLOGY 100**  
**INTRODUCTION TO PSYCHOLOGY**  
**COURSE SYLLABUS**  
**FALL QUARTER 2007**

**2. CLASS PARTICIPATION:**

You are encouraged to participate in discussions of the theories and concepts that I will be presenting to the class. This has the effect of expanding your comprehension of the material and enriching the learning experience for yourself and your fellow students. Many of the theories may seem counter-intuitive and will provoke much reaction. You are encouraged to share your reactions with the class as long as they pertain to the material. However, side comments directed to fellow students contribute to distractions, not to learning, and will not be tolerated. **Students distracting from the lecture will be asked to remove themselves from the classroom for the remainder of the hour.**

**3. CELL PHONES:**

Cell phones are a convenience, not a right. They create a distraction for your fellow students. Cell phones are to be turned off while in a classroom, **not merely turned to silent or vibrate only. Students whose cell phones ring during class or who engage in text messaging will be asked to remove themselves from the classroom for the remainder of the hour.**

**4. DISABLED STUDENTS:**

If you require accommodations based on a documented disability, have emergency medical information to share, or need assistance in case of an emergency evacuation; please inquire about becoming a DRC (Disability Resource Center) student. Call 425-564-2498 or TTY 425-564-4110 to establish your eligibility for accommodation or visit their office located in B132. The DRC office will provide each eligible student with an accommodation letter. Students who require accommodation in class should review the DRC accommodation letter with me during the first week of class.

**5. SAFE SPACE:**

This class is a Safe Space for all students. Lesbian, gay, bisexual, questioning, queer-identified, and transgendered students are welcome in this classroom and encouraged to speak out and be an integral part of this class. A critical understanding and the embracing of alternative genders and sexualities in this classroom is encouraged. Any questions about what this means should be brought to the instructor's attention immediately. All are welcome!

**6. CHEATING POLICY:**

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate or disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue Community College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor, classmates, or guests. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue Community College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services.

**PSYCHOLOGY 100**  
**INTRODUCTION TO PSYCHOLOGY**  
**COURSE SYLLABUS**  
**FALL QUARTER 2007**

**7. INCOMPLETE**

If a student fails to complete all the required work for the course, the instructor may assign the grade of Incomplete ("I"). The student must contact the instructor before grades are assigned to be considered for this exception. The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

**8. F GRADE**

Students who fail the course will receive a letter grade of "F".

**9. WITHDRAWAL**

College policy states that a student must formally withdraw from a class by the end of the seventh week of the quarter. Go to the Registration Office, B125 to do this. If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

**10. HARDSHIP WITHDRAWAL**

Instructors may assign the grade of "HW" (hardship withdrawal) at their discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances. You must contact me *before* grades are assigned to be considered for this exception. Students may also contact the Enrollment Services office *before* grades are assigned in cases of hardship.

**11. DISTRIBUTION OF GRADES**

Students should access their grades through the BCC web site. Grades will not be posted publicly with the department secretary or in faculty offices.

**PSYCHOLOGY 100**  
**INTRODUCTION TO PSYCHOLOGY**  
**COURSE SYLLABUS**  
**FALL QUARTER 2007**

**COURSE SCHEDULE**

<b><u>WEEK:</u></b>	<b><u>CHAPTERS:</u></b>	<b><u>READINGS:</u></b>
<i>Week 1</i> September 24 – 28	Chapter 1	Introduction and Research Methods
<i>Week 2</i> October 1 – 5	Chapter 2 Chapter 3	Neuroscience and Behavior Sensation and Perception
<i>Week 3</i> October 8 – 12 <b>October 12</b>	Chapter 4 Chapter 5 <b>Exam 1</b>	Consciousness and Its Variations Learning <b>Chapters 1,2,3,4, &amp; 5</b>
<i>Week 4</i> October 15 – 18 October 19	Chapter 6 Chapter 7 No Class	Memory Thinking, Language, and Intelligence College Issues Day
<i>Week 5</i> October 22 – 26	Chapter 8 Chapter 9	Motivation and Emotion Lifespan Development
<i>Week 6</i> October 29 – November 2 <b>October 29</b> October 30	Chapter 10 <b>Exam 2</b> No Class	Personality <b>Chapters 6, 7, 8, &amp; 9</b> Professional Development Day
<i>Week 7</i> November 5 – 9	Chapter 11	Social Psychology
<i>Week 8</i> November 12 – 16 November 12 <b>November 16</b> <b>November 16</b>	Chapter 12 No Class <b>Paper Due</b> <b>Exam 3</b>	Stress, Health, and Coping Veteran's Day <b>Research Paper Due at Class</b> <b>Chapters 10, 11, &amp; 12</b>
<i>Week 9</i> November 19 – 23 November 22 & 23	Chapter 13 No Class	Psychological Disorders Thanksgiving Holiday
<i>Week 10</i> November 26 – 30	Chapter 14	Therapies
<i>Week 11</i> December 3 –7 <b>December 6</b>	<b>Exam 4</b>	Case Studies and Role Playing <b>In Class Essay</b>
<i>Finals Week</i> December 10 – 12 <b>December 10</b>	<b>Exam 5</b>	<b>Chapters 13 &amp; 14</b>