## **Anthropology 235: Cross-Cultural Medicine**

### Instructor:

Office:	D110H
Office Hours:	MWF 9:30 – 10:30, MW 1:30 – 2:30, Friday 1:00 – 2:00
Telephone:	(425)564 - 4188
	Primary email communications will through the Canvas Email System. Secondary
Email:	communication may occur using my BC email account, replies may be delayed.
	Tony.tessandori@bellevuecollege.edu

### **Meeting Times & Locations**

**Friday** 2:30pm-4:20pm in D-103

Final TBD

### **Course Overview:**

Anthropology is the holistic study of humans. We combine methods, theories, and data from natural sciences, social sciences and humanities to examine human experience in the broadest framework possible. Anthropology courses explore human biology, origins, prehistory, cultural diversity, and religious experience. Students in anthropology courses acquire basic skills in critical thinking, oral and written communication, quantitative reasoning, group interaction, and cultural diversity.

## Content for Anthropology 235: Cross Cultural Medicine

This course offers students a holistic and cross-cultural overview of cultural and social influences on disease and health care. It examines the role of social and cultural factors in influencing the type and frequency of disease, the way people define and explain disease as well as health. It will also explore the way people adapt to changing environments, and the manner in which people respond and relate to the delivery of modern medicine. We will also examine the application of evolutionary principles to the realm of public health and disease control.

## At the conclusion of this class you will be able to:

- Define the role of medical anthropology in cross-cultural studies of health and outline methods of study for cross-cultural health practices
- Compare and contrast cross-culturally the definition of health, sickness and healing and the role of health practitioners
- Analyze the relationship between biology, culture and social factors and their influences on health
- Explain cultural adaptations to changing environments and how these variable impacts health
- Critique global cultural and social patterns that affect epidemiology

## **General Education Requirements**

Big Three: Connections – Cultural Diversity	3
Big Three. Connections – Cultural Diversity	3

# **Student Responsibilities**

To make the most out of the educational opportunities in this class, you need to take an active and energetic role in your own learning process. Success can best be achieved by completing the following student responsibilities.

- Complete all reading assignments before class on the day assigned.
- Participate actively in each discussion activity. We cannot reproduce a classroom level discussion so no make-up discussions are available. Absences will have a negative impact on your grade.
- Take advantage of extra credit opportunities.
- Use the instructor's office hours for questions.

### 9781138201866

## **Textbook Requirements**

"Exploring Medical Anthropology" 4th Ed.,(2017) by Donald Joralemon (ISBN:9781138201866) - "EMA"

- "The Spirit Catches You and You Fall Down" (2012) by Anne Fadiman (ISBN 9780374533403) "SPIRIT"
- "The Illness Narratives: Suffering, Healing, and the Human Condition" (1988) by Arthur Kleinman (ISBN 9780465032044) "ILLNESS"

## The Flipped Class Structure

This quarter I am going to try something new. I've decided to flip this class. This means that over the week, I will assign materials for you to go over and some preparatory activities you will do at home. Then when you come to class, we will have in-class activities that will further develop and reinforce the materials. My hope is that this will be fun, interesting and effective at provided you with meaningful parts of Medical Anthropology. I will warn you that I have never done this before and if I find that its not working I may change it up and try something else. Any changes that I make during the quarter will be discussed with you and will not affect your grades.

This is going to be a team effort and I think, together we can make this a learning experience to remember...in a good way.

### **Evaluation**

Student evaluation centers upon successful mastery of the course content. Final grades will be based upon the following set of assignments and point distributions.

• Textbook chapter outlines: 50 pts.

• Online lecture quizzes: 100 pts

• Reading: 75 pts

• Hybrid activities: 75 pts

• Exams (2 x 75): 150 pts

• Folk Medicine/Treatment Poster: 150 pts

• Ethnography (Presentation): 250 pts.

# Weekly materials (Book chapters, Online lectures, and Readings)

# **Book Chapter Outlines:**

The first component will be assigned text book chapters that will expand the view of Medical Anthropology beyond what we can cover in lectures. For each assigned chapter, you will produce an annotate outline. You are responsible for the material provided in the book, as this material will be foundational to the in-class activities we will be conducting. In each annotation, you will provide an over view of the major themes of each chapter that will be accompanied by a detailed comment about the major concepts. Chapters will be assigned the week prior to their due date. There may be some weeks we do not use this book. A hard copy of each annotation will be due in class the week after it is assigned (Chapter assigned in week 1 will be due in week 2). Each outline will be worth 10 points. **Bolded chapters in the schedule indicates required outline.** Copying and plagiarism will not be tolerated. If this is the case a 0 score may be given.

