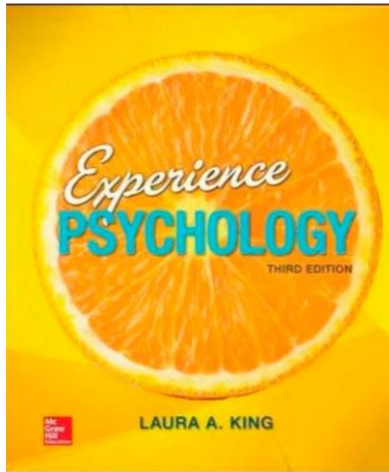


Introduction to Psychology Syllabus

PSYC&100 – 5405 – HYF – Fall 2018



Time to meet: Mon-Thurs 9:30-8:20

Room: R102

Professor: Dr. Lonson

Office: D200B

Office hours: Mon-Thurs 8:30-9:15, 10:30-11:15
or by appointment

Mailbox: Social Sciences Division Office (D110)

Best Way to Contact Professor: Canvas E-mail

Required Textbook: Experience Psychology 3rd Edition

Author: Laura A. King

Course Outcomes:

After completing this class, students should be able to:

- Describe key concepts, principles, and overarching themes in psychology
- Describe psychology's content domains and areas of application to human behavior
- Use scientific reasoning to understand, apply and/or critique various research methods and theoretical perspectives used by psychologists to study and explain behavior.
- Apply critical thinking and ethical standards to evaluate assumptions, claims, and common-sense ideas about behavior.
- Apply psychological principles and findings to enhance interpersonal relationships at individual, community, national, and global levels. Communicate effectively in written and /or oral formats in academic and professional life.

Class Rules, Values, & Expectations:

RESPECT FOR EACH OTHER:

Students should accept and appreciate one another. Hateful behavior is prohibited. Any form of inflammatory, violent or offensive comments (verbal or nonverbal) are prohibited.

In psychology, we explore various phenomena across different cultures, races, social classes, genders, sexual orientations, etc. In this course, we will at times discuss and view videos about controversial topics; it is expected that we tackle these issues with an academic and respectful mindset. Students are encouraged to discuss matters critically, as long as it is done in a peaceful and respectful manner. Hateful and discriminatory statements are prohibited in class, on Canvas, and in assignments.

Students are also asked to respect each other's privacy. In this course, we will often discuss sensitive issues and students are encouraged to share their experiences. Personal things that are shared in the classroom should stay **in the classroom**.

RESPECT FOR LEARNING:

Students must adopt a team building mentality in class. Our class is a team working towards a common goal of successful learning. I am an instructor, but I am also a learner. I am not Dr. Wikipedia, so I do not have all the answers - we are here to learn from each other. In order to succeed as a team, I will play my part as the instructor to deliver a fun, educational, and interactive curriculum. I expect that you will play your role as students to comply with course rules and guidelines and fulfill the course requirements. By working together, we can maximize the learning benefits of this course.

Your classmates will have different racial, cultural, ethnic, social-economic, sexual and religious backgrounds. It is crucial that we respect each other's differences, experiences, and opinions. When someone is speaking in class (student or instructor), please listen, respect their comments and do not interrupt. Also, so that everyone has a chance to participate, a student who has just answered or commented will need to wait for two other students to answer/comment before answering or commenting again in discussions.

Please turn off or set your mobile devices on **silent** (not vibrate) during class. Students choosing to use laptops to take notes are asked to sit towards the back or sides of the room.

If you must answer your phone for emergency reasons, sit close to the door so that you may exit the room without disturbing your classmates.

RESPECT FOR YOUR PROFESSOR:

I will do my best as your instructor to create intellectually stimulating (and hopefully fun) classes. I will also do my best to answer any questions you may have both during and outside of class (during office hours).

If you choose to e-mail me, please do so through Canvas and please address me appropriately. Do not begin your e-mail with “Hey, ...” or “Hi Celeste, ...” or “Mrs. Lonson, ...” I am to be addressed as “Dr. Lonson” as that is the title for which I have worked a decade and I have earned it. I do not answer e-mails that are not addressed appropriately; I also do not answer e-mails asking what you missed in class. If you miss a class, it is up to you to get notes from your classmates.

