

# BELLEVUE COLLEGE

## Winter Quarter 2020

### **Psyc& 203 Online Class Item 5437, 5 credits Section OAS**

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### **Course Description:**

Welcome to the Cognitive Psychology 203 online class! Cognitive Psychology is the study of mental processes, including memory, language, perception, attention, and reasoning. The goal of cognitive psychology is to explore how the mind operates. This can be accomplished with various behavioral measures, by observing the brain with neuroimaging, and by studying people with brain damage.

### **Required Course Material:**

**Textbook:** *Reisberg, Daniel. Cognition: Exploring the Science of the Mind, 6<sup>th</sup> Edition. W.W. Norton & Company.*

The ZAPS Lab access code is REQUIRED. The ZAPS Lab website contains demonstrations of cognitive psychology experiments. See the first module in Canvas for instructions on how to purchase and access the ZAPS Lab website.

The website for the ZAPS Lab (it's also in the intro module in Canvas):  
<https://digital.wwnorton.com/cognition7>

**The SET ID for our class is: 202778**

If you prefer an eBook, you can purchase access to it from the same website. The ZAPS Lab access alone costs \$35. A physical copy of the book can be purchased or rented from the bookstore or from other sources (e.g. Amazon). Note that we are NOT using the newest 7th edition of the book, but the ZAPS Lab website is for the 7th edition.

**ALL THE INSTRUCTION IN THIS CLASS OCCURS ONLINE, INCLUDING THE EXAMS. THERE ARE NO SCHEDULED MEETINGS ON CAMPUS.**

I will be posting class materials and documents on the Canvas site for our class. You can access Canvas on the Bellevue College website. Below are some suggestions for navigating around our course site so that you can find what you need once you are on the Canvas site.

- **Course Tools:** To the left, you'll see a navigation bar with links. **Home** and **Modules** links take you to a list of all the modules for the course. You can reach the calendar by clicking the **Calendar** link on the left. You can access your grades for Canvas assignments by clicking the **Grades** link on the left. You can access your email inbox by clicking the **Inbox** link on the left. Use this email to contact me, and you can also use my regular Bellevue College email ([ilona.pitkanen@bellevuecollege.edu](mailto:ilona.pitkanen@bellevuecollege.edu)), especially if Canvas is down.

For Technology related problems, contact the HELP desk at (425) 564-4357 or online at [HELP DESK](http://depts.bellevuecollege.edu/helpdesk/) (<http://depts.bellevuecollege.edu/helpdesk/>)

### Outcomes:

Students successfully participating in this course will:

1. Demonstrate a basic understanding of the history of cognitive psychology and its influence on other fields of psychology.
2. Develop critical thinking skills, an understanding of the methods and principles of cognitive psychology research, and an understanding of cross-cultural influences on cognitive processes.
3. Develop communication skills using oral and written materials to discuss topics related to human cognition.
4. Express a basic understanding of the neural bases of mental processes, and gain knowledge about the brain research methods utilized in cognitive psychology.
5. Distinguish the processes of sensation and perception, object recognition, and attention.
6. Examine the theories and physiological processes of memory encoding, storage and retrieval. Recognize the practical applications of cognitive psychology of memory, such as eyewitness testimony and the concept of false memories.
7. Indicate knowledge about the theories related to conceptual processing and language, including the neural basis of language, the structure and principles of human language, and language development.
8. Extend knowledge about the principles and applications regarding problem solving and reasoning.