# **Online Lecture Quizzes:**

Because this is a hybrid class and because I've decided to flip the design, I will be posting many of my lectures to the canvas site. This will allow us to send time discussing the material in class, and to conduct activities that will expand on the material. These lectures are testable material and key to success in this class. As a way of keeping you on track with this material, each lecture that I post will have a corresponding quiz. These quizzes will be timed and will have question taken directly from the material in the lecture. They will consist of multiple

choice, true/false and fill-ins. Each one will have minimal effect on your grade but will cumulatively have a large effect.

## **Reading posts**

The third component of the weekly material will be assigned reading (from assigned articles, "Illness Narratives" and "The Spirit Catches You and You Fall Down"). The articles will be posted to the canvas site and the sections from the book will be provided in an announcement in class and on canvas. For each reading, there may be an assigned activity, or some type of outline required. These reading will be foundational to the in-class work we will be doing, so it is important that these are done as well.

## **Hybrid activities:**

There will occasions activities I will assign to round out the Hybrid section of this class. We are meeting for two hours per week, which means there is another required 3 hours of material to get to. When the time allows, I will assign these activities in-class, so we can discuss them. You will then have the week to complete them and submit your completed work the following Friday. Submission form will be provided for each assignment.

### **Exams:**

There will be two 50 points Exams this quarter. There will be one at the mid-point of the quarter and one near the end. The material covered will correspond to the material covered in the sections prior to each exam. All materials covered in this course (Text book chapter, in-class lectures, online lectures, readings, and activities are all fair game. We will talk about these exams as they get closer. These will most likely be conducted online.

# PROJECTS (Folk medicine poster, Illness of a disease ethnographic Project)

## **Folk Medical Systems/Treatment Poster**

You will conduct a research project focused on the medical practice and/or system of a non-western culture. You will present your poster to the class during week 6. More information will be provided during week 2.

# Illness of a Disease Ethnographic Project

Part of understanding and developing a sense for the difference between perception and reality of an illness incident is to learn someone's story. The Medical Ethnographic Project will give you the opportunity to study an actual case of illness and various perspectives around it. For this project, you will interview a person with an illness, or someone whom has had an illness. When I say illness, I do not mean an everyday illness (Colds, Flues, Allergies...). We are looking for conditions that have the potential to alter someone's life. As a second step, you will also interview a person involved in the "ill" person's life. This will provide you with another perspective of the illness.

You will put together a 15 to 20-minute presentation on the illness event you studied. You need to discuss the both the insiders (emic) and the outsiders (etic) perspectives.

A more detail explanation will be handed out in class. The presentations will occur during the week of class and finals week. All students are required to attend all student presentations. Students missing presentations will lose points.

## **Grading Scale**

Your final grade will be based upon the accumulation of points using the table below.

Grade	Points	Grade	Points	Grade	Points	Grade	Points
A	850 - 799	В	764 -731	С	696 - 663	D	628 - 578
A-	798 - 782	B-	730 - 714	C-	662 - 646	F	577
B+	781 -765	C+	713 - 697	D+	645 - 629		

# **Course Schedule (Very Tentative)**

Week	Exploring Medical Anthropology Readings and bold indicates chapters to be outlined	Class activities and book readings	Reading/Videos	Lecture topic BOLD ARE PRESENTED ONLINE with quiz
Week 1 4/6	EMA Chapter 1 (the remainder of) EMA Chapter 2	Introduction, Culturally Specific illnesses Interviewing assignments	Mountains beyond Mountains Part 1	<ul><li>Introduction to course</li><li>Ethnographic methods</li><li>Interviewing</li></ul>
Week 2 4/13	EMA Chapter 3	Why Cambodians Draw on body interview Illness, Disease, Sickness	"Illness" Chapter 1	<ul> <li>Disease 'vs' Illness, Signs 'vs' Symptoms</li> <li>Disease Causation and Treatment</li> </ul>
Week 3 4/20	EMA Chapter 4		<ul> <li>Critical Medical Anthropology</li> <li>Taking up the Challenge of Poverty</li> <li>What makes us get sickLook Upstream?</li> </ul>	<ul> <li>Cultural Construction of Disease</li> <li>Symbolic Healing and Harming</li> <li>Folk conditions, cures and treatments</li> <li>Mother ethnography</li> </ul>
Week 4 4/27	EMA Chapter 5 EMA Chapter 6	Medical Systems  Construction of illness		<ul><li>Irrational beliefs</li><li>Systems of Medicine</li></ul>
Week 5 5/4	Spirit Ch 1 - 3	Folk treatments Posters	Exam 1	- Systems of Medicine
Week 6 5/11	Spirit Ch 4 - 5			Culturally bound syndromes
Week 7 5/18	Spirit Ch 6 – 8		"Illness" Chapter 9	<ul><li>Medicalization</li><li>Stigmatized Conditions and Chronic Illness</li></ul>
<u>Week 8</u> <u>5/25</u>	Spirit Ch 9 - 12	Ethnomedicine	Business of being Born	<ul><li>Levels of Causation</li><li>Body as a machine</li></ul>
Week 9 6/1		Ethnography posters		
Week 10 6/8				
Finals week	Ethnography of a c	lisease presentations	E	xam 2

