

Psychology 220 Abnormal Psychology

Syllabus Winter Quarter 2020

5 Credits

Prerequisite: Psyc& 100 (General)

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INTRODUCTION:

Welcome to the online version of Psychology 220, Abnormal Psychology. I look forward to working with you! Psyc& 220 is an introductory course on maladaptive behavior and the etiology (causes), description, and treatment of psychological disorders. The course will cover theoretical approaches to abnormal psychology, classification and assessment of major disorders, and therapeutic responses to disorders.

This course is designed to meet the academic needs of students who need flexibility, who may be unable to attend traditional campus classes and who are motivated and self-disciplined. While the class meets in cyberspace, students can expect a heavy workload outside of class in order to meet the requirements of the course.

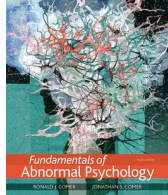
Check your readiness to take an online course by reading about successful eLearning students: <https://www.bellevuecollege.edu/elearning/is-elearning-for-you/>.

It is important that students enrolled in the course are reading at college level, are able to work with less direct instruction, and have time available to complete the reading and assignments. I will provide the structure for the class and act as a "coach" as you proceed through the course. You can leave messages for me at any time by e-mail, and I will respond to you as quickly as possible. I check in frequently, on weekends as well as weekdays.

TEXT:

Comer, R. (2019) Fundamentals of Abnormal Psychology (9th Edition). New York: Worth. ISBN-10 # 1-319-12669-3 (Required).

The 9th edition of the text is fairly new, but you may also use the previous version of the same text, the 8th edition. Quizzes and exams will ask questions that can be answered from either edition. There may be some discussion questions that refer to material only found in the new edition, but you will always have options in terms of questions.



The 9th edition of the text may be purchased from the Bellevue College Bookstore or online at <http://bcc.collegestoreonline.com/>. You can also order the loose-leaf version or e-book directly from Worth Publishers:

<https://store.macmillanlearning.com/us/product/Fundamentals-of-Abnormal-Psychology/p/1319126693?searchText=Comer%20and%20Comer>.

There is a link to free access to the text for 21 days (just click on “I need to pay later”) in the Getting Started and Week 1 Modules that will allow you to read at least Chapters 1 and 2 even if you don’t yet have your text.

Power points from the text publisher and lecture notes from me are also available in each module to help reinforce the text material.

LEARNING OBJECTIVES:

After completion of this course, students will be able to:

1. Articulate the criteria and controversy regarding the definition of abnormal behavior.
2. Demonstrate knowledge of the prevalence and historical/ contemporary views of abnormal behavior.
3. Describe current practices of diagnosis, assessment, and research (including DSM) in classifying disorders and determining the need for treatment.
4. Describe the major techniques and theoretical approaches to understanding and treating abnormal behavior.
5. Identify the major diagnostic categories and distinguish among the symptoms, proposed causes, and preferred treatments of each of the following disorders:

Anxiety and Stress Disorders
Schizophrenia
Sexual Disorders
Eating Disorders
Disorders of Childhood & Adolescence

Mood Disorders
Substance Disorders
Personality Disorders
Somatic Disorders

FORMAT:

Students are required to read chapters in the assigned text, participate in a weekly discussion forum, submit assignments, and take quizzes, all on-line.

COURSE COMPONENTS:

QUIZZES

There will be a quiz on one or two chapters each week. Each quiz will consist of 30 objective (multiple choice) questions. All quizzes will be administered on-line and will be open from Friday at 8 am to Sunday at 11:59 pm. Students will have 35 minutes to take each quiz once they log in. Check the calendar for exact dates. Total possible quiz points will be 300 points or 44% of the final grade.

WEEKLY DISCUSSION FORUM

The discussion forum is the heart of the course. There will be one discussion a week, covering either one or two chapters. Students will be responding to my questions and responding to other students, just as they would in a "live" discussion. There will be 10 discussion sessions, running from Monday to Saturday every week, plus a closing discussion at the end of the quarter. Students will be assigned to a subset of questions but will have some choice of questions to respond to, and will also need to respond to at least one other student's post. Specifically, you are expected to participate in the discussion with at least two posts a week, at least once in response to my questions by Friday night and at least once in response to other students' comments by Saturday night.

