

Course: PSYC& 200 Lifespan Psychology

5 credits

Item# 5423

Section A

Time to meet: M-Th 9:30 am – 10:20 am

Room: A 206

Instructor: Dr. Celeste Lonson, Ph.D.

Office: D200B

Office hours: M-Th 11:30 AM – 12:30 PM or by appointment

Email: celeste.lonson@bellevuecollege.edu

Mailbox: Social Sciences Division Office (D110)

Welcome to Psychology 200

Course Description: This course presents an overview of human growth and development from prenatal stages to old age. Theories, facts, principles, developmental processes, and empirical research will be explored during the course. Physical, cognitive, social, and emotional development for all age groups will be discussed. Students in this course will experience a variety of learning experiences, including, but not limited to, presentations by lecture, in-class learning activities, written assignments, and active group discussions. **Students are expected to work for minimum 5 hours outside of class (e.g., online) each week to complete assigned homework.**



Required Textbook:

Arnett, J. (2015). *Human Development: A Cultural Approach (2nd Ed)*. San Francisco, CA: Pearson.

ISBN-13: 9780134612584

You will be required to use Pearson REVEL to read chapters.

| Grading Category | Points | % |
|--------------------|------------|-------------|
| Class Exercises | 70 | 14% |
| Chapter Quizzes | 110 | 22% |
| Social Experiments | 120 | 24% |
| Midterm / Final | 200 | 40% |
| <i>Total</i> | <i>500</i> | <i>100%</i> |

Syllabus Quiz:

In order to have access to course material in Canvas you **MUST COMPLETE A SYLLABUS QUIZ**. This is located under “Quizzes” in Canvas, you can retake the quiz as many times as necessary for maximum points. **If you complete this by Thursday January 4th, you will get 5 extra credit points.**

For more detailed information (including course requirements, policies, etc.) see the full Course Syllabus in Canvas.

Student Support Services:

If you need help with your academic problems, please use the following student support services:

- Academic Success Center (D 204): <http://bellevuecollege.edu/academicsuccess/>
- Academic Tutoring Center (D 204): <http://www.bellevuecollege.edu/asc/tutoring/>
- Multicultural Services (2nd floor, B bldg.): <http://www.bellevuecollege.edu/mcs/>
- Counseling Center (2nd floor, B bldg.): <https://www.bellevuecollege.edu/counseling/>
- TRiO Student Support Services (2nd floor, B bldg.): <http://bellevuecollege.edu/TRiO/>
- BC Reading and Writing Lab (D 204): <http://www.bellevuecollege.edu/asc/writing/>

Academic Advising:

The Psychology Department has an in-house advisor, **Deanne Eschbach**, located in D110C. Please call 425-564-2216 or 425-564-2212 to set up personal advising appointments.

TIPS for Success in this Course:

1. **Attend Class Regularly:** You are expected to be an active participant in class discussions and other learning opportunities. To do this, you must be prepared so be sure to complete all reading and other assignments according to the schedule. The class activities have been carefully designed to help you achieve the learning outcomes for the course. Missing class or not actively participating will negatively impact your ability to learn the content.
2. **Access Revel to read the Textbook:** Reading the course textbook as well as assigned articles will be essential for understanding the course material. It will also give you the opportunity to experience the material in a different media. It will be assumed that you have completed the readings before class, and that you will be able discuss the material that you have read. Taking notes on the readings will also assist you with taking notes in class.
3. **Check Canvas and your BC e-mail Regularly:** In order to stay informed and know about changes in the class schedule, assignments, and other information about the class it will be necessary for you to check your BC e-mail and Canvas course website regularly.
4. **Take Notes in Class:** I encourage you to take notes by hand. Research has shown that this helps with learning the material. Coming to class prepared to take notes will be in your best interest. While taking notes, you should not focus on writing the instructor's words verbatim. Your notes should be written in a way that you could reference them at a later date and remember what was said about the topic. If you want additional tips on note taking, visit the Academic Success Center (<http://www.bellevuecollege.edu/asc/>).
5. **Manage Your Time Efficiently:** Do not wait until the last minute to start a class assignment. Starting your work early allows you to spend the appropriate amount of time on the assignment, and it allows you to contact the instructor if you have any questions. PLAN AHEAD. Save your work early, often, and in multiple locations.
6. **Come See Me:** I will be available for a short talk before and after class; however, due to time constraints and the personal nature of some issues, it may be best for you to come to see me during my office hours (M-Th 11:30 AM – 12:30 PM) in D200B. If for any reason, you are unable to make it to my office hours, please contact me via Canvas or BC e-mail to schedule an appointment at another time.