## **Academic Integrity and Safe Zone**

This class is designed to explore and discuss controversial issues. Sometimes these issues evoke emotional or personal repossess. It is important for students to be able to speak their minds without worrying about ridicule, demeaning remarks, or hurtful statements. Any occurrences of such comments will be dealt with immediately. Cheating and plagiarism will not be accepted. Proper citation of ideas, concepts and quotes that are not your own is required. Cheating and plagiarism will result in a zero score on that assignment and will be reported to BC administration.

### SNOW DAYS or other non-schedule class cancelations:

The possibility is always there that class will be cancelled unexpectedly. In the case that class is cancelled, I will post information on Canvas. This will include lecture material, assignments and handouts. It is your responsibility to check this in a timely manner before the next class session. Material provided in this way will be covered as a review in class but may not be lectured on in detail.

### Computer and Cell Phone Policy

If you choose to take lecture notes on a computer you are free to do so. You are not permitted to email, Facebook or any other non-class related computer activity. You may want to check the web for more information about a

topic we are discussing, please resist this temptation because it is can be distracting to other students. Please be aware that I know when you are doing something other than taking notes during lectures. The same is true for texting...You cannot hide it. Please refrain from this as well, improper computer use and texting during lecture can be highly distracting to other students and can negatively affect the learning environment. I reserve the right to restrict or deny computer and cell phone usage in this class.

### WHAT COURSES IN ANTHROPOLOGY ARE OFFERED AT BC?

There is a general introductory class (Survey of Anthropology) which highlights all four sub-disciplines of anthropology. BC offers in-depth courses in Anthropology which I encourage you to take: archaeology (Great Discoveries in Archaeology; Archaeology; Ancient North America; Incas & Their Ancestors; Aztecs, Mayas, & Their Ancestors), biological anthropology (Biological Anthropology; Bioanthropology with Lab; Cross-cultural Medicine; Forensic Anthropology), cultural anthropology (Food, Drink, & Culture; American Life & Culture; Cultural Anthropology; Sex, Gender, & Culture; Environment & Culture; REEL Culture; Religion & Culture) and linguistics (Language, Culture, & Society). Check BC's Course Catalogue for a full description of each course. We will also be offering several special topics courses spanning the discipline. Topics may include Primatology, Experimental Archaeology, Anthropology of Immigration and Scandinavian Culture. There are no prerequisites for any of these courses and they fulfill degree requirements. Different formats (on campus, on-line, hybrid) are offered. Stop by and visit the Social Science Advisor, Deanne Eschbach, in Room D110, for free professional planning and advising, or contact Anthropology Prof. Anthony Tessandori (tony.tessandori@bellevuecollege.edu) to learn more about majoring in anthropology.

COMMUNICATION: Per Bellevue College policy, I am only allowed to communicate with students over official BC emails systems (Bellevue Email or Canvas). If you email me from your personal email I may not respond. I am also subject to FERPA law which states that I am not allowed to communicate with any other person outside this institution about your academic issues without given and documented consent (this includes parents, none BC teachers or instructors)

### **MY SCHEDULE**

TIME	MONDAY	ONDAY TUESDAY WEDNESDAY THURSDAY		FRIDAY	
9:00 AM					
9:30 AM	Office Hours				Office Hours
10:00 AM	9:30 - 10:30				9:30 - 10:30
10:30 AM					
11:00 AM	Anth& 215		Anth& 215		Anth& 215
11:30 AM	B120		B120		B120
12:00 PM	10:30 - 12:20		10:30 - 12:20		10:30 - 12:20
12:30 PM					
1:00 PM					Office Hours
1:30 PM	Office Hours		Office Hours		1:00 - 2:00
2:00 PM	1:30 - 2:30		1:30 - 2:30		
2:30 PM					
3:00 PM					Anth 235
3:30 PM					D103
4:00 PM					2:30-4:20