### **STUDENT LEARNING OUTCOMES**

In terms of general education outcomes, students will be able to:

Use cognitive and creative skills:

- a) Analyzing (identifying and evaluating problems)
- b) Synthesizing (interpreting situations, drawing conclusions, and making connections)

Improve communication skills:

- a) Doing research (gathering and documenting information)
- b) Delivering one or more written, oral and/or visual presentation with formal documentation

## Exams & Activities (400 points total)

- 1) **Exams (150 points):** There will be 3 Canvas online exams with essay questions. Each exam has 5 essay questions, one of which is about a Zaps lab assignment. The essay questions are related to the book chapter/discussions and/or the Critical Questions essays provided in Canvas. Each question is worth 10 points, so you get 50 points per exam. Each exam covers the chapters assigned for the designated module(s). Each exam also has an extra credit question that is optional. The exams are taken online in Canvas. Once you start the exam, you must finish it, and you have 120 minutes to complete the exam. Each exam is open for 5 days, and you can take the exam any time during this open period. Please note that if you start the exam less than 120 minutes from the deadline of 11:59 pm on the last exam day, the exam still automatically closes at 11:59 pm. No extensions are generally given, but please contact me for exceptional circumstances such as serious illness or death in the family. Documentation such as a doctor's note or a death certificate is typically required (depending on the situation). Forgetting, being busy, changes in work schedule, computer problems, etc. are not excuses for missing an exam, other than the Canvas server being down which I will get confirmation for from the school. Please plan ahead, don't leave the exam for the last day in case something unexpected happens, and make sure that you are taking the exam in a place where you have reliable computer access and can work uninterrupted for 120 minutes. Read the exam instructions carefully in Canvas. **DO NOT TAKE THE EXAMS WITH A CELL PHONE.**
- 2) **Cognitive psychology paper and a podcast assignment (90 points):** For the paper, you will pick a creative work in which you can identify at least one cognitive psychology theme/topic. Analyze this work based on what you have learned about cognitive psychology in this class, according to the instructions provided in Canvas. In your paper, you need to use cognitive psychology concepts and/or theories learned in the class or from outside academic sources, and critically evaluate the portrayal of cognitive psychology. Your paper needs to be at least 3 pages long (when double-spaced). When you refer to sources, you need to use **APA format in-text citations** and an **APA format reference list**. In another assignment, you summarize and evaluate a "Hidden Brain" podcast episode. You also need to read other students' posts and comment on two of them for each assignment. Your comments should address the content of the students' posts, showing that you read them. See the more detailed instructions in Canvas for these assignments.
- 3) **Discussions (150 points):** We will have 5 discussions in Canvas, one for each module. In each discussion, you need to post 4 TIMES: 2 times in response to my questions, and 2 times in response to other students' posts. Your 2 posts in response to my questions are worth a maximum of 10 POINTS EACH, and your 2 responses to other students are worth a maximum of 5 POINTS each. Thus, you can collect up to 30 points per discussion (30 points x 5 discussions = 150 points total). It is very important that you read the detailed instructions about how to post in the file labeled "Course structure" in the introductory module. When you cite sources in your posts (which is required for many posts), you need to use APA format in-text citations and an APA format reference list.
- 4) **Introduction (10 points):** You need to post an introduction and respond to two other students' introductions in the introductory module. See the course schedule for the deadlines.

