

BELLEVUE COLLEGE

Winter Quarter 2018

Course: Psyc& 200 Lifespan Psychology Section HYC, Item 5425, 5 credits
Time: TTh: 10:30AM – 12:20PM
Room: D274B
Instructor: Ilona Pitkänen, Ph.D.
Office: D200A
Office hours: Thursdays 1:00-2:00pm
Email: Canvas email, or ilona.pitkanen@bellevuecollege.edu
Phone: Phone: (425) 564-2706 (My voicemail); (425) 564-2331 (Social Science)
Mailbox: Social Science Division Office (D110)

Course Description

Welcome to Lifespan Psychology 200! The purpose of the course is to introduce you to the major concepts, theories and research findings in lifespan development. We'll discuss the roles of heredity and environment in shaping development as well as cross-cultural influences in development. We'll cover prenatal development, and various biological, cognitive, emotional, and social aspects of development during infancy, childhood, adolescence, and early, middle, and late adulthood.

Please read this entire syllabus as it contains a lot of important information regarding the class! If you have any questions or concerns, please contact me as soon as possible.

THIS IS A HYBRID CLASS: WE WILL MEET TWICE A WEEK ON CAMPUS, AND THE REST OF THE INSTRUCTION TAKES PLACE ONLINE. YOU ARE REQUIRED TO PARTICIPATE IN BOTH THE ONLINE AND THE CLASSROOM ACTIVITIES.

Required Text:

***Human Development: A cultural approach* by Jeffrey Arnett, 2nd Edition, Pearson. YOU NEED TO PURCHASE ACCESS TO THE REVEL WEBSITE ASSOCIATED WITH THIS BOOK.**

While access to Revel is required, the printed version of this text is optional. The REVEL website is an interactive experience that helps you engage with the material we cover in this class. It contains interactive quizzes that you are required to take.

The cheapest way to purchase Revel is to get it directly from the Pearson website. You will see this as an option after clicking on the course invite link listed below. It costs \$80 and includes the eBook. When you register, you also have the option of adding the printed loose-leaf version of the book for \$19.95 extra (it will be shipped to you with no shipping cost). The Revel website contains interactive features besides the assigned quizzes that help you in learning the material (videos, definitions, notes, interactive note taking functions, flash cards).

Follow these steps to get started or watch a short video

(www.pearsonhighered.com/Revel/students/registration) on how to register for Revel:

1. Enter your Course Invite Link in your web browser. Please use a recommended browser like Google Chrome, Firefox, or Safari.

COURSE INVITE LINK: <https://console.pearson.com/enrollment/fkfzmfh>

2. If you already have a Username and Password for another Pearson technology (i.e. MyMathLab), go ahead and sign in. If you do not have one, you'll need to create one using a valid email that you check regularly, like your school email address. Once you've signed in or created your Pearson Account, you'll be directed to your Revel account.

3. To access Revel throughout the semester log onto <http://console.pearson.com>. Make sure to bookmark this URL and NOT the course invite link. Remember to always use the same username and password to logon.

If you encounter any issues, support materials are available at www.pearsonhighered.com/Revel/students/support/index.html, including a call in number: 855-875-1801. You can also contact Robbie Oyama (robbie.oyama@pearson.com), our Pearson rep, if you have any trouble or questions while going through these steps.

Access to a computer or mobile electronic device (tablet or smartphone) with internet access is required to complete your Revel assignments.

Course Outcomes

After completing this class, students should be able to:

- Identify and explain the issues involved in the scientific study of human development across the lifespan, from conception through death, through the interaction of biological, psychological, and social aspects of human development across the lifespan.
- Distinguish between the contributions of influential theorists in developmental psychology, such as Piaget, Ainsworth, Kohlberg, Bronfenbrenner, Vygotsky, Arnett, and Erikson.
- Relate course materials to a personal perspective on human developmental experiences, as well as learn how to test theories using qualitative and quantitative research methods.
- Identify and critically reflect on the variability and diversity of developmental pathways, and their own embeddedness in social, cultural, and political contexts.
- Apply knowledge of cross-cultural research to developmental differences across the life span.

