

# Lifespan Psychology Syllabus



PSYC&200 – 5429B784 – Spring 2018

**Time to meet:** Mon-Fri 09:30 am – 10:20 am

**Room:** D259

**Instructor:** Dr. Celeste Lonson, Ph.D.

**Office:** D200B

**Office hours:** Tues, Wed, & Thurs 12:30pm – 2:00pm,  
or by appointment

**Mailbox:** Social Sciences Division Office (D110)

Required Textbook: **Developmental Psychology: The Growth of Mind & Behavior**

Author: Frank Keil

## **General Course Information**

### ***Course Outcomes:***

Upon completion of this course, the successful student will:

- Identify and explain the issues involved in the scientific study of human development across the lifespan, from conception through death, through the interaction of biological, psychological, and social aspects of human development across the lifespan.
- Distinguish between the contributions of influential theorists in developmental psychology, such as Piaget, Ainsworth, Kohlberg, Bronfenbrenner, Vygotsky, Arnett, and Erikson.
- Relate course materials to a personal perspective on human developmental experiences, as well as learn how to test theories using qualitative and quantitative research methods.
- Identify and critically reflect on the variability and diversity of developmental pathways, and their own embeddedness in social, cultural, and political contexts.
- Apply knowledge of cross-cultural research to developmental differences across the life span.
- Communicate using oral and written methods about topics related to human developmental patterns, socialization, and aging.

### ***Attendance Policy:***

Attendance and participation are both EXPECTED and NECESSARY to do well in this course. Attendance will be taken by sign-in. Sign next to your name on the class attendance sheet before class. Signing in for a student besides yourself will be treated the same as cheating. Don't do it. The sign in sheet is mostly so that I can ensure all students are accounted for in case of an emergency.

In-class activities will occur throughout the quarter and may include worksheets, group activities, short essays, and group discussions. (100 points – 11% of your grade)

**\*\*NOTE\*\* In-class work is collaborative; therefore, these assignments cannot be made up. If you do miss class work, there will be opportunities for extra credit.**

### ***Class Rules, Values, & Expectations:***

**LOVE:** Students should accept and appreciate one another. Hateful behavior is prohibited. Any form of inflammatory, violent or offensive comments (verbal or nonverbal) are prohibited.

In psychology, we explore various phenomena across different cultures, races, social classes, genders, sexual orientations, etc. In this course, we will at times discuss and view videos about controversial topics; it is expected that we tackle these issues with an academic and respectful mindset. Students are encouraged to discuss matters critically, as long as it is done in a peaceful and respectful manner. Hateful and discriminatory statements are prohibited in class, on Canvas, and in assignments.

**UNITY:** Students must adopt a team building mentality in class. Our class is a team working towards a common goal of successful learning. I am an instructor but I am also a learner. I am not Dr. Wikipedia so I do not have all the answers - we are here to learn from each other. In order to succeed as a team, I will play my part as the instructor to deliver a fun, educational, and interactive curriculum. I expect that you will play your role as students to comply with course rules and guidelines and fulfill the course requirements. By working together, we can maximize the learning benefits of this course.

**RESPECT:** Your classmates will have different racial, cultural, ethnic, social-economic, sexual and religious backgrounds. It is crucial that we respect each other's differences, experiences, and opinions. When someone is speaking in class (student or instructor), please listen, respect their comments and do not interrupt. Also, so that everyone has a chance to participate, a student who has just answered or commented will need to wait for two other students to answer/comment before answering or commenting again in discussions.

Students are also asked to respect each other's privacy. In this course, we will often discuss sensitive issues and students are encouraged to share their experiences. Personal things that are shared in the classroom should stay in the classroom.

Please turn off or set your mobile devices on silent (not vibrate) during class. Students choosing to use laptops to take notes are asked to sit towards the back of the room.

**\*\*Students who violate the above rules and/or demonstrate disrespectful behavior to other students or the instructor will be asked to leave class. They will be marked absent until the instructor gives them permission to return to class.**

## **Course Work**

### ***Social Experiments:***

Specific guidelines for each social experiment will be posted in Canvas. This information will be available at least one week prior to each assignment's due date. There will also be an in-class announcement. (200 points – 23% of your grade).

### ***Gender Paper:***

You will be required to write a paper (700-1,000 words) on gender roles. The specific requirements will be posted on Canvas and we will go over them in class as well. (100 points – 11% of your grade).

### ***Group Project:***

You will be required to conduct a small experiment with a small group of 3-4 classmates. This project will be presented to the class in the last week of the quarter. More details to follow in Canvas and in class, of course. (200 points – 23% of your grade).

### ***Late Work Policy:***

Social experiments and the gender paper will be accepted after the deadline as follows:

up to 24 hours late = 25% deduction

up to 48 hours late = 50% deduction

up to 72 hours late = 75% deduction

I will not accept any late work after 72 hours.