## COURSE SCHEDULE

WEEK/ CHAPTERS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Week 1</b> <i>Chapters 1 and 2</i>				1/2 First day of the quarter	1/3	1/4	1/5
<b>Week 2</b> <i>Chapters 1 and 2</i>	1/6 Introduction due	1/7	1/8 Posts to 2 student intros due	1/9	1/10	1/11	1/12 Discussion 1 (Ch 1 & 2; 2 posts due)
<b>Week 3</b> <i>Chapter 3, 4 and 5</i>	1/13	1/14 2 student discussion comments	1/15	1/16	1/17	1/18	1/19
<b>Week 4</b> <i>Chapter 3, 4 and 5</i>	1/20	1/21	1/22	1/23	1/24	1/25	1/26 Discussion 2 (Ch 3-5; 2 posts due)
<b>Week 5</b> <i>Chapter 3, 4 and 5</i>	1/27	1/28 2 student discussion comments	1/29	1/30	1/31 EXAM 1 (Chapters 2, 3, 4 & 5)	2/1 EXAM 1 (Chapters 2, 3, 4 & 5)	2/2 EXAM 1 (Chapters 2, 3, 4 & 5)
<b>Week 6</b> <i>Chapter 6, 7 and 8</i>	2/3 EXAM 1 (Chapters 2, 3, 4 & 5)	2/4 EXAM 1 (Chapters 2, 3, 4 & 5)	2/5	2/6	2/7	2/8	2/9
<b>Week 7</b> <i>Chapter 6, 7 and 8</i>	2/10	2/11 HIDDEN BRAIN PODCAST	2/12	2/13 Comments to 2 student podcast posts due	2/14	2/15	2/16 Discussion 3 (Ch 6-8; 2 posts due)
<b>Week 8</b> <i>Chapter 6, 7 and 8</i>	2/17	2/18 2 student discussion comments	2/19	2/20	2/21 EXAM 2 (Chapters 6,7 & 8)	2/22 EXAM 2 (Chapters 6,7 & 8)	2/23 EXAM 2 (Chapters 6,7 & 8)
<b>Week 9</b> <i>Chapter 9 and 10</i>	2/24 EXAM 2 (Chapters 6,7 & 8)	2/25 EXAM 2 (Chapters 6,7 & 8)	2/26	2/27	2/28	2/29	3/1 Discussion 4 (Ch 9 & 10; 2 posts)
<b>Week 10</b> <i>Chapter 9 and 10</i>	3/2	3/3 2 student comments	3/4	3/5	3/6	3/7	3/8 FINAL PAPER

<b>Week 11</b> <b>Chapters 12 and 14</b>	3/9	3/10 Comments to 2 student papers due	3/11	3/12	3/13 Discussion 5 (Ch 12 & 14; 2 posts due)	3/14	3/15 2 student discussion comments
<b>Week 12</b> <b>FINAL EXAM</b>	3/16 EXAM 3 (Chapters 9,10,12 &14)	3/17 EXAM 3 (Chapters 9,10,12 &14)	3/18 EXAM 3 (Chapters 9,10,12 &14)	3/19 EXAM 3 (Chapters 9,10,12 &14)	3/20 EXAM 3 (Chapters 9,10,12 &14)		

### Grading Information

The total number of points you earn will be converted to a percentage of the total points possible. Your final grade will be assigned based on the letter grade scale as shown below.

%	Letter Grade
95-100%	A
90-94	A-
86-89	B+
80-85	B
75-79	B-
71-74	C+
66-70	C
60-65	C-
55-59	D+
50-54	D
49 or less	F

### Course Policies

#### Hardship withdrawal policy:

According to the social science division policy, hardship withdrawals are for exceptional circumstances that prevent the student from completing the course. Documentation such as a death certificate or a doctor's letter may be required.

#### Late policy: Generally, no make-up exams will be given

However, please contact me for exceptional, prolonged circumstances such as serious illness or death in the family. Documentation such as a doctor's note or a death certificate is required. No late discussion posts are accepted (other than in exceptional circumstances with documentation). 'Computer problems' are not an excuse for lateness, other than the Canvas server being down which

I will get confirmation for from the school. I cannot confirm other types of computer issues, so I cannot accept them as a reason for lateness. You have several days or weeks to complete the assignments, and it is never a good idea to leave them for the last minute. It is your responsibility to find alternative computer access, for example at the campus computer resources or libraries.

### **Academic Problems:**

It is important to me that you succeed in this class. If you have concerns about your performance, please contact me as soon as possible. Additionally, Bellevue College offers a variety of learning assistance services. See the following links for additional help:

[Academic Success Center](#)  
[TRiO Student Support Services](#)

### **Religious Holidays**

Students who expect to miss classes, examinations, or any other assignments as a consequence of their religious observance should be provided with a reasonable alternative opportunity to complete such academic responsibilities. It is the obligation of students to provide faculty with reasonable notice of the dates of religious holidays on which they will be absent, preferably at the beginning of the term. Students who are absent on days of examinations or class assignments should be offered an opportunity to make up the work without penalty (if they have previously arranged to be absent), unless it can be demonstrated that a makeup opportunity would constitute an unreasonable burden on a member of the faculty. Should disagreement arise over what constitutes an unreasonable burden or any element of this policy, parties involved should consult the department chair, or Dean.