IMPORTANT: We use Canvas in this course. I will be posting class materials and documents on the Canvas site. You can access Canvas on the Bellevue College website. For Technology related problems, contact the HELP desk at (425) 564-4357 or online at <http://depts.bellevuecollege.edu/helpdesk/>

Student Exams & Activities (900 points total)

- 1) **REVEL quizzes (260 points):** The Revel website has two different kinds of quizzes: short **module quizzes** at the end of each text module (section), and longer **chapter quizzes** at the end of each chapter. For full points, you need to complete all of these quizzes. For each chapter, you get 10 points for the module quizzes and 10 points for the chapter quiz towards your grade in the class (I will enter these points in Canvas for your convenience, so that you can track your grade during the quarter). This means that you can get a total of 20 points per chapter towards your grade (13 chapters x 20 points = 260 points). Most weeks one or two chapters are due (see the course schedule; some weeks have no quiz due). Most weeks the quiz due date is Monday midnight, but some weeks a quiz is due on Wednesday (see the course schedule). The quizzes are designed to engage you directly with the material you are learning. They consist of multiple-choice questions, and if you give an incorrect answer, the quiz notifies you of this and provides additional information. You need to take all the quizzes at the end of each book section/module (“module quizzes”, typically about 5 questions in each module quiz). Each question is worth 3 points initially, and you have two attempts such that if you answer wrong, you lose 1 point. However, for these short module quizzes, you get 10 points towards your class grade for completing all the module quizzes for a chapter regardless of what your score is for each quiz. You need to complete EVERY MODULE QUIZ for the 10 points. However, for the longer **chapter quiz** at the end of each chapter, your score matters. You have two tries for each question in the chapter quizzes. Each question is initially worth 5 points, but if you give an incorrect answer, you lose 2 points. If you give 2 incorrect answers for a question, you get 0 points for that particular question. This means that for each question, you can get either 5 points (first answer is correct), 3 points (second answer is correct) or 0 points. **You get 10 points towards your class grade for each chapter quiz you pass with a score of at least 80%. If you get fewer than 80% for a quiz, you will not receive any points towards your final grade for that chapter quiz.** Note that each chapter also has flashcards and other assignments (e.g. fill-in-the-blank) in between the sections of the chapter. I recommend working through those additional assignments, but they are optional. The quizzes for all the assigned chapters are available until the deadline for each quiz, so you can start taking them anytime. However, don’t take the chapter quiz until you are ready to make sure that you get at least 80% of the points for it! You can take breaks during the quiz, go back to them, and the quizzes are NOT TIMED, but once you submit each question (by clicking

SUBMIT), you can't undo that action. Take the chapter quiz which counts towards your grade only when you have studied the chapter. **NO LATE QUIZZES ARE ALLOWED FOR ANY REASON.** You have a lot of time to take the quizzes, and you should not leave them for the last minute. **TO RECAP: to get the full points for a chapter, you must take ALL the module quizzes for any score (for 10 points), and the chapter quiz with a score of at least 80% (for 10 points).**

- 2) **Exams (200 points):** There will be 4 exams in the classroom, and each exam is worth 50 points. The exams consist of essay/short-answer questions, and may include extra credit opportunities. The exams are not cumulative. No make-up exams are allowed without documentation such as a doctor's note, a death certificate or another applicable document. **A student who has a legitimate medical situation or other emergency needs to communicate with me promptly and contact me as early as possible BEFORE the exam (if this is not possible, the reason for the late communication must be documented). If I allow a make-up exam, the make-up is taken on the day of the final exam on March 22nd (right after the final exam). The make-up includes questions from all the class material. No more than one make-up exam (with appropriate documentation) is allowed per student.**
- 3) **Assignments in Canvas (160 points + 20 points for a Canvas introduction):** Students evaluate articles and other sources related to assigned topics (e.g. cultural differences in childbirth/pregnancy, evaluation of toys, cultural differences in sexuality, etc.), and discuss their findings online in Canvas. **Students are expected to research the topics, write and post summaries and participate in the discussions online to receive the points.** More information about these assignments will be given in class and is posted in Canvas. In addition, students are expected to post an introduction in Canvas (worth 20 points).
- 4) **Attendance/Class activities (260 points):** Attendance in the lectures is REQUIRED and especially important in this class because we only meet twice a week. I will take attendance for credit in every lecture (excluding the first day of class and the exam days) and give you 20 points if you are present. **We will have 16 attendance recordings, and you need to collect 13 for the full 260 points.** Therefore, you can miss three lectures without losing points. However, if you get a 14th attendance recording, you receive **10 extra credit points**. Attendance is usually taken in the form of class assignments. **YOU NEED TO ATTEND THE ENTIRE CLASS TO RECEIVE THE POINTS. NO POINTS WILL BE GIVEN FOR THESE ASSIGNMENTS/ATTENDANCE RECORDINGS IF YOU ARE ABSENT OR DO NOT ATTEND THE ENTIRE CLASS.** Attendance cannot be made up for any reason. Letting you miss 3 lectures without losing points allows for unexpected events.

