

# Human Sexuality

*Psychology 210*

Winter, 2018

## General Course Information:

**Instructor:** Jillene Grover Seiver, Ph.D  
**Office hours:** M-W 3-5 pm in Eastern WA University house  
**Voice mail:** (425)564-5106 (sends voicemail to my email)  
**e-mail:** [jseiver@bellevuecollege.edu](mailto:jseiver@bellevuecollege.edu) (checked every weekday by 2 pm)  
**website:** <https://bc.instructure.com>  
**Text:** *Human Sexuality*, 4/E by Roger R. Hock

## Course Description:

Psychological, biological and cultural perspectives of human sexual behavior. The basis for successful functioning; frequency and significance of various types of sexual behavior; anatomy and physiology of reproduction; sexual inadequacy and deviations. 5 credits.

## Learning Outcomes:

After completing this course, students should be able to:

- Recognize and explain the historical cultural influences on sexuality attitudes and values.
- Evaluate, recognize and explain effective communication in relationships and how to build a loving relationship.
- Recognize, characterize and explain anatomical sexual systems and the physical problems that can occur.
- Identify, recognize and characterize gender, genetic and sexual issues with which people must deal.
- Identify and recognize and characterize sexual diseases dysfunctions and their treatments.
- Identify and recognize the legal issues, paraphilias and commercial issues that surround sexuality.

## Course Requirements:

### Exams

There will be three in-class exams, on the dates indicated on the Course Calendar. Each exam will contain 50 multiple-choice items and you will answer 2 short-answer questions (from a selection of 5). You will need a scantron, a pencil, and blank notebook paper (no spiral notebook paper) for each exam. Each exam will be worth 60 pts.

### Make-up exams:

- I will allow a make-up of a missed exam if it was missed for one of the following, documented, reasons:
  - Personal illness or injury, documented by a doctor's note, and with notification to me before the test is missed (via phone or email)
  - Death in the immediate family, documented by a note from the funeral director.
- Exams must be made up within one week of the test's date.
- If you know you're going to miss an exam for an unavoidable reason, we can administer the test before the scheduled date so that you won't miss it.
  - No make-ups after the exam when the absence is planned.

### Projects

One of the main goals of studying human sexuality is to gain greater insight into our own values and motives so that we can make the best sexual decisions for ourselves and our loved ones. To help you to consider your attitudes towards

topics that you may never have thought about concretely, you will complete 10 projects. The list of projects can be found in the “Projects” link on my website.

Each project will be worth 15 pts, and is due on the date indicated on the Course Calendar. Your submissions will be graded for:

- Topicality. Your report must clearly indicate that you fully completed the required task.
- Accuracy. There are aspects of each project that tie to concepts from our text. Make sure to ADDRESS THE TEXT information in each report. Give the text credit; e.g. say “. . .as Hock says. . .”
- Timeliness. The dropbox will lock you out at the deadline. I will not accept emailed submissions after the deadline.

## Article Discussions

To ensure that our knowledge is based on the scientific literature, you will read seven articles that are either primary scientific sources or secondary reports of scientific findings. The discussion of each article will occur on the dates indicated on the course calendar. You will first discuss the article in a small group, and then the small groups will share their ideas with the full class in an open discussion. There are seven articles, and five will count toward your grade. Your participation in the discussion will be worth 5 pts, and cannot be made up if you miss class.

## Grade Breakdown:

Exams	3 @ 60 pts	=	180 pts	17% each	51% total
Projects	10 @ 15 pts	=	150 pts	4% each	42% total
Discussions	5 @ 5 pts	=	25 pts	1% each	7% total
			355 pts		100% total

## Attendance:

I expect that you will attend lectures. There is a great deal of information presented in the text, and the lectures will serve to narrow that information down. Also, there will be a large number of demonstrations, film clips, and participatory activities that will enhance your experience.