Tentative Anthropology Classes		Summer 2018		Fall 2018	
		Campus	Online	Campus	Online
Anth&100	Survey of Anthropology	Х	Х	Х	Х
Anth&204	Archaeology		Х	Х	
Anth 180	American Life and Culture		Х	Х	Х
Anth&205	Biological Anthropology <sup>+</sup>	Х			Х
Anth&206	Cultural Anthropology*		Х	Х	
Anth&208	Language, Culture and Society*		Х	Х	Х
Anth&215	Bioanthropology with Lab <sup>+</sup>			Х	Х
Anth 220	Sex, Gender and Culture				Х
Anth&234	Religion and Culture		Х		
Anth&236 Forensic Anthropology				Х	

(\* denotes required courses for the Academic Concentration in Anthropology)

(+ denotes a choice between two courses for the Academic Concentration in Anthropology)

### ARE YOU INTERESTED IN EARNING A CONCENTRATION IN ANTHROPOLOGY, ALONG WITH YOUR DEGREE?

In addition to earning an AAS degree, you can take 20 credits of required courses to earn a concentration in Anthropology. These four courses provide the basic foundation of Anthropology and represent the 4-field approach of American Anthropology. All of them are be offered on campus and on-line. ANTH& 204 – Archaeology (5 credits of Social Science)

ANTH 208 - Language, Culture, & Society (5 credits of Humanities or Social Science)

ANTH& 206 – Cultural Anthropology (5 credits of Social Science)

ANTH& 215 - BioAnthropology with Lab (6 credit of Lab Science) or ANTH& 205 - Biological Anthropology (5 credit of natural science)

### **Anthropology Paper Usage Policy**

In an attempt to conserve resources the Anthropology Department has implemented a paper use reduction policy. We will use MyBC to post materials required for class (i.e. readings, activities, the complete syllabus...). When necessary we will make copies for class, but this will be when posting is not an option. You are not expected to print all materials. When we think it would be beneficial to print materials we will inform you of this. but will not require it. We know that it is not always convenient and understand that we all must make changes to attain a sustainable life style.

COMMUNICATION: According to Bellevue College policy, I am only allowed to communicate with students over official BC emails systems (Bellevue Email or Canvas). If you email me from your personal email I may not respond. I am also subject to FERPA law which states that I am not allowed to communicate with any other person outside this institution about your academic issues without given and documented consent (this includes parents, none BC teachers or instructors)

Just because this syllabus doesn't explicitly say you can't do something...doesn't mean you can.

A COMMENT ON GRADING - It does not matter how much you want it, how hard you worked on it or if you neeeeeeeed it. If the results aren't there, there is nothing I can do.

#### Message from the chair

The Anthropology Department consists of a group of dedicated educators. We all want our students to learn and grow as they progress through their educations. We all are passionate about our fields of study and believe that what we have to say is important. We all feel that it is important that you come to class and take part in the learning process. We also know that life happens outside of our classrooms and missing class is sometime unavoidable. In order for all of us to work together an open dialog between students and instructors is key. Most often an understanding can be reached when outside situation arise. If at any time during the quarter, you find that you are having concerns with the way a situation is being handled there are some steps to be followed. First you should talk direct to the instructor ask for clarification or further explanation. If you feel you are not getting the results you require, contact me (Anthony Tessandori, Department Chair) at

tony.tessandori@bellevuecollege.edu. I will do what I can to help resolve any issues. If I am unable to help alleviate your concerns, you should contact the Dean of Social Science (Virginia Bridwell) at Virginia.bridwell@bellevuecollege.edu

I look forward to the coming quarter and I hope to speak to each of you about the possibilities anthropology has to offer.

Have a great quarter

Tony Tessandori

**EXPLORE THE LMC!** The Library Media Center is at your fingertips! I *strongly* encourage you to visit the LMC at least this quarter, but you can also access it via the web. Talk to a Reference Librarian at the Library (D-126), by calling (425) 564-6161, or by email: reference@bellevuecollege.edu.