### **College Anti-Discrimination Statement**

Bellevue College does not discriminate on the basis of race or ethnicity; color; creed; national origin; sex; marital status; sexual orientation; age; religion; genetic information; the presence of any sensory, mental, or physical disability; gender identity or veteran status in educational programs and activities which it operates.

### **Confidentiality and Mandatory Reporting**

As an instructor, one of my responsibilities is to help create a safe learning environment on our campus. It is my goal that you feel able to share information related to your life experiences in classroom discussions, in your written work, and in our one-on-one meetings. I will seek to keep information you share private to the greatest extent possible. However, I am required to share with the Title IX Coordinator any and all information regarding sexual assault and other forms of sexual misconduct (e.g. dating violence, domestic violence, stalking) that may have occurred on campus or that impacts someone on campus. Students may speak to someone confidentially by contacting the BC Counseling Center at (425) 564-2212. The Title IX Office can be contacted at 425-564-2441 and more information can be found at [www.bellevuecollege.edu/titleix/](http://www.bellevuecollege.edu/titleix/).

For further information and contacts, please consult [College Anti-Discrimination Statements](#).

### **Class evaluations**

You are encouraged to complete a voluntary course evaluation before the end of the quarter. My policy is that if **at least 90% of the class completes the evaluation, everyone will get 10 extra credit points**. The Bellevue College Online Evaluation website is secure and submissions are

completely anonymous (I see how many students have submitted the evaluation but I will never know the identities of the students). College instructors, program chairs and administrators are granted access to a class composite document on the website only after all grades are posted to transcripts at the close of the current quarter. To participate in the evaluation process, use your Student ID and PIN to log in on the following site: [STUDENT EVALUATION](#)

On the BC Online Evaluation site, you will find a listing for each of your classes. Access to each course evaluation is granted only once, and after you press the SUBMIT button at the bottom of the page, you will see a screen telling you which class evaluations have been completed. If you have questions or need assistance, please call the Distance Education Office at 425-564-2438 or toll free at 1-877-641-2712.

### **Plagiarism and academic dishonesty**

Plagiarizing (using the ideas or words of another as one's own without crediting the source) is a violation of the Student Code of Conduct at Bellevue College. Changing some words or sentences in the original source does not make it your own. **You need to completely write your own assignments and discussion posts.** Other examples of academic dishonesty include behaviors such as having someone else write your assignments, copying other students' answers on an exam, allowing other students to take credit for your work, etc. Any assignments, exams and other instances of plagiarism and academic dishonesty will receive 0 points. In addition, the instructor may file a report with the Manager of Student Conduct and refer any violation of the Student Code of Conduct to the Dean of Student Services for possible probation or suspension from Bellevue College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct (see below).

### **Student Code of Conduct and Academic Integrity**

Any act of academic dishonesty, including cheating, plagiarism (using the ideas or words of another as one's own without crediting the source), and fabrication and inappropriate/disruptive classroom behavior are violations of the Student Code of Conduct at Bellevue College. Examples of unacceptable behavior include, but are not limited to, talking out of turn, arriving late or leaving early without a valid reason, allowing cell phones/pagers to ring, and inappropriate behavior toward the instructor or classmates. The instructor can refer any violation of the Student Code of Conduct to the Dean of Student Success for investigation. Specific student rights, responsibilities, and appeal procedures are listed in the Student Code of Conduct at: [Student Code](#)

*\*If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Dean of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.*

### **Email Communication**

Email communication with instructors must be done through student email accounts only. Instructors cannot communicate with students about their course work or grades through student's personal email accounts.

### **Bellevue College E-mail and access to MyBC**

All students registered for classes at Bellevue College are entitled to a network and e-mail account.