***\*\*NOTE\*\* In-class work cannot be made up -- this includes your group project (see "attendance").***

### ***Extra Credit:***

Opportunities for extra credit will include:

1. Personality Project - Take three personality quizzes (to be assigned) and write about your results.
2. Meditation Project - Meditate for three weeks, keep a log, and write about your results.
3. Course Evaluation

Other opportunities may come up on campus or in the community (T.B.D.).

Extra credit projects will be posted on Canvas and explained in detail after the first midterm.

### **Useful Information**

***Academic Success Center (D 204):*** <http://www.bellevuecollege.edu/asc/>

The Academic Success Center (and all associated labs listed below) is committed to providing high-quality educational resources for all students enrolled at Bellevue College. Please use these free resources while you can!

***Tutoring:*** <http://www.bellevuecollege.edu/asc/tutoring/>

Both drop-in tutoring and online tutoring are available for ALL students enrolled in classes at BC (regardless of your current grade)! Online tutoring is available even during our quarter breaks and closures.

***Reading Lab:*** <https://www.bellevuecollege.edu/asc/reading/>

The Reading Lab offers 3 paths to reading improvement:

- 1 >> Reading Classes: English 080 and 180
- 2 >> Workshops – see “Workshops” below
- 3 >> Instructors may refer students to the Reading Lab to come as a “guest” for 10 free visits, without needing to register for the class. Students are welcome to ask for a referral from instructors and advisers as well.

**Writing Lab:** <https://www.bellevuecollege.edu/asc/writing/>

Get face-to-face, personalized help with writing projects, including:

- >> class assignments
- >> personal statements
- >> resumes and cover letters

This is also available online through e-Tutoring.

**Workshops:** <https://www.bellevuecollege.edu/asc/workshops/>

No registration required, just show up during the day and time listed. Useful topics include- study skills, APA documentation, reading faster, personal statements for college applications, understanding American idioms, and more!

## **Important Dates**

### ***Add/Drop & Grades:***

- 04/02 - Late registration begins with instructor permission
- 04/06 - Late registration ends 3 p.m.
- 04/13 - Last day to drop a class without a "W" grade on transcript
- 04/13 - Last day to change to audit or pass/fail (in-person only by 4 p.m.)
- 05/18 - Last day to drop a class in person by 4 p.m. 'W' will be posted to transcript.
- 05/20 - Last day to drop a class online by 11:59 p.m. 'W' will be posted to transcript.
- 06/19 - Grades posted to transcript

### ***Refunds:***

- 04/06 - Last day for a 100% refund less processing fee:
  - in person – 5 p.m.
  - online – 11:59 p.m.
- 04/20 - Last day for a 50% refund less processing fee: in person by 4 p.m.
- 04/21 - Last day for a 50% refund less processing fee: online by 11:59 p.m.

(( Self-support and Continuing Education classes have different deadlines. Check class schedule or contact Student Central. ))

### ***Graduation & Commencement:***

12/10 - Priority Graduation Application Deadline: Reviewed prior to start of spring quarter

06/01 - Last day to apply for spring quarter graduation

06/15 - Commencement ceremony

## **Policies & Procedures**

### ***Accessibility:***

The online elements of this course are designed to be welcoming to, accessible to, and usable by everyone, including students who are English-language learners, have a variety of learning styles, have disabilities, or are new to online learning. Be sure to let me know immediately if you encounter a required element or resource in the course that is not accessible to you. Also, let me know of changes I can make to the course so that it is more welcoming to, accessible to, or usable by students who take this course in the future.

### ***Affirmation of Inclusion:***

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

### ***Religious Holidays:***

Students who expect to miss classes, examinations or any other assignments as a consequence of their religious observance should be provided with a reasonable alternative opportunity to complete such academic responsibilities. It is the obligation of students to provide faculty with reasonable notice of the dates of religious holidays on which they will be absent, preferably at the beginning of the term. Students who are absent on days of examinations or class assignments should be offered an opportunity to make up the work without penalty (if they have previously arranged to be absent), unless it can be demonstrated that a makeup opportunity would constitute an unreasonable burden on a member of the faculty. Should disagreement arise over what

constitutes an unreasonable burden or any element of this policy, parties involved should consult the department chair, or Dean.

### ***College Anti-Discrimination Statement:***

Bellevue College does not discriminate on the basis of race, color, national origin, language, ethnicity, religion, sex, sexual orientation, including gender identity or expression, disability, or age in its programs and activities. Please see policy 4150 at [www.bellevuecollege.edu/policies/](http://www.bellevuecollege.edu/policies/) (Links to an external site.)Links to an external site.. The following people have been designated to handle inquiries regarding non-discrimination policies: Title IX Coordinator, 425-564-2641, Office C227, and EEOC/504 Compliance Officer, 425-564-2266, Office R130.