Main Library Media Center: <a href="http://bellevuecollege.edu/lmc/">http://bellevuecollege.edu/lmc/</a>

For the LMC online catalog: <a href="http://bellevuecollege.edu/lmc/catalogs.html">http://bellevuecollege.edu/lmc/catalogs.html</a>
For article databases: <a href="http://bellevuecollege.edu/lmc/periodicals.html">http://bellevuecollege.edu/lmc/periodicals.html</a>

**For all of your written work**: Submit proofread work **only**. Work not proofread will be returned **once** for a rewrite, expected to be handed in within 48 hours. If you need help with your writing, please make use of the following student support services:

• Academic Success Center: <a href="http://bellevuecollege.edu/academicsuccess/">http://bellevuecollege.edu/academicsuccess/</a>

Academic Tutoring Center: <a href="http://bellevuecollege.edu/tutoring/">http://bellevuecollege.edu/tutoring/</a>

TRiO Student Support Services: <a href="http://bellevuecollege.edu/TRiO/">http://bellevuecollege.edu/TRiO/</a>

• Writing Lab @ BCC: <a href="http://bellevuecollege.edu/writinglab/">http://bellevuecollege.edu/writinglab/</a>

The MyBC website for this class: got to www.bellevuecollege.edu.

Click on MyBC link at the top of the page. Sign in and click on Class website link. There you will find course documents – which is where you will find the needed materials for this class.

**Preventing Plagiarism**: Plagiarism is a form of academic dishonesty occurring when students use information or material from outside sources and do not properly cites those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

- a. You do not cite quotations and/or attribute borrowed ideas.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course *without express permission* from your professors. This may also be considered academic dishonesty.
- f. Consequences: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

### PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION

### Cheating, Stealing and Plagiarizing\*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Dean of Student Services and at <a href="http://bellevuecollege.edu/policies/2/2050P">http://bellevuecollege.edu/policies/2/2050P</a> Student Code (Procedures).asp

<u>Email Communication</u> with instructors must be done through student email accounts only. Instructors cannot communicate with students about their course work or grades through student's personal email accounts.

**Incomplete** 

#### Anthropology 235 - Spring 2018

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F").

#### F Grade

Students who fail a course will receive a letter grade of "F."

### **Final Examination Schedule**

The Social Science Division will adhere to the final examination schedule as stated in the BC Schedule. Final examinations will be held at the end of each quarter at fixed times. Instructors will not give examinations in advance of the regular schedule. A student who is absent from any examination held at any time during the quarter may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be present at any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

### Withdrawal From Class

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

### Hardship Withdrawal

Instructors may assign the grade of "HW" (hardship withdrawal) at their discretion in the event that a student cannot complete the coursework due to extreme and exceptional circumstances. Students may also contact the Enrollment Services office BEFORE grades are assigned in cases of hardship.

#### Students Who Require Disability Accommodations:

Students with disabilities who have accommodation needs are encouraged to meet with the Disability Resource Centre (DRC) office located in B132 (telephone 425.564.2498 or TTY 425.564.4110), to establish their eligibility for accommodation. The DRC office will provide each eligible student with an accommodation letter. Students who require accommodation in class should review the DRC accommodation letter with each instructor during the first week of the quarter.

Students with mobility challenges who may need assistance in case of an emergency situation or evacuation should register with Disability Resource Centre, and review those needs with the instructor as well.

#### **Distribution of Grades**

Grades will not be posted in the Social Science Division or in faculty offices, and program assistants or coordinators will not give out grades. Students should access their grades through the BC Web site.

### **Return of Papers and Tests**

Paper and/or Scantron score sheet returns will be arranged in the following ways ONLY: by mail, if student supplies the instructor with stamped, self-addressed envelope (with appropriate postage); or by the instructor designating a time and place whereby the student may retrieve his/her papers. Unclaimed papers and/or Scantron score sheets must be kept by the instructor for a minimum of sixty (60) instructional days following the end of the quarter.

\*If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Dean of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.

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By signing this sheet and returning in class on **4/6**. I affirm that I have read and understand the requirements of Anth 235: Cross Cultural Medicine (Spring 2018) set forth in the Syllabus Document posted to the class website. If I do not return this form I understand I am still subject to the requirements of the course.

Name (printed):				
Signatu	re:			
Date:				
1.	How many Exams are this schedule in this course?			
2.	Where is your Instructor's office located and when are my office hours?			
3.	What is the name of the three books we will be reading?			
4.	What are the names of the two projects you will be doing?			