Your student network account can be used to access your student e-mail, log in to computers in labs and classrooms, connect to the BC wireless network and log in to MyBC. To create your account, go to: [Create Email](#)

BC offers a wide variety of computer and learning labs to enhance learning and student success. Find current campus locations for all student labs by visiting the [Technology Help Desk](#)

### **Disability Resource Center (DRC)**

The Disability Resource Center serves students with disabilities. A disability includes any physical or mental impairment that substantially limits one or more major life activities. Common disabilities include physical, neurological (e.g. Autism, ADD), and mental health (e.g. depression, anxiety). If you are a student who has a disability or if you think you may need accommodations in order to have equal access to programs, activities, and services, please contact the DRC.

If you require assistance in an emergency, please meet with your individual instructors to develop a safety plan for while in class and contact the DRC to develop a safety plan for while you are elsewhere on campus.

If you are a student with a documented autism spectrum disorder, there is an additional access program available to you. [Contact Autism Spectrum Navigators](#) (ASN). Email and phone number is on the web page. ASN is located in the Library Media Center in D125.

The DRC office is located in building B Room 132. You can contact the DRC by stopping by B132, calling our desk at 425-564-2498, emailing [drc@bellevuecollege.edu](mailto:drc@bellevuecollege.edu), and Deaf students can reach us by Skype (account name **DRCatBC**). For more information about the services we offer, including our Initial Access Application, visit our website at [www.bellevuecollege.edu/drc](http://www.bellevuecollege.edu/drc).

### **Accessibility**

The online elements of this course are designed to be welcoming to, accessible to, and usable by everyone, including students who are English-language learners, have a variety of learning styles, have disabilities, or are new to online learning. Be sure to let me know immediately if you encounter a required element or resource in the course that is not accessible to you. Also, let me know of changes I can make to the course so that it is more welcoming to, accessible to, or usable by students who take this course in the future.

### **Public Safety and Emergencies**

Public Safety is located in the D building (D171) and can be reached at **425-564-2400** (easy to remember because it's the only office on campus open 24 hours a day—2400). Among other things, Public Safety serves as our Parking Permits, Lost and Found, and Emergency Notification center. Please ensure you are signed up to receive alerts through our campus alerting system by registering at [RAVE Alert Registration](#)

If you work late and are uneasy about going to your car, Public Safety will escort you to your vehicle. To coordinate this, please phone ahead and let Public Safety know when and where you will need an escort.

Please familiarize yourself with the emergency postings by the door of every classroom and know where to go in the event of an evacuation. Your instructor will be asked if anyone might still be in the building, so check in before you do anything else. Emergency responders will search for anyone unaccounted for.

**If a major emergency occurs, please follow these three rules:**

- 1) Take directions from those in charge of the response** -We all need to be working together.
- 2) Do not get in your car and leave campus (unless directed to)** - Doing so will clog streets and prevent emergency vehicles from entering the scene. Instead, follow directions from those in charge.
- 3) In an emergency, call 911 first, then Public Safety.**

Please do not hesitate to call Public Safety if you have safety questions or concerns at any time. You may also visit the [Public Safety](#) web page for answers to your questions.

## **ONLINE PROCEDURES AND GUIDELINES OF THE SOCIAL SCIENCE DIVISION**

### **Bellevue Community College's Affirmation of Inclusion**

Bellevue College is committed to maintaining an environment in which every member of the campus community feels welcome to participate in the life of the college, free from harassment and discrimination. We value our different backgrounds at BC, and students, faculty, staff members, and administrators are to treat one another with dignity and respect.

The college's "Affirmation of Inclusion" is in line with the principle of free speech in a free society: we have the right to express unpopular ideas as long as we don't show disrespect for reasonable people who might believe otherwise. In an online course, you will be expressing ideas through the medium of the course site rather than face to face in the classroom. In that case, these expectations refer to the courtesy with which you communicate with one another through e-mails and e-discussions. Part of this respect involves professional behavior towards the instructor, colleagues, and the class itself.

