# \*\*\*\*\* **SYLLABUS** \*\*\*\*\*

#### **PRINT AND SAVE THIS**

You are responsible for everything contained within this syllabus.

Due dates, assignment formats and expectations, and other
important pieces of information are described here.

READ IT! KNOW IT! LOVE IT!

# Abnormal Psychology Psychology 220

## **General Course Information:**

Instructor: Jillene Grover Seiver, Ph.D. (please call me Jill or Dr. Jill)

Click on the "Inbox" link in the top right corner of the classroom screen

A screen will open:

**Email:** *In the left side:* 

You'll see all of the messages that you've

received or participated in.

*In the right side:* 

You can create a new message.

Use the address book icon to find your

recipient.

Text:

Abnormal Psychology, 8th edition by Ronald J. Comer + LaunchPad

This is what the cover of your text should look like.

See the "Textbook" information at the bottom of this Syllabus

# **Course Description:**

Abnormal psychology introduces the theories, diagnosis, and treatment of maladaptive behavior and psychological disorders. Prerequisite: PSYCH 100.

# **Course Requirements:**

# **Syllabus Quiz:**

To ensure that you are familiar with this Syllabus and its requirements, you will complete the Syllabus Quiz. You can open and print the quiz (this will give you practice for the weekly quiz procedure), and then answer the questions based upon information contained within this Syllabus.

- The guiz will give you immediate feedback about which items you missed.
- Once you've completed the Syllabus Quiz, I will be confident that you know the rules and requirements for this class.

# **Weekly Modules:**

I've set-up the Modules button to organize the assignments that are due weekly.

- Each week, you will complete a set of Learning Curve games, a set of Video Activities, and most weeks you'll complete the Clinical Choices.
- These assignments can be found, organized by week, in the Modules in Canvas.
- See my document called "Joining LaunchPad" in the "Start here!" module for instructions on how to join the correct LaunchPad.
- There are ABSOLUTELY NO MAKE-UPS of these weekly LaunchPad assignments.
- Some absolute NO-NOs for LaunchPad:
  - NEVER use your phone to complete Student Video Activities.
  - NEVER use Safari as your browser when working in LaunchPad. All iPhones and iPads default to Safari, so either don't use those or download Firefox.
  - If you choose to ignore this advice, BEWARE:
    - Your points for some assignments (especially Video Activities) will not be stored to the LaunchPad gradebook, and not transferred to Canvas.
    - I will NOT search the website to find your points for you.

## **Learning Curve Games:**

Each week, you will complete the set of Learning Curve games that I have assigned in LaunchPad.

- Each set will include material covered during the week that the games are due.
- You will complete several games each week.
- If you've done your reading before beginning the games, it should take you 15 minutes to complete each game. If you haven't done your reading, it could take you hours to complete a game.

#### *Game procedure:*

- Each week's games must be completed by 11:59 pm on the Wednesday they are due. Check the Canvas system calendar and/or the syllabus calendar for due dates.
  - o You may complete a game at any time that it is available.
  - You may complete part of a game, and then come back later to complete it as long as the deadline hasn't passed.
- You will earn full credit once you achieve the target score. This is an adaptive, pass/fail task.
- LaunchPad will immediately record your points to the LaunchPad gradebook. There may be a delay of up to 15 minutes before the points sync up with the Canvas gradebook.

#### **Video Activities:**

Each week, you will select one video from that week's LaunchPad folder, and complete the post-video quiz. The videos range in length from 5-15 minutes, and the quizzes are short – usually 3-4 items.

- You will complete the assignments entirely in LaunchPad, and the system will record your points to the LaunchPad gradebook. I will transfer your points to the Canvas gradebook on Thursdays.
- Due on Wednesdays by 11:59 pm.
- To preserve your points:
  - NEVER use your phone to complete Video Activities.
  - NEVER use Safari as your browser when working in LaunchPad. All iPhones and iPads default to Safari, so either don't use those or download Firefox.
  - If you choose to ignore this advice, BEWARE: Your points for some assignments (especially Video Activities) will not be stored to the LaunchPad gradebook, and not transferred to Canvas.
     I will NOT search the website to find your points for you.

## **Clinical Choices:**

- Most weeks you'll find Clinical Choices linked in the weekly module in Canvas.
- Complete all of the Clinical Choices that are linked for the week.
- When there are Clinical Choices assigned, there are 1 or 2 to complete.
- Clinical Choices are due by Monday at 11:59 pm.

## **Research Exercises:**

You will need to complete five exercises, and submit them to the proper Research Exercise Dropbox in Canvas by 11:59 pm on Tuesday of the week that they are due. Each exercise will be worth 20 points.

