

General Psychology: Syllabus

(PSYC 100, Fall 2017)

Instructor: Rika Meyer, PhD

E-mail: rika.meyer@bellevuecollege.edu

Phone: 425-564-2611

Office location: D100A

Office Hours: 10:30am-1:00pm Monday & Wednesday

Class Location: A138

Course Information

▪ Course Outcomes

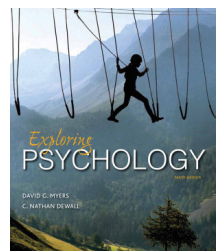
- Describe the purpose, comprehensive scope, and areas of application in the discipline of psychology.
- Apply and/or critique various research methods used by psychologists in the study of behavior.
- Recognize, compare and contrast various theoretical perspectives used to explain and guide psychological research and application.
- Identify historical and present-day contributions of major psychologists.
- Define key psychological terms, concepts, processes and principles.
- Apply critical thinking to assumptions, claims, and common sense ideas about behavior.
- Apply psychological principles and findings to one's own life.

▪ How Outcomes Will be Met

Presents methods, concepts, and principles of psychology. Topics include psychophysiology, sensation and perception, learning and memory, motivation, development, emotion, health, stress, personality, and abnormalities and their treatments.

▪ Books and Materials Required

1. Myers, D. (2004). Exploring Psychology (10th ed.). New York, NY: Worth Publishing. ISBN-13: 978-1464154072 (9th Edition is acceptable)



▪ Grading

Grades will be based on the percentage of total possible points you earn. The assignments are given sufficiently far in advance. Therefore, you should be able to plan accordingly.

Letter Grade (Percentage of Points)	
93-100% = A	73-76% = C
90-92% = A-	70-72% = C-
87-89% = B+	67-69% = D+
83-86% = B	63-66% = D
80-82% = B-	60-62% = D-
77-79% = C+	Less than 59% = F

Assignment	Possible Points
Quizzes (10 Quizzes, 10 points each)	100
Discussions	150
Paper 1 st Draft	10
Paper Peer Review	10
Paper 2 nd (Final) Draft	80
Paper Assignments (2 total, 25 points each)	50
Final Exam	100
Total	500

▪ Course Requirements

1. Discussions & Responses: 150 Course Grade Points

Our online discussion forum will be a weekly part of our class to help you engage in the course material with your classmates. Discussion prompts will consist of multiple questions and these responses will be due by Wednesday of each week. At least TWO responses will be due by Sunday of that same week.

Online Discussions Guidelines

Online discussions related to the assigned chapters, films and articles will be assigned once a week. For each discussion, you have to post a response to the discussion prompt provided each week and respond at least twice in response to other students' posts. For the first week of the course, please post your individual response by the end of day on Friday, and post your responses to other students' posts by the end of the day on Sunday. Starting the second week of the course, please post your individual response by the end of the day on Wednesday, and post your responses to other students' posts by the end of the day on Sunday.

Discussion Response. In order to receive full credit for your discussion response, you will need to answer ALL parts/sections of the prompt. Try your best to apply concepts we are covering in the course with specific examples (either from the textbook or from your personal experiences). In-text citations are required within your post – please cite at least once per discussion. Use APA 6th edition format (Example: (Myers & Dewall, 2016)).

Responses to Your Classmates' Discussion Responses. In order to receive full credit for your responses to fellow students, you will need to post a response that shows that you thought critically to develop your response. Your response may include 1) questions of clarification, questions to probe assumptions, reasons, and implications, 2) your interpretation of your classmates' response with additional example(s), and/or 2) whether you agree or disagree with your classmates' responses – you must provide justification for your opinion. You will be graded on completeness and thoughtfulness of your response. Just saying "*Great post*" or "*I agree with you*" with no additional input on your end will result in 0 points.

Grading. Each posting each week is graded by no post (no credit – 0 points), incomplete post (partial credit – 2 points), and complete, thoughtful post (full credit - 5 points). You can receive up to 5 points for your initial discussion response, and 5 points each to your responses to fellow classmates. Therefore, you can collect up to 15 points per discussion for 10 discussions (total 10 x 15 = 150 points).

Online Etiquette. Our online class should be a comfortable environment where all

students feel comfortable sharing their ideas. Therefore, please follow these guidelines when interacting with your classmates online: 1) Do not use offensive language, 2) Be respectful of your fellow classmates – all students should feel that they can speak freely without harassment, 3) Practice critical thinking and active learning – sometimes it helps to read many students' responses to get engaged and to help think of a response, and 4) Make sure to proofread your post before submitting.

2. Quizzes: 100 Course Grade Points

Quizzes will be on the Canvas website (see class schedule for quiz deadlines) and due weekly.

3. Reflection Papers: 50 Course Points Total

Two reflection papers will be due throughout the course. Papers should be 2-3 pages in APA format.

- a. Reflection Paper #1: League of Denial
- b. Reflection Paper #2: Psychology in Film

4. College Major Paper: 100 Course Points Total

Throughout our course, you will be exposed to the breadth of psychological science. Using nine of the Princeton Review's list of top college majors, pick a major based on your interests. If your major is not in the list, choose one that is close.