Course Schedule

	CANVAS ASSIGNMENTS	TUESDAY	THURSDAY	REVEL QUIZ DUE
Week 1		1/2 Introduction to the class	1/4 Introduction/Research Methods <i>(Intro due in Canvas)</i>	Mon 1/8 QUIZ: CH. 1
Week 2		1/9 Genetics/Prenatal <i>(Response to student due in Canvas)</i>	1/11 Prenatal/Infancy	Mon 1/15 QUIZZES: CH. 2, 3
Week 3	<i>Pregnancy/childbirth due Wed 1/17 (Comments Sat 1/20)</i>	1/16 Infancy/Toddlerhood	1/18 Infancy/Toddlerhood	Mon 1/22 QUIZZES: CH. 4, 5
Week 4		1/23 EXAM 1 (Ch. 1-5)	1/25 Early/Middle Childhood	NO QUIZ
Week 5		1/30 Early/Middle Childhood	2/1 Early/Middle Childhood	Mon 2/5 QUIZZES: CH. 6, 7
Week 6	<i>Toy evaluation due Sat 2/10 (Comments due Mon 2/12)</i>	2/6 EXAM 2 (Ch. 6, 7)	2/8 NO CLASS	NO QUIZ
Week 7		2/13 Adolescence	2/15 Adolescence	Mon 2/19 QUIZ: CH. 8
Week 8		2/20 Emerging Adulthood	2/22 EXAM 3 (Ch. 8, 9)	Wed 2/21 QUIZ: CH. 9
Week 9	<i>Sexuality/gender/love due Sat 3/3 (Comments Mon 3/5)</i>	2/27 Young Adulthood	3/1 Young Adulthood	Mon 3/5 QUIZ: CH. 10
Week 10		3/6 NO CLASS	3/8 Middle Adulthood	Mon 3/12 QUIZ: CH. 11
Week 11	<i>Lifespan movie due Sat 3/17 (Comments due Mon 3/19)</i>	3/13 Late Adulthood	3/15 Late Adulthood/Death	

Week 12 Finals		3/20 NO CLASS	3/22 FINAL EXAM (Ch. 10-13) 9:30-11:20	Wed 3/21 QUIZZES: CH. 12, 13
-------------------------------	--	---------------	---	---

Note: The course schedule is a plan only and is subject to change. You will be notified if changes occur.

Grading Information

The total number of points you earn will be converted to a percentage of the total points possible. Your final grade will be assigned based on the letter grade scale as shown below.

%	Letter Grade
95-100%	A
90-94	A-
86-89	B+
80-85	B
75-79	B-
71-74	C+
66-70	C
60-65	C-
55-59	D+
50-54	D
49 or less	F

Course Policies

Hardship withdrawal policy:

According to the social science division policy, hardship withdrawals are for exceptional circumstances that prevent the student from completing the course. Documentation such as a death certificate or a doctor's letter may be required.

Academic Problems:

It is important to me that you succeed in this class. If you have concerns about your performance, please contact me as soon as possible. Additionally, Bellevue College offers a variety of learning assistance services. See the

following links for additional help:

[Academic Success Center](#)
[TRiO Student Support Services](#)

Writing Lab

The writing lab offers free help for writing class assignments, college applications, resumes etc. See:
<http://www.bellevuecollege.edu/asc/writing/>

Counseling Service

Offers confidential consultations for students experiencing non-academic difficulties. For more information visit their website: <https://www.bellevuecollege.edu/counseling/>

The Center for Career Connections

Offers career resources for all stages of your academic and professional career. Visit their website:
<https://www.bellevuecollege.edu/careers/>

Academic Advising:

The Psychology Department has an in-house advisor in D110C. Please call 425-564-2216 or 425-564-2212 to set up personal advising appointments.

Attendance and missing class:

I expect that you attend the classes regularly. I randomly record attendance and you receive points for attending on those days (see the Attendance section under Student Activities & Assignments). In addition, in order to receive points for class assignments, **you need to be in class and participate in the activities**. It is your responsibility to find out from other students what you have missed when you are absent. If you stop attending, you must withdraw yourself from the class to avoid earning a 0.0 in the class.

