



Winter Quarter 2019

Course: PSYC& 200 Lifespan Psychology 5 credits Item# 5431 Section OBS

Instructor: Deepti Karkhanis, Ph.D.

Office: D110K

Online Office Hours: Tuesdays and Thursdays 9:30am - 11:30am (via Canvas Chat) or by appointment (via email)

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COURSE INFORMATION

Course Description:

Welcome to Psychology 200

This course presents an overview of human growth and development from prenatal stages to old age. Theories, facts, principles, developmental processes, and empirical research will be explored during the course. Physical, cognitive, social, and emotional development for all age groups will be presented. Students in this course will experience a variety of learning experiences, including, but not limited to, content presentation by chapter slides, learning activities, written assignments, and active online discussions. **Students are required to work for minimum 5 to 7 hours ONLINE each week to complete assigned homework.** It is expected that if you go out of town, you will responsibly find a way to access the Internet (Internet cafes, hotel offices, public libraries, etc.) in order to complete assignments, respond to emails, and sustain your online participation in the course. Students should expect to devote **a minimum of five hours per week** for reading course materials and completing assignments. If you don't have a home computer with Internet access, an [open computer lab](#) is available in D101 and/or N250.

If you have questions about the class, **read this syllabus first** before asking your instructor. Be an active participant in your own education. The chapters listed in the weekly schedule (given on page 7) are to be thoroughly read during the assigned week for that topic. In addition, **good note taking** is essential for successful performance in the class. Please consult the class schedule given below to prepare for exams, online discussions, and written assignments.

A Note About Course Content:

Since Lifespan Psychology examines literally every aspect of the individual, this course will discuss some provocative material. Please be advised that when controversial topics are explored, they will be framed within an academic context. Keep in mind that finding oneself in a space outside of one's comfort zone is an opportunity for learning. Students may be confronted with subject matter that is difficult to watch, see, discuss, or listen to. Please note, however, that you will be responsible for any course material you miss if you choose not to participate. If a student has any questions or concerns about course content or classroom climate, feel free to speak with me about it immediately.

Students equally contribute to making a classroom effective, just as the instructor. Do your work, read, and participate in class discussions. Seek out campus resources for additional help. Please act maturely and respectfully. You are expected to work hard to earn your grade. **BE GRITTY!**

Important Note About Technology Use:

I will be posting class material and documents such as the syllabus, chapter slides, Revel reading links, announcements, written assignments, and links to articles on the **Canvas** course website. You are required to create a BC student network account (<https://www.bellevuecollege.edu/netid/>) *Canvas* and access the *Canvas* course site regularly. The student network account may be created any time after you receive your student identification number (SID) and personal identification number (PIN). For students enrolled in credit classes, the SID and PIN are issued after you apply for admissions. For students enrolled in classes through BC Continuing Education, the SID and PIN are established after you register for a class. Continuing Education students may contact the Continuing Education office directly to request this identification information. Once you have your student network account, go to Bellevue College website (<http://bellevuecollege.edu/>) and click *Canvas* under Student Links to log into the course website.

This course makes extensive use of Canvas as it is an ONLINE course. Canvas will be used for communication, downloading materials, submitting assignments, and so forth. Plan to check it regularly. Our course homepage can be accessed from the **Courses** menu on the left side of the page (see image above).

Safe Space:

This class is a Safe Space for all students. Lesbian, gay, bisexual, questioning, queer-identified, and transgendered students along with students of all cultures, ethnicities, nationalities, and spiritual beliefs are welcome in this classroom's online space, and encouraged to share your thoughts and be an integral part of this course. If a student has any questions or concerns about this, feel free to speak with me or email me about it immediately. All are welcome in this class!

Student Support Services:

If you need help with your academic problems, please use the following student support services:

- Academic Success Center: <http://bellevuecollege.edu/academicsuccess/>
- Academic Tutoring Center: <http://www.bellevuecollege.edu/asc/tutoring/>
- Multicultural Services: <http://www.bellevuecollege.edu/mcs/>
- TRiO Student Support Services: <http://bellevuecollege.edu/TRiO/>
- Bellevue College Writing Lab: <http://www.bellevuecollege.edu/asc/writing/>

Academic Advising:

The Psychology Department has an in-house advisor, **Deanne Eschbach**, located in D110C. Call 425-564-2216 or 425-564-2212 to set up personal advising appointments.