## Affirmation of Inclusion:

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect. <http://bellevuecollege.edu/about/goals/inclusion.asp>

## Disability Resource Center:

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact the DRC as soon as possible. If you are a student with a documented autism spectrum disorder, there is a program of support available to you. If you are a person who requires assistance in case of an emergency situation, such as a fire, earthquake, etc, please meet with me to develop a safety plan within the first week of the quarter. The DRC office is located in B 132 or you can call their reception desk at 425.564.2498. Deaf students can reach them by video phone at 425-440-2025 or by TTY at 425-564-4110. . . Please visit their website for application information into their program and other helpful links at [www.bellevuecollege.edu/drc](http://www.bellevuecollege.edu/drc)

## Behavior standards:

This class covers some sensitive topics, so it is imperative that each of us is ensured of a safe environment for expressing ideas and asking questions. Giggling, commenting to a neighbor, or challenging me or a classmate in an adversarial way will not be tolerated. Offenders will be asked to leave the classroom.

While I'm lecturing, I expect students to refrain from talking to each other, texting, and using their computers. If I ask you to turn off your device(s) or to be quiet, I expect compliance. If you do not wish to comply, I will ask you to leave the classroom.

## Academic integrity

It is assumed that all students will maintain the highest academic integrity. Cheating of any sort, including copying on exams, falsifying records, plagiarism (e.g. copying and pasting from a website, collaborating on tests), etc. will not be tolerated, and suspected cheaters will be reported to the Dean of Academic Education. All written assignments will be analyzed by TurnItIn.com for evidence of plagiarism. First offenses will result in a zero for the assignment and a discussion with me. Second offenses will result in a failing grade in the class.

## Incompletes and Hardship Withdrawals

These options are reserved for students who, through unforeseeable circumstances, cannot complete a course that they were passing. If you wish to request one of these grading options, the following criteria must be met:

1. You are passing the class at the time of the request.
2. You must make your request in writing, explaining the circumstances and including any documentation.
3. In the case of an Incomplete, the circumstances must be acute. That is, they must be something that prevents completion of the course within the current quarter, but that would be resolved in time for the student to complete the course work within the next quarter.
4. In the case of a Hardship Withdrawal, the circumstances must be ongoing, such that the student would not be able to complete the course work within the following quarter. In other words, a student could not request a hardship withdrawal and then retake the course the following quarter.
5. Qualifying circumstances for Incompletes and Hardship Withdrawals are limited to:
  - a. Death in the immediate family (spouse, child, parent) documented by a funeral director's note.
  - b. Significant illness or injury (documented by a doctor's note) of self or a person for whom the student is primarily responsible.
  - c. Relocation outside of the BC area.

# Course Calendar

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Week	Date	Topic	Chapter	Assignments
1	1/3	Welcome to Human Sexuality	-----	
		Studying Human Sexuality	1	
2	1/8 & 10	Sexual Anatomy	2	Project 1 Due
		The Physiology of Human Sexual Responding	3	Project 2 Due
3	1/15	<b>No Class: MLK's birthday</b>		Project 3 Due
	1/17	Love, Intimacy, and Sexual Communication	4	Love article
4	1/22 & 24	Contraception	5	Project 4 Due
				Contraception article
5	1/29	<b>Exam 1 (8:30-9:45 am)</b>	<b>1-5</b>	
	1/31	Sexual Behaviors	6	Behaviors article
6	2/5	Sexual Problems and Solutions	7	Project 5 Due
	2/7	Sexually Transmitted Infections	8	STI article
7	2/12	Conception, Pregnancy, and Birth	9	Project 6 Due
	2/14	Gender	10	Project 7 Due Gender article
8	2/19	<b>No Class: President's Day</b>		
	2/21	<b>Exam 2 (8:30-9:45 am)</b>	<b>6-10</b>	
9	2/26	Sexual Orientation	11	Project 8 Due
	2/28			
10	3/5	Sexual Development throughout Life	12	Puberty article
	3/7	Sexual Aggression and Violence	13	Project 9 Due
11	3/12	Paraphilias	14	BDSM article
	3/14	The Sexual Marketplace	15	Project 10 Due
12	3/21	<b>Exam 3 @ 7:30 am</b>	<b>11-15</b>	