### **Cheating, Stealing, and Plagiarizing\* and Inappropriate Behavior**

Cheating, stealing and plagiarizing (using the ideas or words of another as one's own without crediting the source) and inappropriate/ disruptive behavior are violations of the Student Code of Conduct at Bellevue Community College. Examples of unacceptable behavior include, but are not limited to: plagiarizing material from the Internet and posting rude or personal attacks in discussions. When you are in doubt about any behavior, please consult your instructor. In addition, you may wish to review the general applicable rules of cyberspace, such as in the [Core Rules of Netiquette](#). The instructor reserves the right to remove posted messages, and downgrade assessments as a result of these types of behaviors. The instructor can refer any violation of the Student Code of Conduct to the Vice President of Student Services for possible probation or suspension from Bellevue Community College. Specific student rights, responsibilities and appeal procedures are listed in the Student Code of Conduct, available in the office of the Vice President of Student Services, [link to Student Code](#).

### **Incomplete**

If a student fails to complete all the required work for a course, an instructor may assign the grade of Incomplete (I). It is the student's responsibility for maintaining contact and adhering to the agreed-upon actions. Vista class sites, and material, may not be directly accessible after the end of the quarter so it is important to make arrangements before the quarter ends. The student must complete the coursework by the end of the next quarter, or receive the assigned letter grade (usually an F). There is a standard form that instructors have access to in their instructor's grade briefcase.

### **F Grade**

Students who fail a course will receive a letter grade of "F."

### **Final Examination Schedule**

Final examinations may involve proctored on-campus arranged exams or may be administrated completely online at the discretion of the instructor and in keeping with the stated policies provided in the course syllabus. Please refer to the syllabus at the start of the quarter for additional details and contact the instructor directly for any clarifications. A student who is not in compliance with the scheduled format may forfeit the right to make up the examination. If, for illness or some other circumstance beyond the student's control, the student is unable to be in compliance with any scheduled examination and has contacted the instructor on a timely basis, the student may be permitted to take such examination at a time designated by the instructor.

### **Withdrawal From Class**

College policy states that students must formally withdraw from a class by the end of the seventh week of the quarter during the standard academic year (Registration Office, B125). If a student has not withdrawn by that date, an appropriate letter grade will be assigned for the course. Check [Enrollment Calendar Deadlines, Refunds/Withdrawals](#), for additional details. As with most enrollment deadlines, it is the student's responsibility to be aware of these dates and act accordingly.

### **Hardship Withdrawal (HW)**

From page 9 of the current course catalog, [2008-2009 online catalog](#), HW indicates a withdrawal request made because of extenuating circumstances after the official withdrawal period is over. The student must contact the instructor to request this withdrawal option, or the faculty member may initiate the contact. No points are calculated into the grade-point average. Students may also contact the Enrollment Services office BEFORE grades are assigned in cases of hardship.

### **Distribution of Grades**

Students should access their grades through the BC Web site. Any returned material should be accessed prior to the end of the quarter. After the end of the quarter, Vista class sites may not be accessible by students. Individual instructors may use non-Vista tools for recording and maintaining the students' progress. Questions about grades assigned should be initially directed to your instructor.

### **Submission and Returning of Papers, Assignments and Assessments:**

Specific guidelines for taking exams and submitting assignments are published in the syllabus. Please contact instructor at the start of the quarter for any clarifications.

### **Technical Assistance**

Vista-related or technical issues should be referred to Distance Education, [link to Distance Education web resources](#). You may also email them at [landerso@bellevuecollege.edu](mailto:landerso@bellevuecollege.edu) or call 425-564-2438 (1-877-641-2712). Vista tutorial help and basic instructions can be found at <http://bellevuecollege.edu/distance/studentguide/>

*\*If you are accused of cheating, stealing exams and/or plagiarism, there is a Bellevue Community College Student Discipline and Appeals Procedure (the right to due process) which you may pursue. Contact the office of Division Chair (D110), the Vice President of Student Services (B231A) or the Associated Student Body (C212) for information regarding the appeals process.*