Email Communications:

All email communication must be done through **Canvas inbox** or **BC e-mail** account during the quarter. No communication regarding course work or grades will be sent to student's personal email accounts.

A Note on Multitasking:

Research shows that when we do more than one thing at a time, we're not actually doing them simultaneously. Instead, we're shifting our attention from one thing to another. During that shift, we lose focus, and it takes effort to refocus on the new task. In fact, some research shows that the more often we "multitask," the more distracted we are by irrelevant information, and the worse we

are at concentrating. **Avoid the temptation to multitask** when working on online assignments by silencing your cell phone and resisting the urge to check incoming texts and/ or social media.

Due Dates and Deadlines:

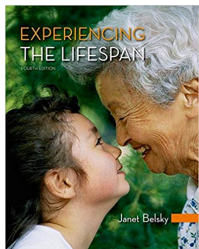
“My computer isn’t working,” “my internet connection is weak,” or “my hard disk crashed” are not acceptable excuses. This has become the new, *“my dog ate my homework.”* It is each student’s responsibility to make sure there is an alternate computer (public library, on campus, friend or family member) from which to submit assignments ON time. Plan ahead. Save your work early, often, and in multiple locations.

Course Purpose and Goals:

Students successfully participating in this course will:

1. Demonstrate a basic understanding of issues in the scientific study of human development across the lifespan, from conception through death, through the interaction of biological, psychological, and social aspects of human development across the lifespan.
2. Gain general knowledge of some of the most famous theorists in developmental psychology, including Piaget, Freud, Ainsworth, Kohlberg, Bronfenbrenner, Vygotsky, Arnett, and Erikson.
3. Relate course materials to a personal perspective on human developmental experiences, as well as learn how to test theories using qualitative and quantitative research methods.
4. Students will be able to identify and critically reflect on the variability and diversity of developmental pathways, and their own embeddedness in social, cultural, and political contexts.
5. Apply knowledge of cross-cultural research to developmental differences across the life span.
6. Develop skills in communicating using oral and written materials to discuss topics related to human developmental patterns, socialization, and aging.

Required Textbook:



Belsky, J. (2016). *Experiencing the Lifespan (4th Ed)*. San Francisco, CA: MacMillan Learning.

ISBN-10: 1-4641-7594-2

ISBN-13: 978-1-4641-7594-7

Any format is acceptable, including **eBook**, notebook, paperback, or loose-leaf edition. You will **require** the LaunchPad platform that comes with the eBook.

Format of course and course requirements:

The course will require reading an e-book, watching videos and reviewing chapter slides, with questions both expected and encouraged. Textbook content will be supplemented with other materials such as empirical articles, educational videos, and support website (e.g., Revel). An approximate timetable of topics and reading assignments is listed below in this syllabus.

How Do I Get An A? Here's the Grading Criteria:

Grading Category	Points	%
Application Papers (3)	150	16.7
Exams (2)	100	11
Online Discussions (10)	190	21.7
LaunchPad Chapter Practice Quizzes (14)	70	8
LaunchPad activities (videos, learning curve)	330	36.7
<i>Total</i>	<i>900</i>	<i>100</i>

Grading scale:

A	846-900 pts	94-100 %	C+	693-719 pts	77-79 %
A-	810-845 pts	90-93 %	C	666-692 pts	74-76 %
B+	783-809 pts	87-89 %	C-	630-665 pts	70-73 %
B	756-782 pts	84-86 %	D+	603-629 pts	67-69 %
B-	720-755 pts	80-83 %	D	540-602 pts	60-66 %

TIPS for Success in this Course:

1. **Access LaunchPad to read the Textbook:** Reading the course textbook as well as assigned articles will be essential for understanding the course material. It will also give you the opportunity to experience the material in a different media. It will be assumed that you have completed the readings by due date, and that you will be able to discuss the material that you have read on the online forum. Taking notes on the readings will also assist you with preparing for the exams.
2. **Check Canvas and your BC e-mail Regularly:** In order to be informed and know about changes in the schedule, assignments, and other information about the class it will be necessary for you to check your BC e-mail and Canvas course website regularly.
3. **Manage Your Time Efficiently:** Do not wait until the last minute to start a class assignment. Starting your work early allows you to spend the appropriate amount of time on the assignment, and it allows you to contact the instructor if you have any questions. PLAN AHEAD. Save your work early, often, and in multiple locations. Submit proofread work only.
4. **Chat with Me Online:** If you have questions or concerns about your assignments, readings, or grade in this course, please email me and/or chat on Canvas during office hours (as noted on this syllabus). I will be online on Canvas every Tuesday and Thursday from 9:30 AM – 11:30 AM. I will also be available via email, so reach out with any queries or concerns.