### **Preparing Exercises:**

- You will select one exercise from the list of several.
- It is NOT permitted to do more than one exercise from one list, as a substitute for doing another exercise on a different list. I have designed the exercises to supplement the topics that we will be discussing as you concurrently work on the exercise. Therefore, you must complete them in order.
- The exercises will be graded based on three criteria.
  - Accuracy. Each exercise topic requires some factual content. You will lose points for inaccuracies.
  - o Completeness.
    - You must answer all parts of the assignment that you choose.
    - Each exercise has its own unique set of expectations. You'll know that you've completed the exercise fully when you've answered all of the issues that I raised in the topic's questions.
    - A complete exercise will require no fewer than 150 words.
  - Timeliness. Exercises are not accepted late, under any circumstances.
    - The dropbox will literally **lock you out** when the deadline passes, so be prepared to push the "submit" button no later than 11:58 pm on the due date.
      - As a deadline passes, the Dropbox will disappear.
      - Do NOT submit a late exercise to the next exercise's dropbox, as that will
        prevent you from being able to submit the next exercise to that box, and it won't
        earn any credit anyway.
    - Do NOT send your exercise to me via email if you miss the deadline. I will return it
  - o I will deduct 20% (5 pts) for spelling errors that should have been picked up by spell check, or grammar errors that are egregious enough that grammar check should have picked them up.
- <u>Psychological Scales</u>: In some Exercises, I will include a personality scale or other sort of psychological measure for you to complete and score. Your responses on such scales are meant to be kept anonymous, so DO NOT submit your responses or scores to me. All I need is your responses to the questions that I ask about the scale.

## **Submitting Research Exercises:**

You will submit your exercises to the Research Exercise X Dropbox, where X represents the number of the exercise you're submitting.

- Create your exercise in your own software, and save it to your computer.
- Either:
  - Copy and paste your work into the message box in the Research Exercise X Drop box.
  - o or attach files to the Drop Box. You must save in .doc, .docx, .rtf or .txt.
    - 1. Do NOT submit a file with a .pages (Mac default) extension, or any other file type.

2. If you don't know how to save in one of the required file types, just paste your work into the textbox.

The Drop Boxes will limit your access automatically.

- You can only submit one posting to each Drop Box, so make sure that you're submitting your work to the correct drop box.
- The Drop Box will automatically lock when the deadline passes, so you can't submit your work late.

#### When will I read the exercises?

- On the morning after the due date, I will begin reading the exercises.
- I will NOT reply to queries about whether I received your exercise or not. I will send you an email with feedback about your exercise once I've read it. If you have a question about a exercise topic, please make sure to put the words "question about" in the subject line of your email to me.

I will return your graded exercise in the dropbox, and will send an email with your points and my feedback. The points and feedback will also appear in the gradebook.

#### **Exams:**

There will be two midterms. Each will include material covered since the last exam; neither of the exams is cumulative.

*Exam format:* Exams will consist of multiple choice questions selected from the text since the prior exam. Each exam will contain 50 items and will be worth 100 points.

#### Exam procedure:

- You will find a study guide for each exam in the Start here! Module in Canvas.
- Midterm 1 is in the Week 5 module and Midterm 2 is in the Week 10 module.
- You will have **one hour** to complete the exam, once you have opened it.
  - Opening the exam starts the timer; if you immediately close the exam, the timer will still continue to run, and the system will submit your zero score when 60 minutes elapse.
  - You won't be able to get back in to actually take the exam.
  - o In other words: Don't open the exam until you're ready to take it.
- Do NOT take your exam on your smartphone, iTouch, tablet, or other such device. They are notorious for losing connectivity just when you need it most. And their refresh rate is so quick that they can submit your work when you're not ready to submit.
- Do NOT press "enter" at any point while you're taking the exam. It will submit your exam, and you won't be able to retake it.
- Plan to take the exams from memory.
  - o If there are items that you're unsure about, and you have time after answering everything else, use that time to look up the answer(s) in the text.
  - Do NOT plan to take the entire exam open-book you will NOT have time.
- Students with disability accommodations:
  - You need to have your college's disability support office send your accommodation letter to me at <u>jseiver@bellevuecollege.edu</u>.
  - To ensure that I have received the letter and have set up your exam with proper extended time, please send me an email in the classroom email system no later than one week prior to the exam's deadline.
  - Once you have taken an exam, there is no way for me to retroactively allow you extended time.