1. Business
2. Nursing
3. Biology
4. Education
5. English
6. Economics
7. Communication Studies
8. Political Science
9. Computer and Information Science

For this paper, you will consider psychology's contribution to the chosen field. Using the material that we have covered, address 3 ways how the topic may be relevant in the field. Use the textbook as a reference and provide examples. Additional references are allowed (but not required). All papers should include an introduction, body, and conclusion. Papers should be in APA 6th Edition format and 3-5 pages, not including the title page and reference page.

4a. Paper Draft for Peer Review: 20 Points

Your first draft of this paper should be submitted online on and is worth 20

points.

4b. Peer Review One Classmate's Paper: 20 Points

Submit a peer review by addressing each section of the rubric provided. This is worth 20 points.

4c. Paper Final Draft: 60 Points

Your final draft of this paper should be submitted online on and is worth 60 points. Use the comments that I provided for you on your draft to improve your paper.

Help with Canvas

The following places are helpful for [Students](#).

Classroom Learning Atmosphere

▪ Instructor's Expectation

One of my goals as an instructor is to create a safe and positive environment where students can feel comfortable to share ideas and ask questions. I expect everyone to treat others with respect (*see affirmation of inclusion below*), particularly during difficult discussions. This includes *not being disruptive*. I allow laptop use to take notes. However, please be aware of how your actions may disrupt your classmates.

I am here to help each of you excel in this class. Therefore, I am always free for questions about class, psychology, graduate school, research, etc. If you cannot attend my office hours, I can meet with you by appointment. I check my email several times a day, so that is the best way to contact me. I will respond to your email within 24 hours of your sent email. *Please put "PSYC 100" in your subject line of your email* so that I can keep track of class emails. If I do not reply in time, please send the email again.

Late Work Policy

After a deadline has passed, I will not accept late work. However, if you expect that you may not be able to make a deadline, please see me in advance to discuss when you will be able to turn in your late work. This must be before the deadline in order for you to receive credit.

Ground Rules for Class Discussions

- Speak up freely.

- Listen.
- Do not dominate the discussion.
- Be courteous.
- Ask questions of clarification, and questions that probe assumptions, reasons, and implications.
- Practice critical thinking and active learning.

▪ **Affirmation of Inclusion**

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination.

We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

Religious Holidays

Students who expect to miss classes, examinations, or any other assignments as a consequence of their religious observance should be provided with a reasonable alternative opportunity to complete such academic responsibilities. It is the obligation of students to provide faculty with reasonable notice of the dates of religious holidays on which they will be absent, preferably at the beginning of the term. Students who are absent on days of examinations or class assignments should be offered an opportunity to make up the work without penalty (if they have previously arranged to be absent), unless it can be demonstrated that a makeup opportunity would constitute an unreasonable burden on a member of the faculty. Should disagreement arise over what constitutes an unreasonable burden or any element of this policy, parties involved should consult the department chair, or Dean.

College Anti-Discrimination Statement

Bellevue College does not discriminate on the basis of race or ethnicity; color; creed; national origin; sex; marital status; sexual orientation; age; religion; genetic information; the presence of any sensory, mental, or physical disability; gender identity or veteran status in educational programs and activities which it operates.

Confidentiality and Mandatory Reporting

As an instructor, one of my responsibilities is to help create a safe learning environment on our campus. It is my goal that you feel able to share information related to your life experiences in classroom discussions, in your written work, and in our one-on-one meetings. I will seek to keep information you share private to the greatest extent possible. However, I am required to share with the Title IX Coordinator

any and all information regarding sexual assault and other forms of sexual misconduct (e.g. dating violence, domestic violence, stalking) that may have occurred on campus or that impacts someone on campus. Students may speak to someone confidentially by contacting the BC Counseling Center at (425) 564-2212. The Title IX Office can be contacted at 425-564-2441 and more information can be found at www.bellevuecollege.edu/titleix/.

For further information and contacts, please consult [College Anti-Discrimination Statements](#).

▪ **Student Code of Conduct and Academic Integrity**

Any act of academic dishonesty, including cheating, plagiarism (using the ideas or words of another as one's own without crediting the source), and fabrication and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to, talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Success for investigation. Specific student rights, responsibilities, and appeal procedures are listed in the Student Code of Conduct at: [Student Code](#)

Important Links

▪ **Bellevue College E-mail and access to MyBC**

All students registered for classes at Bellevue College are entitled to a network and e-mail account. Your student network account can be used to access your student e-mail, log in to computers in labs and classrooms, connect to the BC wireless network and log in to MyBC. To create your account, go to: [Create Email](#)

BC offers a wide variety of computer and learning labs to enhance learning and student success. Find current campus locations for all student labs by visiting the [Technology Help Desk](#)

▪ **Disability Resource Center (DRC)**

The Disability Resource Center serves students with disabilities. A disability includes any physical or mental impairment that substantially limits one or more major life activities. Common disabilities include physical, neurological (e.g. Autism, ADD), and mental health (e.g. depression, anxiety). If you are a student who has a disability or if you think you may need accommodations in order to have equal access to programs, activities, and services, please contact the DRC.