The students will be evaluated in the following FIVE ways:

1. **Attendance and Class Participation (60 points out of 900)** – Attendance is always expected. Participation is essential to the format of this online class, and will therefore contribute significantly toward your grade. Completing the online discussions ON time, attempting quizzes on LaunchPad after reading the text, and doing all the written papers ON time will count towards course participation. In short, your success in this course depends on your active participation **online** as well as completion of all assigned homework. Participation includes daily log in to Canvas, getting work submitted ON time, actively contributing in online discussions, engaging in respectful dialogue with classmates/ instructor, and watching all the videos and completing quizzes on LaunchPad. Quality of participation will be rewarded over quantity, including demonstrated attentive reading. *Please do not take this portion of your grade lightly!*
2. **Application Papers (150 points out of 900)** –

Child-rearing Across Cultures Reflection paper. Students will be asked to watch the movie – [Babies](#) (2010) as homework. The paper would entail comparing and contrasting

- child-rearing practices across cultures captured in the movie. A) Describe three similarities and differences in parenting practices across cultures.
- B) Report the play patterns of infants across cultures (e.g., what toys they played with).
- C) Examine how the environment impacts the adults' parenting and child's play behaviors.
- D) Reflect on and report some (if any) difficulties you faced while completing this assignment.

This assignment should be in APA 6th Edition format. You will need a title page and reference page. You do not need an abstract. Use the textbook for a reference. You are welcome to use additional scientific sources. The paper should be around **3 pages**, NOT including the title page and references page. You do not need an abstract.

Infant Toys Research paper: examine several toys marketed for infants and toddlers (see package for age ranges). Try to find one good toy and one poor toy. Report on the following:

- **Describe** the toys (you may include a picture of each toy within your paper) and the recommended age range of the toys.
- Report your ratings for each toy on durability, safety, attractiveness, and stimulation (1= poor, 2= fair, 3= average, 4= good, 5= excellent), and briefly **explain** why you gave those scores.
- Determine how each toy is designed for infant safety and to stimulate infant development, especially sensory and physical development. What does each toy do to improve development and in what ways?
- Discuss why you think your good toy improves development, and why the poor toy does not. Use developmental concepts and research to support your argument.
- Conclude with a summary of what you learned and recommendations for improvements of infant toys.

This assignment should be in APA 6th Edition format (See template on Canvas for guidelines. The OWL Purdue website is also very helpful). You will need a title page and references page. You do not need an abstract. Use the textbook for a reference. You are welcome to use additional scientific sources. The assignment should be **4-5 pages** in length, not including the title page and references page.

The third paper is a **movie critique**. Watch one of the TWO movies -

The Breakfast Club (1985)

Black Irish (2007)

- While watching the movie, examine the topic of **adolescence** from multiple perspectives (that is, theorists like Piaget, Baumrind, Elkind, Erikson etc.). Incorporate both academic (e.g., books, journal articles) and popular views (e.g., social media, novels etc.) on teenage issues such as parent-teen conflicts, gender roles, self and identity, crowd memberships, peer relations and friendships, deviance and delinquency etc.
- Your **References** list must include the movie director, Belsky (2016), and at least 2-3 other peer-reviewed articles/ web sources that you would cite in your paper.

The paper should be approximately **4-5 pages** double-spaced in *12-point font* Times New Roman font style. The assignment will be worth **50 points** and is due online via Canvas. Cover page and References page is NOT included in the 4-5 page count.