Side conversations during lectures are incredibly disrespectful- these will **NOT** be tolerated.

**** Students who violate the above rules and/or demonstrate disrespectful behavior to other students or the instructor will be asked to leave class. They will be marked absent until the instructor gives them permission to return. ****

Course Work:

Attendance Policy:

Attendance and participation are both EXPECTED and NECESSARY to do well in this course. Attendance will be taken by sign-in. Sign next to your name on the class attendance sheet before class. ***Signing in for a student besides yourself will be treated the same as cheating.***

**** In-class work CANNOT BE MADE UP ****

Class Participation:

Class participation will comprise 10% (50 points) of your grade. Participation means asking insightful questions and offering relevant examples/commentary during class discussions as well as actively participating in class exercises. 1/3 of your class participation points will be based on attendance.

Weekly Experiments / Reflections:

Specific guidelines for each social experiment / topic reflection will be posted in Canvas. This information will be available at least one week prior to each assignment's due date. There will also be an in-class announcement (90 points – 18% of your grade).

Any submissions after the deadline will face the following deductions:

up to 24 hours late = 25% deduction

up to 48 hours late = 50% deduction

up to 72 hours late = 75% deduction

I will not accept any late work after 72 hours.

Chapter Quizzes:

Each week you will have a chapter quiz to complete on Canvas. (60 points – 12% of your grade). Each quiz will be ten questions and will include both material from the book as well as concepts that will only be covered in class.

Group Project:

You will be required to work with one or two classmates on a research project. More details to follow in Canvas and in class, of course (100 points – 20% of your grade).

Midterm & Final Exams:

Your midterm and final exam will be worth 100 points each (20% of your grade, each).

Extra Credit:

Opportunities for extra credit will include:

1. Stamped class worksheets – Turn these in on the day of the final exam. Worksheets must be stamped and either **stapled** or **paperclipped** together. (1 point for every 5 worksheets)
2. Course evaluation. (1 point)
3. Other opportunities may arise and if so, will be announced in class.

Grading Category	Points	%
Class Participation	50	10
Experiments / Reflections	90	18
Chapter Quizzes	60	12
Group Project	100	20
Midterm	100	20
Final Exam	100	20
<i>Total</i>	<i>500</i>	<i>100%</i>

Grade	Percentage	Points
A	94-100%	470-500
A-	90-93%	450-469
B+	87-89%	435-449
B	84-86%	420-434
B-	80-83%	400-419
C+	77-79%	385-399
C	74-76%	370-384
C-	70-73%	350-369
D+	67-69%	335-349
D	64-66%	320-334
D-	60-63%	300-319
E	59% & below	299 & below

Important Dates:

Add/Drop & Grades:

09/17 - Late registration begins with instructor permission

09/21 - Late registration ends 3 p.m.

09/28 - Last day to drop a class without a "W" grade on transcript in person by 4 pm or online by 11:59 pm Sept. 28

09/28 - Last day to change to audit or pass/fail (in-person only by 4 p.m.)

11/02 - Last day to drop a class in person by 4 p.m. 'W' posted on transcript.

11/04 - Last day to drop a class online by 11:59 p.m. 'W' posted on transcript.

12/11 - Grades posted to transcript

Refunds:

09/21 - Last day to drop a fall class with a 100% refund less processing fee:
in person by 5 p.m.
online by 11:59 p.m.

10/05 - Last day for a 50% refund less processing fee: in person by 4 p.m.

10/06 - Last day for a 50% refund less processing fee: online by 11:59 p.m.

Campus Reduced Hours or Closure:

09/13 - Opening Day - offices closed 8 am - 1 pm. Offices will open at 1 pm.

11/12 - HOLIDAY - College closed

11/22 - HOLIDAY - College closed

11/23 - HOLIDAY - College closed

10/02 - Faculty Professional Development Day: No day or evening credit classes.

Offices open

12/03 - Student success day: Special faculty hours for students. No day or evening classes. Offices open.

Policies & Procedures

Accessibility:

The online elements of this course are designed to be welcoming to, accessible to, and usable by everyone, including students who are English-language learners, have a variety of learning styles, have disabilities, or are new to online learning. Be sure to let me know immediately if you encounter a required element or resource in the course that is not accessible to you. Also, let me know of changes I can make to the course so that it is more welcoming to, accessible to, or usable by students who take this course in the future.