If you require assistance in an emergency, please meet with your individual

instructors to develop a safety plan for while in class and contact the DRC to develop a safety plan for while you are elsewhere on campus.

If you are a student with a documented autism spectrum disorder, there is an additional access program available to you. [Contact Autism Spectrum Navigators](#) (ASN). Email and phone number is on the web page. ASN is located in the Library Media Center in D125.

The DRC office is located in building B Room 132. You can contact the DRC by stopping by B132, calling our desk at 425-564-2498, emailing drc@bellevuecollege.edu, and Deaf students can reach us by Skype (account name **DRCatBC**). For more information about the services we offer, including our Initial Access Application, visit our website at www.bellevuecollege.edu/drc.

Accessibility

The online elements of this course are designed to be welcoming to, accessible to, and usable by everyone, including students who are English-language learners, have a variety of learning styles, have disabilities, or are new to online learning. Be sure to let me know immediately if you encounter a required element or resource in the course that is not accessible to you. Also, let me know of changes I can make to the course so that it is more welcoming to, accessible to, or usable by students who take this course in the future.

▪ Public Safety

Public Safety and Emergencies

Public Safety is located in the D building (D171) and can be reached at **425-564-2400** (easy to remember because it's the only office on campus open 24 hours a day—2400). Among other things, Public Safety serves as our Parking Permits, Lost and Found, and Emergency Notification center. Please ensure you are signed up to receive alerts through our campus alerting system by registering at [RAVE Alert Registration](#)

If you work late and are uneasy about going to your car, Public Safety will escort you to your vehicle. To coordinate this, please phone ahead and let Public Safety know when and where you will need an escort.

Please familiarize yourself with the emergency postings by the door of every classroom and know where to go in the event of an evacuation. Your instructor will be asked if anyone might still be in the building, so check in before you do anything else. Emergency responders will search for anyone unaccounted for.

If a major emergency occurs, please follow these three rules:

- 1) Take directions from those in charge of the response** -We all need to be working together.
- 2) Do not get in your car and leave campus (unless directed to)** - Doing so will clog streets and prevent emergency vehicles from entering the scene. Instead, follow directions from those in charge.
- 3) In an emergency, call 911 first, then Public Safety.**

Please do not hesitate to call Public Safety if you have safety questions or concerns at any time. You may also visit the [Public Safety](#) web page for answers to your questions.

▪ **Final Exam Schedule**

The final exam will be posted on Canvas to be completed online by 12/1/17.

▪ **Academic Calendar**

The Bellevue College Academic Calendar is separated into two calendars. They provide information about holidays, closures and important enrollment dates such as the finals schedule.

- [Enrollment Calendar](#) On this calendar you will find admissions and registration dates and important dates for withdrawing and receiving tuition refunds.
- [College Calendar](#) This calendar gives you the year at a glance and includes college holidays, scheduled closures, quarter end and start dates, and final exam dates.

Course Calendar

Class Date	Topic(s)	Readings	Assignments
Week of 9/18/17	Introduction to Psychology	Chapter 1	Introduction and Discussion due Friday Responses due Sunday Quiz 1 Due Sunday
Week of 9/25/17	Brain and Behavior	Chapter 2	Discussion due Wednesday Responses due Sunday Quiz 2 Due Sunday
Week of 10/2/17	Developmental Psychology	Chapter 4	Paper #1 due Monday Discussion due Wednesday Responses due Sunday Quiz 3 Due Sunday
Week of 10/9/17	Sex & Gender	Chapter 5	Discussion due Wednesday Responses due Sunday Quiz 4 Due Sunday
Week of 10/16/17	Learning	Chapter 7	Discussion due Wednesday Responses due Sunday Quiz 5 Due Sunday College Major Paper Draft Due Sunday
Week of 10/23/17	Memory	Chapter 8	Discussion due Wednesday Responses due Sunday Quiz 6 Due Sunday Peer Review for College Major Paper Draft Due Sunday
Week of 10/30/17	Motivation and Emotion	Chapter 10	Discussion due Wednesday Responses due Sunday Quiz 7 Due Sunday
Week of 11/6/17	Stress, Health, and Human Flourishing	Chapter 11	Discussion due Wednesday Responses due Sunday Quiz 8 Due Sunday
Week of 11/13/17	Social Psychology	Chapter 12	Discussion due Wednesday Responses due Sunday Quiz 9 Due Sunday
Week of 11/20/17	Psychological Disorders	Chapter 14	Discussion due Wednesday Responses due Sunday Quiz 10 Due Sunday

Paper #2 due Sunday

Week of
11/27/17

Final Exam 12/1/17

**Final Revised College
Major Paper Due
Sunday 12/3**

*The syllabus is subject to change. I will notify the class of any changes. Please check our class website for the most updated syllabus and schedule.