3. **Online LaunchPad Readings/ Quizzes (400 points out of 900)** – For each day that we meet a portion/ module of textbook is assigned for reading before class. If there are multiple readings, you must write on ALL readings assigned on a given day. You will create a McMillan account to access LaunchPad. After you verify your email address, you will click on "Join Course" and then you will be prompted to buy an access code, enter an access code, or start a 21-day free trial. At the end of 21 days, you will receive another email with some purchase options. Once you have access to LaunchPad, you will use the website to complete daily readings and mini-quizzes. An overall grade will be posted for your reading progress at the end of the quarter.
4. **Online Discussions (190 points out of 900)** – Weekly discussions are at the heart of the course. In each module, the instructor will pose questions and online assessments related to the course material, and students are expected to respond and exchange comments several times a week. There will also be interactive activities to do and report on in the discussion. The discussion sessions will run from Monday to Saturday every week. The questions will be posted on Monday mornings. For the first response to discussions, you will need to respond to one of my posted questions by Wednesday night, and for the second response, post a response to a student who answered a different question by Saturday night. You are expected to cite the text in at least one post and to read students' posts in each discussion. More specific instructions are available on Canvas.
5. **Exams (100 points out of 900)** - There will be **TWO** exams worth 50 points each that will count towards your final grade in class. Each exam will consist of multiple-choice questions, fill-in-the-blank, and true/ false statements. Exams will be timed and conducted online via Canvas. There will be NO make-up exams. Anything covered in the canvas modules, including slides, videos, etc. should be considered testable information. *There will be NO comprehensive final exam.*

PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION

Bellevue College's Affirmation of Inclusion

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination.

We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

Religious Holidays

Students who expect to miss classes, examinations, or any other assignments as a consequence of their religious observance should be provided with a reasonable alternative opportunity to complete such academic responsibilities. It is the obligation of students to provide faculty with reasonable notice of the dates of religious holidays on which they will be absent, preferably at the beginning of the term. Students who are absent on days of examinations or class assignments should be offered an opportunity to make up the work without penalty (if they have previously arranged to be absent), unless it can be demonstrated that a makeup opportunity would constitute an unreasonable burden on a member of the faculty. Should disagreement arise over what constitutes an unreasonable burden or any element of this policy, parties involved should consult the department chair, or Dean.

College Anti-Discrimination Statement (Title IX)

Bellevue College does not discriminate on the basis of race or ethnicity; color; creed; national origin; sex; marital status; sexual orientation; age; religion; genetic information; the presence of any sensory,

mental, or physical disability; gender identity or veteran status in educational programs and activities which it operates.

For further information and contacts, please consult [College Anti-Discrimination Statements](#).

Student Code of Conduct and Academic Integrity

Any act of academic dishonesty, including cheating, plagiarism (using the ideas or words of another as one's own without crediting the source), and fabrication and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to, talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Success for investigation. Specific student rights, responsibilities, and appeal procedures are listed in the Student Code of Conduct at: [Student Code](#).

Plagiarism and Other Conduct Policies

Plagiarism is a form of academic dishonesty that occurs when students use information or material from outside sources and do not properly cite those sources. This is grounds for disciplinary action. It is your responsibility to understand plagiarism and its consequences. Plagiarism occurs if:

- a. You do not cite quotations and/or attribute borrowed ideas as references.
- b. You fail to enclose borrowed language in quotation marks.
- c. You do not write summaries and paraphrases in his/her own words and/or doesn't document his/her source.
- d. You turn in work created by another person.
- e. You submit or use your own prior work for a current or past course, or work from one current course in another course without express permission from your professors. This may also be considered academic dishonesty.

Consequences: If it is determined that you have plagiarized or engaged in other forms of academic dishonesty, you will likely fail the assignment and possibly the course, despite points earned through other work. Acts of academic dishonesty are reviewed for disciplinary action.

If you are new to writing then please come talk to me during office hours and/or visit the [Writing Center](#). Their website is <http://www.bellevuecollege.edu/asc/writing/> and they are located in **D204**. Also if you are new to writing in APA format, then refer to the following document:

<http://www.bellevuecollege.edu/asc/writing/essays-guides/documents/apa2010styleessay.pdf>

Cheating, Stealing and Plagiarizing*

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/disruptive behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to: Plagiarizing material from the Internet and posting rude or personal attacks in discussions. When you are in doubt about any behavior, please consult your instructor. In addition, you may wish to review the general applicable rules of cyberspace, such as in the Core Rules of Netiquette. The instructor reserves the right to remove posted messages, and downgrade assessments as a result of these types of behaviors. The instructor can refer any violation of the Student Code of Conduct to the Vice President of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Vice President of Student Services.

http://www.bellevuecollege.edu/policies/2/2050_Student_Code.asp

Incomplete

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete ("I"). It is the student's responsibility for maintaining contact and adhering to the agreed-upon actions. Canvas class sites, and material, may not be directly accessible after the end of the

quarter so it is important to make arrangements before the quarter ends. The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an "F"). There is a standard form that instructors have access to in their instructor's grade briefcase.