****If you require DRC accommodations please see me in my office during the first two weeks to discuss your needs.****

Affirmation of Inclusion:

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

Religious Holidays:

Students who expect to miss classes, examinations or any other assignments as a consequence of their religious observance should be provided with a reasonable alternative opportunity to complete such academic responsibilities. It is the obligation of students to provide faculty with reasonable notice of the dates of religious holidays on which they will be absent, preferably at the beginning of the term. Students who are absent on days of examinations or class assignments should be offered an opportunity to make up the work without penalty (if they have previously arranged to be absent), unless it can be demonstrated that a makeup opportunity would constitute an unreasonable burden on a member of the faculty. Should disagreement arise over what constitutes an unreasonable burden or any element of this policy, parties involved should consult the department chair, or Dean.

College Anti-Discrimination Statement:

Bellevue College does not discriminate on the basis of race, color, national origin, language, ethnicity, religion, sex, sexual orientation, including gender identity or expression, disability, or age in its programs and activities. Please see policy 4150 at <https://www.bellevuecollege.edu/policies/>

The following people have been designated to handle inquiries regarding non-discrimination policies: Title IX Coordinator, 425-564-2641, Office C227, and EEOC/504 Compliance Officer, 425-564-2266, Office R130.

Confidentiality and Mandatory Reporting:

Given the nature of psychological science, it is very important to consider the privacy of others during class discussions. When participating in class and sharing information about yourself or others, please be as discrete as possible and leave out information that can identify the person. Please be respectful to your fellow learners by not sharing private information with others or through social media.

As an instructor, one of my responsibilities is to help create a safe learning environment on our campus. It is my goal that you feel able to share information related to your life experiences in classroom discussions, in your written work, and in our one-on-one meetings. I will seek to keep information you share private to the greatest extent possible. However, I am required to share with the Title IX Coordinator any and all information regarding sexual assault and other forms of sexual misconduct (e.g. dating violence, domestic violence, stalking) that may have occurred on campus or that impacts someone on campus. Students may speak to someone confidentially by contacting the BC Counseling Center at (425) 564-2212. The Title IX Office can be contacted at 425-564-2441 and more information can be found at <https://www.bellevuecollege.edu/titleix/>

Student Code of Conduct and Academic Integrity:

The Student Conduct Code of Bellevue College (WAC 132H-125) outlines the rights and responsibilities of students in the Bellevue College community. These rights and responsibilities include due process rights, appeal routes and behavior expectations.

<https://www.bellevuecollege.edu/studentconduct/>

Examples of Prohibited Conduct:

- Cheating, plagiarism
- Assault, bullying
- Alcohol, marijuana, drugs
- Cyber misconduct
- Discriminatory conduct
- Ethical violation
- Failure to comply
- Harrassment
- Misuse of electronic resources
- Obstruction or disruption
- Other dishonesty
- Safety violations
- Sexual misconduct
- Unauthorized access
- Weapons

Possible Sanctions (Outcomes):

- Disciplinary warning
- Written reprimand
- Disciplinary probation
- Disciplinary suspension
- Dismissal
- Referrals / Assessment
- Restitution
- Not in good standing
- Other conditions

Student Conduct Process:

Report → Written Notice → Disciplinary Meeting → Written Outcome → Sanction (if responsible) → Appeal

Information about Bellevue College's copyright guidelines can be found at:

<https://www.bellevuecollege.edu/policies/id-3600/>

This link provides a good, short summary of how to avoid plagiarism:

<https://wts.indiana.edu/writing-guides/index.html>

Public Safety & Emergencies:

Public Safety is located in the D building (D171) and can be reached at 425-564-2400 (easy to remember because it's the only office on campus open 24 hours a day—2400).

- ***Are you on campus late at night?*** Public Safety will escort you to your vehicle! You can either call when you are ready to be picked up OR you can even call ahead to let them know what time to pick you up so that you won't have to wait.
- ***Car won't start?*** Call Public Safety and they will jump-start your car!
- ***Locked your keys in your car?*** Public Safety can help with that too!