#### Making up missed exam:

- You may not make up exams unless:
  - There are arrangements made in advance with instructor's approval, or
  - Dire Circumstances require that you must miss the entire week that the exam is available
  - Definition of *Dire Circumstances*:

- Funeral which requires significant travel, documented by a note from the funeral director
- Illness of self or someone for whom you are the primary caregiver, documented by a note from a doctor excusing you from school for the entire week.
- If a make-up is appropriate, your score will be docked 10%.
- Things that do not qualify for make-up exam:
  - Forgetting when the deadline is.
  - o Falling asleep while studying, and sleeping through the deadline.
  - Computer problems.
    - Have a back-up computer access planned, and move to your backup computer if necessary.
    - Make sure that you're using a computer with a reliable web connection.
    - Use a web browser that works correctly with the classroom's software. That's NOT Explorer in Canvas classrooms.
  - o Pressing "enter" before you're ready to submit your exam.
  - o Travel that takes you out of town, whether for business, missionary work, or pleasure.
  - o Being in a different time zone and not realizing that it is 11:59 pm here.
  - Changing work schedules or work demands.
  - o Illness/injury of self or one's child that is not severe enough to visit a doctor.
  - Stressful life events.
  - Incarceration.
  - Any other excuse that seems compelling to you but that is not listed under the "dire circumstances" list, above.

## **Extra Credit:**

#### Integration of World of Abnormal Psychology videos and our text

- Select up to five of the *World of Abnormal Psychology* videos that you have viewed this quarter. You can use any video from any point during the quarter.
- The videos can be found at <a href="http://www.learner.org/resources/series60.html">http://www.learner.org/resources/series60.html</a>. The list of videos that are associated with each week can be found in the weekly modules.
- Pose a question that comes to mind while viewing the video(s). Find evidence in the Comer text that answers your question(s).
- For each question:
  - Explain why your initial question was posed e.g., was the video unclear in its explanation, did they
    use an unfamiliar term that was confusing, had we not gotten to that topic yet in lecture/readings?
  - Provide information from the Comer text that answers your initial question. Include page number(s) and quotations or paraphrases.
    - Do NOT cite outside sources.
    - Give proper credit to Comer for the information you got from him.
      - Place direct quotes in quotation marks
      - Even better paraphrase his ideas into your own words, and give him credit for the ideas.
  - Show that you now understand the concepts by providing an example from everyday life. It could be an example from TV/books/movies/music, or it could be from someone you actually know.
- Each question/answer is worth 5 points of extra credit. You must submit your questions NO LATER THAN the day that Midterm 2 is due.
- The link to the dropbox is on the Canvas Home page.

## **Academic integrity:**

It is assumed that all students will maintain the highest academic integrity. Cheating of any sort, including copying on tests, falsifying records, plagiarism, etc. will not be tolerated, and suspected cheaters will be reported to the Dean of Academic Education.

It is plagiarism (cheating) to copy and paste information directly from a website into your exercises. If you want to cite a website, you need to reword the information, then give the website credit for the ideas you got from it. Make sure to include the URL when you reference websites.

Finally, it is incorrect to use ideas from the Comer text and fail to mention that you got the idea from the text.

## **Grading Criteria:**

Assignment	Points	Total Category Pts	Percent
Syllabus Quiz	1 @ 15	15	4%
Clinical Choices	11 @ 1	11	3%
Student Video Activities	10 @ 1	10	3%
Learning Curves	43 @ 1	43	12%
Research Exercises	5 @ 20	100	26%
Midterms	2 @ 100	200	52%
	386	100%	

# **Grading palette:**

Α	93.5-100%	4.0
Α-	89.5-93.4%	3.7
B+	86.5-89.4%	3.3
В	83.5-86.4%	3.0
B-	79.5-83.4%	2.7
C+	76.5-79.4%	2.3
С	73.5-76.4%	2.0
C-	69.5-73.4%	1.7
D+	66.5-69.4%	1.3
D	63.5-66.4%	1.0
D-	59.5-63.4%	0.7
F	<= 59.4%	0.0

Each week, I'll report your points to the online gradebook (found in the Grades link) that will show your points to date. You can divide your total points earned by the total points possible so far, so that you'll always know how you're doing in the class.

I strongly recommend that you calculate your own percentage, using the formula:

((Total Pts Earned)/(Total Pts Possible So Far))\*100 = Percent in class so far

The percentage provided by the Canvas gradebook is not necessarily reliable. I compute final grades using an Excel spreadsheet which is always accurate.

## **Incompletes and Hardship Withdrawals:**

These options are reserved for students who, through unforeseeable circumstances, cannot complete a course that they were passing. If you wish to request one of these grading options, the following criteria must be met:

- You are passing the class at the time of the request.
- You must make your request in writing, explaining the circumstances and including any documentation.

In the case of an Incomplete, the circumstances must be acute. That is, they must be something that prevents completion of the course within the current quarter, but that would be resolved in time for the student to complete the course work within the next quarter.

In the case of a Hardship Withdrawal, the circumstances must be ongoing, such that the student would not be able to complete the course work within the following quarter. In other words, a student could not request a hardship withdrawal and then retake the course the following quarter.

