

# **Psychology 220 Abnormal Psychology**

## **Syllabus Spring Quarter 2018**

5 Credits

Prerequisite: Psyc& 100 (General)

Instructor:	Dr. Helen Taylor
Office:	D110
Phone:	(425) 564-2331 (Social Science Division Office)
Fax:	(425) 564-3108
Address:	D110, BC, 3000 Landerholm Cr. SE, Bellevue, WA 98007
Office Hours	Thursdays online 9-10, or online or on campus by appointment
E-mail:	Use the e-mail in this course to contact me. Click on Inbox to the left.
	(My general e-mail is: htaylor@bellevuecollege.edu)

### **INTRODUCTION:**

Welcome to the online version of Psychology 220. I look forward to working with you! Psyc& 220 is an introductory course on maladaptive behavior and the etiology (causes), description, and treatment of psychological disorders. The course will cover theoretical approaches to abnormal psychology, classification and assessment of major disorders, and therapeutic responses to disorders.

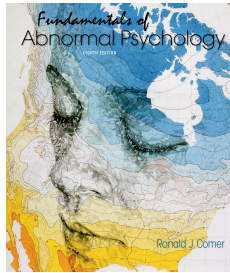
This course is designed to meet the academic needs of students who need flexibility, who may be unable to attend traditional campus classes and who are motivated and self-disciplined. While the class meets in cyberspace, students can expect a heavy workload outside of class in order to meet the requirements of the course.

Check your readiness to take an online course by reading about successful eLearning students: <https://www.bellevuecollege.edu/elearning/is-elearning-for-you/>.

It is important that students enrolled in the course are reading at college level, are able to work with less direct instruction, and have time available to complete the reading and assignments. I will provide the structure for the class and act as a "coach" as you proceed through the course. You can leave messages for me at any time by e-mail, and I will respond to you as quickly as possible. I check in on weekends as well as weekdays.

## TEXT:

Comer, R. (2016) Fundamentals of Abnormal Psychology (8th Edition). New York: Worth. ISBN # 1-4641-7697-3 (Required).



The 8<sup>th</sup> edition of the text has been available for several years, so you should be able to find used copies, but you may also use the previous version of the same text, the 7<sup>th</sup> edition. Quizzes and exams will ask questions that can be answered from either edition. There may be some discussion questions that refer to material only found in the new edition, but you will always have options in terms of questions.

The 8<sup>th</sup> edition of the text may be purchased from the Bellevue College Bookstore or online at <http://bcc.collegestoreonline.com/>. You can also order the loose-leaf version or e-book directly from Worth Publishers: <http://www.macmillanlearning.com/Catalog/product/fundamentalsofabnormalpsychology-eighthedition-comer/valueoptions#tab7>. There is a link to free access to the text for 21 days (just click on “I need to pay later”) in the Week 1 Module that will allow you to read at least Chapters 1 and 2 even if you don’t yet have your text.

Power points from the text publisher and lecture notes from me are also available in each module to help reinforce the text material.

## LEARNING OBJECTIVES:

After completion of this course, students will be able to:

1. Articulate the criteria and controversy regarding the definition of abnormal behavior.
2. Demonstrate knowledge of the prevalence and historical/ contemporary views of abnormal behavior.
3. Describe current practices of diagnosis, assessment, and research (including DSM) in classifying disorders and determining the need for treatment.
4. Describe the major techniques and theoretical approaches to understanding and treating abnormal behavior.
5. Identify the major diagnostic categories and distinguish among the symptoms, proposed causes, and preferred treatments of each of the following disorders:

Anxiety and Stress Disorders  
Schizophrenia  
Sexual Disorders  
Eating Disorders  
Disorders of Childhood & Adolescence

Mood Disorders  
Substance Disorders  
Personality Disorders  
Somatic Disorders

## FORMAT:

Students are required to read chapters in the assigned text, participate in a weekly discussion forum, submit assignments, and take quizzes, all on-line.

## COURSE COMPONENTS:

### QUIZZES

There will be a quiz on one or two chapters each week. Each quiz will consist of 35 objective (multiple choice) questions. All quizzes will be administered on-line and will be open from Friday at 8 am to Sunday at 11:59 pm. Students will have 35 minutes to take each quiz once they log in. Check the calendar for exact dates. Total possible quiz points will be 350 points or 44% of the final grade.

### WEEKLY DISCUSSION FORUM

The discussion forum is the heart of the course. There will be one discussion a week, covering either one or two chapters. Students will be responding to my questions and responding to other students, just as they would in a "live" discussion. There will be 10 discussion sessions, running from Monday to Saturday every week, plus a closing discussion at the end of the quarter. Students will be assigned to a subset of questions but will have some choice of questions to respond to, and will also need to respond to at least one other student's post. Specifically, you are expected to participate in the discussion with at least two posts a week, at least once in response to my questions by Friday night and at least once in response to other students' comments by Saturday night.

See the "Course Structure and Expectations" for more details on how the discussion will work. Each discussion will be worth up to 20 points. At the end of the quarter I will assign up to a 20 points for **overall participation and quality** of posts. There will be an additional 10 points assigned for posting a **personal introduction** and 10 points for participating in a **closing discussion**. Altogether, discussion points will be worth a total of 230 points or close to 30% of the grade.