See the "Course Structure and Expectations" for more details on how the discussion will work. Each discussion will be worth up to 20 points. There will be an additional 15 points assigned for posting a **personal introduction** and 15 points for participating in a **closing discussion**. Altogether, discussion points will be worth a total of 230 points or close to 30% of the grade.

ASSIGNMENTS

You will have a choice of doing two out of three possible written assignments this quarter, due as scheduled on the calendar. The assignments will be submitted as word document attachments in the assignment tool. A description of the assignments will be posted early in the quarter. In brief, the assignments will be:

Assignment 1: Case Study Analysis
Assignment 1: Journal Summary
Assignment 2: Field Experience

All assignments will be described in detail in the weekly Modules. For the Field Experience, an approved **proposal** must be submitted. One option for the field experience this quarter will be to take a **tour of Fairfax Hospital in Kirkland**, date and time to be determined. A grade will be assigned based on criteria for each assignment, worth a possible 50 points each. It is expected that assignments will be proofread for mechanical errors and will be submitted on time. Assignments will be accepted one day late only with a five-point deduction.

There will be a small number of extra credit points given at the end of the quarter for completing the online course evaluation.

FINAL EXAM

There will be an on-line comprehensive final exam. The final will have 100 objective questions and cover major concepts from the quarter. See the course calendar for the date and time. The final will be worth roughly 12% of the final grade.

GRADING

Points will be accrued as follows:

Personal Introduction		15
Quizzes	10 @ 30 points ea.	300
Discussions	10 @ 20 points ea. + closing discussion @ 15 points	215
Assignments	2 @ 50 points (chosen out of 3)	100
Final Exam		100
Total =		730

Grades will be determined by adding up scores for all of the assignments and using the percentages below:

A	94-100%	686-730	C+	77-79%	562-591
A-	90-93%	657-685	C	74-76%	540-559
B+	87-89%	635-656	C-	70-73%	511-539
B	84-86%	613-634	D+	67-69%	489-510
B-	80-83%	584-612	D	60-66%	438-488

Note: There will be no “bumping up” at the end of the quarter; your grade will be determined by where your points/ percentages fall within the ranges noted above.



MODULE ORGANIZATION

First few days	Getting Started Week
Week 1	Ch. 1 Abnormal Psychology, Past and Present
Week 2	Ch. 2 Models of Abnormality
Week 3	Ch. 3 Clinical Diagnosis, Assessment, and Treatment
Week 4	Ch. 4 Anxiety, Obsessive-Compulsive, and Related Disorders
	Ch. 5 Disorders of Trauma and Stress
Week 5	Ch. 6 Depressive and Bipolar Disorders
	Ch. 7 Suicide
Week 6	Ch. 8 Disorders Featuring Somatic Symptoms
	Ch. 9 Eating Disorders
Week 7	Ch. 12 Schizophrenia and Related Disorders
Week 8	Ch. 10 Substance Use and Addictive Disorders
	Ch. 11 Sexual Disorders and Gender Variations
Week 9	Ch. 13 Personality Disorders
Week 10	Ch. 14 Disorders Common Among Children and Adolescents
	Ch. 16 Law, Society, and the Mental Health Profession
Week 11	Last Week

Schedule: Specific dates will be posted in the calendar.

My availability

Unless otherwise notified, I will be checking the site several times a day, including weekends. I am also available to meet with you on campus by appointment. I will let you know if I am off-line for an extended period of time, but otherwise I make an effort to respond to emails within a few hours if possible.

Accommodations

If you need course modifications / adaptations or accommodations because of a disability, please let me know as soon as possible. If you have not done so already, you can contact the Disability Resource Center (DRC) in B132 or by calling 425.564.2498 or TTY 425.564.4110. Information is also available on their website at <http://bellevuecollege.edu/drc/>.

Affirmation of Inclusion:

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at Bellevue College, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

For technical help with the online part of the class:

Link to Canvas student guides: <http://guides.instrcture.com/m/4212>

Link to Student Technical Help: <http://depts.bellevuecollege.edu/helpdesk/students/>

For behavioral and grading guidelines of the Social Science

Division: <http://www.bellevuecollege.edu/socsci/procedures-guidelines/>

Sometimes the material in this course can bring up troubling issues. If you would like to talk to someone, our counselors are available to you at no cost:

<https://www.bellevuecollege.edu/counseling/>.

I look forward to working with you in this most fascinating class!

Helen or Dr. Taylor or Dr. Helen, whichever you prefer