### ***Confidentiality and Mandatory Reporting:***

Given the nature of psychological science, it is very important to consider the privacy of others during class discussions. When participating in class and sharing information about yourself or others, please be as discrete as possible and leave out information that can identify the person. Please be respectful to your fellow learners by not sharing private information with others or through social media.

As an instructor, one of my responsibilities is to help create a safe learning environment on our campus. It is my goal that you feel able to share information related to your life experiences in classroom discussions, in your written work, and in our one-on-one meetings. I will seek to keep information you share private to the greatest extent possible. However, I am required to share with the Title IX Coordinator any and all information regarding sexual assault and other forms of sexual misconduct (e.g. dating violence, domestic violence, stalking) that may have occurred on campus or that impacts someone on campus. Students may speak to someone confidentially by contacting the BC Counseling Center at (425) 564-2212. The Title IX Office can be contacted at 425-564-2441 and more information can be found at [www.bellevuecollege.edu/titleix/](http://www.bellevuecollege.edu/titleix/)

### ***Student Code of Conduct and Academic Integrity:***

Any act of academic dishonesty, including cheating, plagiarism (using the ideas or words of another as one's own without crediting the source), and fabrication and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to, talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the

Dean of Student Success for investigation. Specific student rights, responsibilities, and appeal procedures are listed in the Student Code of Conduct at: Student Code

Information about Bellevue College's copyright guidelines can be found at:  
<https://www.bellevuecollege.edu/policies/id-3600/>

This link provides a good, short summary of how to avoid plagiarism:  
<https://wts.indiana.edu/writing-guides/index.html>

### ***Public Safety & Emergencies:***

Public Safety is located in the D building (D171) and can be reached at 425-564-2400 (easy to remember because it's the only office on campus open 24 hours a day—2400).

- ***Are you on campus late at night?*** Public Safety will escort you to your vehicle! You can either call when you are ready to be picked up OR you can even call ahead to let them know what time to pick you up so that you won't have to wait.
- ***Car won't start?*** Call Public Safety and they will jump-start your car!
- ***Locked your keys in your car?*** Public Safety can help with that too!

Public Safety also serves as our Parking Permits, Lost and Found, and Emergency Notification center. Please ensure you are signed up to receive alerts through our campus alerting system by registering at <https://www.bellevuecollege.edu/alerts>

Please familiarize yourself with the emergency postings by the door of every classroom and know where to go in the event of an evacuation. Your instructor will be asked if anyone might still be in the building, so check in before you do anything else. Emergency responders will search for anyone unaccounted for.

### **If a major emergency occurs, please follow these three rules:**

- 1) Take directions from those in charge of the response** -We all need to be working together.
- 2) Do not get in your car and leave campus** (unless directed to) - Doing so will clog streets and prevent emergency vehicles from entering the scene. Instead, follow directions from those in charge.
- 3) In an emergency, call 911 first**, then Public Safety.

Please do not hesitate to call Public Safety if you have safety questions or concerns at any time.

If you feel threatened or see something that may indicate trouble, please report it right away at <https://www.bellevuecollege.edu/reportconcerns/> We all need to help keep our campus safe for everyone.



You may also visit public safety web page at  
<https://www.bellevuecollege.edu/publicsafety> for answers to your questions.

# How to: Get Started with Canvas

Canvas is Bellevue College's Learning Management System (LMS). All courses at Bellevue College have a Canvas site. Depending on the type of class you are taking (Online, Hybrid, or On-campus) you may use Canvas extensively or on occasion. We encourage students to read through the information below prior to the first day of class to ensure you are prepared.

## Steps

1. Create your Bellevue **NetID** as soon as you register for classes
  - It can take up to 24 hours for your NetID to become fully activated
  - You will use your NetID to login to Canvas, email and other campus services
  - If you create your NetID after the quarter starts, it could take up to 48 hours before you have access to your course(s) in Canvas
2. Whether you are taking an Online, Hybrid, or on-campus course, *check* to see if your class requires **textbooks**. Visit the **BC Bookstore** for more information on books.
3. *Check* to make sure your computer meets **Canvas' minimum technology requirements**. We recommend checking your browser at least once per quarter to make sure the version you use is still supported.
  - Browser Requirements
  - Basic Computer Specifications
4. *Check* out one of our **student Canvas workshops**. Whether you are new to Canvas or just looking for more information on how Canvas works, we have a variety of Canvas Workshops available.
5. Students will have access to their courses on the first day of the quarter. You will be able to login to Canvas, but you will not have access to course content prior to the first day. To **login to Canvas** you will need to have created your NetID.
  - If your Bellevue email is "username@bellevuecollege.edu" your NetID is "username"
  - Your password is the password that you created to go with your account
6. You can also contact our Service Desk throughout the quarter for issues related to campus technology. We are located in A109 and can be reached at (425) 564-4357.