Qualifying circumstances for Incompletes and Hardship Withdrawals are limited to:

- Death in the immediate family (spouse, child, parent) documented by a funeral director's note.
- Significant illness or injury (documented by a doctor's note) of self or a person for whom the student is primarily responsible.
- Relocation outside of the area.

# **Reading and Video Assignments:**

Our **text** is the most popular abnormal psychology text in the world. There's a reason: It's well written and comprehensive.

The **video series** *The World of Abnormal Psychology* is a well-produced telecourse that contains timeless information in this field.

Check the Calendar below for the week's episode(s); the episodes are not in correct order relative to our text's topics.

- Make sure to enable pop-ups for the website; the videos appear in a pop-up window.
- After finding the video on the website's list, click on the "VoD" button to begin.
- Each video runs approximately 23 minutes that includes the "on this episode" at the beginning and the "next time" at the end.

**Remember:** All assignments are due by 11:59 pm on their due date.

Week	Date	Chapter	World of Abnormal Psychology Videos	
0	9/17-19	Week Zero		
<b>1</b> 9	9/20-26	1: Abnormal Psychology: Past & Present	Looking at Abnormal Behavior	
		2: Models of Abnormality		
	9/27-	3: Clinical Assessment, Diagnosis, & Treatment	12. Psychotherapies 13. An Ounce of Prevention 3. The Anxiety Disorders	
	10/3	4: Anxiety, Obsessive-Compulsive, & Related Disorders		
3	10/4-10	5: Disorders of Trauma and Stress	2. The Nature of Stress	
<b>4</b> 10/11	10/11-	6: Depressive and Bipolar Disorders	8. Mood Disorders	
	17	7: Suicide	8. Mood Disorders	
5	10/18- 24	8: Disorders Focusing on Somatic & Dissociative Symptoms	4. Psychological Factors & Physical Illness	
6	10/25-	9: Eating Disorders	6. Substance Abuse Disorders	
	31	10: Substance Use & Addictive Disorders		
7	11/1-7	11: Disorders of Sex & Gender	7. Sexual Disorders	
8	11/8-14	12: Schizophrenia	9. The Schizophrenias	
i G	11/15-	13: Personality Disorders	5. Personality Disorders	
		14: Disorders Common Among Children & Adolescents	11. Behavior Disorders of Childhood	
10	11/22- 28	15: Disorders of Aging & Cognition	10. Organic Mental Disorders	

# What To Do If You Can't Log Into The Canvas Webpage

I hold you responsible for submitting your assignments on time, assuming that the classroom is working correctly. Ninety-eight percent of the time, the classroom is working fine. Occasionally, Blackboard goes down, preventing all students from accessing the classroom.

Most of the time when students can't get into the classroom, it's because they are trying to access it through a school homepage and <u>that</u> page is down, or because there is something wrong with the student's ISP.

To avoid the first problem, you should add the direct address to your "favorites" list:

https://bc.instructure.com

Don't rely on the link on the college webpage, because sometimes that webpage goes down. You'll be unable to log into the classroom, even though the classroom is up and available. Remember: If the classroom is available, you're responsible for getting your work into it.

Unless there is a system-wide event that is preventing all of us from accessing the classroom, I will not extend deadlines for students who have difficulties accessing the classroom. You need to make sure that you've left yourself enough time prior to the deadline to be able to cope with technical difficulties that may arise. And you need to arrange for back-up computer access (e.g. the public library, your college, a friend's house, your computer at work) so that if your primary computer has problems, you will still be able to keep up with your work.

## **Textbook:**

Comer, R. J. (2016). Abnormal Psychology, 8th ed. New York: Worth publishers.



You are required to have access to LaunchPad. I ordered our text bundled with an access code for LaunchPad.

If you are willing to work with an eBook only, you can purchase access to LaunchPad (following the instructions in the "Joining LaunchPad" document in the Start here! module in Canvas), which includes the eBook version of our text. It's exactly the same as the hard copy of the text, just in electronic form. This option will save you a lot of money.

#### **Textbook FAQs:**

"I ordered my text from the bookstore, but it hasn't arrived yet. What should I do?"

- Join LaunchPad using the free, temporary access. When your text with the access code included arrives, you can use that code to transition into your permanent account.
- When your permanent access code arrives, do NOT create a new account in LaunchPad; wait until your temporary access elapses, then enter your access code when the system prompts you.

#### "Do I really need the newest edition of the text?"

Because we're using LaunchPad, you can't avoid using the newest edition of the text. To save money, you can use the eBook which is included in your direct purchase of LaunchPad, instead of buying the bundle I ordered from the bookstore.

#### "Do I really need the access code for LaunchPad?"

Yes, all of your weekly homework will be completed in LaunchPad. To save money, you can buy LaunchPad directly (using the log-in information in the "Joining LaunchPad" document in the Start here! module in Canvas) and skip the hard copy of the text.