### ASSIGNMENTS

You will have a choice of doing two out of three possible written assignments this quarter, due as scheduled on the calendar. The assignments will be submitted as word document attachments in the assignment tool. A description of the assignments will be posted early in the quarter. In brief, the assignments will be:

Assignment 1: Case Study Analysis
Assignment 1: Journal Summary
Assignment 2: Field Experience

All assignments will be described in detail in the weekly Modules. For the Field Experience, an approved **proposal** must be submitted. One option for the field experience this quarter will be to take a **tour of Fairfax Hospital in Kirkland**, date and time to be determined. A grade will be assigned based on criteria for each assignment, worth a possible 50 points each. It is expected that assignments will be proofread for mechanical errors and will be submitted on time. Assignments will be accepted one day late only with a five-point deduction.

In addition to the formal assignments, you will be asked to submit a **self-assessment** at the end of the quarter (10 points). There will be a small number of extra credit points given at the end of the quarter for completing the online course evaluation.

## FINAL EXAM

There will be an on-line comprehensive final exam. The final will have 100 objective questions and cover major concepts from the quarter. See the course calendar for the date and time. The final will be worth roughly 12% of the final grade.

## GRADING

Points will be accrued as follows:

Personal Introduction		10
Quizzes	10 @ 35 points ea.	350
Discussions	10 @ 20 points ea. + closing discussion @ 10 points + 20 points for quality	230
Assignments	2 @ 50 points (chosen out of 3)	100
Self-Assessment		10
Final Exam		100
Total =		800

Grades will be determined by adding up scores for all of the assignments and using the percentages below:

A	94-100%	752-800	C+	77-79%	616-639
A-	90-93%	720-751	C	74-76%	592-615
B+	87-89%	696-719	C-	70-73%	560-591
B	84-86%	672-695	D+	67-69%	536-559
B-	80-83%	640-671	D	60-66%	480-535

Note: There will be no “bumping up” at the end of the quarter; your grade will be determined by where your points/ percentages fall within the ranges noted above.

## MODULE ORGANIZATION

<b>Week 1</b>	<b>Ch. 1 Abnormal Psychology, Past and Present</b>
<b>Week 2</b>	<b>Ch. 2 Models of Abnormality</b>
<b>Week 3</b>	<b>Ch. 3 Clinical Diagnosis, Assessment, and Treatment</b>
<b>Week 4</b>	<b>Ch. 4 Anxiety, Obsessive-Compulsive, and Related Disorders</b>
	<b>Ch. 5 Disorders of Trauma and Stress</b>
<b>Week 5</b>	<b>Ch. 6 Depressive and Bipolar Disorders</b>
	<b>Ch. 7 Suicide</b>
<b>Week 6</b>	<b>Ch. 8 Disorders Featuring Somatic Symptoms</b>
	<b>Ch. 9 Eating Disorders</b>
<b>Week 7</b>	<b>Ch. 12 Schizophrenia</b>
<b>Week 8</b>	<b>Ch. 10 Substance Use and Addictive Disorders</b>
	<b>Ch. 11 Disorders of Sex and Gender</b>
<b>Week 9</b>	<b>Ch. 13 Personality Disorders</b>
<b>Week 10</b>	<b>Ch. 14 Disorders Common Among Children and Adolescents</b>
	<b>Ch. 16 Law, Society, and the Mental Health Profession</b>
<b>Week 11</b>	<b>Last Week</b>

**Schedule:** Specific dates will be posted in the calendar.

### **Late work policy**

The two written assignments will be accepted one day late with a 5-point deduction. No other work (discussions, quizzes) will be accepted late unless you can supply a note from a physician, emergency room, police report, etc. With documentation, you will be able to make-up discussions and quizzes.

### **My availability**

Unless otherwise notified, I will be checking the site several times a day, including weekends. I will be holding online “office hours” every Thursday between 9 and 10, and I am also available to meet with you on campus by appointment. I will let you know if I am off-line for an extended period of time, but otherwise I make an effort to respond to emails within a few hours if possible.

### **Accommodations**

If you need course modifications / adaptations or accommodations because of a disability, please let me know as soon as possible. If you have not done so already, you can contact the Disability Resource Center (DRC) in B132 or by calling 425.564.2498 or TTY 425.564.4110. Information is also available on their website at <http://bellevuecollege.edu/drc/>.

### **Affirmation of Inclusion:**

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from

harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

**For technical help with the online part of the class:**

Link to Canvas student guides: <http://guides.instrcture.com/m/4212>

Link to Student Technical Help: <http://depts.bellevuecollege.edu/helpdesk/students/>

**For behavioral and grading guidelines of the Social Science**

**Division:** <http://www.bellevuecollege.edu/socsci/procedures-guidelines/>

Sometimes the material in this course can bring up troubling issues. If you would like to talk to someone, our counselors are available to you at no cost:

<https://www.bellevuecollege.edu/counseling/>.

I look forward to working with you in this most fascinating class!

Helen or Dr. Taylor or Dr. Helen, whichever you prefer