Punctuality and class conduct:

You should arrive on time for class and stay the entire period. If you do need to leave early, please notify me in advance and sit near the door if possible to avoid disrupting others. **Please keep your cell phones and other electronic devices silent or turned off during class. CELL PHONE USE IS NOT ALLOWED DURING THE LECTURES. This also includes “silent cell phone use”, such as texting.** You are encouraged to share your views and participate in class discussions in a manner that is respectful of others. You are encouraged to critique the material presented and discussed in class and the readings, but critique should be based on theory and research evidence, not individual experience alone. Side comments directed to other students, use of electronic devices, and activities that are not related to the learning material are disruptive. A student who engages in persistent disruptive behavior will be asked to leave the classroom.

My laptop policy:

During lectures, I only accept the use of laptops FOR NOTE TAKING RELATED TO THE CLASS MATERIAL. Any other use of laptops is not permitted (unless pre-approved by me). This is because laptop use during lectures can distract you and other students. Laptop use is not allowed at all during films we watch in class.

Affirmation of Inclusion

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination.

We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

Religious Holidays

Students who expect to miss classes, examinations, or any other assignments as a consequence of their religious observance should be provided with a reasonable alternative opportunity to complete such academic responsibilities. It is the obligation of students to provide faculty with reasonable notice of the dates of religious holidays on which they will be absent, preferably at the beginning of the term. Students who are absent on days of examinations or class assignments should be offered an opportunity to make up the work without penalty (if they have previously arranged to be absent), unless it can be demonstrated that a makeup opportunity would constitute an unreasonable burden on a member of the faculty. Should disagreement arise over what constitutes an unreasonable burden or any element of this policy, parties involved should consult the department chair, or Dean.

College Anti-Discrimination Statement

Bellevue College does not discriminate on the basis of race or ethnicity; color; creed; national origin; sex; marital status; sexual orientation; age; religion; genetic information; the presence of any sensory, mental, or physical disability; gender identity or veteran status in educational programs and activities which it operates.

Confidentiality and Mandatory Reporting

As an instructor, one of my responsibilities is to help create a safe learning environment on our campus. It is my goal that you feel able to share information related to your life experiences in classroom discussions, in your written work, and in our one-on-one meetings. I will seek to keep information you share private to the greatest extent possible. However, I am required to share with the Title IX Coordinator any and all information regarding sexual assault and other forms of sexual misconduct (e.g. dating violence, domestic violence, stalking) that may have occurred on campus or that impacts someone on campus. Students may speak to someone confidentially by contacting the BC Counseling Center at (425) 564-2212. The Title IX Office can be contacted at 425-564-2441 and more information can be found at www.bellevuecollege.edu/titleix/.

For further information and contacts, please consult [College Anti-Discrimination Statements](#).

Class evaluations:

You are encouraged to complete a voluntary course evaluation before the end of the quarter. My policy is that if **at least 90% of the class completes the evaluation, everyone will get 10 extra credit points**. The Bellevue College Online Evaluation website is secure and submissions are completely anonymous (I see how many students have submitted the evaluation but I will never know the identities of the students). College instructors, program chairs and administrators are granted access to a class composite document on the website only after all grades are posted to transcripts at the close of the current quarter. On the BC Online Evaluation site, you will find a listing for each of your classes. Access to each course evaluation is granted only once, and after you press the SUBMIT button at the bottom of the page, you will see a screen telling you which class evaluations have been completed. If you have questions or need assistance, please call the Distance Education Office at 425-564-2438 or toll free at 1-877-641-2712.

Plagiarism

Plagiarizing (using the ideas or words of another as one's own without crediting the source) is a violation of the Student Code of Conduct at Bellevue College. Changing some words or sentences in the original source does not make it your own. **You need to completely write your own assignments and discussion posts.** Other examples of academic dishonesty include behaviors such as having someone else write your assignments,

copying other students' answers on an exam, allowing other students to take credit for your work, etc. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct (see below).

Student Code of Conduct and Academic Integrity

Any act of academic dishonesty, including cheating, plagiarism (using the ideas or words of another as one's own without crediting the source), and fabrication and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to, talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Success for investigation. Specific student rights, responsibilities, and appeal procedures are listed in the Student Code of Conduct at: [Student Code](#)

PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION

Cheating, Stealing and Plagiarizing*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Changing some words or sentences in the original source does not make it your own. You need to completely write your own assignments and exam answers. Other examples of academic dishonesty include behaviors such as having someone else write your assignments, copying other students' answers on an exam, allowing other students to take credit for your work, etc. Additional examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services and at:

[http://bellevuecollege.edu/policies/2/2050P_Student_Code_\(Procedures\).asp](http://bellevuecollege.edu/policies/2/2050P_Student_Code_(Procedures).asp)

Email Communication with instructors must be done through student email accounts only. Instructors cannot communicate with students about their course work or grades through student's personal email accounts.

Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

F Grade

Students who fail a course will receive a letter grade of "F."

Final Examination Schedule

The Social Science Division will adhere to the final examination schedule as stated in the BC Schedule. Final examinations will be held at the end of each quarter at fixed times. Instructors will not give examinations in advance of the regular schedule. A student who is absent from any examination held at any time during the quarter may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the

student's control, the student is unable to be present at any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor. Documentation may be required.

Hardship Withdrawal

Instructors may assign the grade of “HW” (hardship withdrawal) at their discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances. Students may also contact the Enrollment Services office BEFORE grades are assigned in cases of hardship.

Distribution of Grades

Grades will not be posted in the Social Science Division or in faculty offices, and program assistants or coordinators will not give out grades. Students should access their grades through the BC Web site.

Return of Papers and Tests

Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if student supplies the instructor with stamped, self-addressed envelope (with appropriate postage); or by the instructor designating a time and place whereby the student may retrieve his/her papers. Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.

.
**If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Dean of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.*

Important Links

Bellevue College E-mail and access to MyBC

All students registered for classes at Bellevue College are entitled to a network and e-mail account. Your student network account can be used to access your student e-mail, log in to computers in labs and classrooms, connect to the BC wireless network and log in to MyBC. To create your account, go to: [Create Email](#)

BC offers a wide variety of computer and learning labs to enhance learning and student success. Find current campus locations for all student labs by visiting the [Technology Help Desk](#)

Disability Resource Center (DRC)

The Disability Resource Center serves students with disabilities. A disability includes any physical or mental impairment that substantially limits one or more major life activities. Common disabilities include physical, neurological (e.g. Autism, ADD), and mental health (e.g. depression, anxiety). If you are a student who has a disability or if you think you may need accommodations in order to have equal access to programs, activities, and services, please contact the DRC.

If you require assistance in an emergency, please meet with your individual instructors to develop a safety plan for while in class and contact the DRC to develop a safety plan for while you are elsewhere on campus.

If you are a student with a documented autism spectrum disorder, there is an additional access program available to you. [Contact Autism Spectrum Navigators](#) (ASN). Email and phone number is on the web page.

ASN is located in the Library Media Center in D125.

The DRC office is located in building B Room 132. You can contact the DRC by stopping by B132, calling our desk at 425-564-2498, emailing drc@bellevuecollege.edu, and Deaf students can reach us by Skype (account name **DRCatBC**). For more information about the services we offer, including our Initial Access Application, visit our website at www.bellevuecollege.edu/drc.

Accessibility

The online elements of this course are designed to be welcoming to, accessible to, and usable by everyone, including students who are English-language learners, have a variety of learning styles, have disabilities, or are new to online learning. Be sure to let me know immediately if you encounter a required element or resource in the course that is not accessible to you. Also, let me know of changes I can make to the course so that it is more welcoming to, accessible to, or usable by students who take this course in the future.

Public Safety and Emergencies

Public Safety is located in the D building (D171) and can be reached at **425-564-2400** (easy to remember because it's the only office on campus open 24 hours a day—2400). Among other things, Public Safety serves as our Parking Permits, Lost and Found, and Emergency Notification center. Please ensure you are signed up to receive alerts through our campus alerting system by registering at [RAVE Alert Registration](#)

If you work late and are uneasy about going to your car, Public Safety will escort you to your vehicle. To coordinate this, please phone ahead and let Public Safety know when and where you will need an escort.

Please familiarize yourself with the emergency postings by the door of every classroom and know where to go in the event of an evacuation. Your instructor will be asked if anyone might still be in the building, so check in before you do anything else. Emergency responders will search for anyone unaccounted for.

If a major emergency occurs, please follow these three rules:

- 1) Take directions from those in charge of the response** -We all need to be working together.
- 2) Do not get in your car and leave campus (unless directed to)** - Doing so will clog streets and prevent emergency vehicles from entering the scene. Instead, follow directions from those in charge.
- 3) In an emergency, call 911 first, then Public Safety.**

Please do not hesitate to call Public Safety if you have safety questions or concerns at any time. You may also visit the [Public Safety](#) web page for answers to your questions.