Public Safety also serves as our Parking Permits, Lost and Found, and Emergency Notification center.

**** Please ensure you are signed up to receive alerts through our campus alerting system by registering at <https://www.bellevuecollege.edu/alerts> ****

Please familiarize yourself with the emergency postings by the door of every classroom and know where to go in the event of an evacuation. Your instructor will be asked if anyone might still be in the building, so check in before you do anything else. Emergency responders will search for anyone unaccounted for.

If a major emergency occurs, please follow these three rules:

- 1) Take directions from those in charge of the response** - We all need to be working together.
- 2) Do not get in your car and leave campus** (unless directed to) - Doing so will clog streets and prevent emergency vehicles from entering the scene. Instead, follow directions from those in charge.
- 3) In an emergency, call 911 first**, then Public Safety.

Please do not hesitate to call Public Safety if you have safety questions or concerns at any time.

If you feel threatened or see something that may indicate trouble, please report it right away at <https://www.bellevuecollege.edu/reportconcerns/>
We all need to help keep our campus safe for everyone.

You may also visit public safety web page for answers to your questions.
<https://www.bellevuecollege.edu/publicsafety>

Other Useful Information

Academic Success Center (D204): <http://www.bellevuecollege.edu/asc/>

The Academic Success Center (and all associated labs listed below) is committed to providing high-quality educational resources for all students enrolled at Bellevue College. Please use these free resources while you can!

Tutoring: <http://www.bellevuecollege.edu/asc/tutoring/>

Both drop-in tutoring and online tutoring are available for ALL students enrolled in classes at BC (regardless of your current grade)! Online tutoring is available even during our quarter breaks and closures.

Reading Lab: <https://www.bellevuecollege.edu/asc/reading/>

The Reading Lab offers 3 paths to reading improvement:

- 1) Reading Classes: English 080 and 180
- 2) Workshops – see “Workshops” below
- 3) Instructors may refer students to the Reading Lab to come as a “guest” for 10 free visits, without needing to register for the class. Students are welcome to ask for a referral from instructors and advisers as well.

Writing Lab: <https://www.bellevuecollege.edu/asc/writing/>

Get face-to-face, personalized help with writing projects, including:

- >> class assignments
- >> personal statements
- >> resumes and cover letters

This is also available online through e-Tutoring.

Workshops: <https://www.bellevuecollege.edu/asc/workshops/>

No registration required, just show up during the day and time listed. Useful topics include- study skills, APA documentation, reading faster, personal statements for college applications, understanding American idioms, and more!

Feeling sick and you don't have insurance?

- **\$35: UW Medicine Virtual Clinic.** (<https://virtualclinic.uwmedicine.org/>) No appointment needed; get treated without leaving home. Receive care 24/7 via phone or webcam. They treat most minor illnesses including bladder infections, seasonal allergies and flu. All from the comfort of your home or office. CLEAR PRICING - \$35. No hidden fees. If your situation is quickly determined to be inappropriate for a virtual visit, you won't be charged for a visit. In 30 minutes or less you'll be speaking with a board-certified family medicine provider.
- **\$49 or less: Swedish Virtual Express Care.** (<https://virtual.swedish.org/>) For common medical problems. Complete an online interview, and a doctor will contact you within an hour to talk with you and make a diagnosis...and then call in a prescription to your local pharmacy if appropriate.

- **\$89: Bartell Drugs Care Clinic.** (<https://www.bartelldrugs.com/careclinic/>)
Visits typically cost the same as your health plan's office visit copay, or \$89 without insurance. Providers here do their best to estimate the total cost prior to the start of your visit based on the information available to them at that time.

Worried about food or housing?

- Bags of nonperishable food are available by request at the Workforce Education office located at B-131.
- King County has many resources for assistance with health, food, housing, transportation, and utilities. To learn more about any of the programs below (+ more!) call 2-1-1, they are available 24/7. You may also visit their website at <http://www.211.org/>
 - Emergency Family Shelter
 - Transitional & Long-Term Housing
 - Help Fleeing Domestic Violence
 - Food Banks
 - Weekend Food Programs for School Children
 - Supplemental Nutrition Assistance Program (SNAP)