F Grade

Students who fail a course will receive a letter grade of "F."

Final Examination Schedule

Final examinations may involve proctored on-campus arranged exams or may be administered completely online at the discretion of the instructor and in keeping with the stated policies provided in the course syllabus. Please refer to the syllabus at the start of the quarter for additional details and contact the instructor directly for any clarifications. A student who is not in compliance with the scheduled format may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be in compliance with any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

Withdrawal from Class

Academic Year: College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course.

Summer Quarter: College policy states that students must formally withdraw from a class by the end of the fifth week of the quarter (Registration Office, B125). After the sixth day and through the end of the fifth week of the quarter, the "Th" grade will become part of the student's transcript record.

Check <http://www.bellevuecollege.edu/enrollment/deadlines/> for additional details. As with most enrollment deadlines, it is the student's responsibility to be aware of these dates and act accordingly.

Here are some important deadlines:

Last day to drop a class without a "W" grade on transcript – January 15, 2019

Last day to drop a class online by 11:59 p.m. – February 24, 2019

Hardship Withdrawal (HW)

Hardship Withdrawal indicates a withdrawal request made because of extenuating circumstances after the official withdrawal period is over. The student must contact the instructor to request this withdrawal option, or the faculty member may initiate the contact. No points are calculated into the grade-point average. Students may also contact the enrollment Services Office BEFORE grades are assigned in cases of hardship.

Students Who Require Disability Accommodations

The Disability Resource Center serves students with a wide array of learning challenges and disabilities. If you are a student who has a disability or learning challenge for which you have documentation or have seen someone for treatment and if you feel you may need accommodations in order to be successful in college, please contact us as soon as possible.

If you are a person who requires assistance in case of an emergency situation, such as a fire, earthquake, etc, please meet with your individual instructors to develop a safety plan within the first week of the quarter.

If you are a student with a documented autism spectrum disorder, there is an additional access program available to you. Contact [Autism Spectrum Navigators](#) Email and phone number is on the web page. ASN is located in the Library Media Center in D125.

The DRC office is located in B132 or you can call our reception desk at 425.564.2498. Deaf students can reach us by Skype: the address is **DRCatBC** (NOTE: There is no @ sign...it is actually **DRCatBC**). Please visit our website at [Disability Resource Center](#) for application information into our program and other helpful links.

Accessibility

The online elements of this course are designed to be welcoming to, accessible to, and usable by everyone, including students who are English-language learners, have a variety of learning styles, have disabilities, or are new to online learning. Be sure to let me know immediately if you encounter a required element or resource in the course that is not accessible to you. Also, let me know of changes I can make to the course so that it is more welcoming to, accessible to, or usable by students who take this course in the future.

Public Safety and Emergencies

Public Safety is located in the K building and can be reached at **425-564-2400** (easy to remember because it's the only office on campus open 24 hours a day—2400). Among other things, Public Safety serves as our Parking Permits, Lost and Found, and Emergency Notification center. Please ensure you are signed up to receive alerts through our campus alerting system by registering at [RAVE Alert Registration](#)

If you work late and are uneasy about going to your car, Public Safety will escort you to your vehicle. To coordinate this, please phone ahead and let Public Safety know when and where you will need an escort.

Please familiarize yourself with the emergency postings by the door of every classroom and know where to go in the event of an evacuation. Your instructor will be asked if anyone might still be in the building, so check in before you do anything else. Emergency responders will search for anyone unaccounted for.

If a major emergency occurs, please follow these three rules:

- 1) **Take directions from those in charge of the response** - We all need to be working together.
- 2) **Do not get in your car and leave campus (unless directed to)** - Doing so will clog streets and prevent emergency vehicles from entering the scene. Instead, follow directions from those in charge.
- 3) **In an emergency, call 911 first, then [Public Safety](#).**